

# Lake Smith Ripples



Newsletter of the Lake Smith Terrace / Haygood Point / Governor Square - Civic League



March 2021

Volume 24, Issue 7

*It will take more  
than the 'luck of  
the Irish' to get us  
back to normalcy.*



*Party smartly on St. Patrick's Day.*

Masking

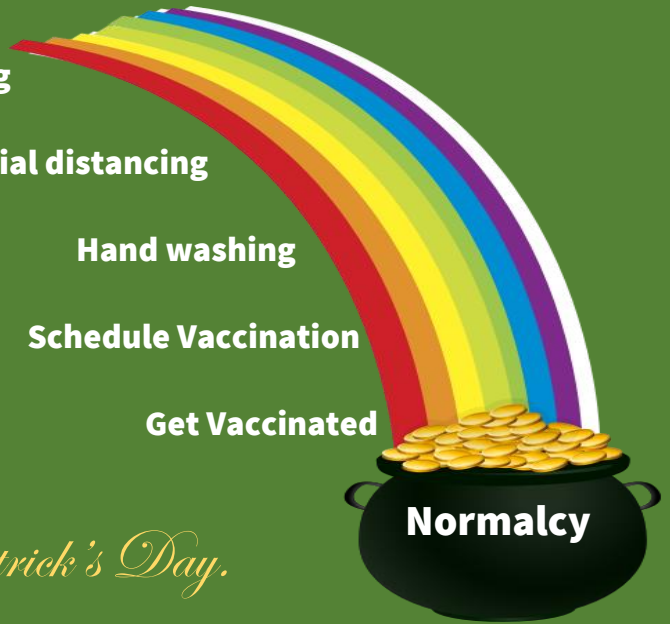
Social distancing

Hand washing

Schedule Vaccination

Get Vaccinated

Normalcy



## Neighborhood Food Drive Set for 21 March

Local food pantries in Hampton Roads are still struggling to meet the needs of those facing food insecurity, now in increasing numbers because of the Covid-19 pandemic. Once again, members of our neighborhoods will be holding a non-perishable food collection at Haygood Point Park (located on Haygood Pt. Road, which runs off Five Forks Road) on Sunday, March 21st from 1:00 to 3:00 p.m. Volunteers will be present to collect contributions directly from your car and transport them to SonRise Christian Church's food pantry. Please join us in helping those in need. **If you would like to volunteer, please e-mail Edi Eason at [edieason@verizon.net](mailto:edieason@verizon.net)**



## Civic League Scholarship Deadline

The Civic League will be awarding a \$500 scholarship to a deserving 2021 graduating high school senior. Selection will be based on educational achievement, community involvement, and communication skills. The scholarship recipient will be announced at the May General Meeting. Please visit our website ([www.LHGCL.org](http://www.LHGCL.org)) to learn more about the eligibility requirements, instructions, and application. **Deadline for the application is 30 April 2021.**



**Lake Smith Terrace / Haygood Point /  
Governor Square Civic League, Inc.**

P.O. Box 68883  
Virginia Beach, VA 23471  
www.LHGCL.org

Meetings held 3rd Tuesday, September through May,  
at Bayside Presbyterian Church

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**Newsletter deadline: 25<sup>th</sup> of the month  
prior to month of publication.**

Ripples-Newsletter@googlegroups.com

## President's Corner

It has been about 12 months since the COVID-19 pandemic began to severely disrupt our daily lives. Now there seems to be a decline in the number of new cases being diagnosed each day. Hopefully that trend will continue to the point we can see light at the end of the tunnel. Everyone needs to continue maintaining preventive measures and following your primary care physician's guidance on obtaining the vaccine.

In my article in the February edition of the Ripples I asked for resident's input regarding interest in having the annual civic league Easter Egg Hunt in the park on the Saturday before Easter. Since no input was received, we can only assume there is no interest in such an event, therefore the board has decided to cancel it for this year. We are still looking at the possibility of having a community picnic in the park in late May or June. It will depend on the COVID-19 restrictions in place at that time.

