Parents San Antonio and the Hill Country



Top 10
Activities

Where to Shop Local!

Education Guide!

Health Care
Guide

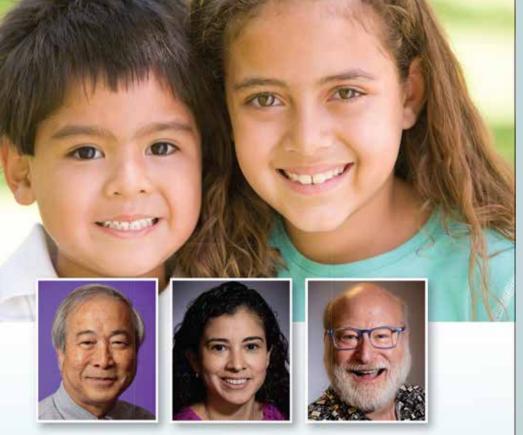
Welcome BABY

Stay on Track!
Bag and place your diapers in the brown cart.



Always dispose of diapers correctly. There is a \$50 fee for diapers in the blue recycle or green organics cart.





Felix Koo, M.D.

Ana Salazar, M.D.

Richard W. Shore, M.D.

Pediatric Care for New Braunfels

Centro Med

COUNTY LINE CLINIC

1034 W. County Line Rd., New Braunfels, TX 78130

Welcoming New Patients Newborn – 17 years of age

Accepting Medicaid, CHIP, CareLink, Medicare and most Private Insurances. Fees adjusted for patients without insurance. Hablamos Español.

Appointments: 210-922-7000

contents



Cover by: Firefly Photography Brandy Brooke Gray www.fireflyphotographynbtx.com Our cover kid for Parents Winter 2019 / 2020 is John French!!

In This Issue

Sensory Friendly Shows at The Magik	(
Theatre	6
Education Guide	12
Family Life in the Modern World	16
In Every Issue	
Fun Family Events	8
Shopping Guide	18
Kids Corner	20
Healthcare Choices	22
Top 10 Kids Activities	26

<u>Like Us</u> on Facebook, enter our contests & you could be a winner!

Winter 2019/2020 December, January, February

Serving the Greater **San Antonio** and **New Braunfels** area, including Schertz,
Helotes and Bulverde

Published By Hill Country Publications 210-226-7536

Editor & Art Director Leslie Staas graphics@HillCountryPubs.com Tina Stallings

Graphic & Print Design Leslie Staas

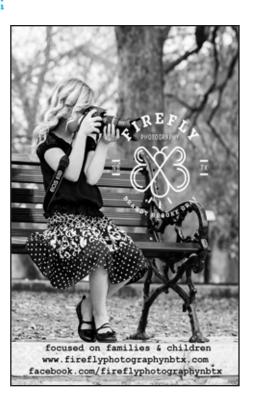
Account Managers
Tina Stallings • Tina@HillCountryPubs.com
Karen Borell • Karen@HillCountryPubs.com

Contributing Writers Taylor Abrahamsen

To be included in this directory:

Tina Stallings 210-226-7536 San Antonio or

Karen Borell 830-237-3206 New Braunfels





Sometimes fun and games turn into accidents and pain. When serious injuries, or even illness, spoil the fun, The Children's Hospital of San Antonio is here to provide advanced health care services for children of all ages.

Supported by emergency centers open 24/7 in Stone Oak and Westover Hills, community-wide pediatric specialty clinics, and hundreds of dedicated sub-specialists, The Children's Hospital of San Antonio provides unparalleled service and care.

The Children's Hospital of San Antonio — there when your child needs us most.



chofsa.org

Sensory Friendly Shows at The Magik Theatre

The Magik Theatre was founded on the principle that every child should have access to Magik's literature-based programming that brings stories to life on the stage and engages young audiences. Magik realized that it needed to expand its programming to include productions that are accessible to neuro-diverse children, especially those on the autism spectrum and with sensory sensitivities.

In 2015, The Magik Theatre inaugurated its Sensory-Friendly Series with a stage adaptation of Mo Willem's beloved Elephant and Piggie. Eric Soto, a member of Magik's production department, remembers that first performance fondly: "There were parents who told me that this was the first time that their entire family could attend an event together. Usually, one parent stays home with their son who is autistic while the rest of the family goes out. This time they

could be together as a family. Their child absolutely loved it."

For each Sensory-Friendly performance, Magik adapts its plays in the following manner:

- ·House lights are left on in the auditorium
- •The volume on the actors' microphones is lowered
- The performance is displayed on a monitor in the lobby
- •The audience size is limited to 150 individuals, so families have room to spread out
- University Health System provides free fidgets for patrons

During its 2017-18 season, Magik realized that it straved from the singular purpose of the Sensory-Friendly Series. Many of the Sensory-Friendly performances were getting oversold, often with audiences of 250-300 individuals, and they were not reaching their target audience. "We decided to recommit

ourselves to offering a truly sensoryfriendly experience for our patrons. says Magik's General Manager, Shelley Weber, who introduced sensory-friendly adaptations to the organization. "For one thing, we moved the Sensory-Friendly performances to Saturday at 10:30am, so they would fall outside our typical weekend performance schedule, and we committed to capping those performances at 150 patrons. We also hired a consultant who specializes in accessible theatre to train Magik personnel in working with members of the autism community."

