



# 2023 MONTHLY EVENTS

Snickerdoodles' Rabbit Rescue & Pet Loss Support  
501(c)(3) Non-profit

If you are not able to attend an event or would like additional information on a topic, please contact us at [snickerdoodlesrescue@gmail.com](mailto:snickerdoodlesrescue@gmail.com) to be connected to a licensed veterinary social worker to identify needs and resources. Events listed on this page are subject to change and will have virtual and in-person options. Please check back on our facebook to view updates on more specific time and dates as they get closer, or sign our email list sheet to be updated directly. If you have a topic that you would like covered or would like to volunteer, please contact us with ideas!

## JANUARY -----

### **Pet Loss Support Group: A New Year for Mindfulness**

We will cover some mindfulness exercises for self compassion that reinforces health and wellbeing, and enhances resilience to cope with grief. Excerpts from the book edited by Lori Kogan, *The Gifts we Receive from Animals: Stories to Warm the Heart*, will also be read to open up discussion of experiences with the human-animal bond.

## FEBRUARY -----

### **Education Workshop: Bunny “Dating” & Bonding with your Pet**

Rabbits are often the happiest when living with a companion bunny. This session will cover the “dos” and “don'ts” of bonding your rabbits and how to do so safely. We will also cover resources on improving and sustaining the unique bond that caregivers have with their pet.

## MARCH —————

### **Pet Loss Support Group: End of Life Decisions**

As an individual or a family, making the decision to say goodbye to a loving pet and family member can be extremely difficult. In this group, we will discuss anticipatory grief, questions to ponder as a family to prepare, spiritual and cultural preferences, how to talk to children about death, and the many options to memorialize your pet, such as cremation, burial, taxidermy, freeze drying and others.

## APRIL —————

**Educational Event: Make Mine Chocolate** - We will be participating again in a campaign began by Columbus House Rabbit Society called *Make Mine Chocolate!*. The Make Mine Chocolate! campaign was created to address the problem of unwanted Easter rabbits by encouraging parents to choose stuffed or chocolate rabbits rather than live rabbits.

**Foster & Volunteer Day** - A day dedicated to celebrate our volunteers, network and build our team. Foster applications will be available to complete at the event, and volunteers will be in attendance to answer any questions and discuss your volunteer goals and interests. Refreshments and goodies will be provided as supplies last.

## MAY —————

### **Pet Loss Support Group: Writing Letters to our Pets**

Grab your favorite coffee, beverage or snack and join us in a journaling exercise. Research has shown that those who maintain or continue their bond with their pet (e.g. through writing) will have increased post traumatic growth.

## JUNE —————

### **Pet Loss Support Group: Visit to Woodside Pet Cemetery**

This is an in-person opportunity to visit the beautiful Woodside Pet Cemetery in Navarre, Ohio as a group. Woodside Pet Cemetery is located discreetly in a little valley surrounded by 9 acres and serene woods. One can sit on reminiscing benches or in the memorial chapel and recapture past precious memories. Those in attendance will also receive herb garden seeds provided by our rescue to grow at home to memorialize their pet (or to grow as a treat for bunny!)

JULY - TBA

AUGUST - TBA

SEPTEMBER -----

**Community Memorial Event: Rainbow Bridge Walk**

Join us in participating in the Rainbow Bridge Walk hosted by a community organization located in Medina, Ohio. Events of the day include a short memorial service, blessing of the pets in attendance, remembrance activities, tribute walk, refreshments and gift bags.

OCTOBER -----

**Resource Session: The Link between Human & Animal Violence**

In this group session, we will discuss resources for pet friendly domestic violence shelters, Ohio Legislation on pet protection orders, and other helpful information pertaining to “The Link”.

**Fundraising Event: “Trick or Treat” for the bunnies**

Donate treats or toys to the rescue bunnies’ “trick or treat baskets” to celebrate the spooky season. More details to come.

NOVEMBER -----

**Resource Session: Preparing for the Holidays**

In this group session, we will discuss human-animal activities beneficial to reducing current stressors and improving overall wellbeing, recognize potential disadvantages of human-animal interactions during the holiday, and share resources for children & families to maintain a positive bond during the holiday season.

DECEMBER -----

**Fundraising Event: more details to come**