

MEN'S SUPPORT GROUP

STARTING JULY 2026
DAY/TIME TBD

Join a supportive space for men to talk openly, build practical coping skills, and connect with others facing similar challenges. This group focuses on real-life issues and creating a space where you can be heard without judgment..

Who Can Join? Men (18+) looking for support, connection, and personal growth.



WHAT TO EXPECT:

- ◆ **Open and guided discussions**
- ◆ **Confidential, supportive space**
- ◆ **Stress management skills**
- ◆ **Respectful, judgment-free space**

Location:


7070 Brooklyn Boulevard
Brooklyn Center, MN 55429

Facilitator: Gentry Taylor, B.Th.,
MPA, MS CMHC

To Register or Learn More:

Call (763) 202-4767
or visit VEEMAH.COM

VEEMAH CONSULTING
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