



San Antonio & The Hill Country

# Parents

*Top*  
**Summer**  
*Camps*

*Shopping*

*Health Care*  
**Guide**

*Top 10*  
**Activities**

*Education*  
**Guide!**





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# Summer Camps 101

by: Taylor Abrahamsen

*Understanding the true benefits of camp programs for children of all ages and the reasons to consider joining in on the fun for Summer Camps in 2020*

**Summer Camp** programs offer an enormous number of everlasting benefits for social childhood development. Most children today have routines involving a large number of educational and extracurricular commitments. We want our children to explore different sports, be skilled with technology, and enjoy new experiences; often replacing free play and creativity with structure. The irony of it is, we are eliminating the skills that largely benefit children once they reach the workforce.

Being **social**, critical thinking, and creativity are priorities in many of the career fields of today and the future. Skills children aren't learning in the same ways as previous generations, complicated further by our ever-busy schedules. **Summer Camps** create a momentary pause to the hectic flow children experience and provide one shared priority- **FUN!** This is truly a gift that parents can give to their kids to relieve the pressures they put on themselves, even at the elementary age. With some intentionality and planning ahead, you can create a play filled learning experience benefitting your child's social skills over the summer.

Many **opportunities**, including day **camps**, overnight, and extended stay programs exist in the Texas Hill Country. With programs centered on different interests, outdoor skills, sports, hands on education and more, children have the opportunity to not only grow social skills but stay ahead of the summer slide and make substantial growth in

time away from the classroom. Hill Country Parent provides a guide to programs you can research in one spot. Consider selecting with purpose to provide some growth for your child in areas you feel they may benefit from. Some **camps** even center on personal growth offering self-esteem, confidence, educational motivations, and social comforts, to name a few.

An important detail to consider is not all **camps** are created equal. While researching, be sure and look into the licensing status. Depending on the size and activities some programs in Texas may not be regulated by the state, or are in the process of getting licensed resulting in ratios and requirements not being verified by a third party. Each website is required to list the status and the license and DHS provides a list you can search for online. This can really be a valuable piece of information, with so many programs available, it's a wonderful piece of mind to have.

A little **intention** can go a long way. Help stimulate your child with a program based on their favorite interest and create for them not only the opportunity to grow in whatever field they enjoy, but meet **new friends** who share that interest. Learning from each other they develop the independence to continue their passion at other points throughout the year. Often **camps** take hands on activities to the max fun factor. Having the opportunity to work hands on with projects gives children the chance to explore their **creativity** and remember the fun of learning.

Another great benefit several programs provide is **zero screen time**. Local experts like Kelly Newcom, with Brave Parenting and Mandy Majors with NextTalk, offer podcasts you can look up to dive deep into the details but overall one thing is clear, dependence on technology is hurting our children.

Taking a break from screens provides a wonderful way for children to reset and enjoy person to person interaction and fun with **friends**, far superior to the virtual version they are growing up around. Studies have shown children, and adults, get great relief from not having the constant distraction that technology produces and when focused on being in the present. Both day and overnight **camps** provide a wonderful opportunity to do just that while staying healthy and active.

Our children's generation experiences more **social challenges** than ever before. According to the CDC, 7% of all children 3-17 are diagnosed with anxiety, surpassing each generation before them, showing a problem. We need to start thinking of this as a new way to be intentional in talking with our children and looking into how to help them overcome these **challenges**. At **camp**, everyone has the opportunity to reinvent oneself and this can create all the difference for some children

who unfortunately run into **social struggles** in schools. Being around new peers allows for many positive growths including the opportunity for teamwork, **making new friends**, and gaining that independence of who they are without any stigmas getting in the way.

Exploring **passions** and in-depth learning, staying **active** and away from screen time, staying **healthy**, avoiding summer slide, and conquering social challenges can be benefits to look forward to with **Summer Camp** programs. Understanding all the benefits each child can gain from the experience are great reasons to consider enrolling in **camps** this year.

Be sure not to forget to ask your child what they would **enjoy**, you can even make it a project together! Do your research, and mix it up over the **summer** to provide the most stimulating and exciting environment possible to ensure a summer filled with **growth, fun, and memories**.





### ALL STAR SPORTS CAMP

8020 Pat Booker Rd., Suite C., Live Oak  
210.598.0131 [soccerzonetexas.com/camps](http://soccerzonetexas.com/camps)

The All-Star Sports Camp gives campers the opportunity to learn teamwork and sportsmanship through a variety of fun team-based games & activities. Under the guidance of trained coaching staff, your child will be able to develop their athletic skills, discover new interests, and make lots of friends during their time at camp!

### BOYS & GIRLS CLUBS OF SA

123 Ralph Ave., San Antonio | 210.436.0686  
[begreatsa.org](http://begreatsa.org)

The Boys & Girls Clubs of San Antonio changes lives through high-quality afterschool and summer programs in a safe, affordable, and fun environment. BGCSA serves kids ages 6 to 18 years old at six Clubhouses and 37 extended day programs open throughout the school year. Summer registration is available on a first come-first serve basis at the our six Clubhouses.

### CAMP DOUBLECREEK

800 Double Creek Dr., Round Rock |  
512.255.3661 | [campdoublecreek.com/](http://campdoublecreek.com/)

Camp Doublecreek, located in Round Rock, Texas, is a day camp for children aged 4-14. By believing in campers by challenging encouraging, engaging and inspiring, Doublecreek provides a safe and caring environment resulting in your child's ultimate summer experience!

### CAMP HUAWNI

East Texas | 936.254.3223 | [summer.camp-huawni.com/](http://summer.camp-huawni.com/)

Camp Huawni is a summer camp for boys and girls located on 600+ acres in the pristine Pineywoods in East Texas. We have endless biking and hiking trails, a private waterfront, and are truly off the beaten path. When our campers are unplugged from their phones and immersed in nature, their friendships and creativity thrive..

### CAMP INVENTION

Multiple locations in New Braunfels and San Antonio | 800.968.4332 | [invent.org/programs/camp-invention](http://invent.org/programs/camp-invention)

Camp Invention® is a nationally acclaimed summer program where STEM concepts come to life. Led by local teachers, this program has tapped into kids' natural curiosity since 1990, giving them the opportunity to become innovators through teamwork and immersive, hands-on creative problem-solving.

