



# Lake Smith Ripples



Newsletter of the Lake Smith Terrace / Haygood Point / Governor Square - Civic League

November 2025

Volume 29, Issue 3



## Fall Festival 2025

See president's comments page 2



## Civic League Meeting

**Tuesday, 18 November 2025**

**Bayside Presbyterian Church  
1400 Ewell Rd**

**Social period: 6:30 - 7:00 Call to order 7:00**

**Presentation by**

**Sheriff Rocky Holcomb**





### Lake Smith Terrace / Haygood Point / Governor Square Civic League, Inc.

P.O. Box 68883  
Virginia Beach, VA 23471  
www.LHGCL.org

Meetings held 3rd Tuesday, September through May,  
at Bayside Presbyterian Church

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**Newsletter deadline: 25<sup>th</sup> of the month prior to  
month of publication.**

We had more than 100 families come out to the Haygood Point Neighborhood Park for the Fall Festival event the Sunday before Halloween. Under perfect weather conditions, the crowd was huge, and the food was excellent. Children enjoyed the inflatable slide, Chloe and Hannah's face paintings, the petting zoo, fire engine, police car, and selecting a pumpkin to take home. One lucky resident won \$100 in our 50:50 raffle. We are very grateful to Pastor Bubba Pugh and the members of Calvary Baptist Church for filling our pumpkin patch again this year. Special thanks also Sheriff Rocky for providing that nice big, tent. Grill masters, Pete Cook and Bill Dawson, served perfectly grilled hamburgers, hot dogs, and brats. The side dishes brought by everyone were delicious. My compliments to whoever brought those deviled eggs. I am especially thankful to all the volunteers who helped set up, run, and clean up after the event. It was a perfect day – if you missed it, you missed a good one.

We have some hot dogs left over that were not yet opened and grilled. You may well see them at the next Civic League meeting on Tuesday, 18 November. The program will include a presentation by Virginia Beach Sheriff Rocky Holcomb. Put the date on your calendar and come spend an hour with your friends and neighbors. We are a friendly bunch.

Thanksgiving is approaching fast. It's a time when we think of family gatherings, turkey dinners with all the trimmings, and football games. I still fondly remember those times at my grandparents' house on Piedmont Street on Thanksgiving Day. It is also a time when we should be giving thanks for our being in the greatest country in the world, and all the opportunities we are afforded. Soon after Thanksgiving, we will begin seeing all the Christmas decorations that will adorn homes and yards in our neighborhood. This year, we have a special treat over on Dawes Court (off Haygood Point Road) at the Krudop residence. They have built a Christmas village in their garage for the holidays and will open it to the neighborhoods on Thanksgiving weekend (11/28-29-30) and the first weekend in December (12/5-6-7) from 6:30 to 8:30 PM. This is in addition to the large outdoor Christmas scene enjoyed by the neighbors each year one block to the south on Clymer Court. You don't want to miss these. Bring your camera.

On the subject of Christmas, please add the Civic League's Christmas Dinner event to your calendar on Tuesday, 16 December. This is a traditional pot-luck dinner where the Civic League provides the main entrees and desserts, and everyone brings a side-dish to share. So, now is a good time to begin thinking about your favorite side-dish that you can bring to share with the neighbors. More about this in the December newsletter. Occasionally we feel the need to remind folks that trailers, campers, boats, motor homes and other commercial or recreational equipment are prohibited from being stored in front of your home other than for short periods of time to perform maintenance. Virginia Beach Code Enforcement will issue warning letters or citations for violations. If you have such equipment and cannot store it behind or beside your home, please consider leasing an offsite storage location. A word to the wise should be sufficient.

Our five-year battle to prevent an additional unnecessary traffic signal from being installed at the Independence/Paul Revere intersection continues to be waged. We believe the traffic signal would be harmful to our neighborhood. Our District 9 councilman, a resident of Thoroughgood, continues to champion the installation. In the end, we may well lose this battle, but with the support of our friends in the Northwest Beach Partnership, I am confident we will win the war next November.

*John Eason*

## Do it Yourself Car Maintenance Moves for Fall

**DIY car maintenance.** With Autumn's shorter days, cooler temperatures and inclement weather drawing closer, now is a good time to get your car ready for the demands of the coming driving season. Although some seasonal car maintenance will require the assistance of a **qualified car mechanic**, here are some simple do-it-yourself car maintenance projects to make your auto better prepared for Fall, and that will save you the labor cost of having these services done by a mechanic.

