

Event Planning Services: We will coordinate with vendors, provide logistical and creative support, so you can remain relaxed and enjoy your special occasion.

We can customize all dishes to meet your culinary preferences.	1/2 Pan Serves 10-16	Full Pan Serves 18-24
VEGETABLES (Hot Dishes) (V, GF)		
Bhaji TT <i>Spinach with a sprinkling of winter squash, mixed bell peppers, & fresh herbs in a coconut sauce</i>	\$55.95	\$93.95
Brussel Sprout Medley <i>Steamed Brussel sprouts that are added to sautéed broccoli, peppers and onions in a cilantro garlic sauce</i>	\$62.95	\$104.95
Tri-Beans <i>Black beans, blackeye peas, red beans sautéed in a light cilantro-garlic sauce</i>	\$56.95	\$95.95
Cabbage Medley <i>Sautéed Cabbage, carrots, peppers, & onions, are lightly seasoned with fresh herbs</i>	\$58.95	\$98.95
Black-Eye Greens <i>Sautéed string beans & blackeye peas in fresh herbs</i>	\$62.95	\$104.95
Dis-n-Dat (eggplant & mushroom free) <i>Sautéed fresh vegetables in a fresh herb sauce</i>	\$62.95	\$104.95
A LA CARTE		
Roasted Roots Vegetables (V), (GF) <i>Carrots, Beets, Cassava, Winter Squash, Eddos & Seasonal Root Vegetables</i>	\$69.95	\$105.95
Grilled Vegetables (V), (GF) <i>Seasonal vegetables (eggplant & mushroom free)</i>	\$59.95	\$95.95
Roasted Potato (V), (GF) <i>Roasted potatoes seasoned in a light herb and olive oil sauce.</i>	\$49.95	\$79.95
Seasonal Fruit Bowl (V), (GF) <i>Seasonal fruits, may include mangoes, berries, cantaloupe, melon & pineapples, etc.</i>	\$65.95	\$99.95



Caribbean-American Boutique Catering & Event Planning Services

Please call to place all catering orders. Catering fee (13%), taxes and delivery charges apply to all orders. Full catering services are available. We will customize your menu - additional cost may apply.

BREAKFAST BASKETS (serves up to 12)		
Breakfast Lite: Freshly baked Rolls, Muffins, Fruit Juice, Fruit Preserve, Cream Cheese & Butter		\$69.95
Breakfast Starter: Freshly baked Rolls, Muffins, Fresh Fruit Salad or Whole Fruits, Fruit Juice, Fruit Preserve, Cream Cheese & Butter		\$79.95
Breakfast Plus: Freshly baked Rolls, Muffins, boiled eggs, Fresh Fruit Salad Fruit Juice, Fruit Preserve, Cream Cheese & Butter		\$89.95
DESSERT PLATTERS (serves up to 12)		
Cookie Platter <i>An assortment of cookies, including gluten-free</i>		\$39.95
Brownie Platter <i>An assortment of brownies, including gluten-free</i>		\$42.95
Cup Cake Platter <i>An assortment of flavors</i>		\$45.95
Custom Cakes (10-12 servings) <i>We offer several types of custom cakes</i>	Starts at	\$49.95
DESSERT TABLE		
Assorted Dessert Table <i>Custom design dessert table - we will work with you to develop your unique dessert table, with delicious desserts</i>	Starts at	\$250.95

Soups are available in 1/2 gallon and 1 gallon sizes	1/2 Pan Serves 10-16	Full Pan Serves 18-24
STARTERS		
Cheese Sampler Assorted cheeses, crackers, dried & fresh fruits	\$65.95	\$99.95
Crudités (Dipping sauce included) (V), (GF) An assortment of seasonal vegetables	\$54.95	\$90.95
Buffalo Jerk Wings (GF) Buffalo wings with a twist of jerk (2 pieces per serving)	\$70.95	\$110.95
Roasted Veggie Hummus (V), (GF) Serve with fresh veggies or pita chips	\$57.95	\$90.95
Buljol (include crackers or gluten-free crackers) Salted Cod Fish - marinated in a spicy olive oil & lime juice mix, fresh peppers and herbs	\$65.95 (2lbs)	\$109.95 (4lbs)
SALADS		
Garden Salad (V), (GF) Fresh greens, tomatoes, cucumbers, carrots, onions & olives	\$49.95	\$75.95
Roasted Seasonal Veggie Pasta Salad (V)(GF) Pasta, roasted & fresh veggies with fresh herbs marinade	\$75.95	\$109.95
Jamaican Jerk Chicken Pasta Salad (V)(GF) Mini Penne, Jamaican Jerk chicken, tomatoes, cucumbers, carrots, bell peppers & fresh herbs	\$85.95	\$119.95
Channa Salad (V), (GF) Chick pea, bells peppers, olive oil, fresh herbs and lemons	\$65.95	\$97.95
RICE & PASTA		
Rice Medley (V), (GF) Includes leeks, mixed bell peppers, carrots, shallots, celery, chives, garlic and seasoning	\$75.95	\$115.95
Pelau (available in vegetarian -\$10.00) (GF) Rice, pigeon peas, browned stew chicken, coconut, diced peppers and winter squash	\$101.95	\$159.95
Dove's Nest - Penne Pasta (V) Fresh beans, roasted carrots & sun dried tomatoes	\$80.95	\$120.95
Rustic Country Penne Ground beef, light tomato base sauce mixed vegetables & three Cheeses	\$101.95	\$159.95

Meat, fish & vegan dishes come with 1/4 or 1/2 pan of rice & freshly baked rolls.	1/2 Pan Serves 10-16	Full Pan Serves 18-24
CARNIVORE DELIGHTS (GF)		
Jamaican Jerk Chicken Roasted in custom blended spices and herbs	\$69.95	\$99.95
The Phoenix Caribbean curried chicken with cubed potatoes	\$74.95	\$114.95
Succulent Hen Boneless chicken cooked in a light spicy chili-honey sauce.	\$74.95	\$114.95
Happy Raven Chicken Breast sautéed with seasonal vegetables	\$79.95	\$119.95
Dancing Heifer Sautéed beef with fresh herbs in a tomato-chili-ginger sauce	\$99.95	\$149.95
Bella Heifer (beef) Sautéed with baby portabella mushrooms, carrots and onions	\$110.95	\$164.95
Blazing Trail Caribbean curry beef with mixed bell peppers & carrots	\$99.95	\$149.95
Calypso Pork Roasted in a custom blend of fresh herbs, ginger & garlic sauce	\$72.95	\$112.95
Sassy Pig Roasted pork in a custom blend of fresh herbs and roasted apples	\$79.95	\$119.95
Divine Swine Roasted pork in a custom blend of fresh herbs and a mango-cilantro	\$79.95	\$119.95
Jamaican Jerk Pork Prepared with a custom blend of spices and fresh herbs	\$75.95	\$115.95
OCEAN FARE (GF)		
Ocean Tide Fish dish sautéed in fresh herbs & onions and peppers	\$88.95	\$138.95
Blackened Cod Fish dish with a lemon butter thyme sauce	\$98.95	\$148.95
VEGAN (GF)		
Jamaican Jerk Tofu Grilled in a custom blend of Jamaican jerk seasoning & fresh herbs	\$49.95	\$79.95
Lentil-Fig Stew Full bodied texture dish made with lentil, figs, sweet potatoes, sautéed with tomatoes, fresh herbs and spices	\$65.95	\$89.95