

518-212-2831

www.VashtisKitchenDelights.com

## Vashti's Kitchen Delights

**Event Planning Services:** We will coordinate with vendors, provide logistical and creative support, so you can remain relaxed and enjoy your special occasion.

We can customize all dishes to meet your culinary preferences.

| 1/2 Pan Serves | Full Pan Serves |
|----------------|-----------------|
| 10-16          | 18-24           |

### VEGETABLES (Hot Dishes) (V, GF)

| Dish  | 1/2 Pan Serves | Full Pan Serves |
|---|----------------|-----------------|
| <b>Bhaji TT</b>   | \$59.95        | \$93.95         |
| <i>Spinach with a sprinkling of winter squash, mixed bell peppers, &amp; fresh herbs in a coconut sauce</i>                                       |                |                 |
| <b>Brussel Sprout Medley</b>  | \$69.95        | \$104.95        |
| <i>Steamed Brussel sprouts that are added to sautéed broccoli, peppers and onions in a cilantro garlic sauce</i>                                  |                |                 |
| <b>Tri-Beans</b>  | \$59.95        | \$95.95         |
| <i>Black beans, blackeye peas, red beans sautéed in a light cilantro-garlic sauce</i>   |                |                 |
| <b>Cabbage Medley</b>   | \$62.95        | \$98.95         |
| <i>Sautéed Cabbage, carrots, peppers, &amp; onions, are lightly seasoned with fresh herbs</i>   |                |                 |
| <b>Black-Eye Greens</b>   | \$72.95        | \$104.95        |
| <i>Sautéed string beans &amp; blackeye peas in fresh herbs</i>  |                |                 |
| <b>Dis-n-Dat</b> (eggplant & mushroom free)   | \$79.95        | \$104.95        |
| <i>Sautéed fresh vegetables in a fresh herb sauce</i>   |                |                 |
| A LA CARTE  |                |                 |
| <b>Roasted Roots Vegetables</b> (V), (GF)   | \$89.95        | \$105.95        |
| <i>Carrots, Beets, Cassava, Winter Squash, Eddos &amp; Seasonal Root Vegetables</i>   |                |                 |
| <b>Grilled Vegetables</b> (V), (GF)   | \$69.75        | \$95.95         |
| <i>broccoli rabe or broccoli, Brussel sprouts, carrots, sweet roasted peppers, Vidalia onions, may contain parsnip, asparagus and cauliflower</i> |                |                 |
| <b>Roasted Potato</b> (V), (GF)   | \$59.95        | \$79.95         |
| <i>Roasted potatoes seasoned in a light herb and olive oil sauce.</i>   |                |                 |
| <b>Seasonal Fruit Bowl</b> (V), (GF)  | \$75.95        | \$99.95         |
| <i>Seasonal fruits, may include mangoes, berries, cantaloupe, melon &amp; pineapples, etc.</i>  |                |                 |

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## Catering Menu



### Caribbean-American Boutique Catering & Event Planning Services

Please call to place all catering orders. **Catering fee (15%), taxes and delivery charges apply to all orders.** Full catering services are available. We will customize your menu - additional cost may apply.

#### BREAKFAST BASKETS (serves up to 10)

|   |                 |
|---|-----------------|
| <b>Breakfast Starter:</b> Freshly baked Rolls, Muffins, Fresh Fruit Salad or Whole Fruits, Fruit Juice, Fruit Preserve, Cream Cheese & Butter | <b>\$99.95</b>  |
| <b>Breakfast Plus:</b> Freshly baked Rolls, Muffins, boiled eggs, Fresh Fruit Salad, Fruit Juice, Fruit Preserve, Cream Cheese & Butter       | <b>\$119.95</b> |

#### DESSERT PLATTERS (serves up to 10)

|   |                          |
|---|--------------------------|
| <b>Cookie Platter</b>                                   | <b>\$49.95</b>           |
| <i>An assortment of cookies, including gluten-free</i>  |                          |
| <b>Brownie Platter</b>                                  | <b>\$52.92</b>           |
| <i>An assortment of brownies, including gluten-free</i> |                          |
| <b>Cup Cake Platter</b>                                 | <b>\$55.95</b>           |
| <i>An assortment of flavors</i>                         |                          |
| <b>Custom Cakes</b> (8-10 servings)                     | <b>Starts at \$49.95</b> |
| <i>We offer several types of custom cakes</i>           |                          |

#### DESSERT TABLE

|                               |                           |
|-------------------------------|---------------------------|
| <b>Assorted Dessert Table</b> | <b>Starts at \$350.95</b> |
|-------------------------------|---------------------------|

