

# Lake Smith Ripples



Newsletter of the Lake Smith Terrace / Haygood Point / Governor Square - Civic League

May 2023

Volume 26, Issue 9



The Members



The Egg Stuffers  
(2000 Eggs)



The Hunters



The Hiders



The Celebrity



The purpose of the LST/HP/GS Civic League is to promote the quality of life of the residents; to provide a forum for the discussion of matters of community interest; to convey information on issues affecting the community; to provide social opportunities as a means of enhancing community pride and identity, and to maintain the community as a desirable place to live.

**Lake Smith Terrace / Haygood Point /  
Governor Square Civic League, Inc.**

P.O. Box 68883  
Virginia Beach, VA 23471  
www.LHGCL.org

Meetings held 3rd Tuesday, September through May,  
at Bayside Presbyterian Church

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**Newsletter deadline: 25<sup>th</sup> of the month prior to  
month of publication.**

Ripples-Newsletter@googlegroups.com

**President's Corner**

It was a busy April here in our neighborhood. The fickle spring weather finally cooperated, and we were able to launch the Easter Egg Hunt event one week later than originally scheduled. The turnout was exceptionally large, and those two thousand or so candy-filled plastic eggs were quickly gathered up by the youngsters. I hope everyone who attended enjoyed themselves and took good photos of the children with the Easter Bunny. Those become lifelong memories. It was a fun event that is a big hit every year. Also, on that Saturday you hopefully went to the Garden Club's spring plant sale. It's an effective way to support our outstanding garden club and obtain warm weather plants for your yard. Later in April, we had what can only be described as a disappointing turnout at our civic league meeting. It is a shame more residents did not attend as the speaker and presentation from the Virginia Department of Forestry was quite likely the very finest this year. Everyone learned something at that meeting. There is one more civic league meeting scheduled before the summer break. Come out on Tuesday evening May 16<sup>th</sup> to hear an update on the 2023 Virginia General Assembly session from Senator Bill DeSteph and Delegate Tim Anderson. And, come hungry because we will be serving grilled hot-dogs with all the fixings. Don't miss this one, it's our last civic league meeting until September.

Your civic league's board of directors is already planning for next fall. In addition to our monthly civic league meetings, always on the 3<sup>rd</sup> Tuesday of each month beginning in September, we have set the date for the annual Fall Festival event. Here's a tip, it's going to be on the afternoon of Sunday, October 22<sup>nd</sup>. Put it on your calendar. Also, on a Saturday in September or October, we will sponsor a community yard sale – date to be determined.

We have been advised by a resident of a recent incident involving a contractor blowing yard debris into Lake Smith. It was a significant volume of debris that inhibited boat access to the lake from a nearby property owner. Lake Smith is owned by the City of Norfolk and is part of the reservoir system. Anyone throwing yard waste of any kind into the water is subject to a fine. If you see this happening, contact David Rosenthal, Norfolk's Reservoir Manager, at 757-441-5678.

Our civic league's newsletter, the *Lake Smith Ripples*, is published, commercially printed, and hand-deliver to every home in this neighborhood each month from September to May. The newsletter is our largest annual expense. If you are reading this today, and you have not already done so, I encourage you to help support your community by joining the civic league that works for you every day of the year. See the membership application in this newsletter. For the small annual dues of \$15 you can be a member household entitled to participate in all civic league sponsored events. Help support your neighborhood and join today.

The next edition of the *Lake Smith Ripples* will be published on or about September 1<sup>st</sup>. We hope everyone has a safe and enjoyable summer.

*John Eason*

I hope everyone has a pleasant and safe summer. This is the last “Ripples” until September.

If you are going away for vacation let a trusted neighbor know so they can keep an eye on your home. They can pick up deliveries and any flyers that are left on your door so it looks as if someone is home.

Summer is almost here. Please keep in mind that along with the warm weather and fun activities we also see a rise in criminal activity. Remember to call all suspicious activity to the police department’s non-emergency number (385-5000). If the circumstance requires immediate police, fire or rescue response, do not hesitate to call 911. You are not bothering the police when you call, they would much rather respond and have it turn out to be nothing, than not be called when they are actually needed.

Our neighbors are our best security devices. Acknowledge your neighbors when you see them. Just a wave or a friendly hello will do. Unfortunately, many people simply do not make an effort to know their neighbors. They are hesitant to report suspicious people or vehicles, fearing that they will be regarded as “snoopy”.