Last season, Magik limited itself to only three Sensory-Friendly performances in order to make adjustments to the programming. For the 2019-2020 season, Magik returns to offering five Sensory-Friendly performances. That's one adaptation for each production at The Magik Theatre.

It is with the support from the University Health System and other philanthropic organizations that Magik continues to offer educational programming that truly reaches all children of San Antonio and South Texas.

Since 2016, University Health System has served as the Accessibility Sponsor for The Magik Theatre. As the President & CEO of University Health System, George B. Hernández, Jr., states, "We are very proud to support sensory-friendly performances at The Magik Theatre. Ensuring all children have the ability to benefit from the arts with their family and friends in a welcoming, inclusive and relaxed environment is important, and our Children's Health team really enjoys going to these performances to meet families and help connect them to our services."

Upcoming Sensory-Friendly Shows:

Tiny Tim's Christmas Carol: December 14, 2019

> **Magical Pinata:** February 8, 2020

Dragons Love Tacos: March 21, 2020

Charlotte's Web: May 16, 2020

For more information about the Sensory Friendly performances at the Magik Theatre, visit magiktheatre.org/sf





Thinking beyond > grown-up medicine





events

december

December 1-30: Santa's Ranch, NB

What better place to admire an entire Hill Country landscape of glittering Christmas lights (1.5 million, to be exact) than from the comfort of your own car? Turn on your favorite holiday tunes, grab a bag of kettle corn and a cup of hot cocoa and cruise through "one of the best holiday light exhibits in the state" at "Santa's Ranch."

December 5-22: Ford Holiday Boat Caroling, SA

Sing in the holiday by caroling with friends and family from a boat on the River Walk. Celebrate the timeless tradition of caroling with a San Antonio twist. Charter a private caroling boat and bask in the glow of 100,000 Christmas lights.

December 6-21: Ford Fiesta De Las Luminarias, SA

Experience the holiday serenity of the River Walk as you stroll along the lush banks of the San Antonio River guided by more than 2,000 Luminarias. This century's old tradition begins at dusk Friday, Saturday & Sunday only for three weekends in December. View the Luminarias and listen to Ford Holiday Boat Caroling from a River Walk restaurant or bar while dining or sipping on a drink.

December 7: Winterfest & Reindeer Run, SA

WinterFest and Reindeer Run is a huge event bringing the Stone Oak Community together for a great family day all while helping those that are less fortunate. A portion of your ticket price will go to help the kids with disabilities or delays and their families at Brighton Center including therapy, education, support and childcare.

December 10-11, 17-23:

Christmas at the Caverns, SA

Putting an adventurous spin on holiday cheer, Natural Bridge Caverns will transform into an underground wonderland during Christmas at the Caverns! Featuring glittering lights, caroling, a countryside trek, a "Christmas Village" and more, this event also supports the work of the San Antonio Food Bank.

December 10-23: Trail of Lights, Austin

What began as a small gathering in 1965 known as the "Yule Fest," a gift to the city of Austin from Austin Parks and Recreation Department, has now grown to be a community-wide celebration of the unique spirit and people that make Austin home. The Trail of Lights has expanded to more than 40 displays, 2 million lights and holiday activities that create countless memories.

December 31: New Years Rockin' Eve, NB

Family Rockin' Eve Party includes 3hrs. of bowling (5pm - 8pm), free shoes, a large 1 topping pizza & party favors. What a great way to have the whole family roll in the New Year before the kiddos bedtime!

Lunar Rockin' Eve party includes 4hrs. bowling, free shoes, snacks, champagne & games with prizes! We will toast the New Year at 12:01am so be sure to save enough champagne! Sparkling Cider also available.

December 31: Celebrate SA. SA

San Antonio Parks Foundation and Bud Light Present CELEBRATE SA! The City of San Antonio's Official New Year's Eve Celebration.

Visit our Website at **HillCountryParents.com** for our full list of events!

january

January 24 - February 15: The Magical Pinata, Magik Theatre SA

A seemingly plain clay pot magically transports Cucha, a selfish and lonely girl, from her hometown of Zapoteco, Mexico, to a mysterious jungle filled with eccentric characters. Using her knowledge of both English and Spanish, Cucha encounters Parrot Rivera, a jungle muralist who paints the future; Señor Chapulin, a soccer star with the heart of the present; and Burro Burrito, a farmer who plows through the past. Meanwhile, the evil Monkey King and his silly sidekick know the clay pot is really a magical piñata and scheme to steal it from Cucha. Through Cucha's journey, she discovers the magic of the mundane, the roots of cultural pride, and the power of sharing.



