

# Parents

San Antonio and the Hill Country

**Healthcare  
Guide**

**Education  
Guide!**

**Shopping  
Guide**

**Activity  
Guide**

**SPRING  
SUMMER  
2024**



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Your partner for healthy change.



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## Spring / Summer 2024

Serving the Greater **San Antonio** and **New Braunfels** area, including Schertz, Helotes and Bulverde

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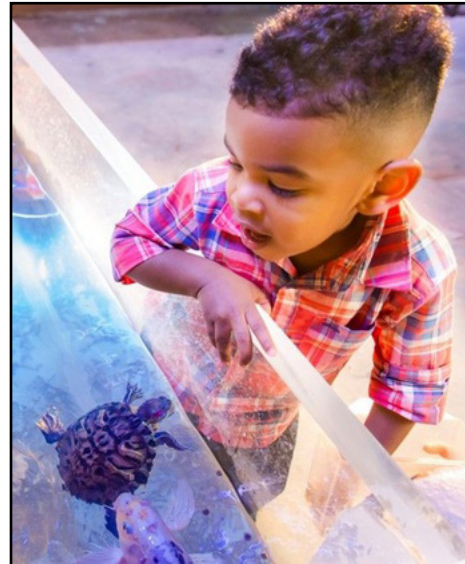
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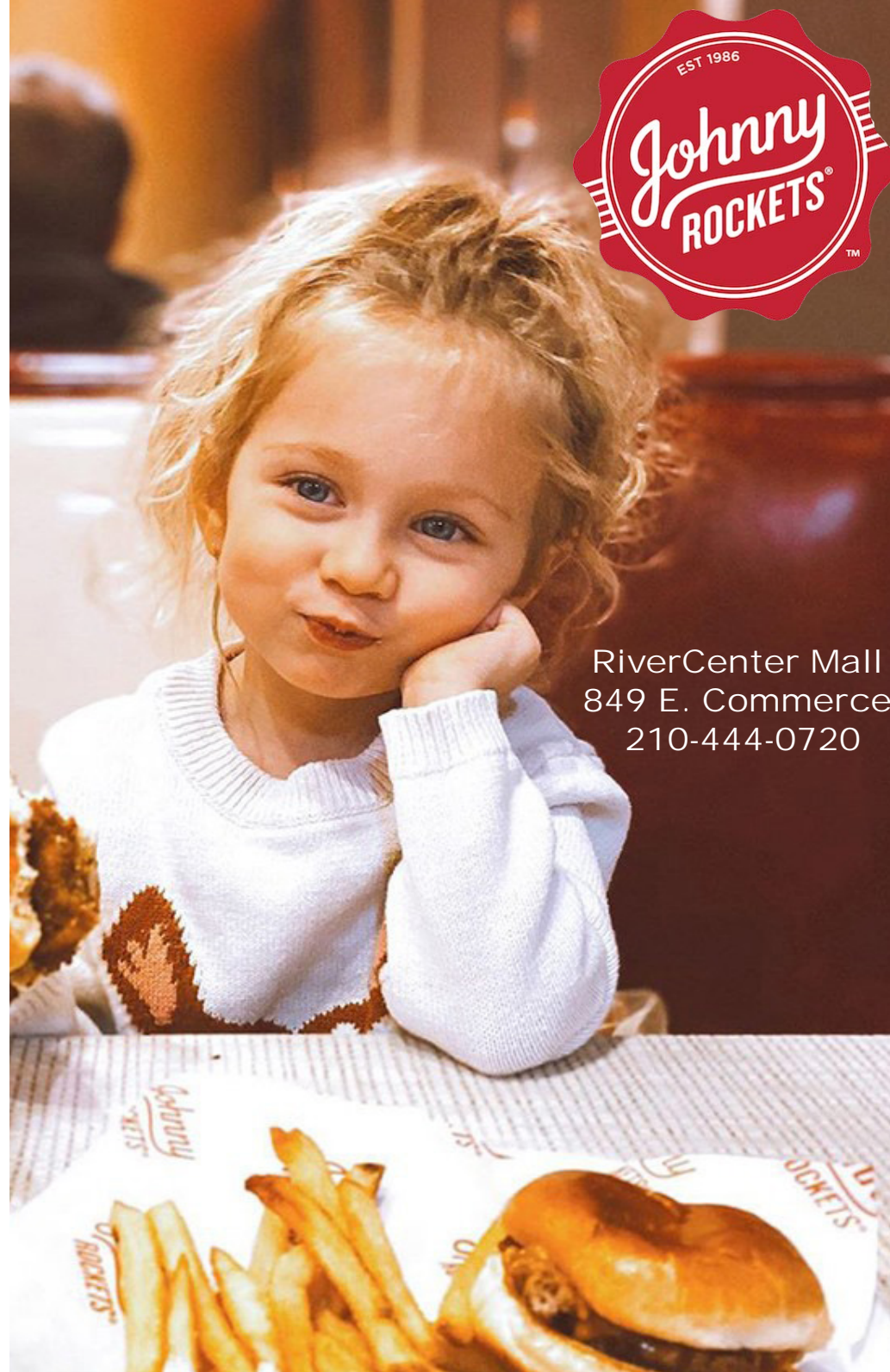
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RiverCenter Mall  
849 E. Commerce  
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# Why You Should Give Your Kids An Allowance

by: Tanni Haas Ph.D.

January is Financial Wellness Month, a great occasion to consider whether it's advisable to give kids an allowance and, if it is, at what age should you start giving it to them and how much should you give.