.....Enjoy the nicer weather and while you are out take time to enjoy the effort that your neighbors have put into their yards and tell them. Neighborhoods that have well-tended yards have less crime.

May is National Water Safety Month. We are very fortunate to have access to many kinds of water in this area. We have the ocean, the bay, rivers, and lakes enjoy them when you can but do it safely.

Can you swim well enough to save your life? 80% say they can swim. But... less than half of Americans can perform all of the 5 basic skills that could save their life in the water. Can you swim well enough to save your life? 1. Step or jump into the water over your head. 2. Return to the surface and float or tread water for one minute. 3. Turn around in a full circle and find an exit. 4. Swim 25 yards to the exit without stopping. 5. Exit from the water. If in a pool, be able to exit without using the ladder. Even if you can do all these skills you should not swim alone, swim impaired or leave children unattended in or near the water. Children and non-swimmer adults must wear a personal floatation device when on a boat. Enjoy the summer but do it safely.

## Civic League Meeting and Program

**Tuesday, 16 May**  
**Bayside Presbyterian Church**

**Social Period - 6:30 p.m.**  
**Meeting called to order - 7:00 p.m.**

Presentation

**Virginia General Assembly Session**  
**Update**

by

**VA Senator Bill DeSteph**  
**VA Delegate Tim Anderson**

Mark your calendar



## Neighborhood Cookout

**Sunday, June 11th,**  
**2:00- 4:00 p.m.**  
**Haygood Point Park**

**(Civic League Membership Not Required)**

**Hamburgers, Hot Dogs**  
**and Drinks provided**

**Bring a**  
**lawn**  
**chair**



Hello Neighbors,

Our annual membership drive is underway and we need your support! For a modest fee of \$15 per household per year, you and your family can be members of the civic league. The annual dues help to keep your neighborhood civic league up and running. Our fiscal year runs from January 1-December 31st. Please show your support by sending in the completed membership application along with your \$15 annual dues made out to the LST/HP/GS Civic League.

Membership entitles you and your household to participate in our many neighborhood events. Below are some of the services we provide to our members:

- Monthly membership meetings with guest speakers (September-May)
- Supports a Certified Neighborhood Watch Program
- Publishes and hand-delivers the *Lake Smith Ripples*
- Maintains the civic league website ([www.LHGCL.org](http://www.LHGCL.org))
- Provides email broadcasts to members regarding safety, lost pets, and other areas of concern or interest
- Plans our annual social events-Fall Hayride & Pumpkin Patch, Christmas Dinner and Easter Egg Hunt

Our civic league is very active and one of the best in Virginia Beach because of the strength of our membership. Please take a moment and join today!

**Civic League Membership Form – New or Renewal**

(Please print)

**Name(s)** \_\_\_\_\_  
**Address** \_\_\_\_\_  
**Phone #** \_\_\_\_\_  
**e-mail** \_\_\_\_\_

**Please mail your check for \$15.00 to:**

LST/HP/GS Civic League  
 P.O. Box 68883  
 VA Beach, VA 23471

*(For e-mail broadcasts of crime alerts and other community interest topics)*

Dues are \$15.00 per household per Civic League Year which runs from January 1 to December 31

**The civic league is always looking for members to volunteer in the following areas:**

**Please check any positions for which you would like to volunteer – (not required for membership)**

- |  |   |
|--|---|
| <input type="checkbox"/> Neighborhood Watch<br><input type="checkbox"/> Christmas Dinner<br><input type="checkbox"/> Community Maintenance<br><input type="checkbox"/> Civic League Board of Directors | <input type="checkbox"/> Easter Egg Hunt<br><input type="checkbox"/> Fall Festival (picnic, hayride and pumpkin patch)<br><input type="checkbox"/> Refreshments for meetings and events<br><input type="checkbox"/> You name it – I’ll be happy to assist |
|--|---|

The following is a list of new and renewing civic league memberships received between March 25<sup>th</sup> and April 24<sup>th</sup>. Thanks for supporting the civic league that works for you every day. Memberships are for 2023 unless otherwise noted.