### CITY of NEW BRAUNFELS PARKS AND RECREATION

110 Golf Course Rd. New Braunfels  
830.221.4350 | [nbtexas.org](http://nbtexas.org)

Your kids can spend their summer doing fun-filled activities such as games, crafts, movies and more. Campers will enjoy adventures including arts and crafts, nature, cooking projects, drama, science experiments, sports and surprise events.

### DRAMA KIDS

Multiple Locations in/around San Antonio  
830.216.7222 | [dramakids.com/san-antonio-tx](http://dramakids.com/san-antonio-tx)

When school is out – Drama is IN! We offer different week long programs that are run on half- day and full-day schedules. Campers always deliver a great performance for families and friends at the end of the week.

### JOHN KNOX RANCH SUMMER CAMP

1661 John Knox Rd., Fischer  
830.935.4568 | [johnknoxranch.org/](http://johnknoxranch.org/)

We offer resident camp for students entering grades 2 – 12 and day camp for kids ages 4 – 8. Campers enjoy swimming, archery, rappelling, rock climbing, arts and crafts, nature discovery, ropes challenge course, Bible study and spiritual formation, canoeing, sharing homemade family-style meals, overnight campouts, and more. JKR is a place where love, acceptance, grace, and FUN flow freely.



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5332 Walzem Rd., S-101, SA  
210.236.5600  
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[imagineartsacademy.com](http://imagineartsacademy.com)




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[@mygymcibolo](https://www.instagram.com/mygymcibolo)

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### KICKAPOO KAMP

304 Upper Turtle Creek Rd., Kerrville  
830.257.5731 | [kickapookamp.com/](http://kickapookamp.com/)

Kickapoo Kamp is a private residential girls summer camp located in the Texas Hill Country. Our history and our smaller size set us apart from other girls camps. Limiting our enrollment to around 110 campers, ages 7 to 17, allows us to emphasize the "family" atmosphere we feel is so important. Relationships develop among all ages not just within the camper's own age group.

### KIDVENTURE CAMPS AUSTIN

515 S. Capital of Texas Hwy, #133 Austin  
512.263.8992 | [kidventure.com/austin-summer-camp/](http://kidventure.com/austin-summer-camp/)

For 25 years, Kidventure Camp, has created new and dynamic opportunities for kids to grow, play, and be themselves. We are more than just camp. Our award-winning programs are designed to help children grow more independent, foster greater social skills, and create real-life positive relationships. Kidventure provides summer day camp programs at a number of outstanding locations around the Austin area, including Austin, Westlake, Lakeway, and Steiner Ranch!

### MAD SCIENCE

Multiple Locations  
210.651.1143 | [madscience.org](http://madscience.org)

Mad Science & Imagine Arts Academy 14 themed camps are designed with exciting, fun and hands-on science or art activities. Register now: Pay Later!

### MAGIK THEATRE CAMP SHOWBIZ

420 S Alamo St., SATX  
210.227.2751 | [magiktheatre.org](http://magiktheatre.org)

More than 12,000 children and teens have taken part in Camp Showbiz, our community's premier summer theatre arts program. With a focus on fun, learning, and creativity, your child will be sure to have an experience they won't soon forget!

### MUSICAL THEATRE CAMPS OF SA

12915 Jones Maltsberger Rd., #200 SA  
210.495.2787 | [saspa.org](http://saspa.org)

This camp combines fun and knowledge of the performing art skills necessary to be in a professional production, including acting, dancing, singing, writing a biography, choreography and a camp T-shirt.

### NEISD SUMMER CAMPS

Multiple Locations., San Antonio  
210.407.0149 | [neisd.net](http://neisd.net)

This awesome program is nine weeks of no school and long summer days full of fun, theme-based, activity packed camps for kids in grades K-8th. All who attend will gain the opportunity to discover new and exciting experiences while learning/thriving together. Campers will experience weekly excursions, sports, games, swimming, cooking, crafts, engineering, community service and more.

### NEWKS ADVENTURE CAMP

325 Mission Valley Rd., New Braunfels  
830.625.9105 | [texasadventurecamp.net](http://texasadventurecamp.net)

Adventure camps are week-long sessions and offer an action-packed experience. Rafting, zip line, campouts, Schlitterbahn, paintball, team building, orienteering, archery, camp dance, swimming, tubing, and much more will make this the best week of your child's summer!

### OLYMPIAN FENCING CLUB

3200 McCullough Ave., San Antonio  
210.872.2004 | [olympianfencingclub.com](http://olympianfencingclub.com)

If you're tired of the same old camp options and are looking for something new, fun and different for your kids, OLYMPIAN FENCING CLUB Fencing Camp is for you. Fencing is one of the safest sports that will teach your kid discipline and respect. Fencers will learn all those cool swordsman's moves you see in movies PLUS, develop a keen focus, coordination skills, agility, balance and endurance. Our camps are suitable for girls and boys 6 years old and up. Experienced Olympian and World Class Coaches.



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**Magik Performing Arts Center • 5359 Casa Bella • San Antonio 78249**  
**[www.MagikTheatre.org](http://www.MagikTheatre.org) • (210) 227-1751**



### SASPA

11210 Disco St., San Antonio  
210.495.2787 | [SASPA.ORG](http://SASPA.ORG)

Musical Theatre Camps of San Antonio provides hours of performing arts skills. Campers make new friends, write a biography and receive a camp T-Shirt with their name on it. No previous experience is required and auditions for solos are voluntary. A final performance of all production material learned is on Friday of each camp week.

### SCHOOL OF ROCK SAN ANTONIO

109 Gallery circle Suite 101., San Antonio  
210.314.7671 | [locations.schoolofrock.com/sanantonio](http://locations.schoolofrock.com/sanantonio)

Do you want to learn how to play in a band or learn to write songs? School of Rock San Antonio offers a wide variety of music camps and workshops that cover topics such as these. Our local music camps are perfect for musicians of any skill level who want to play guitar, bass, drums, keyboard and vocals.

