

Event Planning Services: We will coordinate with vendors, provide logistical and creative support, so you can remain relaxed and enjoy your special occasion.

We can customize all dishes to meet your culinary preferences.

1/2 Pan Serves	Full Pan Serves
10-14	16-22

VEGETABLES (Hot Dishes) (V, GF)

Bhaji TT <i>Spinach with a sprinkling of butternut squash, mixed bell peppers, & fresh herbs in a coconut sauce</i>	\$89.95	\$129.95
Black beans or Red Beans <i>Slowly cooked beans with butternut squash, carrots, mixed peppers and onions with coconut oil</i>	\$79.95	\$119.95
Tri-Beans <i>Black beans, blackeye peas, red beans sautéed in a light cilantro-garlic sauce</i>	\$89.95	\$129.95
Cabbage Medley <i>Sautéed Cabbage, carrots, peppers, & onions, are lightly seasoned with fresh herbs and olive oil</i>	\$89.95	\$129.95
Curry Channa <i>Chick pea, butternut squash, carrots, mixed bell peppers cooked in a Caribbean style curry sauce</i>	\$79.95	\$119.95
Dis-n-Dat (eggplant & mushroom free) <i>Cabbage, broccoli, Brussel sprouts, carrots, roasted peppers, onions, may contain other veggies</i>	\$109.95	\$149.95
A LA CARTE		
Roasted Roots Vegetables (V), (GF) <i>Carrots, Beets, Cassava, Winter Squash, Eddos & Seasonal Root Vegetables</i>	\$139.95	\$239.95
Veggie Herb Rice (V), (GF) <i>Rice, Carrots, Mixed Bell Peppers, Fresh Herbs & Seasoning, Olive Oil</i>	\$65.95	\$95.95
Roasted Potato (V), (GF) <i>Roasted potatoes seasoned in a light herb and olive oil sauce.</i>	\$89.95	\$129.95
Seasonal Fruit Bowl (V), (GF) <i>Seasonal fruits, may include mangoes, berries, cantaloupe, melon & pineapples, etc.</i>	\$119.95	\$169.95

Catering Menu



www.VashtisKitchenDelights.com

Caribbean-American Boutique Catering & Event Planning Services

Please call or email questions. Email all catering orders!
Catering fee (17%), Deposit (50%) required, taxes and delivery charges apply to all orders

We will customize your menu - additional cost may apply.

Most dishes are Gluten and Dairy Free plus we offer a wide range of Vegan Dishes

DESSERT PLATTERS (serves up to 12)

Cookie Platter <i>An assortment of cookies, including gluten-free</i>	\$69.95
Brownie Platter <i>An assortment of brownies, including gluten-free</i>	\$69.95
Individual Serving Cake Platter <i>An assortment of flavors</i>	\$75.95
Custom Cakes (8-10 servings) <i>We offer several types of custom cakes</i>	Starts at \$49.95

DESSERT TABLE

Assorted Dessert Table (48 Pieces) <i>Custom design dessert table - we will work with you to develop your unique dessert table, with delicious desserts</i>	Starts at \$450.95
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Soups are available in 1/2 gallon size, starting at \$40.00	1/2 Pan	Full Pan
	Serves	Serves
	10-14	16-22

STARTERS

Cheese Sampler	\$129.95	\$189.95
<i>Assorted cheeses, crackers, dried & fresh fruits</i>		
Crudités (<i>Dipping sauce included</i>) (V), (GF)	\$99.95	\$139.95
<i>An assortment of seasonal vegetables</i>		
Buffalo Jerk Wings (GF)	\$149.95	\$259.95
<i>Buffalo wings with a twist of jerk (2 pieces per serving)</i>		
Roasted Veggie Hummus (V), (GF)	\$64.95	\$95.95
<i>Served with fresh veggies and or pita chips - crackers</i>		
Buljol (<i>include crackers or gluten-free crackers</i>)	\$79.95	\$129.95
<i>Salted Cod Fish - marinated in a spicy olive oil & lime juice mix, fresh peppers and herbs</i>		