Laura Armstrong-Brauer & Chris Brauer  
 Jim, Terri & Lynn Calaman (2024)  
 Luke & Michele Chapman  
 Julie & Tom Dunlap  
 Patrick & Madeline Dunstan (2024)  
 Richard & Mitra Dycus (2026)  
 Terry & Theresa Gray  
 Kristy & Josh Grieve  
 Austin & Ashley Gundar

Caglar Guney  
 C.J. & Lindsay Henley  
 Sam Hribal (2024)  
 James & Lindsey Judge  
 Anano Korkia  
 Josh & Jennifer Jarvis  
 Matt & Lindsey Judge  
 William & Paige Kelley (2024)  
 Drew & Meghan Knofczynski  
 Brian & Katherine McCullough  
 Matt & Lindsey McDonough  
 Michael & Beth Nanney

Jack & Rosalyn Neal  
 Maggie & Robin Lynn Ramirez  
 Steven Remesic  
 Jeremy & Lindsey Saunders  
 Nancy & John Scott  
 Jim & Dani Sigman  
 Baljit Singh  
 Alie & Neal Stava  
 Caroline Strickland  
 Ben & Katy Taylor

## How to Repair a Ripped Tent

When you're in the backcountry, stuff inevitably happens: you accidentally pitch your tent on an unseen rock, winds pick up to the point where your tent can't handle it, a branch falls on your campsite, or maybe your tent becomes a casualty of the campfire. Each of these scenarios can result in a ripped or torn tent that is now effectively incapable of keeping you warm and dry. But that doesn't mean you need to toss the tent in the trash — most tears are easily repairable.

**Trim any loose threads and fibers.** When tents tear, the ripstop nylon often leaves loose threads hanging that are prone to tearing further. Take a sharp pair of scissors and trim off any of the loose fibers or threads that may be lingering.

**Clean the area surrounding the rip inside and out.** If your tent is especially dirty, give it a good scrubbing and rinse out any dirt. If your tent is fairly clean, use rubbing alcohol surrounding the tear, inside and outside.

**Apply Tenacious Tape to the inside of the tent.** Measure out a piece of Tenacious Tape, or other fabric repair tape, that is bigger than the tear by about a half-inch on all sides. Using a sharp pair of scissors, trim the corners and edges of the tape so that they are rounded off. This will help make the patch more resistant to peeling. Peel the backing off of the tape and slowly apply the patch over the tear and make sure there are no bubbles or creases as you go. Apply pressure to the match to make sure that it adheres to the tent material.

**Apply Seam Grip to the outside of the tent.** On the outside of the tent, run a small bead of Seam Grip along the tear. Using your finger or a small brush, make sure that the Seam Grip covers the tear completely, as well as a quarter-inch more or so on all sides. The Seam Grip will help to further increase the strength and weatherproofing of the repair. Though in many cases Tenacious Tape will be enough, we strongly recommend using Seam Grip as well for a lasting repair.

**Allow it to dry for 24 hours.** Allow the repair to sit for 24 hours before use. This will allow for the Seam Grip to cure and for the Tenacious Tape to set. When the repair is complete, your tent will once again be completely waterproof, allowing you to take on everything mother nature can throw at you.

Ref: <https://www.gearpatrol.com/outdoors/a229900/how-to-repair-a-ripped-tent/>

## Paul Revere Rd./Wakefield Dr. Stoplight Update and Proposal.



The Civic League Board met Monday, April 24<sup>th</sup> with city councilman Joash Schulman to review the city intersection analysis. Thoroughgood and Lake Smith Terrace neighborhoods both have access to left hand turn lanes at the Ewell Rd. stoplight. School buses use the Ewell light for left hand turns. During peak travel hours the Wakefield Dr./Paul Revere Rd. intersection is congested with cars packing the median to turn left from Wakefield.

Several options are being considered to resolve the congestion, ranging from adding a left-hand turn signal at Ewell, changing the existing light timing, providing alternative medians, or adding a stoplight. 292 residents signed a petition opposing the light in March 2021. Until recently, the petition and letter from our civic league halted the process.

As a result of recent meetings, the board will be meeting with traffic engineers in the near future to continue discussion for alternative solutions. The Civic league maintains opposition to the stoplight based on several areas of concern, including the already congested traffic between Ewell and Haygood Rd., the potential for an increase of rear end crashes with stoplight addition, cut through traffic in our neighborhood for people avoiding the light and the current availability of turning left at the Ewell light. Residents who will experience the most negative effects of the light live on Paul Revere, Ewell, Miles Standish and Twain — all streets without sidewalks. Moreover, residents who live on the Independence access road may experience increased traffic on their street as well.