The petition opposing the city's plan for a traffic light at the Paul Revere - Independence intersection is being circulated in our neighborhood and is gaining a good number of signatures. At the February civic league virtual board meeting, it was voted to create an ad-hoc committee to focus on this issue. It was also voted to name Megan Earlenbaugh of Lake Smith Terrace as chairperson of that committee. Megan discovered the city's plan for the traffic light last fall sounded the alarm. A traffic light at that intersection, while helping vehicles from Wakefield Road access Independence is not favorable to our neighborhood. It would create another easy path for morning and afternoon rush hour traffic to cut-through our community on residential streets that have no sidewalks. It would also serve as an additional impediment to the flow of traffic along Independence Blvd – a major north south highway. Vehicular traffic from the Thoroughgood neighborhood has the same access to the existing traffic light at Ewell and Independence as do our residents. If you haven't signed the petition and would like to be included, please call Megan at 757-761-4188 or me at 757-642-4844.

The COVID-19 pandemic has resulted in many businesses cutting employee hours or in the worst case, laying off workers. This obviously creates hardships for those impacted by limiting the resources available to pay bills and purchase necessities. Charitable and faith-based organizations play a crucial role in assisting people when circumstances have affected their ability to fully support themselves and their family. One such role is the providing of basic food staples to people in need. This is done thru food pantries stocked with donated food items from citizens in the community. In December, a food drive supporting the pantry at Bayside Presbyterian Church was held and the amount of donations was a real tribute to the generosity of our residents. SonRise Christian Church on Independence Blvd (an advertiser in this newsletter) maintains a food pantry as well for people in need. We are planning a food drive on Sunday, March 21<sup>st</sup> to support their food pantry. I encourage all residents to please bring non-perishable food items to the Haygood Point neighborhood park between 1pm and 3pm that day. Volunteers will be on hand to unload your donations and transport them to the church. Also, please save and bring your empty plastic grocery bags. We have learned there is a group from the church weaving sleeping mats for homeless people using those one-time use shopping bags. It takes a few hundred bags to make one mat. What a great way to recycle something we would normally discard in the trash.

The calendar says Spring starts in about three weeks, but I wouldn't put that snow shovel away yet. Tidewater weather can bring late winter surprises. Were you here in 1980? The March blizzard brought this area to a standstill for several days.

*John Eason*

The Lake Smith Terrace, Haygood Point, Governor Square community has not seen an uptick in crime during this pandemic like other nearby communities. With schools having been closed and more people unemployed we thought that those with additional free time would be actively pursuing criminal activities. Is it because more people are working from home and able to watch for suspicious activities just like good neighbors should?

Don't let this year of quarantine and the recent cold wet weather prevent you from staying in touch with your neighbors. It is difficult to socialize when it's cold and raining but a friendly wave when you see them and a socially distanced greeting can be a way to let them know that you still appreciate them. It has been shown that the incidence of crime has been significantly reduced in neighborhoods where residents have joined together to look out for each other. Thieves and vandals will go elsewhere when a Neighborhood Watch Community is always on its toes.

Neighborhood Watch only works if everyone participates. It is only fair that you watch out for my home and my belongings because I am watching out for yours. If we all have this attitude then we will maintain our safe community but if we let our guard down and let a few suspicious characters roam our streets it won't be long before we have a community wide crime problem just like other nearby communities. The purpose of the Neighborhood Watch program is to create an alert neighborhood. The program works through the mutual support of neighbors watching the property of their neighbors.

During this COVID-19 outbreak we have all worked together to minimize our exposure let's keep working together and keep our community safe by being good neighbors.

1. BE ALERT - TO THE THINGS HAPPENING ON YOUR STREET.
2. WATCH FOR THE UNUSUAL.
3. BE ALERT - IF YOU SUSPECT ANYTHING OUT OF THE ORDINARY, CALL THE NON-EMERGENCY NUMBER (385-5000). THE POLICE DEPARTMENT WANTS TO KNOW ABOUT ALL SUSPICIOUS ACTIVITY. IF IN DOUBT - CALL THE POLICE - 911 -. DON'T WAIT UNTIL AFTER CRIME STRIKES TO CALL. THE POLICE WANT TO PREVENT CRIME.
4. KNOW YOUR NEIGHBORS.

5. BE ALERT TO UNFAMILIAR FACES AND THEIR ACTIVITIES.
6. MAKE NOTE OF SUSPICIOUS VEHICLES
7. MAKE YOUR HOME SECURE
8. INVOLVE YOUR ENTIRE FAMILY, ADULTS AND CHILDREN IN THE NEIGHBORHOOD WATCH PROGRAM

**Williams Farm Recreation Center**  
**5252 Learning Cir., VA Beach, VA 23462**  
**757-385-2958**



### Recreation Centers are Open

Virginia Beach Parks and Recreation is enrolling new members and renewing existing memberships online, over the phone, or by visiting any of the city's community rec centers.