### STILL WATER SPORTS CAMP

1015 N. School St., Boerne | 888.361.2631  
[stillwatersportscamp.com/main/index.php](http://stillwatersportscamp.com/main/index.php)

Still Water is an overnight camp experience designed for youth ages 8-18 interested in sports, leadership, and adventure! Our aim is to present the Gospel in a clear way by exemplifying excellence in ALL we do in hopes that kids would truly understand their potential and take ownership of their faith.

### SUMMER CAMPS AT THE DOSEUM

2800 Broadway St., San Antonio  
210.212.4453 | [thedoseum.org](http://thedoseum.org)

There's a camp for every child this summer at The DoSeum! Go on a dinosaur dig, learn the science of cooking, design your own fashion collection, and even participate in a mysterious role-playing game! This summer, The DoSeum offers camps that will engage campers in STEM, the arts, and literacy, and inspire them to explore, discover, create, and learn.

### T BAR M SUMMER CAMPS

2549 Hwy 46 W, New Braunfels  
830.620.4263 | [tbarm.org](http://tbarm.org)

Kids are invited to play their hearts out, families are invited to connect, and adults are invited to relax and recharge, all in a Christian camp experience with new discoveries at every turn. We believe that if we train each heart, the body will follow. At Day Camp, On-the-Road Day Camps, Overnight Camps, or Family Camps ... there's something for everyone.

### TEXAS SKI RANCH

6700 IH 35, New Braunfels | 830.627.2843  
[texasskiranch.com/summer-camp](http://texasskiranch.com/summer-camp)

Looking for your more typical summer camp-maybe a tad less action sports oriented, but want to get outside on a daily basis? Our adventure camp is the perfect fit. We offer weekly field trips, nerf battles, lego mini camps, paddle boarding, fishing, swimming, field games, arts & crafts, plus the opportunity to try each of TSR's activities once throughout the week.

### YMCA SAN ANTONIO

Multiple Locations, San Antonio  
210.246.9600 | [ymcasatx.org/summer](http://ymcasatx.org/summer)

Summer camp at the Y invites youth to be inspired through creative play, field trips, sports, and more. It is an opportunity for youth to stay engaged socially and academically.



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## Newk's adventures

Located in New Braunfels, this co-ed camp for ages 9-16 offers exciting & action packed week-long sessions during the summer.

High ropes, rafting, tubing, Schlitterbahn, paintball, Enchanted Rock camp-outs, rock climbing, repelling and much more! This will be the best week of your summer!

**NEWK'S ADVENTURE CAMP**

**For More information:**  
Adventures@newkstennis.com. 830.625.9105  
[www.texasadventurecamp.net](http://www.texasadventurecamp.net)



## march

### March 7-8, 2020, Traders Village Cajun Fest, SA

Cajun Fest will include live Cajun music playing from 12:30 p.m.-4:30 p.m. and the different plates of seafood will be sold starting at 11 a.m. until 5 p.m. You can definitely bring your lawn chairs, dancing shoes and appetite.

### March 29, 2020: ABC Zilker Park Kite Festival, Austin

Kite Day - Free Admission - Free Kite Contest - Pets welcome. Fun afternoon in the crown jewel park of Austin, TX. Incredible sky. Thank you Austin!! See our web site for a full description.

## april

### April 4-5, 2020: Kids Fest, SA

Interactive activities, live entertainment, carnival rides, and community resources. Easter Egg Hunt open to kids 12 & under. There is always LOTS & LOTS of Easter Eggs for the kids and we have Easter Egg Hunts for special needs children as well. Easter Egg Hunts usually begin around 10 am. But get there early. We will also have lots of vendors and the Easter Bunny will be present as well for photos..

### April 16-26, 2020: Fiesta San Antonio

Fiesta San Antonio is an annual festival held in April in San Antonio, Texas, and is the city's signature event since the late 19th century. The festival began as a single event to honor the memory of the battles of the Alamo and San Jacinto. With more than 100 different events, it's the biggest party and greatest community benefit in the state of Texas.

### April 24, 2020: Bowl for Kids 2020

Bowl for Kids 2020 is a two-day, bowling event that provides BBBS of Central Texas with the funds needed to bring professionally-supported mentoring relationships to more children who need them. Over 1,000 individuals and companies raise money for BBBS and then celebrate with a weekend of bowling, food, drinks, costumes, team photos and killer door prizes.

## may

### May 2020, Free Family Saturdays at San Antonio Museum of Science and Technology, SA

Bring the whole family out to the San Antonio Museum of Science & Technology every week for Free Family Saturdays! Explore a variety of exhibits showing the earliest technological innovations in the world of computers, communication, electricity, and more. All ages will love discovering how technology has evolved throughout the years.

### May 16, 2020, Walk to End Family Violence, College Station

Come walk to raise awareness and be a part of the END of family violence! You are welcome to sign up and participate individually, in a group or just donate to the cause. Bring your posters as we walk the streets of College Station to spread the word! We are so excited to be apart of this important movement and we need all the help we can get!

Visit our Website at  
**HillCountryParents.com**  
for our full list of events!

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# Encouraging Kids To Read

Reading can have a profound impact on a child's life in and out of the classroom. Reading can help a young student develop a more extensive vocabulary, and a study from the Federal Interagency Forum on Child and Family Statistics found that reading to young children promotes language acquisition, making it easier for them to learn a foreign language. That's a significant advantage for children growing up in a world that's increasingly global.



But reading has benefits outside the classroom as well. Reading can provide an escape from the daily grind, which is something even today's youngsters can appreciate. Reading also is a great way for kids to relax and unwind while simultaneously giving their brains a workout.

While many parents recognize the impact reading can have on their children, it's no secret that getting kids to embrace reading can be difficult. Distractions such as video games, social media and even the great outdoors are all there to draw kids away from reading. But parents who want to instill a love of reading in their children can still take steps to ensure their kids don't miss out on the benefits of a good book.



\* Read to your children. Numerous studies have discovered various benefits of reading to children when they are young. The National Center for Education Statistics notes that children whose parents read to them typically become better readers and perform better in school. Reading to children early on is the first step toward fostering a love of reading kids will develop and continue throughout their lives. Many parents read to their children at night before bedtime, but any time of day will suffice.

