Maya Richmond

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TRAINING

Industry Workshops Rachel Paulson & Rob Alicea R&R Sessions 5 Week Commercial Class Rachel Paulson A+P Workshops **Private Sessions** Rachel Paulson A+P Workshops On Camera & Acting Technique Rachel Paulson In-Studio The Studio Orlando **Emotional Preparation** Becky Buck **Improvisation** Stephen Gidel The Studio Orlando On Camera Technique Todd Bruno The Studio Orlando Stephen Bundy Houde School of Acting Standard English Dialect Meisner Technique Diana Frankhauser Houde School of Acting Script Analysis & Self Tape Keith Brooks Houde School of Acting Improvisation Houde School of Acting Keith Brooks Acting Technique Josh Rowe Stella Adler Studio of Acting Character Creation The Lee Strasberg Theater and Film Institute (LA) M.J. Karmi The Lee Strasberg Theater and Film Institute (LA) Method 101 M.J. Karmi

SKILLS/MISC.

Foreign Languages: Persian-Iranian Farsi (Basic Conversational Level); Afghan Dari (Basic Conversational Level)

Weapons Proficiency: 9mm Handguns; M4 Carbine Rifle; AR-15 Rifle; M249 Squad Automatic Weapon; M240 Machine Gun; M2 .50 Caliber Machine Gun; M203 Grenade Launcher; M320 Grenade Launcher; Basic and Advanced Shooting Techniques; Weapon Safety and safe handling

Driving: Defensive/Tactical Driving; Manual Transmission; High Speed Driving; City Driving; PIT Maneuver; Vehicle Ramming

Sports: Skiing (Downhill and Cross-Country); Snowshoeing; Swimming (Freestyle, Back Stroke, Breast Stroke); Archery (Compound Bow); Cycling (Recumbent Bicycle); Softball; Hiking

Military Experience: Tactical Leadership; Tactical Management; Tactical Operations; Defensive and Offensive Security Processes / Detection & Recognition; Parachutist/Sky Diving; 20 years Active-Duty Army (12 Years Military Police / 8 years Special Operations – Psychological Operations)

Miscellaneous: Ear wiggling; Eyebrow wiggling; Proficient in Microsoft Word, Excel, & Power Point; Basic First Aid; Good with animals; Comfortable in water; Light home improvement projects