January 29: Finding Neverland, Tobin Center, SA

FINDING NEVERLAND tells the incredible story behind one of the world's most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. Spellbound by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a little bit of pixie dust and a lot of faith, Barrie takes this monumental leap, leaving his old world behind for Neverland, where nothing is impossible and the wonder of childhood lasts forever.

february

February 6-23, San Antonio Stock Show and Rodeo. SA

The San Antonio Stock Show & Rodeo has a rich tradition and history of stewardship to the community, agriculture industry and youth of Texas. With a clear vision of the future, a successful past and continual dedication from over 6,000 volunteers, The San Antonio Stock Show & Rodeo will continue to provide wholesome family entertainment and be a pillar of strength and support to the youth of Texas.

February 29, Life is Good 5k, 10k and Kids Runs. Selma

6th Annual "LIFE" is Good 5k & 10k benefiting the Pregnancy Care Center. This is a fun and special event that supports the FREE & confidential services provided by the PCC and held on the beautiful campus of River City Community Church. Bring the whole family to run, walk or jog and enjoy food and music after! There's also a FREE Kids Run for those 10 & under!





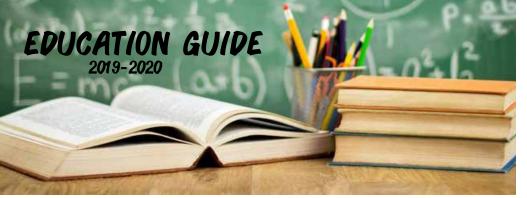




Girls (Guys) Night Out, Team Building, Birthday Parties,

Holiday Parties, Date Night, Public Workshops & More!

Call **830-302-7675** to book your party!



There is no doubt about it: our kids are the future. Finding the right educational facilities for our children can be difficult, stressful, and time consuming, so we went ahead and have selected our favorite primary, secondary, and specialty schools just for you!

PRIMARY SCHOOLS

CHILDREN'S LIGHTHOUSE BULVERDE | 25473 BULVERDE ROAD. SAN ANTONIO



Children's Lighthouse leads the way in values-based early childhood education — providing care for infants, toddlers, preschoolers and school-age children. Our curriculum is based on an age-appropriate, comprehensive learning approach, incorporating character values like integrity, fairness and honesty.



A CREATIVE LEARNING CENTER 311 FM 306, SUITE A, NEW BRAUNFELS

You can depend on us at A Creative Learning Center for a first-class early childhood education for children from newborns to 12-year-olds. We offer an exceptional learning environment for your child where he or she can thrive developmentally and socially.



THE MORGAN CENTER | 1215 ERVENDBERG AVE. NEW BRAUNFELS

The Morgan Center is an Inclusive Center committed to providing quality care while educating your children in a structured, secure and loving environment. It is our philosophy that early childhood should be a time of fun, exploration and discovery.



PRIMROSE SCHOOL OF SHERTZ | 4993 SHERTZ PKWY. SHERTZ

Primrose Schools* is a national system of accredited private preschools that provides a premier early education and child care experience. We partner with parents to help build the right foundation for future learning and in life.



SAN ANTONIO COUNTRY DAY MONTESSORI | 4194 JUNG RD. SAN ANTONIO

San Antonio Country Day Montessori is a special environment for the child to cultivate his/her own natural desire to learn. Their country setting includes eight classrooms, gardens, a large playground, and a barnyard complete with animals.



Attend an **Open House** October 23





Discover accelerated excellence in education.

RSVP at enrollBASIS.com





COULDN'T FOCUS. WOULDN'T SIT STILL. STRUGGLED IN SCHOOL.

Aidan's skills were all below level. After Brain Balance, reading, writing and math are now above where he needs to be. It's been an amazing transformation. He's done things everyone said he couldn't do."

- DAN G., Brain Balance Parent

BRAIN BALANCE ADDRESSES:

- Academic, Social or Behavioral Issues
- · Processing Disorders
- Lack of Focus
- Trouble Making Friends
- Tantrums

- Impulsiveness
- Learning Disabilities
- Sensory Integration
- Family/Social Relationships
- ADHD

Brain Balance is a non-medical approach combining physical and sensory exercises with academic skill training and healthy nutrition. We identify the issues, then create a plan that addresses your child's specific needs.

Individual results may vary.

Our advertising features actual parent testimonials.

www.hillcountryparents.com www.hillcountryparents.com

PRE-K - HIGH SCHOOL



ANTONIAN COLLEGE PREPARATORY | 6425 WEST AVE. SAN ANTONIO

At Antonian College Preparatory High School, they build traditions of excellence every day. Traditions of success do not happen by chance. Rather, they are forged through vision and hard work and require a commitment to personal excellence.

