

AFTERNOON TEA

WEEK 1

 MONDAY 	 MAIN Pork sausage or Quorn sausage (halal certified), served with mashed potato and a side of broccoli.	 DESSERT Raspberry jelly.	 ALLERGY INFORMATION - Quorn sausage is halal certified. - Jelly is plant-based. 
 TUESDAY 	 MAIN Free-from spaghetti in a tomato and herb sauce, served with a side of cucumber.	 DESSERT Free-from French madeleines (French-inspired).	 ALLERGY INFORMATION Free from gluten, milk and wheat. 
 WEDNESDAY 	 MAIN Fish fingers or free-from fish fingers, served with white rice and fresh tomato slices.	 DESSERT Yoghurt or free-from yoghurt.	 ALLERGY INFORMATION - Halal. - Free from gluten, milk and wheat. 
 THURSDAY 	 MAIN Free-from tomato and herb pasta bake, served with cucumber.	 DESSERT Tinned peaches.	 ALLERGY INFORMATION Free from gluten, milk and wheat. 
 FRIDAY 	 MAIN Toast fingers or free-from toast fingers, served with baked beans and grated cheese.	 DESSERT Fruit sorbet.	 ALLERGY INFORMATION Free from gluten, wheat and milk. 



FREE-FROM MENU INFORMATION

All free-from dishes are prepared without:



GLUTEN



WHEAT



MILK



Suitable alternatives are available throughout the week.



Please speak to a member of staff regarding any allergies or dietary requirements.