Custom design dessert table - we will work with you to develop your unique dessert table, with delicious desserts

| Soups are available in 1/2 gallon and 1 gallon sizes   | 1/2 Pan<br>Serves<br>10-16 | Full Pan<br>Serves<br>18-24 |
|--|----------------------------|-----------------------------|
| <b>STARTERS</b>  |                            |                             |
| <b>Cheese Sampler</b><br>Assorted cheeses, crackers, dried & fresh fruits  | \$75.95                    | \$119.95                    |
| <b>Crudités</b> (Dipping sauce included) (V), (GF)<br>An assortment of seasonal vegetables   | \$65.95                    | \$99.95                     |
| <b>Buffalo Jerk Wings</b> (GF)<br>Buffalo wings with a twist of jerk (2 pieces per serving)  | \$89.95                    | \$134.95                    |
| <b>Roasted Veggie Hummus</b> (V), (GF)<br>Serve with fresh veggies or pita chips   | \$64.95                    | \$95.95                     |
| <b>Buljol</b> (include crackers or gluten-free crackers)<br>Salted Cod Fish - marinated in a spicy olive oil & lime juice mix, fresh peppers and herbs | \$75.95<br>(2lbs)          | \$114.95<br>(4lbs)          |
| <b>SALADS</b>  |                            |                             |
| <b>Garden Salad</b> (V), (GF)<br>Fresh greens, tomatoes, cucumbers, carrots, onions & olives   | \$59.95                    | \$89.95                     |
| <b>Roasted Seasonal Veggie Pasta Salad</b> (V) (GF)<br>Pasta, roasted & fresh veggies with fresh herbs marinade  | \$85.95                    | \$129.95                    |
| <b>Jamaican Jerk Chicken Pasta Salad</b> (V) (GF)<br>Mini Penne, Jamaican Jerk chicken, tomatoes, cucumbers, carrots, bell peppers & fresh herbs       | \$95.95                    | \$139.95                    |
| <b>Channa Salad</b> (V), (GF)<br>Chick pea, bells peppers, olive oil, fresh herbs and lemons   | \$75.95                    | \$99.95                     |
| <b>RICE &amp; PASTA</b>  |                            |                             |
| <b>Rice Medley</b> (V), (GF)<br>Includes leeks, mixed bell peppers, carrots, shallots, celery, chives, garlic fresh herbs and seasoning                | \$95.95                    | \$129.95                    |
| <b>Pelau</b> (vegan option available) (GF)<br>Rice, pigeon peas, browned stew chicken, coconut, diced peppers and winter squash                        | \$101.95                   | \$159.95                    |
| <b>Dove's Nest - Penne Pasta</b> (V)<br>Fresh beans, roasted carrots & sun dried tomatoes in a light cream sauce                                       | \$80.95                    | \$120.95                    |
| <b>Rustic Country Penne</b><br>Ground beef, light tomato base sauce mixed vegetables & three Cheeses   | \$101.95                   | \$159.95                    |

| Meat & fish dishes come with 1/4 or 1/2 pan of rice & freshly baked rolls.  | 1/2 Pan<br>Serves<br>10-16 | Full Pan<br>Serves<br>18-24 |
|---|----------------------------|-----------------------------|
| <b>CARNIVORE DELIGHTS (GF)</b>  |                            |                             |
| <b>Jamaican Jerk Chicken</b><br>Roasted in custom blended spices and herbs  | \$79.95                    | \$124.95                    |
| <b>The Phoenix</b><br>Caribbean curried chicken with cubed potatoes   | \$84.95                    | \$129.95                    |
| <b>Salacious Hen</b><br>Chicken cooked in a light tangy sweet custom blended tamarind-molasses-dates glaze  | \$89.95                    | \$134.95                    |
| <b>Happy Raven</b><br>Chicken Breast sautéed with seasonal vegetables   | \$84.95                    | \$129.95                    |
| <b>Dancing Heifer</b><br>Sautéed beef with fresh herbs in a tomato-chili-ginger sauce   | \$109.95                   | \$164.95                    |
| <b>Bella Heifer (beef)</b><br>Sautéed boneless beef shanks with baby portabella mushrooms, carrots and onions   | \$119.95                   | \$179.95                    |
| <b>Calypso Pork</b><br>Roasted in a custom blend of fresh herbs, ginger & garlic sauce  | \$85.95                    | \$125.95                    |
| <b>Sassy Pig</b><br>Roasted pork in a custom blend of fresh herbs and roasted apples  | \$89.95                    | \$129.95                    |
| <b>Geera-Lemon Pork</b><br>Sautéed Pork cubes in a cumin lemon sauce  | \$89.95                    | \$129.95                    |
| <b>Jamaican Jerk Pork</b><br>Prepared with a custom blend of spices and fresh herbs   | \$85.95                    | \$125.95                    |
| <b>OCEAN FARE (GF)</b>  |                            |                             |
| <b>Ocean Tide</b><br>Sautéed Tilapia in a fresh herbs sauce with peppers & onions   | \$99.95                    | \$179.95                    |
| <b>Blackened Cod</b><br>Steamed cod in a lemon butter thyme sauce   | \$109.95                   | \$189.95                    |
| <b>VEGAN (GF)</b>   |                            |                             |
| <b>Exotic Fireball</b><br>Penne pasta with Lion's mane mushroom, vidalia onions with an assortment of roasted sweet & mild peppers and a fresh herb blend | \$99.95                    | \$179.95                    |
| <b>Lentil-Fig Stew</b><br>Full bodied texture dish made with lentil, figs, sweet potatoes, sautéed with tomatoes, fresh herbs and spices                  | \$75.95                    | \$109.95                    |