BASIS | 318 E. RAMSEY RD. SAN ANTONIO



The rigorous college preparatory education at BASIS readies students for the competitive admissions process, helps them become eligible for scholarships, prepares them to prosper at top colleges, and enriches their lives. basissanantonionorth.org

GreatHearts

GREAT HEARTS TEXAS | 824 BROADWAY ST. STE 101, SAN ANTONIO

Great Hearts provides a robust liberal arts curriculum incorporating advanced math and science, a focus on the arts and foreign language, and a range of extra-curricular activities and athletics.



LIVING ROCK ACADEMY | 2500 BULVERDE RD, BULVERDE, TX

Living Rock Academy is a private Christian academy serving Bulverde, San Antonio and the surrounding areas. We provide students with a challenging, innovative and Christ-centered education



PREMIER HIGH SCHOOL | 1928 S SEGUIN AVE. NEW BRAUNFELS

The process by which students achieve credits is unique at Premier High School. Instead of the entire class following along as the teacher lectures, the students work independently through their units and complete a test for each unit.

SPECIALTY SCHOOLS



BRAIN BALANCE | 1551 N WALNUT AVE. NEW BRAUNFELS

At Brain Balance Center of New Braunfels we understand the pain and frustration of watching your child struggle with learning or behavioral issues. Here, and at our centers around the country, we have helped thousands of kids overcome their challenges.



SUNSHINE COTTAGE SCHOOL FOR DEAF | 603 E HILDEBRAND AVE. SA

In addition to providing the very best early identification and intervention services for children, Sunshine Cottage offers a comprehensive day-school program for children, preschool through fifth grade, with state-of-the-art educational and hearing technology.

NOW ENROLLING PRE-K-12TH GRADE

BUILDING BRIGHT

FUTURES

WITH FAITH-BASED

LEARNING



2500 BULVERDE ROAD BULVERDE, TEXAS 830-387-2929





Family Life in the Modern World

In the busy modern world, our families are faced with struggles generations before did not experience. Parents and children alike are busier than ever, and opportunities to relax as a family seem further out of reach. Practices, community groups, and extending work hours bring many benefits to modern life, but are certainly not without their costs. The most earthshattering of which is the wellness of our children.

We live in a world where we have the most, but are deeply lacking in connection as a family. We all want the best for our children, and to show them endless amounts of love and care. Determining how to do that with the differences they face today can be a struggle. Being aware of this difference, and being proactive or correcting course, can set the future of your family on a different path with rippling benefits to the next generations. Taking time to connect, work together, play games, and being fully present with one another blesses each member of your family in so many ways.

Remember growing up and having chores? It may have been a pain to stop playing outside to come in and do the dishes but do you recall that sense of accomplishment and responsibly afterwards? How it felt to hear your mom say "nice job, thank you for being responsible." Children today have sporting and other activities that take up the time that in the past was filled by a part time job. They love the opportunities, and appreciate the sacrifices made to make it all possible, but

we don't really question what's best. Then when it comes to responsibility, we try and let them be kids. Turns out more activities and less responsibilities may not be benefitting them. A 2015 survey of 1,001 parents by Braun Research shows we aren't passing on the tradition of chores. Inadvertently taking away from our children the self-esteem, delayed gratification, and sense of accomplishment associated with contributing to the home.

Seems previous generations may have had this right. Marty Rossman, emeritus associate professor of family education for the University of Minnesota, conducted a 20-year study of 84 children into adulthood. He determined that doing chores at ages 3-4 was "the strongest predictor of education completion, career success and stronger relationships in their mid-20s." That is a powerful statement, and perhaps part of the forgotten key to success.



Not only do chores benefit your children's future, working together as a family has proven to increase your bond and happiness. Working as a team helps your children to know they are valued, deepens your relationship, and can help them feel confident in communicating struggles to you. No matter your family structure, working together makes you stronger and is a way all families can devote time together. It also helps to increase the bond in your marriage. Working together helps you to remember your common goals, to laugh together; also, boys and men communicate best while working side by side.

Time as a family unit, whether it be working, playing, or any other connection helps to stabilize and strengthen children's mental health. Sadly, with the mass of technology available today we haven't been able to keep up with the potential side effects, and children are suffering the consequences. Think it may not be so bad? Unfortunately, research proves otherwise. Some great books on the impact of technology on children's brains and mental health are Glow Kids by Dr Nicholas Kardaras and NextTalk by San Antonian Mandy Majors.

Children now are faced with the stress and pressure of a constant presence of friends and enemies via social media. In addition to that, the horrors of adult content online. Children being able to open up, ask questions, and share with their parents is needed. Understanding the side effects and how to talk to your children about technology has never been more important. Today children are considered more anxious, depressed,

lonely, and at risk of suicide than ever before. We must recognize the crisis at our feet and do our best to help our children feel like they can talk to us, and teach them how to recognize and better handle emotional turmoil. Its not about fearing the worst, but recognizing the reality of the struggles our kids face, and being intentional to strengthen the bond of connection so they feel open to communication.

