

OCTOBER ISSUE 2

Look What We Learned

THEME: AUTUMN

This month the children have been exploring the change of the season to autumn by collecting natural treasures and creating seasonal crafts. We have been enjoying a variety of messy plays to link with autumn by using our senses and enhancing our fine motor skills.

MINDFULNESS

We have been learning about our emotions by practising taking deep breaths, listening carefully to the sounds around them and noticing their emotions.

ACTIVITIES

We have been using quite time, sensory play and gentle stretching to teach the children when to slow down and be present in the moment.

We have been moving our bodies to our favourite songs which helps the children to build confidence, develop co-ordination and express themselves in a joyful way.

What's New

A BIG WELL DONE

Hello families,
It has been wonderful to see how quickly the children have settled into Alice's Attic. They are already exploring, making friends, and showing us their amazing personalities. We're so excited for the fun term ahead!



Reminders

Spare clothes- please make sure your child has spare clothes in their bag. Please label all their belongings. Check your child's bag to ensure enough nappies and wipes are available. Water bottles- please make sure these are also labelled.

We would love to hear about what your child has been doing at home, photos or little notes on parentzone are always welcome.



Dates for your diary

- Black history month/ traditional clothing or flag colours -1st October
- Space week, 4th-10th October
- Hair braiding workshop- 9th October
- Last day of term & PJ day 17th October
- Diwali- 20th October
- Dress up as your favourite character- 31st October

Alice's Attic