

PRIMARY CARE PHYSIOTHERAPY

Have a muscle, joint or
movement problem?
**SEE THE PHYSIOTHERAPIST
FIRST**



WHAT CAN WE HELP WITH?

- Back pain
- Neck pain
- Shoulder pain
- Hip pain
- Knee pain
- Foot or ankle pain
- Muscle or joint pain
- Sports injuries
- Trouble moving
- Trouble walking or with balance

WHAT TO EXPECT

CHECK → UNDERSTAND → LEARN → PLAN → CONNECT

This program is for assessment – checking your problem and making an action plan. It does not include regular follow-up visits.



CALL US
705-444-5885



BOOK ONLINE
Scan the QR code or visit the GBFHT
website to book



NO FEE