To keep everyone informed and invited to any public discussions, we encourage residents to send their name, address and email to [earlenbaughm@gmail.com](mailto:earlenbaughm@gmail.com). This information can also be sent by text to 757-761-4188.



Don't forget Mom!

Mother's Day Is May 14th

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# MAY

*Named for the Roman Goddess Maia, who oversaw the growth of plants.  
Also from the Latin Word maiores, "elders," who were celebrated during this month.*



**\$25 Per Day**

## LRNow

June & July

# Summer Camp

Kids and their favorite adult will enjoy hands-on, outdoor activities!

**Brock Environmental Center**  
3663 Marlin Bay Drive, Virginia Beach

**Science Preschool Adventure Time Camp**  
June 5-9, 2023  
9am - 10:30 am  
3-5 years old

**Families Understanding Nature Camp**  
July 10-14, 2023  
9am - 11am  
6-8 years old

## Explore Nature with your Child this Summer at the Brock Center

Come to the Brock Environmental Center, on the beautiful Lynnhaven River, this summer and join Lynnhaven River NOW staff in our SPAT and FUN programs as we unlock the secrets of nature. Both programs are for children and their favorite adult, giving parents and/or family members an opportunity to learn about fun things to do in nature with children of all ages. Each day is a different topic, taught by current and former teachers and librarians. There is a limit of 15 children/day, and spaces fill fast.

### S.P.A.T. Science Preschool Activity Time (June 6-9 from 9:00am-10:30am)

This program is for children ages 3-5-year-olds. Each day we will explore a different topic through books, games, crafts, outdoor adventures and live animal ambassadors. At the end of each class, families will have real scientific tools and/or additional resources to take home and continue their explorations in their own neighborhood. Our overall theme is "Animal Superpowers". You can sign up for one day or many. The cost is \$25/day/child. Here is the link for more information and to sign up: <https://www.lynnhavenrivernow.org/events/science-preschool-adventure-time-s-p-a-t/>

### F.U.N. Families Understanding Nature (July 10-14 from 9am-11am)

Like SPAT, FUN's 6-8 year olds and their favorite adult will explore a different part of nature each day through books, games, crafts, outdoor adventures and live animal ambassadors. At the end of each class, families will have real scientific tools and/or additional resources to take home and continue their explorations in their own neighborhood. You may sign up for one day or many. The cost is \$25/day/child, with a discount if you sign up for the full week. Here is the link for more information and to sign up: <https://www.lynnhavenrivernow.org/events/families-understanding-nature-f-u-n/>

If you have any questions, please feel free to contact Jody Ullmann at [jody@LRNow.org](mailto:jody@LRNow.org)



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Heather Brinkman

In these ever-changing times, “Safety” concerns are becoming a factor in our everyday lives. Whether we are going shopping at the mall, dining out, or just relaxing in our own homes, we have been informed to be more aware of our surroundings and report any “suspicious” person(s) or activity.

In the real estate market, safety is also a concern, not only for the real estate professionals, but also for homeowners as they put their properties on the market.

**Safety Tips:**

- Secure Valuables in a safe place (cash, jewelry, medication, guns)
- Remove keys, credit cards, driver’s license or other forms of identification
- Lock down your computer and lock up other electronic equipment (laptop, iPod, etc)
- Do not leave personal information...mail and bills out in the open
- Do not show your home yourself...all inquiries need to go through your real estate agent

The latest warning that was released this past month are reports of “Fake Sellers” trying to sell vacant properties and land. They pretend to own the property and try to hire an agent to sell it quickly and for a reduced price. We all need to verify and properly identify who we are working with and be as safe as possible.

To help to protect yourself, discuss all of your safety concerns with your Real Estate Professional.

Source: REIN (Real Estate Information Network)

Jean Bowman, Bowman Realty, Licensed in Virginia

**Homes for Sale and Sold  
in our Neighborhoods  
Since March 2023**



**LAKE SMITH TERRACE**

**PENDING**

4653 John Alden Rd  
4653 Bromfield Ave  
917 Five Forks Rd

**SOLD**

1100 Five Forks Rd  
948 W Ferry Plantation Rd

**HAYGOOD POINT**

**SOLD**

4605 Chippendale Ct  
4701 Pickle Barn Ct  
4709 Pickle Barn Ct  
724 Harris Point Dr

**GOVERNOR SQUARE**

**FOR SALE**

4614 Truman Lane

**PENDING**

917 Ewell Rd

**Thanks to the following volunteers  
for making our Annual Easter Egg  
Hunt such a great success:**

Pete & KC Cook  
Theresa Gray  
Tracy & Kevin Sanders  
Sam Hribal  
Rick & Kathy DeJaegher  
Jack Molovinsky  
John & Edi Eason  
Jody Ullmann