**Change your wiper blades.** "Wiper blades should be replaced annually in the Fall," says Tony Molla, spokesman for the National Institute for Automotive Service Excellence in Leesburg, Va. "You generally use your wipers more frequently in the Fall and Winter. They'll also be taking a lot more abuse from road grime and windshield-washer solvent, so it's best to have a fresh set then." Fortunately, replacing wiper blades as part of car maintenance is very easy and requires no tools. Be aware that some cars will require the same size blades for the driver and passenger sides, while others will require a longer blade for the driver-side wiper. So, be sure to consult the in-store sizing guide to buy the right ones, and don't forget to buy a third blade if you own a hatchback, station wagon or SUV, with a wiper for the rear window.

**Check your spare tire.** "Autumn is also a good time to check your spare tire to ensure that it is properly inflated," says Jim Travers, associate editor for autos at Consumer Reports and familiar with car maintenance. The typical space-saver spare tire found in most cars must be inflated to the inflation pressure listed on the side of the tire. A tire pressure gauge costs \$7 to \$20. "Spare tires on pickup trucks and sport utilities are suspended underneath the vehicle on a cable, and that mechanism requires regular attention," says Pat Goss, master technician of PBS's "Motor Week." Lower and raise that under-car spare to check if the cable mechanism works freely. In Fall, spray it with a rust penetrant like WD-40 and then lube with white lithium grease. If the mechanism has seized, **repair it immediately**. Tire pressure drops one PSI, or pound per square inch, for every 10-degree drop in temperature, according to the AAA, so check your tires on a weekly basis. The proper inflation pressure will generally be listed in your vehicle's owner manual and/or noted on a sticker located on the driver's doorjamb.

**Check and top off fluids.** "In Fall, windshield-washer fluid needs to be replaced with a solvent that is suited for use in cold weather," says Molla. Washer fluid varies in price depending on the brand and whether it is mixed with antifreeze. Travers says Autumn is also a good time to

check the antifreeze level in the coolant recovery reservoir. If you find that you are below the required minimum stamped on the side of that opaque container, add the appropriate quantity of properly diluted fluid to that reservoir and not to the radiator. Make sure that you use the correct fluid because green and orange antifreeze/coolant cannot be mixed

**Checking the brake-fluid** reservoir is also a good idea. If the level is low, top it off with the appropriate type of brake fluid "As your brakes wear, it's normal for the fluid to go down a bit," says Molla. "However, if you notice a bigger decrease, that could be an indication that you have a leak or other issue in the braking system."

**Replace the air filter.** At a minimum, engine air filters should be replaced twice per year as part of car maintenance. So, if you haven't done so already, replacing your car's air filter is a good idea. When an air filter reaches the point where it causes enough of a pressure drop to restrict airflow, the car's fuel economy, performance and emissions begin to deteriorate, getting progressively worse until the dirty filter is replaced. "Fortunately, it's easy to replace an engine air filter and, again, it's a job anyone can do without tools," says Travers.

**Check battery terminals and lights.** "Many electrical issues and ignition problems stem from loose or corroded battery connections," says Travers. "If you notice corrosion on the posts or cable connectors, use an appropriate brush. This is a very inexpensive, yet handy tool that you can get at any auto parts store. Clean both (posts) completely and then reconnect everything snug and secure as part of regular car maintenance, and for safety, make sure all of the car's lights are working; it's important for you to see, as well as be seen, during Autumn's longer and darker nights, adds Molla. "Replacement bulbs are typically inexpensive, with the exception of headlight bulbs, of course. They will cost a bit more but you can replace them all quite easily on your own without tools, and save yourself a hefty labor charge in the process." Headlight bulbs can be purchased as single bulbs or as a pair in a two pack..

Source: Found at - <http://www.bankrate.com/auto/5-easy-diy-car-maintenance-moves-for-fall>

# Paxton and Rutledge Dentistry

## Intraoral Scanners

We are in the digital age where everything can be accessed by phone or computer. It is only fitting that you should be able to see your teeth on a large monitor while at your dental office. Dental professionals can do this with technology called intraoral scanners. "Intraoral" means within the mouth. This technology can take a black and white or color "scan" of your mouth, without the involvement of any radiation. The camera source on the scanner captures images of all surfaces in your mouth and matches the images together to create a 3D model on the computer screen.

Dental professionals have their choice of many different brands of intraoral scanners. For almost 20 years, Dr. Paxton has been using this same technology to make same day crowns. The digital scan of teeth taken by our machines eliminates the need for impressions and temporaries while creating a very precise fitting crown. We have also used this technology to design night guards, bridges and plan orthodontic treatment. The digital scan we take can be sent directly over to a lab to make the desired product. We have found this to be safer since there are no physical impressions to be disinfected and more accurate with less potential errors in handling.

