

Maya Richmond



910-228-9611

maya.a.richmond@gmail.com

www.mayarichmond.com

TRAINING

Truth in Acting: The Methods	Adam Fristoe	Savannah College of Art and Design (ATL)
Improvisation	Craig Anton	Savannah College of Art and Design (ATL)
Acting for the Camera	Alpha Tyler	Savannah College of Art and Design (ATL)
Industry Workshops	Rachel Paulson & Rob Alicea	R&R Sessions
5 Week Commercial Class	Rachel Paulson	A+P Workshops
Private Sessions	Rachel Paulson	A+P Workshops
On Camera & Acting Technique	Rachel Paulson	In-Studio
Emotional Preparation	Becky Buck	The Studio Orlando
Standard English Dialect	Stephen Bundy	Houde School of Acting
Meisner Technique	Diana Frankhauser	Houde School of Acting
Script Analysis & Self Tape	Keith Brooks	Houde School of Acting
Adler Technique	Josh Rowe	Stella Adler Studio of Acting
Character Creation	M.J. Karmi	The Lee Strasberg Theater and Film Institute
Method 101	M.J. Karmi	The Lee Strasberg Theater and Film Institute

SKILLS/MISC.

Military & Law Enforcement:

20 Years Active-Duty U.S. Army (12 Years Military Police / 8 Years Special Operations – Psychological Operations); U.S. Army Drill Sergeant (2 years); Weapon Safety & Handling; Tactical Reloads; Room Clearing & Building Entry; Close Quarters Battle (CQB); Military Operations in Urban Terrain (MOUT); Small Unit Tactics & Convoy Operations; Tactical Team & Squad Movements; Military Radio Communications; Land Navigation; Parachutist / Airborne (Training & Qualification); Range Safety Officer; Military Vehicle Operation (Humvee, JLTV, LMTV, M35 “Deuce and a Half”); Familiar with Military Protocol & Chain of Command; Experience Instructing/Training Personnel

Weapons & Driving:

9mm Handguns; M4 Carbine Rifle; AR-15 Rifle; M249 Squad Automatic Weapon; M240 Machine Gun; M2 .50 Caliber Machine Gun; M203 & M320 Grenade Launchers; Basic and Advanced Shooting Techniques; Defensive & Tactical Driving; Manual Transmission; High-Speed Driving; PIT Maneuver; Vehicle Ramming

Languages:

Persian-Iranian Farsi (Basic Conversational); Afghan Dari (Basic Conversational)

Sports & Physical Skills:

Skiing (Downhill & Cross-Country); Snowshoeing; Swimming (Freestyle, Backstroke, Breaststroke); Archery (Compound Bow); Cycling (Recumbent Bicycle); Softball; Hiking

Miscellaneous / Other Skills:

Ear Wiggling; Eyebrow Wiggling; Proficient in Microsoft Word, Excel, & PowerPoint; Basic First Aid; Good with Animals; Comfortable in Water; Light Home Improvement Projects