Denise Snee  
Carol Ghosn  
Melissa Keene  
Elizabeth Wilson  
Kiley Wilson  
Megan Earlenbaugh  
Jean Bowman as the  
Easter Bunny



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### The Upside of Downsizing

**Slash utilities** – Smaller homes require less electricity, gas, heating and cooling, resulting in lower bills

**Less to Maintain** – Downsizing to an apartment or condo eliminates the need for lawn service, cleaning service, and additional costs of driveway, roofing and yard maintenance

**Reduce Taxes** – A smaller property may offer the benefit of lower real estate taxes

**Less Energy Usage** – Reducing utilities will pave the way to a greener lifestyle.

**Travel Readiness** – If your aim is to become a more accomplished traveler, downsizing will provide you with a modest home base to return to between trips.


**Minimalism** – Sell, donate, or throw out items accumulated over the years that you no longer need

**Less Stress** – Less clutter, financial debt and maintenance obligations will lead to a clearer state of mind, and give you the opportunity to enjoy a new, simplified home.

Working with a real estate agent you can trust is important when it comes to buying or selling a home. And working with one who is familiar with the local neighborhood, mortgage lenders, and inspectors also makes sense. When you're ready to buy or sell, give me a call.

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Jean Bowman Broker/Owner



## Advertise in the Ripples

To advertise your business or event in the  
*Lake Smith Ripples* newsletter contact  
Steven Conner at: 757-589-9895 or:

[steven@bowmanrealtyva.com](mailto:steven@bowmanrealtyva.com)

The *Lake Smith Ripples* is published nine months  
of the year, September through May, and is  
delivered to over 900 homes in our community.

Business Card Ad - \$20 per issue

Quarter page - \$40 per issue

Half page - \$80 per issue

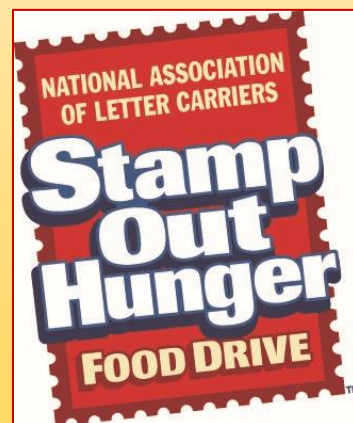
Full Page - B & W - \$140 , Color - \$160 per issue

**Save! Pay for 8 ads and get the 9<sup>th</sup> one free!**

## Postal Food Drive Scheduled for Saturday May 13<sup>th</sup>

The Foodbank of Southeastern Virginia and the Eastern Shore and Foodbanks across America are partnering with the U.S. Postal Service in the 31st annual National Association of Letter Carrier's **Stamp-Out-Hunger Food Dive**. This is the largest single-day food drive in the country and helps to support local food banks and the one in six Americans who struggle with hunger.

It's simple to participate. All you need to do is place non-perishable food items that you would like to donate in any sturdy bag, and set it at your mailbox on the morning of May 13th. A letter carrier will then collect the donations for delivery to the Foodbank of Southeastern Virginia and the Eastern Shore.



## 10 FUN FACTS

1. You can't wash your eyes with soap.
2. You can't count your hair.
3. You can't breathe through your nose with your tongue out.
4. You just tried number 3
6. When you did number 3 you realized it's possible, but you look like a dog.
7. You're smiling right now because you were fooled.
8. You skipped number 5.
9. You just checked to see if there is a number 5.
10. Share this with your friends to have some fun too.

SonRise @ Pembroke Manor  
Christian Church



600 Independence Blvd.  
VA Beach ~ 23462  
(757) 490-8290

[www.SonRiseVB.church](http://www.SonRiseVB.church)

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## Flag Etiquette

With Memorial Day coming up on 29 May, Independence Day on the 4<sup>th</sup> of July, and Labor Day on 4 September, many of us will be flying our flags. The following are a few rules we should abide by when displaying our flags.

**You can fly the flag on all days**, but the Flag Code especially recommends displaying it on Independence Day, as well as other major holidays like Flag Day, Labor Day and Veterans Day.

