



# RUHALA

PERFORMING ARTS CENTER

2021-2022 Classes / Community

## DATES

Session 1 Classes Begin  
September 13, 2021

Fall Recess  
October 18-24, 2021

Thanksgiving Recess  
November 22-28, 2021

Holiday Recess  
December 20-January 2, 2022

January 22, 2022  
Session 1 Classes End

TBD  
Session 1 Showcase

Session 2 Classes Begin  
January 24, 2022

Winter Recess  
February 21-27, 2022

Spring Recess  
March 27-April 3, 2022

Session 2 Classes End  
May 21, 2022

TBD  
Session 2 Showcase

**MONDAY** 3:00-3:30 | Private Lessons | All Ages  
3:30-4:00 | Private Lessons | All Ages  
4:00-4:30 | Private Lessons | All Ages  
4:30-5:00 | Private Lessons | All Ages  
5:00-5:30 | Private Lessons | All Ages  
5:30-7:00 | Ruhala Broadway Ensemble\* | 6-Adult | \$1150  
7:00-8:30 | Jazz Dance\* | Teen/Adult | \$864  
8:30-9:30 | Improv! Acting | Teen/Adult | \$310

**TUESDAY** 3:00-3:30 | Private Lessons | All Ages  
4:00-5:00 | Level 1 Dance (Ballet/Tap/Jazz) | 5-9yrs | \$310  
5:00-6:00 | Ballet 2 | 8-13yrs | \$310  
6:00-7:00 | Jazz/Hip Hop 2 | 8-13yrs | \$310  
7:00-8:00 | Tap 2 | 9yrs-Adult | \$310  
8:00-9:30 | Ruhala Acting Ensemble\*◇ | 10-Adult | \$975

**WEDNESDAY** 4:00-4:30 | Private Lessons | All Ages  
4:30-5:30 | Acting & Glee Music | 5-12yrs | \$395  
5:30-6:30 | Intro to Acting/Improv 2 | 9-13yrs | \$300  
6:30-8:00 | Jazz Dance\* | Teen/Adult | \$864  
8:00-9:30 | Intermediate Ballet\* | 10-Adult | \$864

**THURSDAY** 3:00-3:30 | Private Lessons | All Ages  
3:30-4:00 | Private Lessons | All Ages  
4:00-5:00 | Yoga for Kids | 4-12yrs | \$310  
5:00-5:30 | Private Lessons | All Ages  
5:30-7:00 | Ruhala Broadway Ensemble\* | 6-Adult | \$1150  
7:00-8:00 | Singing Theory | Teen/Adult | \$400  
8:00-9:30 | Ruhala Acting Ensemble\*◇ | 10-Adult | \$975

**FRIDAY** 3:00-6:00 | Private Lessons | All Ages

**SATURDAY** 10:15-11:00 | Preschool Creative Movement | 3-5yrs | \$200  
11:00-12:30 | Intermediate Ballet\* | 10-Adult | \$864  
12:30-4:00 | Private Lessons | All Ages

\* Class required twice weekly | ◇ Class is full year commitment.  
Age is a guideline for all classes. Students will be placed based on skill level.  
Payment plans available – please inquire with front office.

Prices reflect per session total.

See back cover for more information.

## PRIVATE LESSONS

All ages– acting, voice, dance, and audition coaching. Supplement your classes with individual attention and one-on-one instruction or gain valuable audition coaching for college entrance, high school musicals, and other shows. Private lessons are scheduled individually (book early for best time).

## MENTAL TOUGHNESS FOR SPORTS, SCHOOL, & LIFE

Mr. Ruhala offers a Mental Toughness program of one-on-one assistance in staying on top of mental skills to maintain self-control and desired emotional outcomes. Sessions are designed to explore individual goals and create a simple 2-5 minute schedule of daily structured work at home. The success of this program has brought many persons to greater self-accomplishment and self-esteem, for children, teens and adults.

Up your game, your grades, and your happiness with Mental Toughness sessions. One-on-one, we help assist you toward your mental goals by showing you many techniques with proven effectiveness. Try it and see? Inquire with Office for scheduling.

## TAKE IT TO THE NEXT LEVEL!

Join a Ruhala Ensemble, Broadway or Acting, and take your training higher and perform in a Broadway play or musical with an award-winning director, Mark Ruhala. Get the experience you need to succeed in this business! Classes plus performing equal the path to Broadway!

## LET RUHALA TAKE YOU TO BROADWAY!

Ruhala specializes in complete training under one roof. If you have dreams of making it to Broadway, just as Mr. Ruhala did, let RPAC mentor you or your child. Inquire with us about our Career Track Program and Discounts. Don't leave it to chance, take charge of your training!



## **WELCOME TO THE RUHALA CENTER**

Since 2004, the Ruhala Performing Arts Center (RPAC) has brought New York show business professionalism to the Greater Lansing area, based on the extensive career of artistic director Mark Ruhala. Mr. Ruhala is an award-winning director/choreographer and producer who has worked on Broadway, off-Broadway, in Film, TV, Ballet, Opera, Cabaret, and Videos, throughout the world. He worked for the National Endowment for the Arts as a panelist adjudicating grants. Mr. Ruhala founded the Broadway Training Center in New York, a not-for-profit performing arts center, and served as the Executive/Artistic Director for 13 years. Mr. Ruhala has a Master of Arts from State University of New York's Empire State College. His thesis synthesized theatre practices with epigenetic biology, quantum physics, positive psychology, and cognitive science to suggest a new paradigm for the theatre. The Ruhala Center continues to break new ground with innovative theater programs based on the Ruhala Learning Method. For detailed information regarding classes, mission, philosophy and methodology, bios, resumes, and our blog, please visit us at [www.ruhalacenter.com](http://www.ruhalacenter.com).

## **RECORDING STARS INTENSIVE PRIVATE LESSONS**

Get the experience you are looking for to bring your "pop star" out! Record your own CD with a professional band, a professional recording engineer, a professional coach and your own music! Consult office for more information.

## **STUDY AT RUHALA**

Take class once a week, twice a week, get serious and join an ensemble program, or take advantage of our "triple threat" discount. For those with Broadway dreams, enroll in our career track and be mentored by Mark Ruhala.

## **L.U.N.A.**

Life's Uplifting Natural Abundance  
Managed by Ms. Celina Matos Ruhala

L.U.N.A. is an exceptional and intrinsic method of healing and life abundance energy techniques and classes offered by Ruhala Performing Arts Center. The L.U.N.A. classes and private sessions offered by RPAC are created and managed by Ms. Celina Matos Ruhala, an experienced expert in the field as well as a master teacher. Inquire in front office.

## **THE RUHALA TEAM**

Mark and Celina Ruhala / Artistic Directors  
Jeff English / Musical Director  
Kye Manion / Technical Director  
Celina Ruhala / Preschool Director  
Ted Manko / Staff Photographer

## **CONTACT**

[www.ruhalacenter.com](http://www.ruhalacenter.com)  
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