Experts agree that an allowance can teach kids important money management skills, like how to save for things they want, how to budget their money, and how to choose between competing spending goals. Personal finance expert Brad Munson says an allowance "is a great way to teach kids about the real value of money, how to be organized and responsible, and how to plan for the future." Financial counselor Ray Martin, who's the author of several books on money management, adds that an allowance is a great opportunity for kids to experiment with money and to learn from their mistakes. "It's a way for them to learn big lessons with small amounts of money at an early age."

It's important that you talk to your kids about the value of money, and it's best to do so in the context of an actual allowance. Certified financial planner Marty Allenbaugh says that talking to your kids about money without giving them an allowance is like trying to teach them how to play the piano without

ever letting them sit at the keys.

Research shows that giving kids a regular allowance while discussing with them the importance of money makes them more financially responsible as adults.

They become, as personal finance expert Evonne Lack succinctly puts it, "less likely to arrive on your doorstep years from now with a duffel bag full of dirty laundry and a mountain of credit card debt."

If an allowance is such a great tool for teaching kids money management, at what age should you start giving them one? Many parents start at age 8, but experts agree, as Mr. Martin puts it, that it's the kid's "aptitude not the age that really matters." So how do you know if your kids are ready to receive and learn from an allowance? Research shows that they are ready to benefit from an allowance once they have reached certain developmental milestones, like 1) understanding that money can be exchanged for things they want, and 2) they can confidently add and subtract.

And, here, kids differ widely. While some kids reach these milestones at age 4 or 5, others get there by age 8 or 9. "So if your child tends to shrug at money, losing it before it can find its way to his dusty piggy bank, hold off until you see signs that he enjoys saving it or

thinking about how he might use it," says Mrs. Lack.

Finally, but not least importantly, what amount should you give your kids?

Experts agree that, as a rule of thumb, you should give them \$1 per year of age on a weekly basis: for example, a six-year-old would receive \$6 a week and a ten-year-old \$10 a week. The advantage of this approach is that kids get an automatic raise every birthday, eliminating the question of when their allowances will be increased. If you are really lucky, it may even reduce sibling arguments, because the younger kid will understand why the older siblings get more.

Parents should feel free to deviate from this rule of thumb depending on whether they live in an expensive or inexpensive area, their particular financial situation, how many kids they have, and which regular expenses they or the kids are expected to pay for. As Susan Borowski, the author of "Money Crashers," puts it, "If a straight \$5 or \$10 per week (or even per month) makes more sense to you than paying a dollar per year of age, then pay what works for you."

If your kids are very mature, you can discuss this issue with them and reach a mutual agreement on a reasonable amount. It's useful to go through such a process with your kids, says Mr. Martin, because

it "helps to develop budgeting skills, teaches responsibility, and prepares them for the realities of personal money management."

However, the allowance shouldn't be too high. If you give kids too much, they won't learn how to budget and allocate money because they never get a chance to prioritize among competing spending goals. Ron Liebler, the author of "The Opposite of Spoiled: Raising Kids Who Are Grounded, Generous, and Smart About Money," says to "give your kids just enough so that they can get some of what they want but not so much that they don't have to make a lot of difficult trade-offs. Let them own those, so they know what it's like to make financial decisions that resemble grown-up ones."

Whatever amount you ultimately decide on, make sure to follow a consistent schedule and stick with it - whether weekly or monthly. As child psychologist Dr. Mary Kelly Blakeslee says, "random payments will be frustrating and confusing, and will reduce the opportunity for learning."

Bio:

Tanni Haas, Ph.D. is a Professor in the Department of Communication Arts, Sciences, and Disorders at the City University of New York – Brooklyn College.

# Education Guide

2024



There is no doubt about it: our kids are the future. Finding the right educational facilities for our children can be difficult, stressful, and time consuming, so we went ahead and have selected our favorite primary, secondary, and specialty schools just for you!

## PRESCHOOL AND PRIMARY SCHOOLS

### CHILDREN'S LIGHTHOUSE BULVERDE | 25473 BULVERDE ROAD, SAN ANTONIO



Children's Lighthouse leads the way in values-based early childhood education — providing care for infants, toddlers, preschoolers and school-age children. Our curriculum is based on an age-appropriate, comprehensive learning approach, incorporating character values like integrity, fairness and honesty.

### LEGACY TRADITIONAL SCHOOLS, 1826 BASSE ROAD, SAN ANTONIO, TX 7



Legacy Traditional Schools offers well-rounded, PK–12th-grade level options in the San Antonio area. The Legacy Traditional Schools curriculum emphasizes all areas of academic study, including the arts, physical education, and extensive athletics and extracurricular

### THE MORGAN CENTER | 1215 ERVENBERG AVE, NEW BRAUNFELS



The Morgan Center is an Inclusive Center committed to providing quality care while educating your children in a structured, secure and loving environment. It is our philosophy that early childhood should be a time of fun, exploration and discovery.

### PRIMROSE SCHOOL OF SHERTZ | 4993 SHERTZ PKWY, SHERTZ



Primrose Schools® is a national system of accredited private preschools that provides a premier early education and child care experience. We partner with parents to help build the right foundation for future learning and in life.

### SAN ANTONIO COUNTRY DAY MONTESSORI | 4194 JUNG RD, SAN ANTONIO



San Antonio Country Day Montessori is a special environment for the child to cultivate his/her own natural desire to learn. Their country setting includes eight classrooms, gardens, a large playground, and a barnyard complete with animals.



## Attendance Awareness: Making Every Day Count

The foundation of a child's academic success is built on consistent school attendance. As the new school year unfolds, Legacy Traditional Schools is at the forefront of promoting the importance of regular attendance and its direct link to academic achievement.