\* Don't be discouraged if kids are not interested in books. While reading fiction can help develop a youngster's imagination, parents should not be discouraged if kids don't want to read books. Reading the newspaper, magazines and even comic books can help kids develop strong reading skills and an extensive vocabulary and, in the case of comic books, inspire their imaginations. Young sports fans might be more inclined to read the sports page than a novel, so let them do so. Kids are more likely to embrace reading if what they're reading interests them, so encourage kids to read up on those interests, even if that reading does not involve picking up a book.



\* Get your youngster his or her own library card. Thanks to the popularity of e-readers, many adults would be hard pressed to locate their local library if asked to do so. But visiting the library is a great way to encourage kids to read, especially if kids have their own library cards. Kids with their own library cards tend to look at visits to the library as shopping trips where they get to make their own choices about what they're taking home with them. And once kids reach a certain age, they can visit the library on their own.

\* Share your own reading experiences with children. Kids look up to their parents and often want to mimic their behavior. So parents

can set a good example by reading as well. On trips to the library, check out your own book. While you might not want to discuss every book you read with your children, discuss the books they're reading. Chances are you read many of those same books yourself when you were a child, and discussing books with your child is a great way to improve his or her reading comprehension.

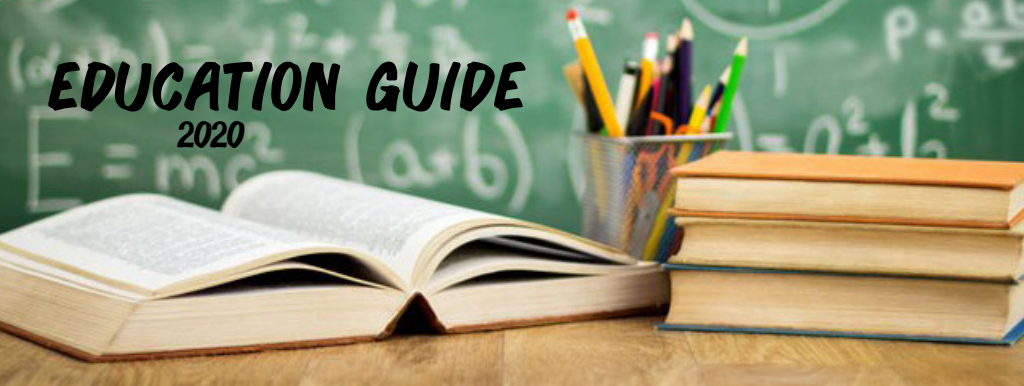
Distractions abound for today's youngsters, who might not embrace reading as readily as they do video games or social networking. But parents can take many steps to instill a love of reading in their kids that will last a lifetime.





# EDUCATION GUIDE

## 2020



There is no doubt about it: our kids are the future. Finding the right educational facilities for our children can be difficult, stressful, and time consuming, so we went ahead and have selected our favorite primary, secondary, and specialty schools just for you!

### PRESCHOOL AND PRIMARY SCHOOLS

#### CHILDREN'S LIGHTHOUSE BULVERDE | 25473 BULVERDE ROAD, SAN ANTONIO

Children's Lighthouse leads the way in values-based early childhood education — providing care for infants, toddlers, preschoolers and school-age children. Our curriculum is based on an age-appropriate, comprehensive learning approach, incorporating character values like integrity, fairness and honesty.



#### A CREATIVE LEARNING CENTER 311 FM 306, SUITE A, NEW BRAUNFELS

You can depend on us at A Creative Learning Center for a first-class early childhood education for children from newborns to 12-year-olds. We offer an exceptional learning environment for your child where he or she can thrive developmentally and socially.

#### THE MORGAN CENTER | 1215 ERVENBERG AVE, NEW BRAUNFELS

The Morgan Center is an Inclusive Center committed to providing quality care while educating your children in a structured, secure and loving environment. It is our philosophy that early childhood should be a time of fun, exploration and discovery.



#### PRIMROSE SCHOOL OF SHERTZ | 4993 SHERTZ PKWY, SHERTZ

Primrose Schools® is a national system of accredited private preschools that provides a premier early education and child care experience. We partner with parents to help build the right foundation for future learning and in life.

#### SAN ANTONIO COUNTRY DAY MONTESSORI | 4194 JUNG RD, SAN ANTONIO

San Antonio Country Day Montessori is a special environment for the child to cultivate his/her own natural desire to learn. Their country setting includes eight classrooms, gardens, a large playground, and a barnyard complete with animals.



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## PRE-K - HIGH SCHOOL



### ANTONIAN COLLEGE PREPARATORY | 6425 WEST AVE, SAN ANTONIO

At Antonian College Preparatory High School, they build traditions of excellence every day. Traditions of success do not happen by chance. Rather, they are forged through vision and hard work and require a commitment to personal excellence.

### BASIS | 318 E. RAMSEY RD, SAN ANTONIO

The rigorous college preparatory education at BASIS readies students for the competitive admissions process, helps them become eligible for scholarships, prepares them to prosper at top colleges, and enriches their lives. [basissanantonionorth.org](http://basissanantonionorth.org)

### GREAT HEARTS TEXAS | 824 BROADWAY ST. STE 101, SAN ANTONIO

Great Hearts provides a robust liberal arts curriculum incorporating advanced math and science, a focus on the arts and foreign language, and a range of extra-curricular activities and athletics.



### LIVING ROCK ACADEMY | 2500 BULVERDE RD, BULVERDE, TX

Living Rock Academy is a private Christian academy serving Bulverde, San Antonio and the surrounding areas. We provide students with a challenging, innovative and Christ-centered education



### PREMIER HIGH SCHOOL | 1928 S SEGUIN AVE, NEW BRAUNFELS

The process by which students achieve credits is unique at Premier High School. Instead of the entire class following along as the teacher lectures, the students work independently through their units and complete a test for each unit.

## COLLEGES



### ALAMO COLLEGES | MULTIPLE CAMPUSES

Five colleges offering a vast array of programs and two-year degrees. Credits transfer to four-year universities for those pursuing bachelor's or higher degrees. Workforce development programs help individuals build new careers and meet the needs of business.