In the past 5 years, we have grown our family of intraoral scanners to include two machines that can be transported between treatment rooms to benefit all patients. Hygienists and assistants can take a quick 5-10 minute scan of your teeth and show you a 3D model instantly. This can be used for education on many oral conditions; including cavities, broken teeth, and crowded teeth. You will also be able to see areas of gum disease and gum recession. Some machines are equipped to give you a computer-generated example of what your teeth will look like if you have orthodontic treatment, or how they can shift over the years without treatment. This technology helps dental professionals show patients their dental conditions and why certain treatments are being recommended.

How will this change your next dental visit? You may be able to say goodbye to that temporary crown or not have to take a gooey impression for your next night guard. Technology is constantly improving, and we are always striving to find new ways to utilize these methods. Some machines allow us to email you the 3D model of your teeth so you can show your family or friends how cool your teeth look. I hope all this teeth technology makes you as excited for your upcoming six-month dental health visit at Paxton and Rutledge Dentistry.

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## Civic League Membership Form – New or Renewal

(Please Print)

**Name(s)** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone #** \_\_\_\_\_

**Email** \_\_\_\_\_

*(For email broadcast of crime alerts and other community interest topics)*

**Please mail your check to:**

LST/HP/GS Civic League  
P.O. Box 68883  
Virginia Beach, VA 23471

Dues are \$20.00 per household for the Civic League Year which runs from January 1 to December 31

**The Civic League is always looking for members to volunteer in the following areas:**  
**(Please check any position(s) for which you would like to volunteer – not required for membership)**

<input type="checkbox"/> Neighborhood Watch <input type="checkbox"/> Christmas Dinner <input type="checkbox"/> Community Maintenance <input type="checkbox"/> Civic League Board of Directors	<input type="checkbox"/> Easter Egg Hunt <input type="checkbox"/> Fall Festival (Picnic, Hayride & Pumpkin Patch) <input type="checkbox"/> Refreshments for Meetings & Events <input type="checkbox"/> You name it, I'll do it
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Adam & Christina Lecker (2026)  
 Branden Lee  
 Tyler & Liz Mann  
 Jeff & Allison Manzanka  
 Ed & Jane Martin  
 Oskar Mueller  
 Marie & Jesse Munden  
 Joanne Olson & William Nee  
 Marie Parr (2026)  
 Jerry & Chris Payne  
 Carl & Abby Peterson (2026),  
 Alina Plesa  
 Barbara Ryan & Jim Dunham  
 Sharon Silverberg (2029)  
 Lauren & Loren Sisson  
 Mike & Tara Stuart (2026)  
 Eylem Tokcan (2027)  
 Mark & Abigail Ufford (2026)  
 Leigh Winston  
 Erin & Brent Zabel (2026)

5

## The 10 Principles of Crime Prevention

*The 10 principles of crime prevention are:*

### 1. Target Hardening

Making your property harder for an offender to access.  
Upgrading the locks on your doors, windows, sheds and outbuildings  
Using secure passwords to prevent criminals from hacking your online accounts

### 2. Target Removal

Ensuring that a potential target is out of view.  
Not leaving items on view through your windows – i.e. laptops, phones, keys, bags  
Being cautious about what you post online as it may be used to identify or locate you offline

### 3. Reducing the Means

Removing items that may help commit an offense.  
Not leaving tools and ladders in the garden and clearing up any rubble/bricks

### 4. Reducing the Payoff

Reducing the profit the criminal can make from the offense.  
Security marking your property  
Not buying property you believe or suspect to be stolen

### 5. Access Control

Looking at measures that will control access to a location, a person or object  
Locking your doors and windows to both your house and your vehicle

### 6. Surveillance

Removing high hedges / fences at the front of your home that allows an offender to work unseen  
Establishing a Neighborhood Watch

### 7. Environmental Change

Ensuring your property and wider community looks cared for.  
Ensuring that graffiti and domestic/commercial waste is cleared up and reporting issues such as broken streetlights, damaged or missing road signs, etc.

### 8. Rule Setting

Introducing a rule that the last person entering / leaving should lock the door and remove the keys

### 9. Increase the Chances of Being Caught

Making use of dusk to dawn security lighting  
Inform a trusted neighbor when leaving for extended periods

### 10. Deflecting Offenders

Using timer switches to make our homes look occupied if vacant after the hours of darkness  
<https://www.westyorkshire.police.uk/advice/10-principles-crime-prevention>