Because of COVID-19 reservations are required for all rec center activities.

Members may sign up for 4 events per week. Registration opens each Friday at 9:00 for activities occurring the following Monday-Sunday and close at 5:00 a.m. on the day of the activity. Members may call on the day-of to check for cancellations to add additional reservations above 4. All activities are 1-hour blocks unless otherwise noted.

Participation in the weight room, pool area, group fitness classes and certain gym activities such as pickleball, badminton and Family Gym are available. Get access to all rec centers and amenities by visiting [vbgov.com/parks](http://vbgov.com/parks)

### Upcoming Activities

**Judo\* #69175**  
**Saturdays, March 13 – April 17, 9:15 a.m.**  
**Ages 7 and up**

**\* Membership required**

## Crape 'Murder'

Crape myrtle trees generally require a minimum amount of pruning when properly chosen and maintained. Though some pruning may be beneficial, excessive branch removal is often referred to as "crape murder."



A misconception that crape myrtles need to be severely cut back in late winter or early spring in order to flower well in summer has led to the unhealthy practice of 'topping'. Topping trees and shrubs is harmful in many ways and is regarded as an unacceptable practice by horticulturists and arborists. Topping involves cutting stems back at an arbitrarily chosen height rather than pruning back to a bud, side branch, or main stem.

Topping crape myrtles results in numerous vigorous shoots originating from the top of the cut stems. This ruins the natural form of the plant, which is especially obvious in winter after leaf drop. These quick growing, succulent shoots are poorly attached. The large bloom that develops on the end of each shoot is top heavy, often causing the shoot to break off in strong winds. Research shows that stem decay significantly increases when topping cuts are made, and that more dead branches also occur within the canopy.

Stop murdering Crape Myrtles!

Source: VA Cooperative Extension. VA Tech & VA State University

## The Armed Services YMCA. Not your typical Y!

By Heather Brinkman

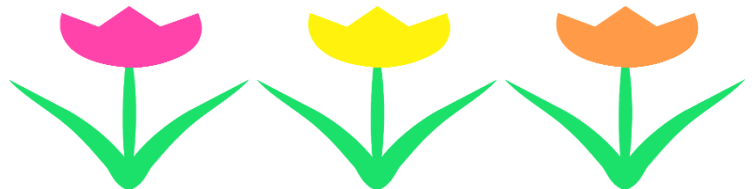
Ever drive by that building at the corner of Independence Blvd and Lakeside Rd and wondered what the heck they do there? They have no pool,



no fitness equipment and no membership fees! While confusing because of their logo, the Armed Services YMCA is not affiliated at all with the local Y's in the area. Established 160 years ago, they are only 1 of 13 Branches in the country! Their mission is to serve local military families, with a focus on assisting young junior enlisted families with child development programs. Educational programs which are so important to the development of these young children.

The majority of their programs are free and are subsidized by the funds they receive from gracious donors. They receive no funding from the YMCA or the Federal government. Due to the impact of the pandemic, they expanded their programs last year to include expanded child care for essential personnel and opened an emergency assistance food pantry called the Patriot's Pantry, to serve the needs of all military families suffering food insecurity. For more information on all the programs and services they provide, or to donate to this 501c3, visit their website at: [www.asymca.org/hampton-roads-home](http://www.asymca.org/hampton-roads-home).

## Spring Fever!





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Heather K. Brinkman



# LAKE SMITH TERRACE GARDEN CLUB

Our Zoom meetings are on the fourth Tuesday of the month at 7:00 PM

Lake Smith Terrace Garden Club, in our Virginia Beach neighborhood, continues to host Zoom meetings for our members. We do check-ins before our programs, just to keep up our socializing. Our members share (on screen) their floral arrangements, specimens and lessons learned providing uniquely local information. If you are interested in becoming a member, please join us on Zoom. Contact Keren Pernini at 589-8463.

