

Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.

Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should **ONLY** be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data

Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

Cardiology 1 Notes Section 1 Coronary Artery Disease	
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Defining the Heart and Terms
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Coronary Artery Disease Your thoughts here
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Acute Coronary Syndrome
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Angina
<input type="radio"/> Got it!	Acute Myocardial Infarction

✓ Don't rewrite what is on the screen

✓ For an image you have access to, just write the section and look it up in your PANCE Nuggets

✓ Only you know what you don't know: Write it here!

✓ When a speaker clears something up for you: Write that new thought. Process here!





Gastroenterology Notes



Section 1 ESOPHAGITIS

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Non-Infectious Esophagitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Infectious Esophagitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Ingestion of Toxic Substances



Gastroenterology Notes



Section 2 ESOPHAGEAL DISORDERS

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Motility disorders

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Strictures

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Esophageal Neoplasms



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
Check if the material triggers underlying memory but you need to review more
Check if you do not recall this subject and you need to relearn the information



Gastroenterology Notes

Section 3

ESOPHAGEAL BLEEDING DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Mallory- Weiss Tear

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Varices

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Gastroenterology Notes

Section 4

GASTRIC DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

GERD

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Peptic Ulcer Disease

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Gastritis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Gastroparesis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Gastric Cancer

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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Gastroenterology Notes

Section 5

GALLBLADDER DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Cholelithiasis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Cholecystitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Acute Cholecystitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Cholangitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Gallbladder Cancer

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Gastroenterology Notes

Section 6

HEPATITIS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hepatitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hepatitis A

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hepatitis B

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hepatitis C

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hepatitis D and E

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Chronic Hepatitis

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
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Gastroenterology Notes

Section 7

HEPATIC DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Wilson's Disease

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Liver Cancer

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Cirrhosis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Portal HTN

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Primary Sclerosing cholangitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Primary Biliary Cirrhosis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Non-Alcoholic Steatohepatitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hereditary Hemochromatosis



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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Gastroenterology Notes

Section 8

PANCREATITIS & APPENDICITIS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Acute Pancreatitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Chronic Pancreatitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Pancreatic Cancer

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Appendicitis

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Section 9

INTESTINAL DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Constipation

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Diverticular disease

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Ulcerative Colitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Crohn's Disease

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Irritable Bowel Syndrome

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
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Section 10

MESENTERIC DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Acute Mesenteric Ischemia

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Chronic Mesenteric Ischemia



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Section 11

MALABSORPTIVE DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Malabsorption

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Refeeding Syndrome

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Celiac Sprue

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Lactase Deficiency



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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Section 12

COLON DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Colon Cancer

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Mechanical Obstruction

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Large Bowel Obstruction

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Fecal Impaction

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Toxic Megacolon

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
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Gastroenterology Notes

Section 13

ANAL and RECTAL DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Pilonidal Cyst

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hemorrhoids

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Rectal Cancer

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Anal Cyst/Fistulas

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Polyps

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
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Gastroenterology Notes

Section 14

HERNIAS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Hiatal Hernia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Ventral Hernia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Umbilical Hernia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Inguinal Hernia

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Gastroenterology Notes

Section 15 DIARRHEA



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Diarrhea

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Shigella

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Salmonella

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Gastroenterology Notes

Section 16

PEDIATRIC GI DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Phenylketonuria (PKU)

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Pyloric Stenosis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Duodenal Atresia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Intussusception

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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Gastroenterology Notes

Section 17

VITAMIN DEFICIENCIES



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Vitamin Deficiency 1

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Vitamin Deficiency 2

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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