

EVENING CLASSES & PROGRAMS
MONDAY, JUNE 8– THURSDAY AUGUST 13 (AGES 12–ADULT)

MONDAYS

Broadway Summer Performance | 6-7:30 PM* [\$950] (twice weekly, Mon & Wed)
Broadway Jazz Dance | 7:30–9 PM [\$650]* (twice weekly, Mon & Wed)

TUESDAYS

Acting Scene Study | 6:30–8 PM [\$335]
Song Writing | 6:30-8 PM [\$335]
Improv Acting | 8–9 PM [\$225]

WEDNESDAYS

Broadway Summer Performance | 6-7:30PM* [\$950] (twice weekly, Mon & Wed)
Broadway Jazz Dance | 7:30–9PM [\$650]* (twice weekly, Mon & Wed)

THURSDAYS

Classical Theatre | 6:30–8 PM [\$335]
Playwriting | 6:30–8 PM [\$335]
Stage Management & Technical Theatre | 8-9 PM [\$225]
Women’s Healing Circle | 8-9 PM [\$25/ circle, or prepay \$100 for 5]

**REQUIRED 2X WEEKLY*

PRIVATE LESSONS (OPEN TO ALL AGES)

Private lessons are: the most optimal way to focus on your goals and improve! One on one guidance through your individual goals is how lessons work. You choose what to work on, you choose your desired outcomes, and we work together to achieve your results.

Private Lessons are scheduled individually with the Ruhala Center office. Call or Email early to schedule your lessons. Lesson slots will be filled on a first come, first served basis.

2026 Summer Privates Lessons options include:

Optimal Mental Toughness Method
Singing/Speaking Vocal Techniques
Reiki Energy Work
Brain/Body Balances
Intuitively Guided Empowerment

PRIVATE LESSON TUITION

\$550 for 10 Lesson Package (\$55 each) or \$65 per ½ hour single sessions (see [Ruhala Center Health & Wellness web page](#) for more details)

Monday–Thursday Camps for Kids & Teens!
Ages 5–18 yrs | 10am-3pm| \$400

Broadway Musical Theatre: HAMILTON | RENT | SCHOOL OF ROCK | June 8 – 11

Sing, act, and dance your heart out performing Broadway song & dance!

**Broadway Musical Theatre: WICKED | WONKA | MATILDA
June 15 - 18**

Sing, act, and dance your heart out performing Broadway song & dance!

Acting for Kids & Teens! | June 22 – 25

Explore the foundation of acting through a variety of engaging exercises!

Acting for Kids & Teens! | June 29 – July 2

Explore the foundation of acting through a variety of engaging exercises!

Broadway Musical Theatre AUDITION Workshop | July 6 – 9

Learn audition techniques to feel confident and prepared!

Puppetry! | July 13 – July 16

Create, build, and operate puppets for stage!

Stage Management & Technical Theatre | July 20 – 23

Dive into the behind the scenes operations of theatre!

Acting for Kids & Teens! | July 27 – July 30

Explore the foundation of acting through a variety of engaging exercises!

**Broadway Musical Theatre: NEWSIES | FROZEN | MOANA
August 3 - 6**

Sing, act, and dance your heart out performing Broadway song & dance!

Puppetry! | August 10 – 13

Create, build, and operate puppets for stage!

Multi-Camp Discounts

2 Camps: receive 5% off
3 Camps: receive 10% off
4 Camps: receive 15% off
5+ Camps: receive 20% off

Sibling Discount

Registered siblings receive a 5% discount

WELCOME!

Ruhala Holistic Arts Center offers both group classes and private instruction and guided one-on-one sessions for all ages. Summers are filled with one week long camps as well as evening classes. Private Lessons are also available. In the Healing Arts, Ruhala offers Reiki energy sessions, Brain/Body Balance sessions, Optimistic Mental Toughness sessions, and one-on one intuitively guided sessions for individual empowerment.

**NEW for 2026:
Stage Management Technical Theatre Camp!
&
Puppetry Camp!**

**Taught by Alexander Trice ~
Director, Performer and Designer**

All of our work is individual centered, i.e., we take the individual, whether child, teen, or adult, from where they are at, and assist their development. Our focus is holistic, always looking at the whole child or person and guiding individuals to reach their best. Healing and art go hand in hand as the Montefiore Medical Center states, "The healing arts are creative practices that promote healing, wellness, coping and personal change". Ruhala aims to engage children and adults in creative processes that inspire and motivate health and wellness, be it in performing classes or therapeutic sessions.

Celina and Mark Ruhala have been co-creating these programs for over twenty years in New York, and more recently in East Lansing. Bringing Broadway experience along with personal growth development and education, Celina and Mark are ever passionate about their work and share great enthusiasm to the people they work with. With a reputation for excellence, they always are growing, expanding, and learning themselves, especially from their students and clients.

We care about your wellness on and off the stage!

" We're so thankful for the time, attention, and energy you put into these kiddos...it's a lovely community!"
-Megan Mass, Ruhala Center parent

**For further information
Call: 517.337.0464 or mcruhala@sbcglobal.net
www.RuhalaCenter.com**

Ruhala Holistic Arts Center



Summer Camps & Classes 2026!

Summer Showcase!

Thursday August 13th @7pm

All evening classes & private students will perform!

Broadway Training from a Broadway Veteran!

***Taking each student from where they are,
developing skills, & having Fun!!!***