NOW ENROLLING PRE-K-12TH GRADE

BUILDING BRIGHT  
FUTURES  
WITH FAITH-BASED  
LEARNING



LIVING ROCK  
ACADEMY

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BULVERDE, TEXAS  
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Committed to promoting academic excellence and helping children build a foundation on which to realize their full potential.



San Antonio  
Country Day  
Montessori School

Enrolling children from 2 years old through 6th grade.

San Antonio Country Day Montessori School  
4194 Jung Rd, San Antonio  
210-496-6033, [countrydayschool.net](http://countrydayschool.net)

There is Nothing  
a Child  
Who Stutters  
Cannot Do.



[www.StutteringHelp.org](http://www.StutteringHelp.org)



## SPECIALTY SCHOOLS AND MORE



### BLOSSOM CENTER FOR CHILDREN | TWO LOCATIONS IN SAN ANTONIO

To help children with autism achieve their maximum potential through a unique and engaging play-based method of applied behavior analysis.



### BRAIN BALANCE | NEW BRAUNFELS | TWO LOCATIONS IN SAN ANTONIO

At Brain Balance we understand the pain and frustration of watching your child struggle with learning or behavioral issues. Here, and at our centers around the country, we have helped thousands of kids overcome their challenges.

### CONNECTIONS | 1414 W. SAN ANTONIO ST., NEW BRAUNFELS

Connections offers a safety net for "at-risk" youth. We collaborate extensively with schools, non-profit agencies, churches, representatives of government agencies, and other youth-serving resources to foster community efforts toward Empowering Youth. Connecting Families AND Building Futures.

### SCHOOL OF SCIENCE AND TECHNOLOGY | 1450 NB INTERSTATE 410 LOOP, SAN ANTONIO

The faculty, Staff and Administrators at SST are caring, competent, dedicated and willing to assist you. We are working very hard to provide the best possible learning climate to our students.

### SUNSHINE COTTAGE SCHOOL FOR DEAF | 603 E HILDEBRAND AVE, SA

In addition to providing the very best early identification and intervention services for children, Sunshine Cottage offers a comprehensive day-school program for children, preschool through fifth grade, with state-of-the-art educational and hearing technology.

### TEXAS SCHOOL FOR THE BLIND AND VISUALLY IMPAIRED | 1100 W. 45TH ST., AUSTIN

The Texas School for the Blind and Visually Impaired is a Texas special public school, in the continuum of statewide placements for students who have a visual impairment. It is considered a statewide resource to parents of these children and professionals who serve them.

**Sunshine Cottage**  
SCHOOL FOR DEAF CHILDREN

Teaching Children to explore listening, language, and speech in a secure and challenging environment.

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[www.sunshinecottage.org](http://www.sunshinecottage.org)

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(830) 629-6571

[CONNECTIONSNONPROFIT.ORG](http://CONNECTIONSNONPROFIT.ORG)

Funds provided by Texas Health and Human Services Commission (HHSC), S.T.A.R. Youth and Family Program, Texas Prevention and Early Intervention, and the Universal Child Abuse Prevention (UCAP)

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ACHIEVEMENT CENTERS

Learn more at  
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Call **210-620-7378**  
for a free consultation.  
**NOW OPEN in West San Antonio**

**COULDN'T FOCUS. WOULDN'T SIT STILL.  
STRUGGLED IN SCHOOL.**

BB Aidan's skills were all below level. After Brain Balance, reading, writing and math are now above where he needs to be. It's been an amazing transformation. He's done things everyone said he couldn't do."

- DAN G., Brain Balance Parent

#### BRAIN BALANCE ADDRESSES:

- Academic, Social or Behavioral Issues
- Processing Disorders
- Lack of Focus
- Trouble Making Friends
- Tantrums
- Impulsiveness
- Learning Disabilities
- Sensory Integration
- Family/Social Relationships
- ADHD

Brain Balance is a non-medical approach combining physical and sensory exercises with academic skill training and healthy nutrition. We identify the issues, then create a plan that addresses your child's specific needs.

Individual results may vary.  
Our advertising features actual parent testimonials.



# Top 10 KIDS ACTIVITIES



## DAS REC

345 Landa Street, NB 830.221.4170 [dasrec.com](http://dasrec.com)  
Das Rec offers over 77,000 square feet of something for everyone. We welcome every member of the community, from all walks of life, and all activity levels. Enjoy all that Das Rec has to offer at your own pace or join our group exercise classes, sports leagues, swimming lessons, recreational opportunities, and more!

## DAVE AND BUSTERS

849 E Commerce #740, SA 210.951-3600 [daveandbusters.com](http://daveandbusters.com)  
Eat, drink, play and watch sports at your local Dave & Buster's! Fun for the whole gang - no group is too large - Contact a planner today!



## i9 SPORTS

210.395.4484 [i9sports.com](http://i9sports.com)  
i9 Sports provides a youth sports experience unlike any other, teaching the importance of good sportsmanship on the field and in life. Beyond that, we are committed to providing age-appropriate instruction that is fun for kids and convenient for today's busy families. To us, it's The Way Youth Sports Should

## INCREDIBLE PIZZA

2015 SW LOOP 410, SA 210-342-2121 [incrediblepizza.com](http://incrediblepizza.com)  
America's Incredible Pizza Company exists to bring families and friends together through great food and fun. Glow-Karts, Scrambler, Drop Zone, Laser Tag, XD Theater, Lost in Space, Bumper Cars, Mini Bowling, and La Bamba.



## THE MAGIK THEATRE

420 South Alamo., SA 210-227-2751 [magiktheatre.org](http://magiktheatre.org)  
The Magik Theatre has been providing San Antonio's children and their families with professional, accessible, literature-based theatre and education since 1994. The Magik Theatre's mission is to use the power of theatre to create Magikal storytelling for children that Activates imagination, Grows young minds, and Inspires creativity and a love of learning that is the Key to a more literate future for our community.

## MY GYM CIBOLO MOBILE

Mobile gym, Cibolo 210-897.1142 [mygym.com/cibolo](http://mygym.com/cibolo)  
My Gym Cibolo brings the fun of fitness to you with our mobile classes, after-school programs and custom birthday parties (ages 6 weeks -10 years).