The reality of today can seem daunting, thankfully the solution to this complex problem is simple. Family time being a priority. No matter your dynamic, making a commitment to spend time together connecting as a family can make a world of difference to your children, and one day theirs. We can't change the culture alone, but we can control how we react as a family to it. It's worth noting that intact families produce the most prepared, stable, and successful children. The 'children are resilient' concept has been disproven. That is not to say your family has to be cookie cutter perfect to do well by your children. Literally all families look different and have unique struggles.

The difference in connection is made by taking time to create relationships with your children, committing time together, and saying no once and a while to plans, instead spending time as a family. As we enter into a new year and new decade, challenge your family to beat the modern strain, disconnect from technology, and instead connect together.

Shopping Guide

Local Shopping

Alamo CITY Popcorn

16634 San Pedro Ave. Ste 1, SA 210.455.0138 alamocitypopcorn.com

We are a family-owned business with over 40 flavors of popcorn. Let us help you with your next Birthday, Shower, Wedding, Corporate Event, or Sales Call. We have a flavor and size for every event!

Camera Exchange

6635 San pedro ave., SA 210.349.4400 Camerax.Com

Offering the latest in digital cameras, studio equipment and accessories. They also offer a wide variety of photography classes and a selection of cameras to

Fin & Pickles children's Воитюче

555 W. Bitters Rd, SA, 210.468.2845 finandpickles.com

Fun and functional fashions for babies to big kids. This fun new children's boutique at the Alley offers toys, accessories, gifts, clothing And more!

La VILLITA

418 Villita, SA 210.207.8614 Facebook.Com/lavillitahistoricartsvillage

In 1939, la villita historic arts village was established and the neighborhood adapted into a center for teaching regional arts and crafts and to serve as an artists market. Come see the unique artisan crafts offered

Market souare

514 W commerce, SA 210.207.8600 Getcreativesanantonio.Com/explore-sanantonio/market-square

Enjoy the sights and flavors of old mexico at historic market square. Explore over 100 locally owned shops and stalls, all at a festive indoor mall.

Nature's treasures

4103 N i-35, Austin 512.472.5015 Ntrocks.Com

Nature's Treasures is a one-stop rock, mineral, crystal & metaphysical store for your shopping pleasure. Earth treasures in a variety of specimens.

New Braunfels canble co.

555 S castell, NB 830.302.7675 Newbraunfelscandleco.Com

Offering a variety of candle fragrances and other natural products. Each candle is hand poured and packaged in NB.

TUROUOISE TRADING POST

6103 Burnet Rd., Austin 512.323.5011 TurquoiseTradingPost.com

All the jewelry in Turquoise Trading Post is Native American made by Navajo, Zuni, Hopi and Santa Domingo silversmiths and jewelers. New jewelry arrives each week, most of which is one of a kind pieces.



WHEN PARENTS **PURCHASE A CLASS,** KIDS CAN JOIN IN FOR FREE!



SIGN UP ONLINE AT CAMERAX.COM

* AGES 12 AND UP

6635 San Pedro Ave. · San Antonio, TX



The Magik Theatre

Sponsored by:



MagikTheatre.org • 210.227.2751





- Fun, safe, convenient
- Programs for boys and girls ages 3-14
- One day per week! Practice before
- Weekly Sportmanship Award
- Everybody plays, every game!

Locations SCUC & New Braunfels Areas

Sign up today at i9sports.com or call 830.714.7591



Bounce Houses and Wet Slides Serving New Braunfels and surrounding areas



830,660,4500 hcinflatables@gmail.com

Facebook.com/HillCountryInflatables/



Free agent with every policy.

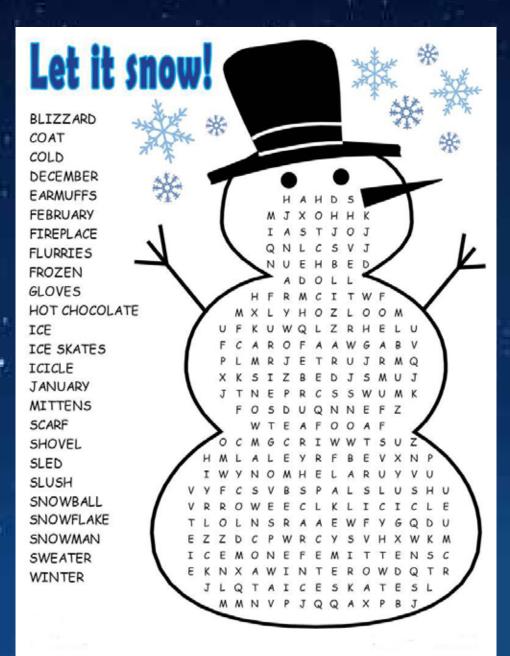
FREE Discount Double Check® too!

I'll make sure your auto coverage is the best fit, then show you all the State Farmo discounts you could get. Like a good neighbor. State Farm is there.