There's a well documented connection between regular attendance and academic success. Missing out on classroom instruction can lead to declining student performance as catching up on schoolwork becomes more challenging.

Absences occurring during the first month of the school year have long-term consequences and research indicates that students missing between two to four days during the first month are more likely to be chronically absent throughout the year.

Chronic absenteeism is defined as missing roughly 10% of the school year (about 18 days) and can predict lower reading scores by 3rd grade — a potential indicator of academic struggles in the future.

Here are some top tips to help you prioritize school attendance and set your child on the path to academic success.

### Top Tips for Parents:

**After-School Appointments:** Schedule appointments (like doctor or dentist visits) outside of school hours whenever possible.

**Avoid In-Session Activities:** Refrain from planning extracurricular activities during school hours.

**Weigh the Pros and Cons:** If an activity requires your child to be absent from school, consider the educational value against the lost instructional time.

**Weekend Rejuvenation:** Allow some free and unstructured time during weekends. It's essential for refreshing young minds and bodies.

**Utilize School Holidays:** The district calendar offers various days off. Use these breaks to plan activities and experiences outside the educational setting.

## PRE-K - HIGH SCHOOL



### BASIS SA - SHAVANO CAMPUS | 4114 LOCKHILL SELMA RD.

At Antonian College Preparatory High School, they build traditions of excellence every day. Traditions of success do not happen by chance. Rather, they are forged through vision and hard work and require a commitment to personal excellence.



### BASIS SA PRIMARY - NORTH CENTRAL CAMPUS | 318 E. RAMSEY RD.

The rigorous college preparatory education at BASIS readies students for the competitive admissions process, helps them become eligible for scholarships, prepares them to prosper at top colleges, and enriches their lives. [basissanantonionorth.org](http://basissanantonionorth.org)



### BASIS SA PRIMARY - MEDICAL CENTER CAMPUS | 8519 FLOYD CURL DR.

Great Hearts provides a robust liberal arts curriculum incorporating advanced math and science, a focus on the arts and foreign language, and a range of extra-curricular activities and athletics.



### BASIS SA PRIMARY - NORTHEAST CAMPUS | 11550 I-35 FRONTAGE RD.

Living Rock Academy is a private Christian academy serving Bulverde, San Antonio and the surrounding areas. We provide students with a challenging, innovative and Christ-centered education



### LIVING ROCK ACADEMY | 2500 BULVERDE RD, BULVERDE, TX

Living Rock Academy is a private Christian academy serving Bulverde, San Antonio and the surrounding areas. We provide students with a challenging, innovative and Christ-centered education

## COLLEGES



### ALAMO COLLEGES | MULTIPLE CAMPUSES

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FUTURES  
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LEARNING



LIVING ROCK  
ACADEMY

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BULVERDE, TEXAS  
830-387-2929

# What's the big deal?

Stuttering affects only 1% of the world population.

(that's 80 million people)

Every day, 80 million people around the world have difficulty ordering a meal, talking on the telephone, or just saying their name. Maybe you're one of them.

Since 1947, the Foundation has sought to help those who stutter. Let us help you.



800-992-9392  
[www.StutteringHelp.org](http://www.StutteringHelp.org)

## SPECIALTY SCHOOLS AND MORE



### BEHAVIORAL INNOVATIONS | MULTIPLE LOCATIONS IN SAN ANTONIO

Behavioral Innovations has been committed to providing evidence-based ABA therapy for children with autism since 2000. With multiple locations in the San Antonio area, including New Braunfels, we are dedicated to transforming the lives of children and their families by providing highest quality of services.



### BRAIN BALANCE | NEW BRAUNFELS | TWO LOCATIONS IN SAN ANTONIO

At Brain Balance we understand the pain and frustration of watching your child struggle with learning or behavioral issues. Here, and at our centers around the country, we have helped thousands of kids overcome their challenges.



### KUMON | 5580 FM 3009, STE. 114 | SCHERTZ | 210.642.0000

Kumon of Schertz is part of the world's largest after-school math & reading program, Reading and Math supplemental program - great for learning at home or come to our center. Great program to help students catch-up, maintain their progress, or get ahead. Our program is great for students ages 3-18+.



### SCHOOL OF SCIENCE AND TECHNOLOGY | 1450 NB INTERSTATE 410 LOOP, SAN ANTONIO

The faculty, Staff and Administrators at SST are caring, competent, dedicated and willing to assist you. We are working very hard to provide the best possible learning climate to our students.

### SUNSHINE COTTAGE SCHOOL FOR DEAF | 603 E HILDEBRAND AVE, SA

In addition to providing the very best early identification and intervention services for children, Sunshine Cottage offers a comprehensive day-school program for children, preschool through fifth grade, with state-of-the-art educational and hearing technology.

### TEXAS SCHOOL FOR THE BLIND AND VISUALLY IMPAIRED | 1100 W. 45TH ST., AUSTIN

The Texas School for the Blind and Visually Impaired is a Texas special public school, in the continuum of statewide placements for students who have a visual impairment. It is considered a statewide resource to parents of these children and professionals who serve them.



## Finding the Right School Fit for Your Child

Every parent wants to give their child the best education possible, and choosing the right school for their child is one of the most important – and often one of the most challenging – decisions a parent faces.

With so many school choices, what we've observed at Legacy Traditional Schools is that parents want their children to be taught using a well-rounded curriculum that emphasizes all areas of academic study, including the arts, physical education, and extensive athletics and extracurricular activities.

