



Nature's Harmony®

# PRODUCT CATALOGUE

Solution from nature and science since 1936.



[www.naturesharmony.com](http://www.naturesharmony.com)

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# STOMACH & DIGESTIVE HEALTH

Selecting Blend of Natural, Plant-based Supplements to address specific digestive concerns and promote overall well-being.



## STOMACH EASE

Acting as a gentle laxative to ease intestinal discomfort and bring safe relief from constipation.

ITEM#: 400484 / 400486  
NPN: 80006732



## HERBAL DIURETIC

Increase urine production, reduction of water retention, and promotion of urinary tract comfort.

ITEM#: 400340 / 400342  
NPN: 80049484



## PLANT ENZYMES

Efficient breakdown of carbohydrates, proteins, and fats, ensuring optimal nutrient utilization.

ITEM#: 400837  
NPN: 80034053

# SLEEP SOLUTIONS

Nature's Harmony® Sleep Tight™ Melatonin line was developed to address the common sleep issues brought on by today's stressful and fast-paced environment. This product line is designed to help relax the mind and support restful sleep.



## 1MG MELATONIN

Mild Sleep Issues

ITEM#: 400880  
NPN: 80000738



## 2MG MELATONIN

Increase Sleep Time

ITEM#: 400885  
NPN: 80006449



## 3MG MELATONIN

General Sleep Aid

ITEM#: 400870  
NPN: 80000737



## 5MG MELATONIN

Stronger Support

ITEM#: 400105  
NPN: 80002643



## 9MG MELATONIN

Maximum Strength

ITEM#: 400634  
NPN: 80018720



## 3MG LIQUID MELATONIN

Quick Absorption

ITEM#: 400185  
NPN: 80016996



## PEACEFUL SLEEP

Natural plants help to promote sleep and relieve nervousness

ITEM#: 400131  
NPN: 80034121



# STRESS & MOOD MANAGEMENT

Nature's Harmony® Herbal Nerve may be used for periods of higher anxiety and nervousness. Provides a calming and sedative effect on the nervous system.



## HERBAL NERVE

Provides a calming and sedative effect on the nervous system.

ITEM#: 400350  
NPN: 02245157



## 5-HTP

Provides healthy sleep patterns, & overall proper nerve & brain function.

ITEM#: 400760  
NPN: 80007051



## MAGNESIUM BISGLYCINATE

Helps to manage muscle function and helps with energy metabolism.

ITEM#: 400151  
NPN: 80025846



## RELORA

Effectively reduces stress & stress-related symptoms by normalizing cortisol.

ITEM#: 400600  
NPN: 80039502

# DETOX & LIVER HEALTH

In today's fast-paced world, supporting your body's natural detoxification processes is essential for maintaining optimal health and well-being.



## HM DTOX

Eliminates toxins, especially heavy metals. Promotes the production of glutathione

NPN: 80010791



## LIV-TOX

Protects the liver and enhances bile excretion.

NPN: 80023723



## MILK THISTLE EXTRACT FORMULA

Supports liver function and repair.

NPN: 80032414



## DTX+

Supports detoxification systems and reduces oxidative stress.

NPN: 80038324



# IMMUNE SUPPORT

Helps to maintain a strong immune system and overall health.



## LIQUID B50

Helps to maintain the body's ability to metabolize nutrients. Helps in energy production and metabolism. Helps with immune function. calming and sedative effect on the nervous system.

ITEM#: 400688  
NPN: 80094027



## COLOSTRUM

Boosts the immune system, promotes gut health, and is packed with essential vitamins and minerals. It aids in tissue repair, muscle growth, and has anti-inflammatory properties that promote faster recovery

ITEM#: 400100  
NPN: 80006044



## NORWEGIAN COD LIVER OIL

A rich source of vitamins A and D, to help to maintain eyesight, skin, membranes and immune function.

ITEM#: 400172/400176  
NPN: 80006731

# BLOOD GLUCOSE MANAGEMENT

Helps to maintain normal blood glucose levels.



## CHROMIUM PICOLINATE

Helps to maintain/support normal blood glucose levels. Provides support for healthy glucose metabolism.

ITEM#: 400894  
NPN: 80016239



## GR-PLEX

Provides support for healthy glucose metabolism. Helps the body to metabolize carbohydrates, fats and proteins. Helps normal growth and development.

ITEM#: 400925  
NPN: 80013345

# HERBAL HEALTHY & BEAUTY

Nature's Harmony® Treemenda® is a line of quality, naturally sourced Australian tea tree oil products manufactured in Canada. Tea Tree Oil is the essential oil steam distilled from the leaf of Australian plant *Melaleuca alternifolia*.



**TEA TREE OIL**  
Healing the body

ITEM#: 725110  
NPN: 02242689



**TEA TREE SHAMPOO AND CONDITIONER**  
Cleanses and refreshes the hair while soothing scalp irritation, balances scalp oil production, and provides antimicrobial protection.

ITEM#: 725200/725211