> Brent Gilbert, Agent 18360 Blanco Rd. San Antonio, TX 78258 210-404-9777 brent@brentgilbert.net



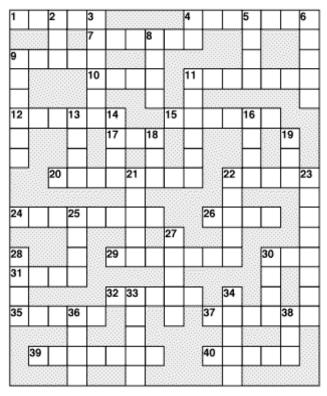
State Farm Mutual Automobile Insurance Compan State Farm Indemnity Company Bloomington, IL 1003065.1





Winter Crossword





Down:

- 2. Frozen water
- 3. Small
- Myself
- Small pie
- Neck warmer
- 8. Chilly
- 9. Used to move snow
- A season
- Strong emotion
- Ripped
- 16. Nil
- 18. Bath
- 19. Cloud of water vapour
- 21. Last month of winter
- Wooden snow vehicles
- 23. Winter road condition
- 25. Be carried on
- 27. Locomotive
- 28. Carried along by wind
- Piece of hockey equipment
- 33. Make this in the snow
- 34. Winter foot wear
- 36. Faucets can do this
- 38. You hear with this

Across:

- 1. Sudden cold breeze
- 4. Hand warmers
- 7. Hanging spike of ice
- 9. Freezing rain
- Show and
- Conditions outside
- 12. Flowering plant, colour
- Achoo
- 17. Not in
- Month of winter
- 22. Carols, etc.

- 24. Valentine month
- 26. Thaw
- 29. Keeps drinks warm
- 30. Small dog
- 31. Winter Olympic sport
- 32. Silky material
- 35. Breezy
- 37. Ice sport
- 39. Foot warmer
- 40. Direct a vehicle's course





Health Care Choices

Children are our most precious resource, so we have compiled this list to help you find the best health care provider for your kids.

www.HillCountryParents.com/Directory

Location	Contact	Details
6 to 9 Dental NB 651 IH 35 # 730	830-355-6911 vphumphrey2dds.com.	6 to 9 Dental is an extraordinary office designed to focus on your convenience, comfort, and affordability with high quality a top priority.
A thru Z Pediatrics Multiple Locations	a-zpeds.com	A Thru Z Pediatrics takes pride in being a trusted name in the Local Community. Offering Comprehensive Children's Health Care Services and treatments
Almouie Pediatrics Multiple Locations	Almouie Pediatrics.com	Almouie Pediatrics is committed to the highest quality healthcare for infants, children and adolescents. Our trained professionals are devoted to assisting you in providing the best care through all stages of your child's life.
CentroMed Multiple Locations	CentroMedSA.com	CentroMed has a team of pediatricians and pediatric nurse practitioners trained to take care of children's healthcare needs.
Children's Dental Ark New Braunfels	830-625-1234 Childrens Dental Ark.com	Our mission is to guide children through their dental experiences while providing comprehensive care in a friendly environment.
Children's Hospital of San Antonio 333 N. Santa Rosa	210-704-2011 CHofSA.com	One of the best pediatric medical centers in the US, offering a complete range of health care services for children.
Christus Santa Rosa Hospital NB 600 N Union Ave.	830-606-9111 ChristusHealth.org/Santa- Rosa/New-Braunfels	Our innovative and interdisciplinary team is committed to rapid diagnosis and treatment while delivering the best outcomes available for our pediatric and adult patients. Located in New Braunfels.
Cole Pediatric Therapy Multiple Locations	colehealth.com/ pediatric-therapy/	Cole Pediatric Therapy has been serving Texas families since 2000, providing Speech, Occupational and Physical therapy to children of all ages and abilities.
Cute Smiles 4 Kids 823 Bandera Rd.	210-435-3333 CuteSmiles4kidstx.com	Ranging from preventative to restorative dentistry, our office offers in-house conscious sedation and general anesthesia, providing a pain-free, comfortable, and fun experience for your children!
Elle Med Spa 620 W. San Antonio St., NB	830-461-5252 ellemedspallc.com	Love, Beauty and Service Mobile services open for evenings. Beauty Parties (botox/ dysport and or fillers) as an additional service. Please Call or Text Elle to discuss a visit time and date.
Epic Health Services 4502 Centerview Dr #150, SA	210-377-3742 epichealthservices.com	Epic Health Services is a leading provider of pediatric skilled nursing, therapy, and autism services, as well as a spectrum of adult home health care services, including skilled nursing, therapy, personal care, and behavioral health nursing.

YOU DON'T PLAN FOR EMERGENCIES, BUT WE DO.



Get the emergency treatment you need 24/7, with personalized pediatric care for your little one. Our pediatric ER is under the same roof as our hospital to help reduce transfers and eliminate some of the worry for our patients and families.

When there is an emergency, count on us. **Come here, stay** here, heal here. If you have a non life-threatening emergency, you may check-in online BaptistEmergency.com.



