



Parkinson's
Communication
Clinic

Program Outline

Stronger voice. Clearer communication. Better connection.

Reclaim Your Voice, With Confidence.

We provide specialised, evidence informed speech pathology services for individuals with Parkinson's Disease, with a focus on improving voice, speech clarity and communication confidence. Our clinic integrates established therapy approaches with structured, functional communication training to support meaningful outcomes in daily life.

Why Speech Therapy Matters In Parkinson's Disease.

Up to 90% of individuals with Parkinson's Disease experience changes to speech and voice, including:

- Reduced vocal loudness
- Monotone speech
- Reduced clarity & Intelligibility
- Communication breakdowns in daily interactions

These changes can significantly impact participation, independence, and overall quality of life.

Our Therapy Approach

We deliver two programs. Both are cyclical and involve an intense block of early therapy with the Speech Pathologist who completes an initial evaluation, discusses the diagnosis and introduces the rehabilitation structure and techniques. Please find more information outlined below;

The SPEAK OUT!® Therapy Program: We offer the SPEAK OUT!® Therapy Program, a well-established intervention designed specifically for people with Parkinson's disease. This program focuses on improving vocal intensity and communication through structured, high-effort speech tasks. Implementation of this program can only be delivered by a Certified SPEAK OUT!® Provider. Therefore, the Speech Pathologist who carries out the evaluation and initial intervention; and the Allied Health Therapy Assistants who carry out the ongoing practice and maintenance phases of the program are all certified. Please note, the SPEAK OUT!® Therapy Program was developed by Parkinson Voice Project®, a nonprofit organisation. We did not have any involvement in the development of the program, we simply implement it as certified providers.

The VOICE STRONG™ System: Alongside structured therapy, we incorporate our VOICE STRONG™ system, an evidence-informed framework designed to:

- Reinforce daily voice use
- Improve communication confidence
- Support long-term maintenance
- Promote real-world carryover

VOICE STRONG™ integrates the principles of: motor learning, neuroplasticity and functional communication training through repetition and effortful, purposeful articulation. This program has been developed to include more variation and individuality for the client, whilst remaining a solid evidence informed framework for treating Hypokinetic Dysarthria.

Disclaimer: The Parkinson’s Voice Clinic is an independent provider of speech pathology services. VOICE STRONG™ is an evidence-informed clinical framework developed for use within our clinic and is not affiliated with or derived from any proprietary therapy program. The SPEAK OUT!® Therapy Program is delivered in accordance with provider guidelines and attribution requirements.

Program Framework

Initial Assessment	Therapy Phase (4–8 weeks)	Home Practice & Carryover	Maintenance Phase
<ul style="list-style-type: none"> ● Comprehensive speech and voice assessment ● Baseline outcome measures (loudness, intelligibility, participation) ● Individualised goal setting 	<p>Individual and/or small group sessions.</p> <p>High-frequency, structured therapy.</p> <p>Focus on:</p> <ul style="list-style-type: none"> ● Vocal strength ● Speech clarity ● Functional communication 	<p>Daily structured practice (10–15 minutes).</p> <p>Supported by clinician guidance.</p> <p>Focus on consistency and real-world application.</p>	<p>Ongoing review sessions.</p> <p>Long-term communication support.</p> <p>Reduction in functional decline.</p> <p>Optional ongoing individual and/or small group sessions.</p>

Outcome Measurements

We track progress using a combination of objective and functional measures, including:

- Vocal loudness (dB SPL)
- Voice Handicap Index (VHI)
- Speech intelligibility
- Communicative Participation (CPIB)
- Patient-reported confidence

This ensures measurable, clinically meaningful outcomes. Each client will undergo continuing evaluation to ensure swift referrals for swallowing evaluations or Neurology/ GP support as required.

Clients May Experience	Referral Information
<ul style="list-style-type: none">● Increased vocal loudness● Improved speech clarity● Greater communication confidence● Increased participation in daily activities	<p>We welcome referrals for patients with:</p> <ul style="list-style-type: none">● Parkinson’s disease (all stages)● Reduced vocal loudness● Communication difficulties● Early intervention needs

Why Refer To Us:

- Parkinson’s-focused expertise
- Certified SPEAK OUT!® provider
- Evidence-informed, structured approach
- Strong focus on functional outcomes
- Ongoing communication support



Contact Information / Further Inquiries

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