

Intensive Residential Treatment Services (IRTS) – Program Summary

Minnesota Behavioral Health Residential Program Overview

Program Overview

Intensive Residential Treatment Services (IRTS) is a licensed residential mental health program in Minnesota designed for adults experiencing serious mental health conditions who require structured therapeutic support in a residential setting.

The program provides:

- 24/7 supervised residential care
- Mental health treatment and rehabilitation services
- Medication management and psychiatric oversight
- Individual and group therapy
- Crisis stabilization and care coordination
- Transition planning toward community independence

IRTS programs are typically operated in a residential home setting and commonly serve approximately 5–16 residents depending on licensing and facility capacity.

Required Staffing (Typical 5–6 Bed Program)

Estimated Monthly Staffing Expense

Approximate Total:

\$40,000 – \$65,000 per month

(Varies based on staffing ratios, credential levels, shifts, and resident census.)

Position	Typical Requirement	Estimated Monthly Cost
Registered Nurse (RN)	Part-Time / Oversight	\$6,000 – \$9,000
Nurse Practitioner (NP) / Psychiatric Provider	Medical oversight & medication management	\$5,000 – \$10,000
Licensed Social Worker / Mental Health Professional	Clinical supervision & therapy	\$6,000 – \$9,000
Mental Health Practitioners / DSP Staff	24/7 staffing coverage	\$18,000 – \$30,000
Program Manager / Administrator	Operations & compliance	\$5,000 – \$7,000
Overnight Staff Coverage	Awake or asleep staff depending on model	Included above

Reliable Billing

Estimated Reimbursement / Revenue

Category	Estimated Range
Approximate Monthly Revenue (5–6 Bed Program)	\$70,000 – \$140,000+
Revenue Drivers	Census, payer mix, acuity level, authorization approvals

Potential Financial Considerations

- Medicaid/MCO reimbursement typically represents the primary revenue source.
- Programs operating near full occupancy generally perform more favorably financially.
- Additional startup costs may include licensing, facility preparation, insurance, furniture, EMR/EHR systems, and compliance setup.

Licensing & Operational Notes

IRTS programs in Minnesota generally require:

- DHS licensing approval
- Mental health clinical oversight
- Qualified clinical staffing
- Facility compliance and life-safety approvals
- Policies/procedures and program documentation

Typical Startup Timeline

Phase	Estimated Timeline
Business & Facility Preparation	1–2 Months
Licensing & DHS Review	3–6+ Months
Staffing & Operational Setup	Concurrent
Program Launch	Typically, 4–8+ Months Total

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