**Memorial Day has its own flag etiquette.** The American flag should be flown at half-staff (half -mast on a ship) from sunrise until noon, then raised to full staff for the rest of the day.

**There's a right way and a wrong way to hang the flag vertically.** Don't hang your flag backwards, upside down, or in another inappropriate fashion. If you're hanging your flag vertically, like from a window, against a wall or from a porch overhang, the Union portion with the stars should go on the observers left.

**Prevent your flag from touching the ground, floor, or water.** It's not necessary to dispose of your flag if it accidentally hits the pavement, but you should make sure that it's in good condition before displaying it again.

**Fly your flag at half-staff on the right occasions.** The flag is flown at half-staff when the nation is in mourning, such as for the death of a government official or for a specified remembrance, as well as from sunrise to noon on Memorial Day. When flying the flag at half-staff, first hoist the flag to the peak and then lower it to the half-staff position. Half -staff is defined as the one-half distance between the top and bottom of the flagpole. The flag should again be raised to the peak before it is lowered for the day.

**Only fly a flag at night if it is illuminated.** Custom dictates you should display flags only from sunrise to sunset, but you can keep it flying 24 hours a day if it is properly illuminated during the hours of darkness.

**Don't fly the flag when it rains.** If the forecast calls for inclement weather, you're not supposed to display it – unless it's an all-weather flag. Flags used to be made of absorbent cotton materials, however, most flags are now made of all-weather, non-absorbent materials like nylon.

### The One Lunch Program

For many students lunchtime can be a time for relaxation and socializing, but for some it can be a time of isolation and boredom. That's why schools have implemented various programs to ensure that all students have something to do during lunch. One such program is the One Lunch Program, which has proven to reduce the number of students with nothing to do during their lunch break.

The One Lunch program is a school-wide initiative that synchronizes lunch periods for all students and staff members. This means that all students and staff members take their lunch at the same time, providing students opportunities to engage in more activities and time to socialize and interact with their peers and teachers.

The One Lunch program has shown to have a positive impact on students' mental health and well-being. By providing more opportunities to socialize and engage in activities during lunch, the program helps to reduce feelings of loneliness and isolation. Additionally, the program has shown to reduce disciplinary issues during this period, as students are more engaged in positive activities and less likely to engage in disruptive behavior

### Summer Break

As the school year comes to a close, many students are eagerly anticipating the start of summer break. With the end of classes and exams, students are looking forward to the warm weather, sunshine, and free time that summer brings.

For many students, summer break is a time to unwind and relax after a busy and stressful academic year. It's a chance to catch up on sleep, spend time with friends and family, and explore new hobbies and interests. Many students look forward to summer as an opportunity to recharge and refresh, both physically and mentally.

Summer break also provides students with a break from the rigid structure of school life. Without the constraints of class schedules and assignments, students can take more control of their time and pursue other interests. Whether it's traveling, trying new activities, or simply enjoying the outdoors, summer break provides students with the freedom to explore and experience new things.

**Did you know? Each year on Memorial Day a national moment of remembrance takes place at 3:00 p.m. local time.**



## LAKE SMITH TERRACE GARDEN CLUB NEWS

Our next formal meeting will be in September

### *MANY THANKS TO OUR NEIGHBORS!*

Our Spring Plant Sale was a great success. Haygood Methodist United Church was a very welcoming location and we are hopeful to have the sale there again next Spring. A hearty-thank you to our neighbors and friends who visited us. And, also, to our garden club members who set out almost \$1,000 of home garden grown plants. We talked about blue birds, fertilizer and plants with Friends and customers. Many of our Garden Club gals and guys (Yes, Guys!) were on hand to answer questions and assist our customers ... pictured is member Kate Fitzgerald showing one of the many plants from our cornucopia of flora (photo by member Debbi Babashanian). Again, thanks for supporting your neighborhood Garden Club all these years.



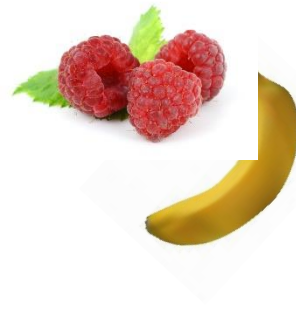
A special thank-you to Keren Pernini ... she has served four terms as garden club President. Keren has been an untiring spearhead and catalyst in organizing and in personally leading the teams that have nurtured our neighborhood entry gardens and our new pollinator garden in the park. Who else could inspire one of our guys to lug numerous five-gallon jugs to hand water our pollinator garden. Our entire neighborhood has been enriched by Keren's unflagging dedication. Our newly elected President, Debbi Babashanian, assisted by a new slate of officers, will bring unbridled enthusiasm and energy as we head into another beautiful year in our lovely neighborhood.

