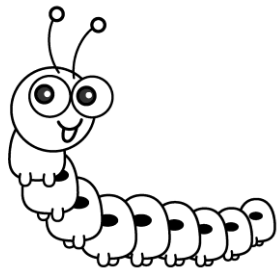


Little caterpillars' newsletter

November 2025

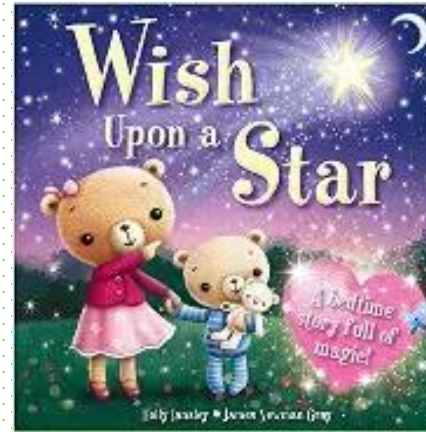


What are we learning

This month we will be exploring the book *Wish upon a star* (child choice). We will be learning about the nighttime, stars and making our own wishes. We will be helping children that fear the dark to become comfortable.

What can you do at home to support our learning.

Take walks in the dark to explore stars.



Dates/ celebrations!

Tuesday 11th : Remembrance day – we will be taking a walk down to the river to view the remembrance silhouettes.

Tuesday 11th : Soft play bus- our session is between 10 to 10:30.

Thursday 13th : world kindness day- we would like to see your child showing a small act of kindness! Please take a photo and put it on the parent zone app for us to share with your child and their peers.

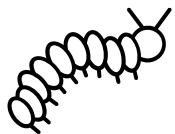
Friday 28th : st Andrew's day- we will celebrate through wearing blue and white.

Notes/reminders

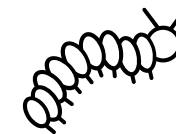
We explore all weathers, please ensure your child has the appropriate footwear and clothing.

We are a nut free nursery, please ensure no chocolate spread or other foods containing nuts.

Please provide spare clothing, **including socks.**



British Values in the little caterpillar room



Democracy

We have choices – what snack I do and do not want
What songs to sing at circle time
What activities we want to explore

Tolerance- different faiths and beliefs
We encourage children to be inclusive including everyone in their play.
We explore different cultures and celebrate all celebrations
Supporting children to understand others including special educational needs.

Mutual respect

We are supported to use our manners saying please and thank you.
We learn to respect each others' boundaries- if you have been asked to stop doing something to someone that they do not like then you stop and give them space they need (no means no)
We are encouraged to share the resources
Supporting children to have positive interaction through kindness.

Rule of law

We have set rules to follow – no running inside , use kind words and hands, wash our hands before every meal.
We support the children to understand why rules are important. – for example, you can fall and hurt yourself

Individual liberty

Allowing children to take risks such as using scissors but offering support.
Allowing the children to express themselves through art and design giving free option to what they use and explore.

We allow children to be individuals having their own choices and likes/dislikes. We respect each others' feelings. We support children to regulate their own emotions through a calming corner- a space to sit take a minute to breath/count and talk about our emotions with an adult exploring why we feel a certain way and how we can regulate.