

**Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.**

## Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should **ONLY** be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data

## Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

Cardiology 1 Notes Section 1 Coronary Artery Disease	
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Defining the Heart and Terms
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Coronary Artery Disease Your thoughts here
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Acute Coronary Syndrome
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	Angina
<input type="radio"/> Got it!	Acute Myocardial Infarction

✓ Don't rewrite what is on the screen

✓ For an image you have access to, just write the section and look it up in your PANCE Nuggets

✓ Only you know what you don't know: Write it here!

✓ When a speaker clears something up for you: Write that new thought. Process here!





# Hematology Notes

## Section 1

### ANEMIA BASICS and NON-HEMOLYTIC ANEMIAS



<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Anemia</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Blood Loss and Transfusion</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Iron Deficiency Anemia</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Folate deficiency</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>B12 Deficiency</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Anemia of Chronic Disease</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Anemia of Renal Failure</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Aplastic Anemia</b>



☐ Got it!

☐ Remember it!

☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam

Check if the material triggers underlying memory but you need to review more

Check if you do not recall this subject and you need to relearn the information



# Hematology Notes

## Section 2

### HEMOLYTIC ANEMIAS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Hemolytic Anemias

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Autoimmune Hemolytic Anemia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Hereditary Spherocytosis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### G6PD deficiency

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Sickle Cell Anemia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Thalassemia

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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# Hematology Notes

## Section 3

### CLOTTING DISORDERS and HYPERCOAGULABLE STATES



☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Clotting Disorders

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Von Willebrand Disease

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Hemophilia

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Hypercoagulable States

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### HIT Syndrome

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Antiphospholipid Syndrome

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Factor V Leiden Mutation

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Protein C Deficiency



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

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# Hematology Notes

## Section 4

### THROMBOCYTOPENIAS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Thrombocytopenia

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Disseminated Intravascular Coagulation

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Idiopathic Thrombocytopenia Purpura

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Thrombotic Thrombocytopenia Purpura

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Hemolytic Uremic Syndrome

#### Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

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# Hematology Notes

## Section 5

### HEMATOLOGICAL MALIGNANCIES



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Hematological Malignancies

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Polycythemia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Acute Leukemias

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### AML

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### ALL

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### CML

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### CLL

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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# Hematology Notes

## Section 5

### HEMATOLOGICAL MALIGNANCIES



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Multiple Myeloma

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Hodgkin Lymphoma

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Non-Hodgkin Lymphoma

#### Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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