520 Madison Oak Drive, San Antonio, TX 78258 210-297-4000 | BaptistEmergency.com

Family First Chiropractic & Wellness 166 Comal Ave., NB	830-625-5111 mayochiro.com	As a chiropractor who specializes in pediatric and pregnancy chiropractic care, Dr. Mayo knows the importance for the entire family to stay healthy. At Family First we provide personalized affordable family care plans.
New Braunfels Dental Ark 833 Landa St., NB	830-629-7494 NewBraunfelsDentalArrk.com	Having a great smile means different things to different people. We listen carefully so we can provide treatment that will achieve your goals.
MedPost Urgent Care Multiple Locations	medpost.com	Injuries and illnesses are unpredictable and inconvenient. That's why there's MedPost. We're open throughout the week with extended hours to provide you same-day treatment including weekends, evenings, and holidays.
North Central Baptist Hospital 520 Madison Oak Dr San Antonio	210-297-4000 BaptistHealthSystem.com	North Central Baptist Hospital provides high quality care and is best known nationally for several services in particular such as, Surgical Specialties, Women's Health, Pediatric Care and Orthopedic Medicine.
Resolute Health Hospital 555 Creekside Crossing, NB	830-500-6000 ResoluteHealth.	Since 2014, Resolute Health Hospital has been passionately committed to providing the San Antonio and New Braunfels communities with compassionate full-service medical care.
Texas Tykes Pediatric Dentistry 2163 Stephens Pl, Ste 106, NB	830-302-2044 texastykespediatricdentistry. com	Our goal is to deliver the best possible dental care for infants, children, teens and kids with special healthcare needs. Our team will strive to make sure that your child has a positive experience.
University Health Multiple Locations	universityhealthsystem. com	University Health System is a nationally recognized teaching hospital and network of outpatient healthcare centers, owned by the people of Bexar County.

A thru PEDIATRICS

Primary Pediatric Care for our Local Community

Mohan Rayala MD, FAAP **Board Certified Pediatrician**

1314 E. Sonterra, Ste 5102 San Antonio, TX | 210.490.888 7922 Ewing Halsell, Ste 360 San Antonio, TX 78229 | 210.614.7500 www.a-zpeds.com

Helping Families Raise Healthy and Happy Children









Anxious? Depressed? Having relationship issues? You're not alone and with help you can get better.

Coulter Family Counseling offers a variety of services including:

Individual Therapy Marital & Couples Therapy Family Therapy

831 Landa St, Suite C, New Braunfels



WE CREATE HEALTHY FAMILIES!



166 Comal Avenue New Braunfels, TX 78130 830.625.5111 | mayochiro.com

SAN ANTONIO MARRIAGE MINITIATIVE

STRONG MARRIAGE, STRONG FAMILY, STRONG COMMUNITY,

We believe God desires to redeem and restore marriages in San Antonio by His power and for His glory!

For resources, support, encouragement, and enrichment visit us at samarriage.org or find us on social media!











Top 10 KIDS ACTIVITIES



DAS REC

345 Landa Street, NB 830.221.4170 dasrec.com
Das Rec offers over 77,000 square feet of something for everyone.
We welcome every member of the community, from all walks of
life, and all activity levels. Enjoy all that Das Rec has to offer at
your own pace or join our group exercise classes, sports leagues,
swimming lessons, recreational opportunities, and more!

DAVE AND BUSTERS

849 E Commerce #740, SA 210.951-3600 daveandbusters.com Eat, drink, play and watch sports at your local Dave & Buster's! Fun for the whole gang - no group is too large - Contact a planner today!





THEATRE

19 SPORTS

210.395.4484 i9sports.com

i9 Sports provides a youth sports experience unlike any other, teaching the importance of good sportsmanship on the field and in life. Beyond that, we are committed to providing age-appropriate instruction that is fun for kids and convenient for today's busy families. To us, it's The Way Youth Sports Should

INCREDIBLE PIZZA

2015 SW LOOP 410, SA 210-342-2121 incrediblepizza.com America's Incredible Pizza Company exists to bring families and friends together through great food and fun. Glow-Karts, Scrambler, Drop Zone, Laser Tag, XD Theater, Lost in Space, Bumper Cars, Mini Bowling, and La Bamba.



THE Magik Theatre

420 South Alamo., SA 210-227-2751 magiktheatre.org
The Magik Theatre has been providing San Antonio's children
and their families with professional, accessible, literature-based
theatre and education since 1994. The Magik Theatre's mission
is to use the power of theatre to create Magikal storytelling for
children that Activates imagination, Grows young minds, and

MY GYM CIBOLO MOBILE

Mobile gym, Cibolo 210-897.1142 mygym.com/cibolo My Gym Cibolo brings the fun of fitness to you with our mobile classes, after-school programs and custom birthday parties (ages 6 weeks -10 years).



City of New Braunfels. PARKS AND

RECREATION

NEW BRAUNFELS PARKS AND RECREATION

110 Golf Course Rd, NB 830.221.4350 dasrec.com
Our mission is to afford diverse opportunities and access for all residents and visitors through innovative programs and facilities, open space preservation and economic enhancement.

