



Searching for Answers, Waiting for Rainbows



Special Report in STAT News

RPLA founders were honored to be featured as part of this extremely **important story**.

Research into the possible reasons for recurrent pregnancy loss has been limited and siloed in the United States. There has also been a culture of silence and shame around miscarriage. People who miscarry repeatedly aren't given the emotional support they need at a time when they are most vulnerable. There is so much work to do.

Thank you to Sadia Rafiquddin for the incredible, in-depth reporting. Thank you to STAT News for giving space to this important issue.

If this story inspires you, please share it. If you'd like to get involved in our work, please reach out: megan@rplassociation.org.



Alison's Story

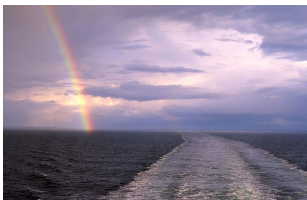
We are grateful this month to share "Alison's Story" on our blog. Alison and her husband have been trying to grow their family since 2020. They have experienced eight pregnancy losses, including the loss of their daughter, Elia, at 20 weeks.

A former professional modern dancer, Ali has used the power of movement to help process grief and promote healing. She and her husband have also leaned heavily on their faith to guide them through

this difficult season.

"We are still battling through it, and honestly don't know if we will have children or live childfree," says Alison. But this experience has helped her realize that her "purpose in this life goes far beyond motherhood."

[Read the full story on our blog.](#) If you'd like to share your own story with us, the form can be found on our website. We welcome all types of experiences. The goal is to remind us that we're not alone and weave a shared narrative that honors our pain and celebrates our strength.



Rainbow Baby Day

August 22 was "rainbow baby day," a day to celebrate babies born after a prior pregnancy loss. But the term can be difficult for members of the recurrent pregnancy loss community, who may experience loss after loss and never get their "rainbow." We [polled the community](#) to understand their feelings. Below is some of what was shared.

- "I find it helpful sometimes when talking to those who don't know my story to say, "he's our rainbow baby," so they have some clue

as
to
what
we
went
through."

- "I
feel
that
it's
a
beautiful
reminder
of
God's
promise
and
a
rainbow
comes
after
a
storm.
It
doesn't
mean
I
forget
about
my
losses
or
hurt
any
less,
rather
my
losses
make
me
appreciate
and
feel
grateful
that
much
more
that
my
promise
was
fulfilled."

- "I hate it... I feel like it makes society think that miscarriage don't matter because you just get pregnant again and have your rainbow baby."
- "I wouldn't use it myself. The babies I lost weren't a storm."

Regardless of what we call it, RPLA is fighting for everyone in this community to build the family they desire.

Support Group September 30

Our next RPL Support Group is Monday, September 30 at 8pm Eastern. This peer-led group is virtual and free to join for anyone struggling with recurrent pregnancy loss. [Register here](#) to receive the Zoom



information.

Love what we're doing? Help us do more by [donating now](#).
Setting up a recurring, monthly donation is a simple way you can support our continued programming. RPLA is funded entirely by individual contributions, so EVERY dollar counts.

Sincerely,
The RPLA Board of Directors



©2024 Recurrent Pregnancy Loss Association | 2819 S Dawson St. Seattle, WA 98108

Like [in](#)

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by
[GoDaddy Email Marketing](#) ®