Last month we hosted a Zoom program with Lynnhaven River NOW providing information on the Lynnhaven Watershed. Lynnhaven River NOW is a grassroots environmental organization dedicated to restoring and protecting the Virginia Beach waterways. We learned how we can individually, and collectively as a community, make contributions to the health of the watershed. NOW sponsors the “Pearl Home” program with guidance on how we can easily make our homes and landscape watershed friendly ... and, the Pearl Homes Sustainable Yard Program will even help with a stormwater feature at a significant cost reduction to the homeowner (including a rain barrel!); see [Pearlyard@Irnnow.org](mailto:Pearlyard@Irnnow.org).

A related note on native plants, the 2021 Spring and Fall Landscaping with Natives webinar series will start this month. The Plant Hampton Roads Natives campaign will offer a series of 12 webinars - 6 this spring and 6 this fall. The webinars will guide you through the why and how to turn your home garden into a beautiful retreat for your family and a native habitat for birds and other wildlife. The series kick-off is on Friday, March 5 at 6:30 pm with an engaging presentation by Dr. Douglas Tallamy, renowned author of Bringing Nature Home and of Nature's Best Hope. Dr. Tallamy's photography is not to be missed!

Sign-up for all 12 webinars for just \$10! More details on the series and registration are available at [www.PlantVirginiaNatives.org](http://www.PlantVirginiaNatives.org). The Plant Virginia Natives Landscaping with Natives webinar series is being coordinated and funded, in part, by the Virginia Coastal Zone Management Program through grants from the NOAA Office for Coastal Management to the Virginia Department of Environmental Quality.

Our next meeting will feature Laurie Fox from the Virginia Agricultural Research and Extension Center. Our Natural Area Coordinator, Laurie will focus on Pollinators and Managing Landscapes. Her Power Point presentation will also address Native Plants, directly supporting our current effort with Landscaping Management to install a Pollinator Garden in our neighborhood park. The Pollinator Garden will complement the large perennial bed we maintain there. With Spring almost here, we are excited about our gardens and the neighborhood.

In addition to maintaining garden areas in our neighborhood, we support several related organizations with proceeds from two plant sales. The next is the big open air Spring Plant Sale in April. There will be many offerings from club members and our grower, Paramount Nurseries, will provide a large selection of flowers and herbs. Two members provided a Christmas Holiday arrangement at the historic Whitehurst Buffington home in Virginia Beach. On a sad note, we lost one of our longtime members, Peggy Economidis. She will be sorely missed. On a positive note, we have added three new members, Zoom meetings and all. Wishing all a better New Year with hope, health and growth.



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## Spring Home Maintenance Checklist

*Get a head start on what should be an annual spring home maintenance routine.*

### EXTERIOR INSPECTION

**Roof.** With binoculars and a keen eye trouble spots can be easily detected. Is there any shingle-shift, suggesting that some fasteners may have failed and need replacing? Any cracked or missing shingles? What about nail-pops? When nails push the tabs of the shingles up, allowing water to penetrate where nails come through the sheathing. All need to be addressed to keep the roof at peak performance.

**Chimneys.** For a masonry chimney, check the mortar between bricks or stones. Are any coming loose? Is there vegetation growing out of them? Each signals water infiltration. Also, look for efflorescence, a white calcium-like deposit that indicates masonry joints are no longer repelling water but absorbing it. Consider re-sealing masonry with a clear, impermeable or water-resistant barrier material.

**Exterior Walls.** Whether wood siding, stucco or brick, look for trouble spots, especially under eaves and near gutter downspouts. Water stains normally indicate that gutters are not adequately containing roof runoff. For wood siding, check for openings, damaged areas or knots that have popped out, making way for carpenter ants, and other critters that may burrow through. When inspecting your home's exterior, be sure to examine it from top to bottom for masonry cracks. Routine caulking by homeowners may not do the job. Tuck pointing (removing and replacing cracked mortar) by a brick mason should be considered for larger cracks and A foundation specialist should be consulted when cracks in the foundation are discovered.

**Windows.** Leakage around windows will admit warm summer air and let cooled indoor air escape, so be sure to check that any caulking and weather stripping has remained intact. A tight seal is the first line of defense against air and water. If you experience condensation inside the glass on double or triple-glazed windows, the weather seal has been compromised, and either the glass or the window will need to be replaced. Spring-clean your windows—inside and out—with a store-bought or homemade window cleaner (one cup rubbing alcohol, one cup water and a tablespoon of white wine vinegar will work just fine) and either squeegee or wipe with a soft cloth. Never use abrasive cleaners or a high-pressure spray washer. Remove and clean screens with mild detergent. Lay them on a dry surface to air-dry before putting them back on. Never power-wash screens. It could damage the mesh.