TOPGOLF

5539 N Loop 1604 W, SA 210.202-2694 topgolf.com Topgolf is the premier entertainment destination in San Antonio. You can come for birthday parties, bachelor or bachelorette parties, corporate events, date nights, or just a night out with friends, and everyone will have a great time.





TRADERS VILLAGE

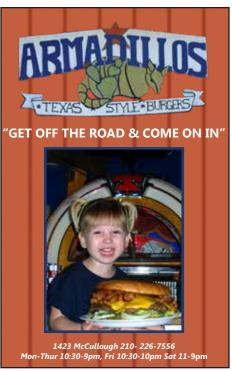
9333 Southwest Loop 410, SA 210-623-8383
From trinkets to treasures and trends, "if you can't find it at Traders Village, you didn't need it in the first place!" Traders Village also offers many amusement park style rides. All-Day passes and single ride tickets are available

YMCA OF SAN ANTONIO

231 E. Rhapsody St., San Antonio 210.246.9600 ymcasatx.org
We're for youth development, healthy living and social
responsibility. Our vision is to continue improving the Spirit, Mind,
and Body of those in our communities.











\$3.00 OFF

No cash value. No copies or reproductions accepted. Not valid with On your lunch or dinner order. One coupon per table. any other discounts, special offers or promotion. One offer per table. Expires 12/31/2020





FREE GRINGO DIP AND **CHIPS WITH** PURCHASE OF ENTRÉE.

Dine-in purchase only

Tax and tip not included. No substitutions. Valid only at Shops At Rivercenter Johnny Rockets. Offer expires 12/31/20. POS: Disc5off20 2017 The Johnny Rockets Group, Inc.

MUST PRESENT THIS AD TO REDEEM, NO PHOTOCOPIES ACCEPTED. NOT VALID WITH OTHER OFFERS. DINE IN ONLY.
OFFER MUST BE SURRENDERED AT TIME OF REDEMPTION



OFF YOUR NEXT PURCHASE IN STORE OR ONLINE!

ONLINE CODE: ENJOY

Offer good until 12/31/20



\$5 OFF \$20 Dine-in purchase only



No cash value. No copies or reproductions accepted. Not valid with any other discounts, offers or special promotions. One offer per table. Tax and tip not included. No substitutions. Valid only at Shops At Rivercenter Johnny Rockets. Offer expires 12/31/20. POS: Disc5off20 @2017 The Johnny Rockets Group, Inc.





CASUAL DINING DONE RIGHT!

LOCATIONS

- GB SHOPS AT CULEBRA 5722 W Loop 1604 North San Antonio, TX 78251 210.684.0054
- GD STONE OAK 22902 US Highway 281 North San Antonio, TX 78258 210.499.5454
- RICHLAND HILLS 7735 NW Loop 410 San Antonio, TX 78245

210.681.5454

- CITY BASE WEST
 7307 South New Braunfels
 San Antonio, TX 78223
 210.333.5455
- THE RIM
 17122 IH 10 West
 San Antonio, TX 78257
 210.690.5424

- LIVE OAK
 - 8111 Pat Booker Road Live Oak, TX 78223 210.657.5400
- SAN MARCOS 1303 South IH 35 San Marcos, TX 78666 512,396,5400
- RECTOR ST 954 E Rector St San Antonio, TX 78216 210.342.5454

HAPPY HOUR EVERYDAY

Appetizer & Drink Specials
(hours vary by location, call for details)

GAME DAY GO TO SPOT

Lots of TV's, all 60+ Inches



OVER 150 MADE FROM SCRATCH MENU ITEMS

PROUDLY SERVING THE COLDEST BEER IN TOWN @

Up to 54 Hand Picked Draft Beers

BEST PATIO OPEN ALL YEAR ROUND

Lounge Seating, PLUS an Open Fire Pit



FREE GRINGO DIP & CHIPS WITH PURCHASE OF ENTREE

Must present this ad to redeem. No photocopies accepted. Not valid with other offers. Dine-In Only. Offer must be surrendered at time of redemention.

Discount code | GRINGO CARD



BUY ONLINE AND SAVE AT SCHLITTERBAHN.COM

SCHLITTERBAHN.

WATERPARK & RESORT

NEW BRAUNFELS, TX

54THSTREETGRILL.COM



Being Baby-Friendly is important to CHRISTUS

CHRISTUS Santa Rosa Hospital

– New Braunfels Birthing
Center has been designated by
Baby-Friendly USA, the gold
standard of care, as the first
Baby-Friendly Hospital in
South-Central Texas. This is
important news, as more babies
have been born at our Birthing
Center than anywhere else in
the area!

Here, expectant moms enjoy a family-centered environment, all private rooms, tours, classes, and special services to make the birthing experience memorable and relaxing.

Additionally, our Level II

Neonatal Intensive Care Unit is ready for newborns who need a little extra medical attention.



christussantarosa.org