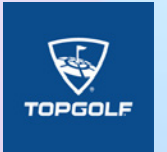


## NEW BRAUNFELS PARKS AND RECREATION

110 Golf Course Rd, NB 830.221.4350 [dasrec.com](http://dasrec.com)  
Our mission is to afford diverse opportunities and access for all residents and visitors through innovative programs and facilities, open space preservation and economic enhancement.

## TOPGOLF

5539 N Loop 1604 W, SA 210.202-2694 [topgolf.com](http://topgolf.com)  
Topgolf is the premier entertainment destination in San Antonio. You can come for birthday parties, bachelor or bachelorette parties, corporate events, date nights, or just a night out with friends, and everyone will have a great time.



## TRADERS VILLAGE

9333 Southwest Loop 410, SA 210-623-8383  
From trinkets to treasures and trends, "if you can't find it at Traders Village, you didn't need it in the first place!" Traders Village also offers many amusement park style rides. All-Day passes and single ride tickets are available



## YMCA OF SAN ANTONIO

231 E. Rhapsody St., San Antonio 210.246.9600 [ymcasatx.org](http://ymcasatx.org)  
We're for youth development, healthy living and social responsibility. Our vision is to continue improving the Spirit, Mind, and Body of those in our communities.





# Spring and Summer Activities

## 11 FREE OR CHEAP FAMILY ACTIVITIES TO DO OUTDOORS THIS SUMMER

When you think of Texas in the summer what is the first word to come to mind? HOT. Painfully hot, brutally hot, I'm-not-stepping-foot-outside hot. But our kids have been cooped up in school all year and need to enjoy some time outdoors exploring nature and the world around them. Here are some free or relatively inexpensive family outdoor activities to try this summer.

Think back to your Childhood: One of my favorite memories from summertime evenings was catching fireflies. My brother and I would run around our yard with nets and put a few fireflies in a mason jar with air holes poked in the lid. That's probably not the nicest thing for the bugs, so if you choose this option be sure to research it. Fireflies need moisture in the air, so you'll need to wet an apple slice and place it in the jar and be sure to release them the next morning. If trapping bugs in a jar doesn't appeal to you, just capture one in your hand and mesmerize your children by watching it light up.

Stargazing: Become familiar with the lunar cycle and pick a night when there is a new moon. The night sky will be illuminated with stars. If you don't have a yard or you live in a light-polluted area find a park that's off the beaten path. Find out when the next meteor shower will happen, and head out for an evening of stargazing.

Watch the Sunrise or the Sunset- This is hard to manage with working parents' schedules. Pick a weekend day. If you can manage a camping trip, head towards Fredericksburg and watch the sunrise or set from on top of Enchanted Rock. Seeing something so majestic is good for the whole family. You might not know how much you need this too!

Landa Park in New Braunfels- There are trails, pools, and playgrounds. Wander around the park and enjoy the scenery and bring a picnic lunch with extra bread for the ducks. There is a beautiful spring fed pool originally built in the early 1900's. It has kept my family entertained for hours. There's a two story tall slide into the water along with a sturdy rope swing over the deep end. For the smaller kiddos there is a shallow end of the springs with a smaller slide and water features as well as a separate baby/ pool splash pad area for the littles. There is an entry fee for the pool (\$6 for adults, \$5 for ages 3-12, and free to kids 2 and under) but you are welcome to bring food and drinks and stay all day. There is a shady playground within the springs area so your kids can take a break from the water and play in the shade.



San Antonio Japanese Tea Garden - Located in Brackenridge Park the Japanese Tea Gardens are free and open to the public. Renovated in 2007, the park has beautiful walkways, stone arch bridges, islands, Koi ponds and aquatic plants. You'll feel like you've stepped into a

different world. Bring the whole family and remember that the walkways are wheelchair accessible.

Visit one of our beautiful State Parks. Garner State Park in Concan, Texas has 11 miles of scenic trails to explore or COOL OFF and tube, swim, and kayak in the crystal clear waters of the Frio River. Camping is available and you can enjoy 1940's style juke box dances at the park's pavilion on the weekends. Guadalupe River State Park in Spring Branch, Texas is another great place to cool off. Tube the Guadalupe river and bring a cooler of snacks and water to keep yourself hydrated.

Get Fit-Join in on a FREE Fit Pass 5Kat Pearsall Park in San Antonio. It takes place on Saturday, June 9th. A great way to get the whole family involved in fitness!

Rio Vista Park-San Marcos-Head north on 35 and enjoy all that San Marcos has to offer. Rio Vista Park is free and on the beautiful San Marcos River. 72 degrees all year round, this spring fed river will cool you down in no time. Drive around town to see the mermaid statues made by local artists

and visit downtown's Paper Bear Heartworks Co for one of a kind gifts, many made by local artisans.

Phil Hardberger Park-Located in San Antonio, this park boasts woodsy, bike friendly trails, playscapes and art sculptures.

Cave Without A Name-11 miles NE of Boerne is a beautiful, natural, living cavern. If you are willing to spend a little more than usual for a family outing, this is a must see. Take a tour through the caves and see stalagmites, stalagmites, and delicate soda straws. Best part? It's 66 degrees year round.

Swimming in Wimberley- There are two amazing swimming holes in this charming town. Jacobs Well is a perennial karstic spring flowing from the bed of Cypress Creek. Blue Hole is one of the most loved swimming holes in Texas. Take a dip in the cool waters of Cypress Creek at Blue Hole and enjoy the gorgeous Cypress Trees and rope swings found surrounding the water.





