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Demartini method pdf

When you know who you are, know what your mission and vision is, you're clear to move forward towards your goals and dreams. The Foundation Phase is a series of modules, courses and opportunities to help you get clear on your values, vision and mission.

DEMARTINI VALUE DETERMINATION PROCESS PATH TO POWER Gaining the power of your mind gives you the greatest tool to leverage on the planet.

All the courses in this phase are focused on helping you to master your mind. You'll discover how to manage your emotions, navigate challenge and awaken a deeper, clearer vision and objective for your life. Any area of your life you do not empower leaves you vulnerable to someone else setting the rules for your life. The courses in this phase are structured to help you empower all the 7 areas of your life: mental, business, finance, physical, social, familial, spiritual. The courses are a synthesis of the greatest knowledge and wisdom I've acquired in over 4 decades of research so that you're able to stand on the shoulders of the Greatest Minds in all areas of life. The space and time of your innermost dominant thoughts determines the magnitude of your vision and thereby your manifested outer tangible reality and legacy. The courses in this phase will take you through a sacred philosophic journey and fill in the gaps in your knowledge across 260 disciplines or ologies, leaving you with a profound understanding of universal laws from the atomic through to the astronomic. Get ready to awaken to the hidden order in all aspects of existence. Dr John Demartini is a polymath and a world-renowned human behavior expert. His work has been described by students as the "most comprehensive body of work", "an extensive library of wisdom". Dr Demartini's mission and vision is to share knowledge and wisdom that empowers you to become a master of your own life and destiny. His education curriculum ranges from personal growth seminars to corporate empowerment programs. His teachings are the synthesis of knowledge and wisdom from the greatest minds through history and his curriculum is designed to help you empower and inspire all 7 areas of your life. He's an internationally published author, a global educator and the founder of the Demartini Method, a revolutionary tool in modern psychology. When Dr John Demartini was 18 years old his uncle sent him two giant crates of books - two of which really caught his attention. One was the Discourse on Metaphysics by Gottfried Wilhelm Leibniz in which he states that there is a perfection in the universe that few people ever get to know, but those that do, have their lives forever changed and transformed. When he read that, it brought tears to his eyes. He couldn't fully grasp what it meant at the time but he knew that he wanted to go and explore what Leibniz called "divine perfection" on an even deeper level. The second was a book on particle physics by Paul Dirac in which he read that every particle has a mirror-image antiparticle with nearly identical properties, except for an opposite electric charge. Dirac's theory was that if you join these two together - the particle and antiparticle - you birth light through Einstein's equation.



Dr John Demartini wondered if the same theory could be applied to positive and negative experiences or happy and sad emotions - if he joined them together, could he birth enlightenment and discover the hidden order in apparent emotional chaos? He went on to study physics, chemistry, mathematics and psychology - in fact, just about every "ology" there was at the time - and found common threads to all the different disciplines. One of these common threads was something called the "Law of Contrast" - a principle of association stating that the thought of something is likely to trigger the thought of its direct opposite. For example, when we hear the word "hot", we often think of the word "cold".



This stuck in his mind, because it seemed to show up in chemistry and physics and mathematics and just about everything else that he studied. And it got him thinking that maybe human beings have an inherent objective balancing mechanism in their brain. He realized that when he was infatuated with something, he was conscious of the upsides and unconscious of the downsides.

And when he was resentful of something, he was conscious of the downsides and unconscious of the upsides. But when he saw both sides simultaneously, he was neither up nor down. He was centered. He was authentic and felt a deeper sense of meaning and love.

Dr Demartini then realized that whenever he was critically judging somebody, if he was really honest, he was judging them for something that he was actually feeling ashamed about, though was too proud to want to admit it.

So he grabbed a dictionary and began circling every single human behavioral trait that he could find. As he came across each one, he would try to think of someone who displayed that trait to the most extreme, and put their initials next to it. He would then look at himself and find where he displayed the exact same behaviors. He went through 4,628 traits and discovered that he had ALL of them - each and every one. He was nice at times. He was cruel at times. He was thoughtful and thoughtless, honest and dishonest, arrogant and humble. He realized that it would be wise to own all these traits instead of trying to get rid of the ones that he perceived to be negative, wrong or bad, and pretend to be only one sided. This became the first step of what was originally called the Quantum Collapse Process and which would later be called the Demartini Method. The Demartini Method makes you fully conscious and fully aware of any unconscious parts. When using the Demartini Method it's very profound when you finally become accountable and be objective. Objective means neutral and balanced and able to find the mean, the balance between the polarities.



A wonderful example is Viktor Frankl, an Austrian neurologist and psychiatrist who was also a holocaust survivor. His book, Man's Search for Meaning, is a powerful biography of his time in a concentration camp and his choice to find meaning and renewed purpose in suffering. The Demartini Method is a tool that helps people see the magnificence of their life and realize that they don't need "fixing". This is something Dr Demartini really goes into great detail about during his signature program, The Breakthrough Experience, where he teaches the principles and application of the Demartini Method. Transform Your Life at the Breakthrough Experience demartini method worksheet demartini method pdf demartini method wikipedia demartini method training demartini method forms demartini method facilitator demartini values john demartini wikipedia demartini method demartini method form side a demartini method examples worksheet demartini method