SALADS

Garden Salad (V), (GF)	\$69.95	\$119.95
<i>Fresh greens, tomatoes, cucumbers, carrots, onions & olives</i>		
Roasted Seasonal Veggie Pasta Salad (V) (GF)	\$129.95	\$199.95
<i>Pasta, roasted & fresh veggies with fresh herbs marinade</i>		
Jamaican Jerk Chicken Pasta Salad	\$134.95	\$205.95
<i>Mini Penne, Jamaican Jerk chicken, tomatoes, cucumbers, roasted carrots, bell peppers & fresh herbs</i>		

Channa Salad (V), (GF)	\$119.95	\$189.95
<i>Chick pea, bells peppers, cucumbers, fresh herbs, lemons and olive oil</i>		

RICE & PASTA

Rice Medley (V), (GF)	\$119.95	\$189.95
<i>Includes leeks, mixed bell peppers, carrots, shallots, celery, chives, garlic fresh herbs and seasoning</i>		
Pelau (<i>vegan option available</i>) (GF)	\$119.95	\$189.95
<i>Rice, pigeon peas, browned stew chicken, coconut, diced peppers and winter squash</i>		
Dove's Nest - Penne Pasta (<i>Vegetarian</i>)	\$119.95	\$189.95
<i>Fresh beans, roasted carrots & sun dried tomatoes in a light cream sauce</i>		
Baked Ziti	\$139.95	\$219.95
<i>Pasta with ground beef, light tomato base sauce with peppers and onions & three cheeses (mozzarella, ricotta, parmesan)</i>		

Sorrel & Ginger-Pineapple Quencher are available in 1/2 gallon size, starting at \$32.00	1/2 Pan	Full Pan
	Serves	Serves
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CARNIVORE DELIGHTS (GF)

Jamaican Jerk Chicken	\$119.95	\$189.95
<i>Roasted in custom blended spices and herbs</i>		
The Phoenix	\$124.95	\$199.95
<i>Caribbean Styled curried chicken with cubed potatoes</i>		
Happy Raven	\$124.95	\$199.95
<i>Diced chicken pieces sautéed with seasonal vegetables in a light brown sauce</i>		
Bella Heifer (beef)	\$139.95	\$205.95
<i>Lightly seasoned beef with fresh herbs and sauteed baby portabella mushrooms, carrots and onions</i>		
Dancing Heifer	\$139.95	\$205.95
<i>Cubes of beef slowly cooked with fresh herbs in a tomato-New Mexico chili, ginger sauce</i>		
Farmer's Bounty (beef-oxtails)	\$149.95	\$259.95
<i>Caribbean Styled sauteed oxtails with butter beans</i>		
Curry Goat (Bone-In)	\$149.95	\$259.95
<i>Slowly cooked in a Caribbean style curry with carrots and diced potatoes</i>		
Sweet-n-Sticky Swine (pork)	\$134.95	\$215.95
<i>Roasted pork in a custom blend of fresh herbs and tamarind-molasses-dates glaze</i>		
Geera-Lemon Pork	\$119.95	\$189.95
<i>Sauteed Pork cubes in a cumin lemon sauce</i>		
Jamaican Jerk Pork	\$119.95	\$189.95
<i>Prepared with a custom blend of spices and fresh herbs</i>		

OCEAN FARE (GF)

Ocean Tide	\$149.95	\$239.95
<i>Sautéed Tilapia in a fresh herbs sauce with peppers & onions</i>		
Blackened Cod	\$159.95	\$259.95
<i>Steamed cod in a lemon butter thyme sauce</i>		

VEGAN (GF)

Exotic Fireball (rice pasta or rice)	\$159.95	\$249.95
<i>Rice pasta or rice with Lion's mane mushroom, Vidalia onions with an assortment of roasted sweet & mild peppers and a fresh herb blend</i>		
Lentil-Fig Stew	\$119.95	\$189.95
<i>Full bodied texture dish made with lentil, figs, sweet potatoes, sautéed with tomatoes, fresh herbs and spices</i>		