**Decks and Patios.** Look for warped, loose, or splintered boards. Remove any debris accumulated in the space between boards. Whether wood, plastic or composite, a deck should be cleaned every year to extend its life. Faded or worn wood decks should be cleaned, stained, and resealed. For composite decking, follow manufacturers' recommendations on seasonal care. For a stone patio, a simple hose down may be all the maintenance that's required unless moss or staining, is present.

### INTERIOR MAINTENANCE

**General Cleaning.** Spring is a good time to clean house areas that often go neglected. Dust or vacuum chair rails, window casings, tops of wall-mounted cabinets and ceiling fans. Use a damp cloth to clean wood and vinyl blinds. Vacuum upholstered furniture and consider renting a carpet cleaner. Anything you can do to remove settled dust, mites, and allergens will make for a cleaner and healthier home. If grease residue is detected in the kitchen, consider washing cabinets, backsplashes and walls with warm water and mild detergent. Similarly, in the bathroom where soap residue and fluctuations in heat and humidity combine to create the perfect breeding ground for mold and mildew. While cleaning tile, look for areas of worn or missing grout, as these may lead to more serious water damage if not repaired.

**Air Conditioning.** Make sure that air conditioning units are in good working order for the warmer months. Change filters, check hose connections for leaks, ensure drain pans and condensate lines are draining freely. Vacuum any dust that has settled on the unit and connections which can impact cooling effectiveness. If performance problems were evident last summer, now is the time to call in a professional.

**Attics.** Search for signs indicating insects or critters have colonized. Also, search aggressively for evidence of leakage, and mold, which often takes the form of gray or black blotches that look like staining. Proper insulation and good ventilation will deter mold growth in the attic, so act now to prevent the problem from developing in the warmer months ahead.

**Leaks.** Check for leaky faucets, clogged drains and sweaty pipes. Check under kitchen and bathroom sinks to ensure pipe connections and hoses are properly sealed. Look for wetness around the dishwasher. Check wash machine hoses for cracks, bulges or dampness, and for signs of corrosion and leaks on hot water heaters.

**OUTDOORS: Watering system.** Check pumps, pipes and faucets for leaks, and check to see that in-ground sprinkler heads are working properly.

**Found at :** [www.bobvila.com/articles/2355-spring-home-maintenance-checklist/#.WP5YdNLyviU](http://www.bobvila.com/articles/2355-spring-home-maintenance-checklist/#.WP5YdNLyviU)



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# Virginia Beach Public Library Free Digital Programs

## March 2021

Microsoft TEAMS: Virtual Author Talk with "Sal and Gabi Break the Universe" author Carlos Hernandez Join Carlos Hernandez, author of "Sal and Gabi Break the Universe," to learn about his writing process and more. Ages 9-14. Visit [www.vbgov.com/library-events](http://www.vbgov.com/library-events) to register.  
March 6, 1-2 p.m., 385-015

TEAMS: Virtual Author Talk with "Emmy in the Key of Code" author Aimee Lucido Join Aimee Lucido, author of "Emmy in the Key of Code," to learn about her writing process and more. Ages 9-14. Visit [www.vbgov.com/library-events](http://www.vbgov.com/library-events) to register.  
March 6, 3:00-4:00 p.m., 385-0150

WebEx Live: 3s Please Virtual Storytime Digital Program. Storytimes & Early Learning. Enjoy stories, rhymes, songs, and early literacy with increased focus on more complex books. Age 3 with caregiver. Registration for this 4-week virtual series is required. You will receive an email 24 hours before the event with login details. The virtual room opens 5 minutes before the event. If you receive a message that the room is closed, please try again closer to the event time. Is this your first time joining a WebEx meeting? Visit the WebEx website to learn how to join a WebEx meeting, and join a test meeting before the program. Ages: 3-5  
Mar 8, 15, 22; 9:45-10:15      Mar 16,23; 9:00-9:30

WebEX Live: Virtual Resource Showcase for the Blind & Visually Impaired Learn about accessibility, accommodation, blindness life skills and library resources available to the blind and print disabled. Helpful resources from community and National Library Service partners across the state of Virginia will be provided. This event is open to the newly blind, caretakers, community partners and the general public. Adults 18+. Visit [www.vbgov.com/library-events](http://www.vbgov.com/library-events) to register.  
March 10, 1-4:30 p.m., 385-0150

