VOLUNTEERING AT FOSSILFIELD



FOSSILFIELD TRAINING CENTRE

Introduction

Fossilfield Training Centre has been running since 2021, developing a bespoke equine-facilitated initiative that has successfully engaged with local families, schools, and community organisations. Having created a series of youth development programmes, the Centre addresses many of the issues contributing to the rise in mental health problems among our young people.

Our team at Fossilfield are committed to investing in young people and their role in educating them to make better life choices through an informative, interactive, and holistic coaching approach, which enhances the learning and wellbeing aspects of mainstream pedagogy by reducing exclusion, improving relationships, increasing attendance, promoting wellbeing, and raising attainment within Literacy and Numeracy.

Through providing people with knowledge and skills to make positive life choices, Fossilfield can create opportunities, allowing those marginalised in society, and that wish, to confidently reconnect with their local communities and become valued contributors to society.







WHY VOLUNTEER



Volunteers are found at the heart of every community. Committing your time to help others can have a positive effect on your own health and wellbeing through engaging in an activity that physically and mentally stimulates your passion for life.

Some benefits of volunteering include:

- Gives a sense of purpose.
- Allows an individual to feel valued.
- Builds confidence and self-esteem.
- Provides time to develop personal skills.
- Offers invaluable work experience.
- Opportunity to make friends.
- Encourages a sense of civic responsibility.
- Teaches to give back.
- Develops creativity, motivation, and purpose.
- Sharing of skills, knowledge, and experiences.

VOLUNTEERING AT FOSSILFIELD



Fossilfield recognises the important role volunteers play in supporting organisations in developing economic sustainability across their community. As a not-for-profit organisation, it appreciates the support offered by volunteers by allowing the Centre to continue offering inclusion to those that experience economic disadvantage.

As part of Team Fossilfield, you will:

- Receive high-quality training.
- Discover an area of interest/hobby.
- Learn new skills at your own pace.
- · Gain confidence to reconnect with other local communities.
- Recharge staff, boosting team morale.
- Have the opportunity to share your own existing skills and have new ideas used.
- Experience working outdoors.

WHO CAN VOLUNTEER AT FOSSILFIELD?



Anyone who wishes to support the role Fossilfield provides for youth development and has a mutual understanding of meeting the Centre's Aims can apply to volunteer at Fossilfield.

Our aim is to empower young people to live meaningful lives that will allow them to become responsible citizens and contributors to society.

We can achieve this by:

- · Improving their wellbeing.
- · Developing social skills.
- Creating positive experiences.
- Providing knowledge to seek appropriate support and advice.
- Creating opportunities that will encourage decision-making.

WHERE DO YOU BEGIN?



Having considered our aims and your suitability to volunteer, we welcome you to contact the centre and arrange an informal visit to meet our centre manager and receive a tour of the centre for your appreciation.

All volunteers must become a member of our Friends of Fossilfield Membership Scheme, allowing them to undergo an essential induction period of 6 weeks, which will offer opportunities to showcase existing skills, qualities, and values.

After completing this induction, you will be invited to submit an application and attend a review meeting where you will be welcomed onto our tiered volunteer program, offering opportunities and experiences to:

- Help us tackle inequality.
- Develop your skills.
- Receive further training and skill acquisition.
- Freedom to voice your opinion.
- Become engaged and empowered.
- Support the integrity of our company.

How can you support Fossilfield as a Volunteer?

Volunteer support can be offered across:

- Stable Routines
- Animal Husbandry
- Yard & Gallop Maintenance
- Admin & Marketing
- Community Allotment/Garden
- Domestic Services
- Activity Facilitation
- Fundraising



To find out more about becoming a volunteer, please contact the centre directly:

• Email: fossilfield1@outlook.com

• Telephone: 07850227524

Website: www.fossilfield.co.uk

• Facebook: Fossilfield Training Centre

Visit: Fossilfield Training Centre, Berryhill Bing, Auchinleck, KA18 2NB.

"Become part of our community & join today"