

518-212-2831

www.vashtiskitchendelights.com

# Vashti's Kitchen Delights

## Event Planning Services

We will recommend and or coordinate with vendors that fit your needs. We also offer logistical and creative support, so you can remain relaxed and enjoy your special occasion.

We can customize all dishes to meet your culinary preferences.

1/4 Pan Serves up to 10	1/2 Pan Serves 10-16	Full Pan Serves 18-24
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### VEGETABLES (Hot Dishes)

<b>Cauliflower Rice</b> <i>Lightly flavored steam cauliflower is a good substitution for a low-carb rice option</i>	\$26.95	\$47.95	\$79.95
<b>Brussel Sprout Medley</b> <i>Steamed Brussel sprouts that are added to sautéed mushrooms, peppers and onions in a cilantro garlic sauce</i>	\$34.95	\$62.95	\$104.95
<b>Cabbage Medley</b> <i>Cabbage, carrots, peppers, onions, and celery are lightly seasoned and sautéed</i>	\$32.95	\$58.95	\$98.95
<b>Bhaji TT</b> <i>This is a spinach dish with a sprinkling of winter squash, mixed bell peppers, onion and garlic in a coconut cream sauce</i>	\$31.95	\$55.95	\$93.95

### DESSERT PLATTERS

<b>Cookie Platter</b> <i>An assortment of cookies, including gluten-free cookies</i>	\$19.95	\$35.95	\$59.95
<b>Brownie Platter</b> <i>An assortment of brownies, including gluten-free brownies</i>	\$22.95	\$37.95	\$62.95
<b>Cup Cake Platter</b> <i>Cranberry Orange, Triple Chocolate, Lemon, Red Velvet and Gluten-Free Chocolate</i>	\$24.95	\$39.95	\$64.95

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# Catering Menu



Caribbean-American Boutique Caterer  
Catering and Event Planning Services

Please call to place all catering orders

Full catering services are available

Delivery charges apply

Catering fees apply

We can customize your menu at an additional cost

### BREAKFAST BASKETS

<b>Breakfast Lite</b> <i>Include an assortment of - Freshly baked Rolls, Muffins, 1/2 gal. Juice, Fruit Preserve, Cream Cheese &amp; Butter</i>	(serves up to 12)	\$59.95
<b>Breakfast Starter</b> <i>Include an assortment of - Freshly baked Rolls, Muffins, Fresh Fruit Salad or Whole Fruits, 1/2 gal. Juice, Fruit Preserve, Cream Cheese &amp; Butter</i>	(serves up to 12)	\$69.95
<b>Breakfast Plus</b> <i>Include an assortment of - Freshly baked Rolls, Muffins, 1 doz. boiled eggs, Fresh Fruit Salad or Whole Fruits, 1/2 gal. Juice, Fruit Preserve, Cream Cheese &amp; Butter</i>	(serves up to 12)	\$79.95