YouTube Video Post: Comics on Hoopla  
Did you know that you have access to well over 10,000 thousand digital comics via the Hoopla library resource? I will show you how to access the resource and highlight some nice features. One feature is Action View that allows you to read panel to panel with a quick swipe of the finger; this helps to greatly minimize the problem of the text being too tiny to read on a screen. All that you need is your email address, library card number, and pin to get started. Adults 18+. Registration not required. Link to video will be available at day/time of program.  
Mar 10; 11:00-11:30

Webex Live: Among Us Pixel Art Digital Program Arts and crafts. Make your favorite character from Among Us in this pixel art program using Perler beads. This program requires an iron. Grades 6-12. Supplies provided, see registration confirmation email for details. Registration is required.  
Mar 11; 5:00-6:00 p.m.

WebEx Live: Read & Share Book Club. Digital Program Books & Authors, Discussion Groups. Enjoy a casual chat about popular books. Talk about titles you like and hear what others enjoy. Swap favorites old and new or spread the word about your favorite reads. Adults 18+. No registration required.  
Mar 15, 17: 10:30 – 12:00 p.m. 385-0150

WebEx Live: Navigating Online Job Applications Digital Program. Computers & Technology. Join us to learn tips and gain experience navigating online job applications using a practice job application website. Adults. Registration is required. You will receive an email 24 hours before the event with login details. For more info please visit [www.vbgov.com/tech-ed](http://www.vbgov.com/tech-ed)  
Mar 17, 3:00-4:00p.m.

WebEx Live: English Conversation Club Digital Program. This online group is an informal space to build confidence and practice speaking skills for anyone who is learning English. Join us to connect with other community members and with the Virginia Beach Public Library. Adults 18+. Visit [www.vbgov.com/library-events](http://www.vbgov.com/library-events) to register.  
17 Mar; 2:30-3:30 p.m., 385-0150

YouTube Video: Finger Gym To-Go: St. Patrick's Day! Digital Program  
Age Group: Preschool (3-5 years), Grades K-2 with a caregiver. Program type: Story times & Early Learning. Registration required. Register to pick up a kit of activities designed to build eye/hand coordination and muscles in your child's hand. A brief video will explain the activities included in the kit. Once registered a kit will be available for pick-up at the MEO Central Library, 4100 Virginia Beach Blvd from March 8 - 16. Visit [www.vbgov.com/library-events](http://www.vbgov.com/library-events) to register.  
Mar 17, 4:00 – 4:30



During the home selling process, repairs can be a necessary part of the transaction. Buyers have a home inspection and negotiate a list of repairs that the seller is required to complete before settlement. An issue that can arise is a need for city permits and the time involved to pull the permit and have the city complete the final inspection.

The Real Estate Information Network (REIN) provides a Consumer Disclosure Information Form for buyers and sellers which states:

“BUILDING PERMITS: Certain improvements or repairs to buildings on properties require permits from the jurisdiction in which the property is located. Permits are required for some additions, modifications and remodeling including building construction, electrical, plumbing, mechanical installations and maintenance. The purpose of a permit is to ensure compliance with the State Building Code. Virginia cities, towns and counties enforce the Uniform Statewide Building Code. A buyer should undertake such due diligence as buyer deems appropriate to ensure the permits have been secured and inspections performed”.

Here are a few examples of repairs that require an application for a permit as well as a final inspection from the City of Virginia Beach:

- Removal/abatement of underground oil tanks
- Roofs on attached properties (townhouses)
- Ductwork replacement
- Structural repairs which include crawl space work
- Gas HVAC replacement/ Gas Hot Water heaters- any gas equipment
- Electrical Panel Replacement
- New decks and fences

Please contact the City of Virginia Beach permit department to verify if any improvements or repairs will require a city permit.

Jean Bowman, Bowman Realty

Source: REIN (Real Estate Information Network)

**Homes for Sale and Sold in our Neighborhoods Since January 2021**



**LAKE SMITH TERRACE**

**PENDING**

- 995 Ewell Rd
- 901 Red Coat Ct
- 1028 Patrick Henry Way
- 1021 Walt Whitman Way

**HAYGOOD POINT**

**FOR SALE**

- 789 Chippendale Dr

**GOVERNOR SQUARE**

**FOR SALE**

No active listings

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LICENSED IN VIRGINIA



Greetings Neighbors!