For some students, involvement in athletics or other extracurricular activities contributes to an increase in academic performance, too! These activities offer a tremendous opportunity for students of all ages to meet new classmates, form stronger bonds, and build a foundation for hard work. These boosts of confidence, whether from theatrical performances or practice on the playing field, encourage students and become essential factors for success in the classroom.

So, you may ask, what do other parents – who've grappled with this decision – have to say about the delicate balancing act between extracurriculars and academic focus? Read on to see first-hand suggestions for finding the right school to match your family's academic, athletic, and extracurricular interests.

**Academics should always be the priority.** As a parent, yes, it's your job to be involved, whether at practice or helping with homework. But you also have a responsibility to manage your child's time to ensure their activities don't overwhelm their school work.

**Volunteer to support.** Any youth coach or teacher will tell you they can't do it alone! Offer to lend a hand at your child's next practice or game by setting up drills, cones, or even refilling water.

**Stay positive.** As a parent, you're a role model. Help your child to be their best by setting realistic expectations and vocally reinforcing the positive steps they are making toward their goal.

**Instill a strong sense of character.** Find a school that promotes student involvement in the school community or offers programs that encourage responsibility, loyalty, and active citizenship.

During this year's National School Choice Week in January, an estimated 15 million Americans will participate in activities to celebrate opportunities in education. When you're ready to make your choice, we encourage you to learn more about the options available for your children to get the superior education they deserve.

## DoSeum - Programs

When: Ongoing

**Big Day Of Play** - a day full of extra hands-on and minds-on fun! Learn and play with local makers, innovators, and performers – it's guaranteed to provide joyful learning experiences for the entire family.

**Tinkerfest** - a daylong celebration of curiosity and creativity! Guests of all ages will explore how things are made and how things work through exciting make-tivities throughout The DoSeum. Let's get our hands messy and celebrate what it means to be a maker-centered community!

**Artist-In-Residence** - Each year The DoSeum and a local artists work collaboratively to provide children an opportunity to interact with the artist's work and learn about the artistic process while connecting themes of STEM and literacy.

**Beyond Limits: Accessibility Program** - Our accessible programming will allow your kid to play and learn in an environment of inclusivity that supports children of all needs.

## McKenna Children's Museum

When: Ongoing

**Creative Learning** - Monday - Thursday at 11:00, different programs daily.

**New Events Every Month** - visit their website to find out what they're doing each month!

## San Antonio Zoo - Locals Days

When: Multiple Dates in 2024

Locals can get outside and enjoy nature at the zoo on select days for just \$8 per person. This deep discount is the zoo's way of showing gratitude towards residents of the City of San Antonio. The discount allows for even more people to learn how the zoo combines conservation, animal care, and education in securing a future for wildlife.

## Magik Theatre - SATX

When: Multiple dates 2024

Join us for an enchanting 2023 season featuring stories that ignite the imagination, nurture the sense of self, and remind us that adventure may be right outside our front door!

## Live @ Landa concert series

When: April 4, May 2, June 6, July 4

This free concert series will be held the first Thursday of the month in April, May, and June, with a special Live @ Landa Finale on the 4th of July in the lead up to the Fourth of July Fireworks Live @ Landa is a free, family-friendly event that runs from 6pm to 9pm featuring live music from local and regional bands, along with kids' activities and food trucks. Bring your lawn chairs or a blanket and settle in for some great tunes.

Visit our Website at  
**HillCountryParents.com**  
for our full list of events!



*Discover*  
THE FUN THINGS IN LIFE

City of New Braunfels  
PARKS AND RECREATION DEPARTMENT

New Braunfels Parks and Recreation offers programs and events for adults, kids & families.  
Through day camps, adult sport leagues, swim lessons, specialty classes and special events, our vision is to enhance the well being of our community through laughter, play, conservation and discovery.

830.221.4350 • [nbtexas.org/parks](http://nbtexas.org/parks) • #NBParksandRec



THE  
MAGIK  
THEATRE

Magik Theatre on the Road –  
Bringing Family Friendly Entertainment to YOU!

Magik Theatre on the Road brings fun, lively performances to children ages 3-12.  
To book a show, call 210.227-2751, or [info@magiktheatre.org](mailto:info@magiktheatre.org).



Magik Theatre Downtown/  
Hemisfair, 420 South Alamo,  
San Antonio, TX 78205

MagikTheatre.org • (210) 227-2751



## Family Volunteer Vacations: Doing Good While Having Fun Tanni Haas, Ph.D.

*For your next family trip, how about doing some good while also having fun. Sound intriguing?*

It's called a "family volunteer vacation," and thousands of people across the country are doing it every year. The trips can last for a few days or several weeks, but they all have one thing in common: your family will spend some time helping out people or animals in need.

*Why do so many families choose to go on these vacations?*

According to Nancy Schretter, the founder of Together For Good, a non-profit organization that organizes family volunteer vacations, "families really want to give

back and make the world a better place. They want to find meaningful trips where they can make a difference."

Experts say that family volunteer vacations are beneficial not only to the communities that are served but also to the families themselves. "Helping others while traveling," says Charis Atlas Heelan, a writer for Frommer's Travel Guides, "can instill a greater understanding of the world and teach your children about the importance of community, compassion, and consideration for others." Indeed, says Ms. Heelan, "a volunteer vacation that your whole family can participate in may just be one of the most

rewarding experiences that you will share together."

