



Intensive Residential Treatment Services (IRTS)

Minnesota Behavioral Health Residential Program Overview

Program Overview

Intensive Residential Treatment Services (IRTS) is a licensed residential mental health program in Minnesota for adults experiencing serious mental health conditions who require structured therapeutic support in a residential setting.

- Supervised residential care available at all times
- Mental health treatment and rehabilitation services
- Medication management and psychiatric oversight
- Individual and group therapy
- Crisis stabilization and care coordination
- Transition planning that supports community independence

Typical Program Structure

Programs commonly operate in residential settings. Licensed capacity, room configuration, staffing, and service intensity depend on the approved program model, facility, and population served.

Typical Staffing Functions

Function	Typical Responsibility
Program leadership	Operations, supervision, licensing coordination, and quality oversight
Mental health professional	Clinical supervision, treatment planning, and therapy
Nursing	Health monitoring, medication-related processes, and clinical coordination
Psychiatric provider	Psychiatric assessment, treatment oversight, and medication management
Mental health practitioners and support staff	Direct services, skills support, documentation, and residential coverage
Overnight coverage	Safety monitoring and required residential support

Licensing and Operational Considerations

- DHS licensing and applicable program approvals
- Qualified clinical leadership and staffing

- Facility, accessibility, safety, and life-safety compliance
- Policies, procedures, documentation systems, and quality controls
- Payer enrollment, authorizations, and billing readiness
- Emergency planning, medication procedures, and care coordination workflows

General Implementation Phases

Phase	Focus
Planning	Program model, service population, facility needs, and organizational readiness
Licensing preparation	Applications, policies, procedures, facility review, and supporting documentation
Operational setup	Staff recruitment, training, clinical systems, payer enrollment, and billing workflows
Readiness review	Compliance checks, documentation testing, safety preparation, and launch planning
Program launch	Admissions, service delivery, monitoring, and continuous quality improvement

Factors That Affect Program Sustainability

- Resident census and service authorization
- Payer mix and contracting status
- Staffing availability and credential mix
- Documentation quality and billing accuracy
- Facility and insurance requirements
- Ongoing compliance monitoring and audit readiness

Important Notice

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