Our Membership drive is underway and we currently have 283 members out of 905 homes in our community. Our goal this year is to reach 450 members! You can help your civic league reach its membership goal by joining today. Please show your support by mailing in the completed form along with your \$15 check made out to LST/HP/GS Civic League. Membership dues allow us to plan for our future neighborhood events and provide our newsletter to each household. We really need your support!!!

**Civic League Membership Form – New or Renewal**

(Please print)

**Name(s)** \_\_\_\_\_  
**Address** \_\_\_\_\_  
**Phone #** \_\_\_\_\_  
**e-mail** \_\_\_\_\_

**Please mail your check for \$15.00 to:**

LST/HP/GS Civic League  
 P.O. Box 68883  
 VA Beach, VA 23471

*(For e-mail broadcasts of crime alerts and other community interest topics)*

Dues are \$15.00 per household per Civic League Year which runs from July 1, 2020 to June 30, 2021

**The civic league is always looking for members to volunteer in the following areas:**

**Please check any positions for which you would like to volunteer – (not required for membership)**

- |  |  |
|--|--|
| <input type="checkbox"/> Neighborhood Watch              | <input type="checkbox"/> Easter Egg Hunt                                   |
| <input type="checkbox"/> Christmas Dinner                | <input type="checkbox"/> Fall Festival (picnic, hayride and pumpkin patch) |
| <input type="checkbox"/> Community Maintenance           | <input type="checkbox"/> Refreshments for meetings and events              |
| <input type="checkbox"/> Civic League Board of Directors | <input type="checkbox"/> You name it – I'll be happy to assist             |

The civic league received new memberships or renewals from the following households between January 24<sup>th</sup> and February 24<sup>th</sup>. Thank you for supporting the civic league that works for you every day. Dues paid are for the period of July 2020 - June 2021 unless otherwise noted.

Paul & Sue Cooper (thru June 2022)

Polly Cutrell (thru June 2022)

**Best Ever Hot Wassail**

Edi Eason

**Ingredients**

- 8 cups apple cider
- 2 cups orange juice
- ½ cup lemon juice
- 4 whole cinnamon sticks
- 12 whole cloves, or 1  
teaspoon  
ground cloves
- ¼ ground ginger
- ¼ teaspoon ground nutmeg

**Instructions**

1. Combine all ingredients in a pan.
2. Bring to simmer over medium heat.
3. Reduce heat and continue simmering for 45 minutes.
4. Ladle into cups and enjoy.



Wassail is a beverage made from hot mulled cider and spices, drunk traditionally as an integral part of wassailing, a medieval Yuletide English drinking ritual and salutation, customarily intended to ensure a good cider apple harvest the following year.

SonRise @ Pembroke Manor  
Christian Church



600 Independence Blvd.  
VA Beach ~ 23462  
(757) 490-8290

[www.SonRiseVB.church](http://www.SonRiseVB.church)

Service Times:

Saturday 6:00 pm ~ Sunday 10:30 am

\* Bible Based Teaching \*

\* Nursery & Children's Ministry Available \*

\* Casual Dress \*

\* Small Group Bible Studies \*

**SHORE DEFENSE LEAGUE**

**Concealed Carry Classes**

Billy Graham 757-694-7000



- Instructors certified by Virginia and Utah
- 2 permits - Virginia Resident and Utah non-resident. These combined certifications provide the best information for obtaining a Concealed Carry Permit... And the best reciprocity available to Virginians.
- Three hours of informed instruction.
- \$120 for two permits
- Instructor will cover where, when and why you can carry concealed in Virginia today
- Bring your driver's license and your questions

Class covers how guns function, storage of weapon and ammunition, how to clean them, how to use them effectively, efficiently, competently. All questions will be answered. Various scenarios will be covered. Videos will be shown on awareness, how to handle yourself in residential incidents, what will happen with the police concerning this instance. Types of home security weapons, who in a family should know how to defend themselves. Types of home defense rules when defending your home, Castle Doctrine, Stand Your Ground Doctrine, good Samaritan applications.

Please let us know how we are doing!

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[www.BowmanRealtyVA.com](http://www.BowmanRealtyVA.com)

*If your home is listed with another real estate firm, this is not intended to be a solicitation.*