



Integrated Wellness and Consulting Services, LLC

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About School-Based Therapy

VEEMAH is a private practice with licensed mental health professionals offering services for all ages, including school-based therapy. Our program provides personalized in-school support for students facing emotional or behavioral challenges, with sessions held during the school day to minimize disruption.

We Focus On: Personalized Interventions tailored to each child's unique needs. Collaboration with school staff, families, and other care providers involved in your child's well-being. Empowerment and Education to help children and families understand mental health conditions and build practical coping strategies.

Cost and Insurance: Services are billed through your child's health insurance, similar to any other medical or mental health appointment. We must have a child's insurance upon intake. Costs vary based on your specific insurance plan. We encourage you to contact your insurance provider directly to learn about your coverage and any possible out-of-pocket costs. For children without insurance, services may be covered through alternative funding sources, such as a DHS grant. Please contact us for more details.

Year-Round Support: VEEMAH continues to offer therapeutic services during the summer months. Support may be provided in the school setting or at our clinic, depending on availability and your child's needs.

How to Get Started: The Referral Process

1. **School Referral:** A school staff member identifies a student who may benefit from additional support.
2. **Parental Consent:** The school contacts the parent or guardian and requests a signed Release of Information form, allowing them to share the student's details with VEEMAH.
3. **Initial Contact:** Once the release is received, a VEEMAH therapist will reach out to the parent to schedule an initial appointment at the school.
4. **Parent Involvement:** Parents are expected to participate in the first session, and any follow-up sessions outlined in the student's treatment plan.
5. **Treatment Collaboration:** The therapist will share the treatment plan with the parent and verbally communicate a summary to relevant school staff, ensuring coordinated support for the child.