

Event Planning Services: We will coordinate with vendors, provide logistical and creative support, so you can remain relaxed and enjoy your special occasion.

We can customize all dishes to meet your culinary preferences.

1/2 Pan Serves	Full Pan Serves
10-14	16-22

VEGETABLES (Hot Dishes) (V, GF)

Bhaji TT <i>Spinach with a sprinkling of winter squash, mixed bell peppers, & fresh herbs in a coconut sauce</i>	\$79.95	\$119.95
Brussel Sprout Medley <i>Steamed Brussel sprouts that are added to sautéed broccoli, peppers and onions in a cilantro garlic sauce</i>	\$99.95	\$149.95
Tri-Beans <i>Black beans, blackeye peas, red beans sautéed in a light cilantro-garlic sauce</i>	\$65.95	\$105.95
Cabbage Medley <i>Sautéed Cabbage, carrots, peppers, & onions, are lightly seasoned with fresh herbs</i>	\$75.95	\$109.95
Black-Eye Greens <i>Sautéed string beans & blackeye peas in fresh herbs</i>	\$79.95	\$119.95
Dis-n-Dat (eggplant & mushroom free) <i>Sautéed fresh vegetables in a fresh herb sauce</i>	\$79.95	\$119.95

A LA CARTE

Roasted Roots Vegetables (V), (GF) <i>Carrots, Beets, Cassava, Winter Squash, Eddos & Seasonal Root Vegetables</i>	\$99.95	\$129.95
Veggie Herb Rice (V), (GF) <i>broccoli rabe or broccoli, Brussel sprouts, carrots, sweet roasted peppers, Vidalia onions, may contain parsnip, asparagus and cauliflower</i>	\$49.95	\$79.95
Roasted Potato (V), (GF) <i>Roasted potatoes seasoned in a light herb and olive oil sauce.</i>	\$69.95	\$109.95
Seasonal Fruit Bowl (V), (GF) <i>Seasonal fruits, may include mangoes, berries, cantaloupe, melon & pineapples, etc.</i>	\$85.95	\$129.95

Catering Menu



Caribbean-American Boutique Catering & Event Planning Services

Please call to place all catering orders!

Catering fee (16%), taxes and delivery charges apply to all orders

Full catering services are available
We will customize your menu - additional cost may apply.

DESSERT PLATTERS (serves up to 12)

Cookie Platter <i>An assortment of cookies, including gluten-free</i>	\$69.95
Brownie Platter <i>An assortment of brownies, including gluten-free</i>	\$69.95
Individual Serving Cake Platter <i>An assortment of flavors</i>	\$75.95
Custom Cakes (8-10 servings) <i>We offer several types of custom cakes</i>	Starts at \$49.95

DESSERT TABLE

Assorted Dessert Table (48 Pieces) <i>Custom design dessert table - we will work with you to develop your unique dessert table, with delicious desserts</i>	Starts at \$450.95
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Soups are available in 1/2 gallon size	1/2 Pan Serves 10-14	Full Pan Serves 16-22
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STARTERS

Cheese Sampler Assorted cheeses, crackers, dried & fresh fruits	\$99.95	\$159.95
Crudités (Dipping sauce included) (V), (GF) An assortment of seasonal vegetables	\$79.95	\$109.95
Buffalo Jerk Wings (GF) Buffalo wings with a twist of jerk (2 pieces per serving)	\$149.95	\$229.95
Roasted Veggie Hummus (V), (GF) Serve with fresh veggies or pita chips	\$64.95	\$95.95
Buljol (include crackers or gluten-free crackers) Salted Cod Fish - marinated in a spicy olive oil & lime juice mix, fresh peppers and herbs	\$79.95 (2lbs)	\$129.95 (4lbs)

SALADS

Garden Salad (V), (GF) Fresh greens, tomatoes, cucumbers, carrots, onions & olives	\$65.95	\$99.95
Roasted Seasonal Veggie Pasta Salad (V) (GF) Pasta, roasted & fresh veggies with fresh herbs marinade	\$99.95	\$149.95
Jamaican Jerk Chicken Pasta Salad (V) (GF) Mini Penne, Jamaican Jerk chicken, tomatoes, cucumbers, carrots, bell peppers & fresh herbs	\$124.95	\$195.95
Channa Salad (V), (GF) Chick pea, bells peppers, olive oil, fresh herbs and lemons	\$79.95	\$109.95

RICE & PASTA

Rice Medley (V), (GF) Includes leeks, mixed bell peppers, carrots, shallots, celery, chives, garlic fresh herbs and seasoning	\$109.95	\$169.95
Pelau (vegan option available) (GF) Rice, pigeon peas, browned stew chicken, coconut, diced peppers and winter squash	\$109.95	\$169.95
Dove's Nest - Penne Pasta (V) Fresh beans, roasted carrots & sun dried tomatoes in a light cream sauce	\$89.95	\$139.95
Rustic Country Penne Ground beef, light tomato base sauce mixed vegetables & three Cheeses	\$124.95	\$195.95

Sorrel & Ginger-Pineapple Quencher are available in 1/2 gallon size	1/2 Pan Serves 10-14	Full Pan Serves 16-22
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CARNIVORE DELIGHTS (GF)

Jamaican Jerk Chicken Roasted in custom blended spices and herbs	\$109.95	\$179.95
The Phoenix Caribbean curried chicken with cubed potatoes	\$114.95	\$184.95
Salacious Hen Chicken cooked in a light tangy sweet custom blended tamarind-molasses-dates glaze	\$109.95	\$179.95
Happy Raven Chicken Breast sautéed with seasonal vegetables	\$119.45	\$189.95
Dancing Heifer Sautéed beef with fresh herbs in a tomato-chili-ginger sauce	\$124.95	\$195.95
Bella Heifer (beef) Sautéed boneless beef shanks with baby portabella mushrooms, carrots and onions	\$129.95	\$205.95
Tambran Dub (pork) Roasted pork in a custom blend of fresh herbs and tamarind-malasses-dates glaze	\$124.95	\$195.95
Sassy Pig Roasted pork in a custom blend of fresh herbs and roasted apples	\$119.95	\$189.95
Geera-Lemon Pork Sautéed Pork cubes in a cumin lemon sauce	\$109.95	\$179.95
Jamaican Jerk Pork Prepared with a custom blend of spices and fresh herbs	\$109.95	\$179.95

OCEAN FARE (GF)

Ocean Tide Sautéed Tilapia in a fresh herbs sauce with peppers & onions	\$139.95	\$205.95
Blackened Cod Steamed cod in a lemon butter thyme sauce	\$149.95	\$215.95

VEGAN (GF)

Exotic Fireball Penne pasta with Lion's mane mushroom, vidalia onions with an assortment of roasted sweet & mild peppers and a fresh herb blend	\$129.95	\$205.95
Lentil-Fig Stew Full bodied texture dish made with lentil, figs, sweet potatoes, sautéed with tomatoes, fresh herbs and spices	\$89.95	\$139.95