



## **The Butterfly Rooms (Incorporating Woodlands) LTD**

Tank Hill Road | Purfleet | Essex | RM19 1TA

Registered Charity Number: 1148068 | Ofsted Number: 453859 | Company Number:  
7984150 | *Limited by Guarantee*

Telephone Number: 01708 863 737

### **Childhood illness policy**

#### **1. Managing Illness and Infection**

Children who appear unwell or are suffering from an infectious or contagious illness will not be admitted to the setting.

We follow the UK Health Security Agency (UKHSA) guidance on recommended exclusion periods for common illnesses. However, the final decision on a child's return rests with the nursery, based on the wellbeing of all children and staff.

Children must remain at home for at least 48 hours after the last episode of vomiting or diarrhoea.

If a child becomes unwell during the day, they will be cared for sensitively until collected by a parent/carer.

#### **2. Administering Medication**

Medication will only be administered in accordance with our Administering Medicine Policy, and with written parental consent.

Emergency medication (e.g. inhalers, EpiPens) must be clearly labelled and accessible.

#### **3. Emergency Procedures**

In the event of a serious illness or injury, we will:

- Contact parents/carers immediately using the emergency contact details provided.
- If necessary, call emergency services and accompany the child to hospital.
- Administer emergency treatment only by staff holding a valid Paediatric First Aid (PFA) certificate, as required by EYFS 2025.

#### 4. Parental Responsibilities

Parents/carers must:

- Inform the setting of any illness or absence as soon as possible.
- Keep emergency contact details up to date.
- Provide written permission for the nursery to act in loco parentis in emergencies.
- Notify the nursery of any accidents or incidents that occur at home.

#### 5. Record Keeping and Confidentiality

All accidents and incidents are recorded on individual forms and stored securely.

Parents/carers will be informed of any incidents and asked to sign the relevant documentation.

Information about a child's health, immunisation status, and medical history is collected at registration and updated regularly, in line with Local Authority and EYFS requirements.

#### 6. Attendance and Fees

Days missed due to illness are still chargeable, as outlined in our terms and conditions.

Children who arrive visibly unwell will be sent home immediately.

#### 7. Staff Illness and Infection Control

Staff are also required to follow exclusion guidance and will not work while infectious.

The setting maintains high standards of hygiene and infection control, including regular handwashing, cleaning of toys and surfaces, and use of PPE where appropriate.

#### Illness Exclusion Guidance

Please ensure you take and follow precautions:

CONDITION	RECOMMENDED PERIOD TO BE KEPT AWAY FROM NURSERY	COMMENTS
ATHLETE'S FOOT	None	Treatment is recommended
CHICKENPOX	Five days from onset of rash or until all lesions have scabbed over	(Vulnerable children and female staff pregnancies)
COLD SORES (HERPES SIMPLEX)	None	Avoid kissing and contact with sores

GERMAN MEASLES (RUBELLA) *	Six days from onset of rash	Preventable by MMR immunization
HAND, FOOT AND MOUTH	Possible exclusion may be necessary	This will be decided at the discretion of the nursery manager. Contact HPU if outbreak
IMPETIGO	Until lesions are crusted/healed, or 48hrs after antibiotic treatment	Antibiotics
MEASLES *	Four days from onset of rash	Preventable by MMR vaccination
MOLLUSCUM CONTAGIOSUM	None	None
RINGWORM	Not usually required	Treatment is required
ROSEOLA (INFANTUM)	None	None
SCABIES	Return after treatment	Treatment is required
SCARLET FEVER*	Return after 24 hrs after antibiotic treatment	Treatment is required
SLAPPED CHEEK/FIFTH DISEASE. PARVOVIRUS B19	None	Possible exclusion - decided at the discretion of the manager (Vulnerable children and female staff pregnancies)
SHINGLES	Exclude if rash weeping and not covered	Can cause chickenpox
WARTS AND VERRUCAE	None	Must be covered
DIARRHOEA/VOMITING	48 hrs from last episode	
E COLI / TYPHOID / PARATYPHOID / SHIGELLA	48 hrs from last episode	May exclude for longer period for under 5's. May require microbiologic clearance. Consult HPU
CRYPTOSPORIDIOSIS	48 hours from last episode	Exclude from water play for 2 weeks
FLU *	Until recovered	Vulnerable children

COVID-19	Try to stay home for 3 days after symptoms	Symptoms include fever, cough, loss of smell/taste, etc.
TUBERCULOSIS *	Always consult HPU	
WHOOPING COUGH *	Five days from antibiotic or 21 days from onset	Local HPU will organize contact tracing
CONJUNCTIVITIS	Possible exclusion	Discretion of the manager
DIPHTHERIA *	Exclusion is essential	Consult HPU
GLANDULAR FEVER	None	None
HEAD LICE	None	Treatment if live lice
HEPATITIS A*	Exclude seven days after onset of jaundice	Consult HPU if outbreak
HEPATITIS B *, C*, HIV/AIDS	None	Not infectious on casual contact
MENINGOCOCCAL MENINGITIS * / SEPTICAEMIA *	Until recovered	HPU to advise
MENINGITIS * BACTERIA	Until recovered	HPU to advise
MENINGITIS VIRAL *	None	No need to exclude siblings
MRSA	None	Good hygiene, HPU advise
MUMPS *	Exclude for five days after onset of swelling	Preventable by vaccination
THREADWORMS	None	Treatment is recommended for child and family
TONSILLITIS	None	Usually due to virus

### Measures of High Temperature

If you suspect a child has a temperature the following steps must be followed:

- Take the child's temperature using the head scanner thermometer.
- Notify parent of temperature
- Record the temperature on a monitoring form

- Attempt to reduce body temperature slowly – removing excess layers of clothing, opening a window, etc.

- Ensure the child is drinking water

As a general rule, a temperature in children under 5 over 37.5C is a fever

The child's temperature should be taken in regular intervals

If the temperature hasn't reduced, parents will be asked if they are happy for a onsite first aider to administer Calpol (permission slip on the child's registration form) or for a parent/carer to collect their child.

In emergency cases the manager will authorize administering emergency Calpol to reduce a high fever when children become very poorly, this is dependant of the parents given permission (child's registration form) and agreeing to collect their child immediately.

### **Transporting Children to Hospital - Procedure**

If a child becomes extremely unwell and in an emergency situation, it is our procedure to call for an ambulance immediately. Parents will be contacted straight away and arrangements will be made to meet the parents at the hospital or at the setting if they are close enough to reach the setting in time.

In the event that a parent is not able to get to the setting in time for the ambulance to transport the child to hospital, a senior member of staff will accompany the child and collect registration forms, relevant medication sheets, medication and any other items the child may need.

### **Febrile Convulsions, Anaphylactic Shock and Other Fit or Seizure**

If a child has any of the above an ambulance must be called immediately and the same steps taken as above.

Anaphylaxis is a medical emergency that may require resuscitation measures. Administration of epinephrine (auto-injector) may be necessary.

This policy was adopted by

The Butterfly Rooms Ltd

On

7<sup>th</sup> July 2025

Date to be reviewed

7<sup>th</sup> July 2026



Name of signatory

Miss Aimee Thompson