Custom soups are available in 1/2 gallon and 1 gallon Sizes <i>Condiments are included</i>	1/4 Pan Serves up to 10	1/2 Pan Serves 10-16	Full Pan Serves 18-24
<b>STARTERS</b>			
<b>Cheese Sampler (V)</b> <i>Assorted cheeses, crackers and dried fruits</i>	\$29.95	\$49.95	\$85.95
<b>Crudités (Dipping sauce included) (V)</b> <i>A an assortment of seasonal vegetables</i>	\$29.95	\$49.95	\$85.95
<b>Buffalo Jerk Wings</b> <i>Buffalo wings with a twist of jerk</i>	\$35.95	\$65.95	\$110.95
<b>Mini Quiches (2-3 per serving) (V)</b> <i>Spinach, Roasted Vegetables, Ham &amp; Cheese</i>	\$29.95	\$52.95	\$85.95
<b>Buljol (include crackers) (V)</b> <i>Salted Cod Fish - marinated in a spicy olive oil &amp; lime juice mix, fresh peppers and herbs</i>	\$36.95	\$65.95	\$109.95
<b>SALADS</b>			
<b>Garden Salad (V)</b> <i>Fresh greens, tomatoes, cucumbers, carrots, onions &amp; olives</i>	\$25.95	\$45.95	\$75.95
<b>Chef Salad</b> <i>Garden salad with turkey, ham, salami, cheese</i>	\$30.95	\$55.95	\$92.95
<b>Chicken Pasta Salad</b> <i>Mini Penne, roasted chicken breast, tomatoes, cucumbers, carrots, bell peppers &amp; fresh herbs</i>	\$47.95	\$85.95	\$139.95
<b>Channa Salad (V)</b> <i>Chick pea, olive oil, fresh herbs and lemons</i>	\$30.95	\$55.95	\$92.95
<b>PLATTERS</b>			
<b>Roasted Roots Vegetables (V)</b> <i>Carrots, Beets, Cassava, Winter Squash, Eddos &amp; Seasonal Root Vegetables</i>	\$39.95	\$69.95	\$109.95
<b>Grilled Summer Vegetables (V)</b> <i>Seasonal summer vegetables</i>	\$29.95	\$49.95	\$85.95
<b>Seasonal Fruit Bowl (V)</b> <i>Assorted seasonal fruits, mangoes, berries, cantaloupe, melon &amp; pineapples</i>	\$30.95	\$55.95	\$93.95

**Do you have a culinary preference? Give us a call and we will work with you to customize your dish, or if it is not on the menu, we will make it for you.**

Entrées come with 1/8, 1/4 or 1/2 pan of cooked rice and freshly baked rolls. Fresh salad will replace rice for all pasta & rice entrées.	1/4 Pan Serves up to 10	1/2 Pan Serves 10-16	Full Pan Serves 18-24
<b>ENTRÉE (Hot Dishes)</b>			
<b>Jamaican Jerk Chicken</b> <i>Roasted in custom blended spices and herbs</i>	\$35.95	\$60.95	\$99.95
<b>Jamaican Jerk Pork</b> <i>Prepared with custom blended spices and herbs</i>	\$40.95	\$70.95	\$110.50
<b>Happy Raven</b> <i>Chicken Breast sautéed with seasonal vegetables</i>	\$38.95	\$68.95	\$114.95
<b>Calypso Pork</b> <i>Prepared with garlic, ginger, and custom blended spices and herbs</i>	\$42.95	\$72.95	\$115.95
<b>The Phoenix</b> <i>Caribbean curried chicken stew with cubed potatoes and chick peas</i>	\$43.95	\$77.95	\$129.95
<b>Ocean Tide</b> <i>Fish dish with a lemon butter thyme sauce</i>	\$54.95	\$98.95	\$164.95
<b>Bourbon Chicken</b> <i>This sauce uses fruit juice instead of bourbon to enhance the flavor of our bourbon chicken</i>	\$36.95	\$66.95	\$111.95
<b>Rice Medley (V)</b> <i>Includes leeks, mixed bell peppers, carrots, shallots, celery, chives, garlic and seasoning</i>	\$39.95	\$71.85	\$119.95
<b>Pelau (available in vegetarian -\$10.00)</b> <i>Rice, pigeon peas, browned stew chicken, coconut, diced peppers and winter squash</i>	\$56.95	\$101.95	\$169.95
<b>Roasted Potato Wedges (V)</b> <i>Potatoes are roasted in a garlic parsley butter sauce, includes a side of sour cream</i>	\$29.95	\$49.95	\$85.95
<b>Dove's Nest (V)</b> <i>Penne pasta, fresh beans, roasted carrots and sun dried tomatoes in a light cheese sauce</i>	\$44.95	\$80.95	\$134.95
<b>Rustic Country Penne</b> <i>Penne Pasta, lean ground beef, tomato sauce mixed vegetables and three cheeses</i>	\$54.95	\$98.95	\$164.95