We will begin soon to plant our summer gardens in the park and at Haygood and Crossborough. Working in conjunction with the city, we are particularly pleased with our pollinator garden at the park. There is a large sign marking the location of the "Pollination Station." This so that our pollinator friends, busy bees, hummingbirds and butterflies will all come for a free refill. The Pollination Station is a large area in the park with many plants already in the ground ... stop by on your stroll by the park. We are planning a major addition to the park's plant population ... stand by for the September Ripples. If anyone wants to come and help us, please let us know. Honest, folks, the five-gallon jugs aren't that heavy ... besides, one nearby neighbor has contributed his garden hose, and water .

Happy May gardening and we hope to see you at the park or one of our Club gardens. And, please planning on coming to our next meeting on 25 September 2023

## Raspberry Banana Muffin Recipe

1½	C	Sifted Flour
½	tsp	salt
1	tsp	baking soda
2	each	eggs
1	tsp	vanilla
¼	tsp	almond extract
½	C	butter
1	C	sugar
1/3	C	buttermilk (or 1/3 cup milk and 1 tsp lemon juice)
1	ea	ripe banana
1 ¼	C	fresh raspberries (If berries are large cut in half or quarter)
1	tsp	Turbinado sugar



Preheat oven to 375 degrees. In a small bowl totally mash ripe banana and set aside. Sift together flour, baking soda and salt into a medium bowl – set aside. Wisk eggs, vanilla and almond extract together in a bowl or liquid measuring cup with a spout, set aside.

Cream butter, and sugar with a hand-held electric mixer until light and fluffy. Gradually add egg /almond extract/vanilla mixture into butter while mixing until incorporated. Add mashed banana then gradually add dry ingredients to creamed ingredients alternating with buttermilk (or milk/lemon). Blend well after each addition. Using a wooden spoon or spatula gently Fold in raspberries. Pour into well-greased muffin pan, sprinkle with turbinado sugar. Place in oven and bake at 375 degrees for 30-35 minutes (rack in middle of oven). Remove pan from oven and place on wire rack for 5 minutes. Remove muffins from pan and place on wire rack. After muffins cool for twenty minutes serve or wrap in plastic wrap.



# Mother's Day Word Search

G L L O F B E F H C Z R Z L P  
 W N P J R P S X E A E E U U R  
 G M I U E T A L O C O H C F E  
 Z N N R Y W E D E L F T Z R S  
 A C I D U B E M O W Q O P E E  
 H L N V R T O L O N A M G D N  
 I A X A O S R H R H U G S N T  
 C I T L E L T U H Y W P G O L  
 Z E V W B G T E N O S V X W P  
 A B A F L O W E R S E S S I K



Awesome Jewelry  
 Brunch Kisses  
 Candy Loving  
 Celebrate Mother  
 Chocolate Nurturing  
 Flowers Present  
 Hugs Wonderful



## Virginia Beach Salute to Summer

Friday, May 26<sup>th</sup> to Sunday, May 28<sup>th</sup>

‘Salute to Summer’ in Virginia Beach is a great way to kick-off the summer season! This City sponsored concert weekend will provide music on two different stages along the Virginia Beach Boardwalk. This concert series is free and is held to honor the men and women who dedicated their lives to this country. The Salute to Summer will take place all along the boardwalk with essays composed by local Virginia Beach history students that tell the stories of various wars and conflicts the United States has been involved in over the years, and are a great reminder of the sacrifices that military members have made throughout our history. **Live music will be performed by local and regional bands!**



### 2023 Entertainment Schedule:

All performances begin at 7:00 p.m. and are FREE

Boardwalk locations for the FREE concerts are:

Friday, May 26	Saturday May 27	Sunday May 28th
17 <sup>th</sup> Street Park – TBD	17 <sup>th</sup> Street Park -TBD	17 <sup>th</sup> Street Park - TBD
24 <sup>th</sup> Street Park - TBD	24 <sup>th</sup> Street Park-TBD	24 <sup>th</sup> Street Park - TBD



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