



## The RPLA Community is Warming Our Hearts This Holiday Season

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### Sandy's Story

**"The hole that forms from losses like these never really heals, you just learn to grow your heart around it."**

It is a privilege to share [Sandy's Story](#) to our blog, "Stories of Loss and Hope". Sandy is the mother of three beautiful children, although growing her family was not easy. After years of inconclusive testing, six pregnancies with only one success, and very little hope, Sandy finally found a doctor and care plan that worked for her.

It took a decade to complete her family. Sandy was pregnant a total of nine times and lost eight babies. But she still considers herself one of the "lucky ones" because of her three rainbow babies.

Private with her story at first, Sandy eventually found a community of others to share and grieve with. Now she encourages others to find supportive outlets for their feelings, and reminds them that if something doesn't feel right, it's ok to ask questions and seek second opinions.

We encourage you to [read the full story](#) on our blog.

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### Advocating for Improved Care

Board members, Dr. Ron Librizzi and Megan Hanson, presented at ACOOG's mid-year meeting last month (American College of Osteopathic Obstetricians and Gynecologists).



The session was about the importance of fetal autopsy and miscarriage tissue testing, and how information from both should influence the diagnostic and care pathway for families who have experienced pregnancy loss. Megan shared her personal journey, and Dr. Librizzi talked about how to care for RPL families and push to find answers.

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## Christmas Support Group

We know holiday weeks can be particularly tough for the family building community. Our next RPL Support Group is **Monday, December 23 at 8pm Eastern**.

This peer-led group is virtual and free to join for anyone struggling with recurrent pregnancy loss.

[Register here](#) to receive the Zoom information.

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RPL DOESN'T NEED TO BE A PUZZLE



There's Promise in Every Piece 

## A Future Without RPL

While Sandy's story has a happy ending, her journey did not need to involve so much pain and heartbreak. We *must* change the way loss families are cared for and develop a deeper understanding of why pregnancy loss occurs.

[We implore you to help us piece together this puzzle.](#) We rely on the generosity of individuals to fund the RPL research award and we are currently 70% of the way towards our goal to raise \$55,000.

Please make as generous of a contribution as you can and help assemble a different future for families like Sandy's. There is promise in every piece!

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Sincerely,  
The RPLA Board of Directors



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