*How do you decide where to go?*

To make the trip as successful as possible, says Laura Eickhoff, an expert on family volunteer vacations and author of The Abroad Guide, a well-known travel blog, it's important to find a destination that's aligned with everyone's interests: "If everybody's not onboard from the start, you may find yourself with some less-than-eager participants." Amy Whitley, a travel reporter with a lot of experience in family volunteer vacations agrees, saying it's particularly important to follow the passions or interests of your kids: "For instance, if your child loves animals, consider a trip aiding marine

mammal rescue, or if your kids have a passion for the outdoors, get your feet wet with a trip maintaining trails or landmarks with your local state park system."

There are many organizations that can help you organize your family volunteer vacation to suit your particular interests. These include Give A Day Global, the Global Citizens Network, Global Volunteers, Globe Aware, Habitat For Humanity, Love Volunteers, Me to We, the Nature Corps, the Sierra Club, and Wilderness Volunteers.

Bio:

Tanni Haas is a Professor in the Department of Communication Arts, Sciences & Disorders at the City University of New York – Brooklyn College

# Top 10 KIDS ACTIVITIES



## DAS REC

345 Landa Street, NB 830.221.4170 [dasrec.com](http://dasrec.com)  
 Das Rec offers over 77,000 square feet of something for everyone. We welcome every member of the community, from all walks of life, and all activity levels. Enjoy all that Das Rec has to offer at your own pace or join our group exercise classes, sports leagues, swimming lessons, recreational opportunities, and more!

## DAVE AND BUSTERS

849 E Commerce #740, SA 210.951-3600 [daveandbusters.com](http://daveandbusters.com)  
 Eat, drink, play and watch sports at your local Dave & Buster's! Fun for the whole gang - no group is too large - Contact a planner today!



## i9 SPORTS

210.395.4484 [i9sports.com](http://i9sports.com)  
 i9 Sports provides a youth sports experience unlike any other, teaching the importance of good sportsmanship on the field and in life. Beyond that, we are committed to providing age-appropriate instruction that is fun for kids and convenient for today's busy families. To us, it's The Way Youth Sports Should

## INCREDIBLE PIZZA

2015 SW LOOP 410, SA 210-342-2121 [incrediblepizza.com](http://incrediblepizza.com)  
 America's Incredible Pizza Company exists to bring families and friends together through great food and fun. Glow-Karts, Scrambler, Drop Zone, Laser Tag, XD Theater, Lost in Space, Bumper Cars, Mini Bowling, and La Bamba.



## THE MAGIK THEATRE

420 South Alamo., SA 210-227-2751 [magiktheatre.org](http://magiktheatre.org)  
 The Magik Theatre has been providing San Antonio's children and their families with professional, accessible, literature-based theatre and education since 1994. The Magik Theatre's mission is to use the power of theatre to create Magikal storytelling for children that Activates imagination, Grows young minds, and Inspires creativity and a love of learning that is the Key to a more

# Top 10 KIDS ACTIVITIES

## MY GYM CIBOLO MOBILE

Mobile gym, Cibolo 210-897.1142 [mygym.com/cibolo](http://mygym.com/cibolo)  
 My Gym Cibolo brings the fun of fitness to you with our mobile classes, after-school programs and custom birthday parties (ages 6 weeks - 10 years).



## NEW BRAUNFELS PARKS AND RECREATION



### PARKS AND RECREATION

110 Golf Course Rd, NB 830.221.4350 [dasrec.com](http://dasrec.com)  
 Our mission is to afford diverse opportunities and access for all residents and visitors through innovative programs and facilities, open space preservation and economic enhancement.

## TOPGOLF

5539 N Loop 1604 W, SA 210.202-2694 [topgolf.com](http://topgolf.com)  
 Topgolf is the premier entertainment destination in San Antonio. You can come for birthday parties, bachelor or bachelorette parties, corporate events, date nights, or just a night out with friends, and everyone will have a great time.



## TRADERS VILLAGE



9333 Southwest Loop 410, SA 210-623-8383  
 From trinkets to treasures and trends, "if you can't find it at Traders Village, you didn't need it in the first place!" Traders Village also offers many amusement park style rides. All-Day passes and single ride tickets are available

## YMCA OF SAN ANTONIO

231 E. Rhapsody St., San Antonio 210.246.9600 [ymcasatx.org](http://ymcasatx.org)  
 We're for youth development, healthy living and social responsibility. Our vision is to continue improving the Spirit, Mind, and Body of those in our communities.