# Spring Word Scramble

WBNIAOR \_\_\_\_\_  
 BLLAMURE \_\_\_\_\_  
 WFLORE \_\_\_\_\_  
 PLITU \_\_\_\_\_  
 NERGE \_\_\_\_\_  
 MLOBO \_\_\_\_\_  
 PLRIA \_\_\_\_\_  
 LFBTUTREY \_\_\_\_\_  
 NIAR \_\_\_\_\_  
 DREGNA \_\_\_\_\_  
 EBE \_\_\_\_\_  
 YMA \_\_\_\_\_  
 GNRIPS \_\_\_\_\_  
 HSSNIEUN \_\_\_\_\_  
 YBNUN \_\_\_\_\_  
 CAMHR \_\_\_\_\_  
 EDES \_\_\_\_\_



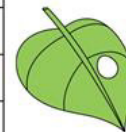
Answers: narrow, umbrella, flower, ship, green, bloom, bee, May, spring, sunshine, busy, March, seed  
 2014 FamilyCentral.com



# SPRING



1. A spring month.
2. A spring flower.
3. The young of a chicken.
4. A colour of spring.
5. A young rabbit.
6. A flower especially of a fruit tree.
7. Plants that have narrow green leaves, that are eaten by cows, sheep, horses etc.
8. The fifth month of the year.
9. To come out of an egg.
10. See picture.
11. A rounded part of a plant that is under the ground and that grows into a new plant during the growing season.
12. A baby goat.
13. The place where a bird lays its eggs.
14. See picture.
15. Spring, winter, summer, fall!
16. What snow does in spring.
17. When the sun shines.
18. A long, thin animal that has a soft body with no legs or bones. It lives in the ground.
19. An indoor or outdoor spring activity.
20. To stop being frozen.
21. A baby sheep.
22. A small part that grows on a plant and develops into a flower, leaf, or new branch.
23. A baby horse.



iSLCollective.com



Feel *at* Home



Pediatrics



Kid-Friendly Dental



Behavioral Health

Welcome

# BABY

## Stay on Track!

Bag and place your diapers in the brown cart.



Always dispose of diapers correctly.  
There is a \$50 fee for diapers in the  
blue recycle or green organics cart.



CITY OF SAN ANTONIO  
SOLID WASTE MANAGEMENT



# Health Care Choices

Children are our most precious resource, so we have compiled this list to help you find the best health care provider for your kids.

[www.HillCountryParents.com/Directory](http://www.HillCountryParents.com/Directory)

Location	Contact	Details
<b>6 to 9 Dental NB</b> 651 IH 35 # 730	<b>830-355-6911</b> vphumphrey2dds.com.	6 to 9 Dental is an extraordinary office designed to focus on your convenience, comfort, and affordability with high quality a top priority.
<b>A thru Z Pediatrics</b> Multiple Locations	a-zpeds.com	A Thru Z Pediatrics takes pride in being a trusted name in the Local Community. Offering Comprehensive Children's Health Care Services and treatments
<b>Almouie Pediatrics</b> Multiple Locations	AlmouiePediatrics.com	Almouie Pediatrics is committed to the highest quality healthcare for infants, children and adolescents. Our trained professionals are devoted to assisting you in providing the best care through all stages of your child's life.
<b>CentroMed</b> Multiple Locations	CentroMedSA.com	CentroMed has a team of pediatricians and pediatric nurse practitioners trained to take care of children's healthcare needs.
<b>Children's Dental Ark</b> New Braunfels	<b>830-625-1234</b> ChildrensDentalArk.com	Our mission is to guide children through their dental experiences while providing comprehensive care in a friendly environment.
<b>Children's Hospital of San Antonio</b> 333 N. Santa Rosa	<b>210-704-2011</b> CHofSA.com	One of the best pediatric medical centers in the US, offering a complete range of health care services for children.
<b>Christus Santa Rosa Hospital NB</b> 600 N Union Ave.	<b>830-606-9111</b> ChristusHealth.org/Santa-Rosa/New-Braunfels	Our innovative and interdisciplinary team is committed to rapid diagnosis and treatment while delivering the best outcomes available for our pediatric and adult patients. Located in New Braunfels.
<b>Cole Pediatric Therapy</b> Multiple Locations	colehealth.com/ pediatric-therapy/	Cole Pediatric Therapy has been serving Texas families since 2000, providing Speech, Occupational and Physical therapy to children of all ages and abilities.
<b>Cute Smiles 4 Kids</b> 823 Bandera Rd.	<b>210-435-3333</b> CuteSmiles4kidstx.com	Ranging from preventative to restorative dentistry, our office offers in-house conscious sedation and general anesthesia, providing a pain-free, comfortable, and fun experience for your children!
<b>Elle Med Spa</b> 620 W. San Antonio St., NB	<b>830-461-5252</b> ellemedspallc.com	Love, Beauty and Service Mobile services open for evenings. Beauty Parties (botox/dysport and or fillers) as an additional service. Please Call or Text Elle to discuss a visit time and date.
<b>Epic Health Services</b> 4502 Centerview Dr #150, SA	<b>210-377-3742</b> epichealthservices.com	Epic Health Services is a leading provider of pediatric skilled nursing, therapy, and autism services, as well as a spectrum of adult home health care services, including skilled nursing, therapy, personal care, and behavioral health nursing.

At Baptist Children's Hospital, your child's health is our top priority.



As a **full-service children's hospital that's closer to home**, we offer a host of specialized services. And compassionate, caring people who are focused on helping kids get better so they can get back to being kids.

Our pediatric services include:

- Pediatric Emergency Department
- Pediatric Intensive Care Unit (PICU)
- Pediatric Transport
- Pediatric Sedation Unit
- Pediatric Specialists
- Child life program

For more information, visit  
**BaptistHealthSystem.com**



<b>Family First Chiropractic &amp; Wellness</b> 166 Comal Ave., NB	<b>830-625-5111</b> mayochiro.com	As a chiropractor who specializes in pediatric and pregnancy chiropractic care, Dr. Mayo knows the importance for the entire family to stay healthy. At Family First we provide personalized affordable family care plans.
<b>New Braunfels Dental Ark</b> 833 Landa St., NB	<b>830-629-7494</b> NewBraunfelsDentalArk.com	Having a great smile means different things to different people. We listen carefully so we can provide treatment that will achieve your goals.
<b>MedPost Urgent Care</b> Multiple Locations	medpost.com	Injuries and illnesses are unpredictable and inconvenient. That's why there's MedPost. We're open throughout the week with extended hours to provide you same-day treatment-- including weekends, evenings, and holidays.
<b>North Central Baptist Hospital</b> 520 Madison Oak Dr San Antonio	<b>210-297-4000</b> BaptistHealthSystem.com	North Central Baptist Hospital provides high quality care and is best known nationally for several services in particular such as, Surgical Specialties, Women's Health, Pediatric Care and Orthopedic Medicine.
<b>Resolute Health Hospital</b> 555 Creekside Crossing, NB	<b>830-500-6000</b> ResoluteHealth.	Since 2014, Resolute Health Hospital has been passionately committed to providing the San Antonio and New Braunfels communities with compassionate full-service medical care.
<b>Texas Tykes Pediatric Dentistry</b> 2163 Stephens Pl, Ste 106, NB	<b>830-302-2044</b> texasTykespediatricdentistry.com	Our goal is to deliver the best possible dental care for infants, children, teens and kids with special healthcare needs. Our team will strive to make sure that your child has a positive experience.
<b>University Health</b> Multiple Locations	universityhealthsystem.com	University Health System is a nationally recognized teaching hospital and network of outpatient healthcare centers, owned by the people of Bexar County.




