

A Still, Small Voice is a captivating, emotionally moving testimony of mind-shattering survival of chronic child abuse and neglect in a family steeped in secrecy, denial and lies. Her mind fragmented and her body broken, the author also shares with us her intense struggles in coming to terms with her haunting past and for healing. Her narrative powerfully demonstrates elements that are essential to healing: making the best of her daily living; bringing together her shattered self with the steady help and support of a sympathetic and knowledgeable therapist, and resolving the effects of long held family secrets on her identity. With childhood traumatization so ubiquitous in our world, this extremely well-written book deserves an extensive audience.

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