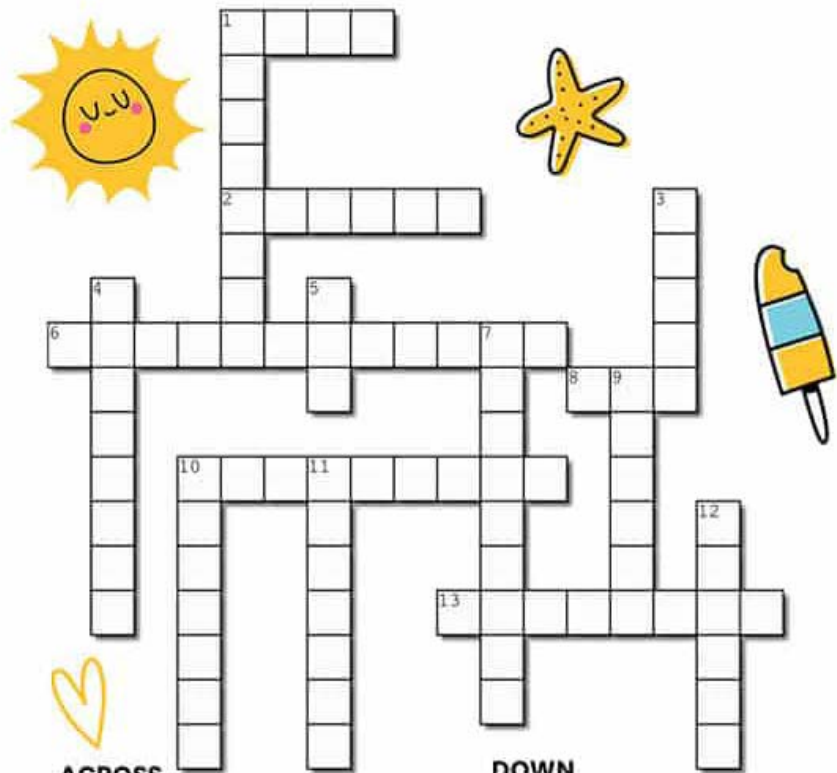


# Gardening Word Search

- GARDEN
- PLANT
- SEED
- FRUIT
- VEGETABLE
- SOIL
- WATER
- SUN
- GLOVES
- SHOVEL
- FLOWER
- SOW
- HARVEST
- SPRING
- SUMMER

F P O R B S Y F T A O C S U D  
 N R A R D R E L R M U F F S E  
 U H U P R I O O A S M P O N E  
 L A L I E H G W A C H V R P S  
 J H N I T R A E N H L O C I I  
 U A P E A O L R I O E L V C N  
 P R N S W O T E V S V T O E T  
 R V R O K C H A T E E A O X L  
 O E C I A S O D E C G M B E R  
 T S S U L R O A T H E T B T S  
 R T S N O W P L A N T N A R U  
 S U N P U M P K I I A E L Y M  
 W G S N E R O D H S B H L B M  
 H O S E V O L G U T L D R A E  
 L H O W E L T E R M E C R B R  
 G A R D E N A D R A Z Z W L B  
 E O B E M K E E W S L O A H L  
 Y G N I R P S H P O S O I L E

# AT THE BEACH CROSSWORD PUZZLE



**ACROSS**

1. Kids love to dig in this.
2. You can collect these on the beach.
6. An American summer holiday.
8. You turn this on to cool off.
10. We put this on our skin to protect us from the sun.
13. A trip away from home.

**DOWN**

1. What you wear to go swimming.
3. You swim in this at the beach.
4. A frozen treat on a stick.
5. The weather in summer.
7. Someone whose job is to make sure swimmers are safe.
9. The last month of summer.
10. A bird you see often at the beach.
11. When you ride a wave with a board.
12. Commonly worn in summer.



# Health Care Choices

Children are our most precious resource, so we have compiled this list to help you find the best health care provider for your kids.

[www.HillCountryParents.com/Directory](http://www.HillCountryParents.com/Directory)

Location	Contact	Details
<b>6 to 9 Dental NB</b> 651 IH 35 # 730	<b>830-355-6911</b> vphumphrey2dds.com.	6 to 9 Dental is an extraordinary office designed to focus on your convenience, comfort, and affordability with high quality a top priority.
<b>A thru Z Pediatrics</b> Multiple Locations	a-zpeds.com	A Thru Z Pediatrics takes pride in being a trusted name in the Local Community. Offering Comprehensive Children's Health Care Services and treatments
<b>Almouie Pediatrics</b> Multiple Locations	AlmouiePediatrics.com	Almouie Pediatrics is committed to the highest quality healthcare for infants, children and adolescents. Our trained professionals are devoted to assisting you in providing the best care through all stages of your child's life.
<b>CentroMed</b> Multiple Locations	CentroMedSA.com	CentroMed has a team of pediatricians and pediatric nurse practitioners trained to take care of children's healthcare needs.
<b>Children's Dental Ark</b> New Braunfels	<b>830-625-1234</b> ChildrensDentalArk.com	Our mission is to guide children through their dental experiences while providing comprehensive care in a friendly environment.
<b>Children's Hospital of San Antonio</b> 333 N. Santa Rosa	<b>210-704-2011</b> CHofSA.com	One of the best pediatric medical centers in the US, offering a complete range of health care services for children.
<b>Christus Santa Rosa Hospital NB</b> 600 N Union Ave.	<b>830-606-9111</b> ChristusHealth.org/Santa-Rosa/New-Braunfels	Our innovative and interdisciplinary team is committed to rapid diagnosis and treatment while delivering the best outcomes available for our pediatric and adult patients. Located in New Braunfels.
<b>Cole Pediatric Therapy</b> Multiple Locations	colehealth.com/ pediatric-therapy/	Cole Pediatric Therapy has been serving Texas families since 2000, providing Speech, Occupational and Physical therapy to children of all ages and abilities.
<b>Cute Smiles 4 Kids</b> 823 Bandera Rd.	<b>210-435-3333</b> CuteSmiles4kidstx.com	Ranging from preventative to restorative dentistry, our office offers in-house conscious sedation and general anesthesia, providing a pain-free, comfortable, and fun experience for your children!
<b>Elle Med Spa</b> 620 W. San Antonio St., NB	<b>830-461-5252</b> ellemedspallc.com	Love, Beauty and Service Mobile services open for evenings. Beauty Parties (botox/dysport and or fillers) as an additional service. Please Call or Text Elle to discuss a visit time and date.
<b>Epic Health Services</b> 4502 Centerview Dr #150, SA	<b>210-377-3742</b> epichealthservices.com	Epic Health Services is a leading provider of pediatric skilled nursing, therapy, and autism services, as well as a spectrum of adult home health care services, including skilled nursing, therapy, personal care, and behavioral health nursing.