Our mission is to guide children through their dental experiences while providing comprehensive dental care in a friendly environment.




610 Landa Street  
New Braunfels, TX 78130  
(830) 625-1234 • [ChildrensDentalArk.com](http://ChildrensDentalArk.com)

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## Alamo City Popcorn

16634 San Pedro Ave. Ste 1, SA 210.455.0138  
alamocitypopcorn.com

We are a family-owned business with over 40 flavors of popcorn. Let us help you with your next Birthday, Shower, Wedding, Corporate Event, or Sales Call. We have a flavor and size for every event!

## Belles & Beaux

6430 N. New Braunfels Ave., San Antonio  
210.822.8222 bellesbeaux.com/

We truly want your shopping experience to be fun and easy. When you walk in the store be sure to send your child back to our play area where they can play with toys or watch a great video! We carry a mix of clothes, shoes, furniture, bedding, decorative art, jewelry, seasonal items, and a wide variety of gifts. The store focuses on girls and boys sizes Newborn to 7,

## Bricks & Minifigs

21850 Bulverde Rd., #102., Helotes  
210.994.8100  
bricksandminifigs.com/sanantonio-tx/

Bricks and Minifigs San Antonio is an authorized LEGO® retailer that offers an extraordinary selection of new and used authentic LEGO® sets, minifigs, bricks, and custom accessories.

## Camera Exchange

6635 San Pedro Ave., SA 210.349.4400  
Camerax.Com

Camera Exchange has been in San Antonio for over 40 years. We have a great selection of photography equipment for the beginner to the pro. We carry the latest in digital cameras, studio equipment and accessories. We also offer a wide variety of photography classes. We have a great selection of cameras TO RENT. We want to help you in taking better photos to capture your life memories.

## Fin & Pickles Children's Boutique

555 W. Bitters Rd, SA, 210.468.2845  
finandpickles.com

Fun and functional fashions for babies to big kids. This fun new children's boutique at the Alley offers toys, accessories, gifts, clothing And more!

## Got Toys

180 W. Mill St., New Braunfels 830.358.7200  
facebook.com/GotToysInNewBraunfels

Since the inception of the Got Toys store in Gruene in 2009, to the opening of our second store in beautiful downtown New Braunfels in 2012, we here at Got Toys have strived to find unique toys and gifts that put a smile on everyone's face! We carry a large line of books and retro toys, such as wind-up tin robots and retro games, Spirographs, Lite Brights, and even Strawberry Shortcake and Monchichi!



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PURCHASE A CLASS,  
KIDS CAN JOIN IN  
FOR FREE!**

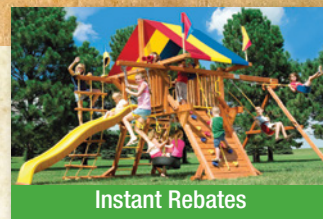


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Monday - Friday 10AM - 7PM • Saturday 10AM - 7PM • Sunday Closed  
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# Shopping Guide

## La Villita

418 Villita, SA 210.207.8614  
Facebook.Com/lavillitahistoricartsvillage

In 1939, la villita historic arts village was established and the neighborhood adapted into a center for teaching regional arts and crafts and to serve as an artists market. Come see the unique artisan crafts offered

## Market Square

514 W commerce, SA 210.207.8600  
Getcreativesanantonio.Com/explore-san-antonio/market-square

Enjoy the sights and flavors of old mexico at historic market square. Explore over 100 locally owned shops and stalls, all at a festive indoor mall.

## New Braunfels Farmers Market

186 S. Castell Ave., New Braunfels  
830.629.2223 nbfarmersmarket.com/

We celebrate the fresh produce, meats, cheeses and other goodies that our local farmers have to offer. Our creative artisans have something for everyone, from fashionable hats and scarves, and jewelry, to creamy soaps and lotions and housewares. Bring the kids! Bring the dogs! Make a morning of it! There's great food for everyone and lively music from our local area entertainers. New Braunfels Farmers Market really is the best little festival in New Braunfels!

## Nature's Treasures

4103 N i-35, Austin 512.472.5015  
Ntrocks.Com

Nature's Treasures is a one-stop rock, mineral, crystal & metaphysical store for your shopping pleasure. Earth treasures in a variety of specimens.

## New Braunfels Candle Co.

555 S castell, NB 830.302.7675  
Newbraunfelscandleco.Com

Offering a variety of candle fragrances and other natural products. Each candle is hand poured and packaged in NB.

## Turquoise Trading Post

6103 Burnet Rd., Austin 512.323.5011  
TurquoiseTradingPost.com

All the jewelry in Turquoise Trading Post is Native American made by Navajo, Zuni, Hopi and Santa Domingo silversmiths and jewelers. New jewelry arrives each week, most of which is one of a kind pieces.

## TURQUOISE Trading Post



Best Selection of Native American Jewelry In Texas!

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www.turquoisetradingpost.com

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Historic Arts Village

La Villita Historic Arts Village  
418 Villita  
San Antonio, Texas 78205  
LaVillitaSanAntonio.com

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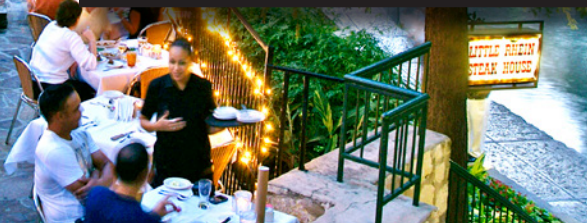
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