

Brian's Day Ride • 200 mile loop (more or less)

Directions	Leg	Total
Start at Mountain Lake Lodge		
Left onto Mountain Lake Lodge		
Turn left onto Virginia Ave/US 460	6.6 mi	6.6 mi
Turn right towards VA 605 S	1.6 mi	8.3 mi
Turn left onto Goodwins Ferry Rd	6.3 mi	14.6 mi
Turn left onto McCoy Rd	3.4 mi	18.0 mi
Turn left onto Prices Fork Rd	7.2 mi	25.2 mi
Take US 460 E towards Roanoke	3.3 mi	28.5 mi
Take exit 3A onto US-460-Br/N Frankiln St	6.0 mi	34.4 mi
Turn right onto Sara St	1.5 mi	36.0 mi
Turn right onto N Franklin St	15 ft	36.0 mi
Turn right onto W Main St/US 11	0.6 mi	36.6 mi
Turn right onto Childress Rd	3.8 mi	40.5 mi
Turn left onto Indian Valley Rd	5.4 mi	45.9 mi
Keep left onto Indian Valley Rd	13.1 mi	59.0 mi
Turn left onto Floyd Hwy/US 221	5.7 mi	64.7 mi
Turn right onto Conner Grove Rd	0.7 mi	65.4 mi
Turn left onto Blue Ridge Pkwy	8.9 mi	74.3 mi
Turn left onto Tuggles Gap Rd	8.8 mi	83.1 mi
Turn left onto Tuggles Gap Rd	72 ft	83.1 mi
Turn left onto Parkway Ln	0.1 mi	83.2 mi
Arrive at Tuggles Gap Motel & Restaurant	0.3 mi	83.6 mi
MM 165.2 • Stop for pie and coffee		
Get on Parkway Ln and ride north	10 ft	83.6 mi
Turn right onto Tuggles Gap Rd	0.3 mi	83.9 mi
Turn left onto Overlook Ridge Dr	25.0 mi	109 mi
Turn right onto Deer Run Dr SE	0.7 mi	110 mi
Turn right onto Floyd Hwy/US 211	0.8 mi	110 mi
Turn left onto Twelve OClock Knob Rd	11.1 mi	122 mi
Turn right onto Twelve Oclock Knob Rd	1.8 mi	123 mi
Turn right onto Palmer Ave	6.5 mi	130 mi
First left onto Darnell Rd	322 ft	130 mi
Turn right onto Hill Ave	0.2 mi	130 mi
Turn left onto Eddy Ave	0.2 mi	130 mi
Turn left onto Union St	0.4 mi	131 mi
Turn right onto US-11-Alt E	0.2 mi	131 mi

Turn right onto Roanoke Blvd	0.8 mi	132 mi
Turn right onto VA 419	0.7 mi	132 mi

Arrive at Frontline Eurosports	81 ft	133 mi
1003 Electric Rd, Salem, VA • Stop for a visit		

Make a U-Turn:

Turn right onto VA 419	81 ft	133 mi
Turn left onto Campbell St	0.2 mi	133 mi
Turn right onto Highland Rd	335 ft	133 mi
Turn right onto Midland Rd	0.1 mi	133 mi
Turn right onto VA 419	360 ft	133 mi
Keep right onto N Electric Rd	3.7 mi	137 mi
Turn right onto Catawba Valley Dr/Hwy 311	0.4 mi	137 mi

Paint Bank Store/Swinging Bridge Restaurant	35.2 mi	172 mi
16071 Paint Bank Rd, Paint Bank, VA		

North on Hwy 311		172 mi
Turn left onto Waiteville Rd/Hwy 600	0.1 mi	173 mi

THIS ROUTE IS NOT PAVED TO THE HOTEL

If good weather, it is hard-packed, passable with all motorcycles

Turn left onto White Rock Rd	17.8 mi	190 mi
Turn left onto Mountain Lake Rd	1.3 mi	191 mi
Arrive at Mountain Lake Rd1	7.0 mi	199 mi

IF YOU WANT A PAVED ROUTE TO HOTEL

Straight onto Big Stony Creek Rd/Hwy 635	17.8 mi	
Left onto US 460	approx. 15 mi.	
Left onto Mountain Lake Rd to Lodge	approx. 10 mi.	