**Closer Care. For Kids.**

When your child needs medical care, you want the closest, most accessible and qualified care. From routine pediatrician visits, to specialty care, comprehensive lab and imaging services or 24/365 emergency care, everything you need is here at The Children's Hospital of San Antonio Health Pavilion – *Stone Oak*.

**Pediatric Specialty Clinics:**

- Orthopedics
- ENT and Audiology
- Neurology
- Cardiology
- Gastroenterology
- Pulmonology
- Nephrology

**Pediatric Imaging Services:**

- X-ray
- CT
- MR



**The Children's Hospital of San Antonio™**

CHRISTUS Health  
1434 East Sonterra Boulevard  
[chofsa.org/stone-oak](http://chofsa.org/stone-oak)



**Health Pavilion Stone Oak**

<b>Family First Chiropractic &amp; Wellness</b> 166 Comal Ave., NB	<b>830-625-5111</b> mayochiro.com	As a chiropractor who specializes in pediatric and pregnancy chiropractic care, Dr. Mayo knows the importance for the entire family to stay healthy. At Family First we provide personalized affordable family care plans.
<b>New Braunfels Dental Ark</b> 833 Landa St., NB	<b>830-629-7494</b> NewBraunfelsDentalArk.com	Having a great smile means different things to different people. We listen carefully so we can provide treatment that will achieve your goals.
<b>MedPost Urgent Care</b> Multiple Locations	medpost.com	Injuries and illnesses are unpredictable and inconvenient. That's why there's MedPost. We're open throughout the week with extended hours to provide you same-day treatment-- including weekends, evenings, and holidays.
<b>North Central Baptist Hospital</b> 520 Madison Oak Dr San Antonio	<b>210-297-4000</b> BaptistHealthSystem.com	North Central Baptist Hospital provides high quality care and is best known nationally for several services in particular such as, Surgical Specialties, Women's Health, Pediatric Care and Orthopedic Medicine.
<b>Resolute Health Hospital</b> 555 Creekside Crossing, NB	<b>830-500-6000</b> ResoluteHealth.	Since 2014, Resolute Health Hospital has been passionately committed to providing the San Antonio and New Braunfels communities with compassionate full-service medical care.
<b>Texas Tykes Pediatric Dentistry</b> 2163 Stephens Pl, Ste 106, NB	<b>830-302-2044</b> texasxykespediatricdentistry.com	Our goal is to deliver the best possible dental care for infants, children, teens and kids with special healthcare needs. Our team will strive to make sure that your child has a positive experience.
<b>University Health</b> Multiple Locations	universityhealthsystem.com	University Health System is a nationally recognized teaching hospital and network of outpatient healthcare centers, owned by the people of Bexar County.



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## Pediatric Care for New Braunfels



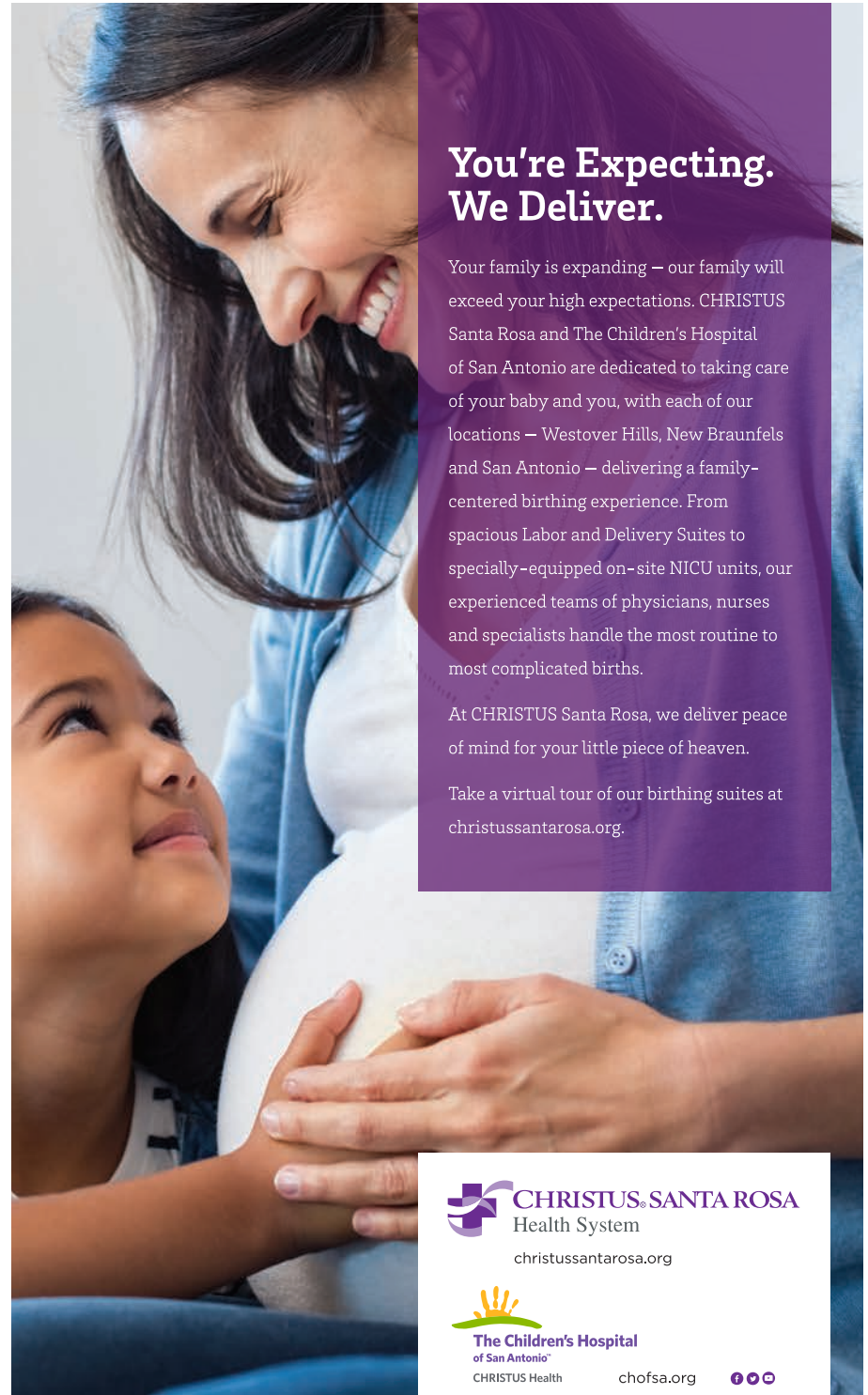
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Take a virtual tour of our birthing suites at [christussantarosa.org](http://christussantarosa.org).