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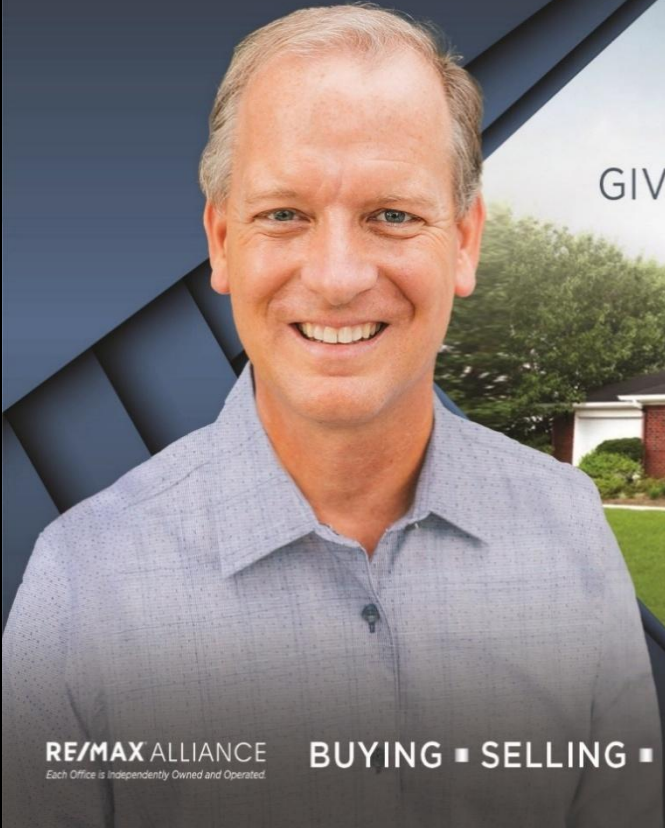
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## It is the season to be Thankful!!

We sometimes forget to be grateful for what we have. I spend a good amount of time helping people fulfill their dreams of owning a home. A person may spend months or even years to find the right house that meets their needs.

Whether you own your home, or rent your home, or even share a space...it is the time of year to give thanks for a roof over your head. If you have a big home, or small home, or something in between...you are truly blessed. What really matters is what is inside when you open that door...warmth, kindness, and generosity. Share your time with others and appreciate the wonderful neighbors, friends, and family that you have.

Jean Bowman  
Bowman Realty  
Licensed in Virginia

**November 27th**



### Homes for Sale and Sold in our Neighborhoods Since September 2025



#### LAKE SMITH TERRACE

##### For Sale

1020 Miles Standish Rd  
1052 Miles Standish Rd  
4604 Copperfield Rd  
4660 Copperfield Rd  
4640 Miles Standish Rd

##### PENDING

4712 White House Lane

##### SOLD

1040 Patrick Henry Way



#### HAYGOOD POINT

##### For Sale

4712 Crossborough Rd  
4721 Haygood Point Rd  
840 Five Forks Rd  
828 De La Fayette Ct  
4721 Haygood Point Rd

#### GOVERNOR SQUARE

##### For Sale

904 Ewell Rd



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# Hi Neighbor,

If you attended my block party, I hope you had a great time!



Having lived here for over two decades, I remember when we were the new kids—the young ones on a street filled mostly with original owners. It has been rewarding to witness the transformation of homes as new owners update and make changes. If you're considering a move, I would love to chat with you about my plan to ensure a seamless transition.

Scan to connect



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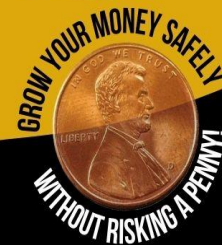
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## LAKE SMITH TERRACE GARDEN CLUB

Our next meeting will be November 25, 2025  
At Bayside Presbyterian Church, Independence Blvd @ Ewell Rd  
Social 6:30 pm – Program 7:00 pm

### Thank you! Fall Pansy Sale

Thank you to all of the friends, family and neighbors who supported our annual Pansy Sale in October. It was a huge success! All profits are used for our educational programs, and our club donates all remaining profit to various organizations such as Lynnhaven River NOW, First Landing State Park, school garden clubs and more. So, we appreciate your support of our community!

We hope to see a lot of pansies in your yards this fall!



Debbi Newenstyn, LSTGC President  
Cell: 757-630-9090 or email:  
[shutterbugdebbi@gmail.com](mailto:shutterbugdebbi@gmail.com)



### September Yard of the Month By Lake Smith Terrace Garden Club

Lake Smith Terrace Garden Club has started a “Yard of the Month” and we are delighted to share a photo of our September winner! We enjoyed driving around the neighborhoods looking at your flowers, plants, and autumn décor. You could be next!



If you would like to visit our club and learn more about us, contact our President, Debbi Newenstyn @ [shutterbugdebbi@gmail.com](mailto:shutterbugdebbi@gmail.com).

Come Grow With Us!!!!!!

### November Garden Tips

This is a great time of year to add some soil care to your gardening checklist. Taking care of the soil is the best way to ensure your garden stays healthy and maintains a balance of nutrients for all of your plants. Be grateful for the birds and opossums you may encounter this time of year as they are essential to controlling so many garden pests. Some birds will even feed on pests in the ground, helping you take care of the soil.



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