# Shopping Guide

## Alamo City Popcorn

16634 San Pedro Ave. Ste 1, SA  
210.455.0138 alamocitypopcorn.com

We are a family-owned business with over 40 flavors of popcorn. Let us help you with your next Birthday, Shower, Wedding, Corporate Event, or Sales Call. We have a flavor and size for every event!

## Belles & Beaux

6430 N. New Braunfels Ave., San Antonio  
210.822.8222 bellesbeaux.com/

We truly want your shopping experience to be fun and easy. When you walk in the store be sure to send your child back to our play area where they can play with toys or watch a great video! We carry a mix of clothes, shoes, furniture, bedding, decorative art, jewelry, seasonal items, and a wide variety of gifts. The store focuses on girls and boys sizes Newborn to 7,

## Bricks & Minifigs

21850 Bulverde Rd., #102., Helotes  
210.994.8100  
bricksandminifigs.com/sanantonio-tx/

Bricks and Minifigs San Antonio is an authorized LEGO® retailer that offers an extraordinary selection of new and used authentic LEGO® sets, minifigs, bricks, and custom accessories.

## Camera Exchange

6635 San Pedro Ave., SA 210.349.4400  
Camerax.Com

Camera Exchange has been in San Antonio for over 40 years. We have a great selection of photography equipment for the beginner to the pro. We carry the latest in digital cameras, studio equipment and accessories. We also offer a wide variety of photography classes. We have a great selection of cameras

## Fin & Pickles Children's Boutique

555 W. Bitters Rd, SA, 210.468.2845  
finandpickles.com

Fun and functional fashions for babies to big kids. This fun new children's boutique at the Alley offers toys, accessories, gifts, clothing And more!

## Got Toys

180 W. Mill St., New Braunfels  
830.358.7200  
facebook.com/GotToysInNewBraunfels

We here at Got Toys have strived to find unique toys and gifts that put a smile on everyone's face! We carry a large line of books and retro toys, such as wind-up tin robots and retro games, Spirographs, Lite Brights, and even Strawberry Shortcake and Monchichi!

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# Shopping Guide

## La Villita

418 Villita, SA 210.207.8614  
Facebook.Com/lavillitahistoricartsvillage

In 1939, la villita historic arts village was established and the neighborhood adapted into a center for teaching regional arts and crafts and to serve as an artists market. Come see the unique artisan crafts offered

## Market Square

514 W commerce, SA 210.207.8600  
Getcreativesanantonio.Com/explore-san-antonio/market-square

Enjoy the sights and flavors of old mexico at historic market square. Explore over 100 locally owned shops and stalls, all at a festive indoor mall.

## New Braunfels Farmers Market

186 S. Castell Ave., New Braunfels  
830.629.2223 nbfarmersmarket.com/

We celebrate the fresh produce, meats, cheeses and other goodies that our local farmers have to offer. Our creative artisans have something for everyone, from fashionable hats and scarves, and jewelry, to creamy soaps and lotions and housewares. Bring the kids! Bring the dogs! Make a morning of it! There's great food for everyone and lively music from our local area entertainers. New Braunfels Farmers Market really is the best little festival in New Braunfels!

## Nature's Treasures

4103 N i-35, Austin 512.472.5015  
Ntrocks.Com

Nature's Treasures is a one-stop rock, mineral, crystal & metaphysical store for your shopping pleasure. Earth treasures in a variety of specimens.

## New Braunfels Candle Co.

555 S castell, NB 830.302.7675  
Newbraunfelscandleco.Com

Offering a variety of candle fragrances and other natural products. Each candle is hand poured and packaged in NB.

## New Braunfels Crystals

555 S castell, NB 830.302.7675  
Newbraunfelscrystals.com

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San Antonio, TX 78251  
210.684.0054
- STONE OAK**  
22902 US Highway 281 North  
San Antonio, TX 78258  
210.499.5454

- RICHLAND HILLS**  
7735 NW Loop 410  
San Antonio, TX 78245  
210.681.5454
- CITY BASE WEST**  
7307 South New Braunfels  
San Antonio, TX 78223  
210.333.5455
- THE RIM**  
17122 IH 10 West  
San Antonio, TX 78257  
210.690.5424

- LIVE OAK**  
8111 Pat Booker Road  
Live Oak, TX 78223  
210.657.5400
- SAN MARCOS**  
1303 South IH 35  
San Marcos, TX 78666  
512.396.5400
- RECTOR ST**  
954 E Rector St  
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## City Base Location

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