

# Making An Easy Transition

We honor all children and their personal time-table for readiness.

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## Drop Off

Please drop off your child in the drop off line. This helps them to quickly assimilate into the routine and distracts them from the emotion of saying goodbye to their parents. Please avoid parking and bringing your child in, this will make their transition more difficult.

## Carpool line

Please see the carpool line instructions that will be sent to you. We drop off similar to an elementary drop off. You will pull up in line with your child on the right side of your car. I will help the child out of the car and you will pull out and the next parent will move up. Please stay in your car as much as possible for safety and a quick transition.

## Comfort Items

Feel free to pack anything that will ease this transition, a favorite toy, blanket, special music, family picture. Please keep toy weapons home; we encourage tolerance and peace at school.

## Clothing

Please bring your child in "play clothes", a child's work is play! Clothes can mean the difference between success or stress at bathroom time, make sure they are easy to manage.

## Potty Accidents

Please provide 2 (labeled) gallon zip lock bags with a spare change of clothing to be kept at school for your child. Potty accidents happen to ALL children, regardless of how long they have been potty trained. In case of an accident, I will help them by giving them a new change of clothes and instructing them to change. I will clean up and disinfect any mess.

## Backpacks and water bottles

There is no need to bring a backpack to school, we understand that some children will want to bring one to be like older siblings. We welcome this, we just want you to know that it is not necessary. We also provide water inside and out, so there is no need for a water bottle.

## Lunches

Remember that we provide lunches. Please do not send food unless you have signed up for an event and we have explained the allergies.

## Spirit Week

The first week of the school year is Spirit week, this will help make the transition more fun. Please see the info to follow our spirit week schedule.

September 5	Bring a picture that you colored day
September 6	Bring a stuffed animal day
September 7	Wear your favorite outfit day
September 8	Tell a joke day (bring it written if needed)

# What to expect the 1st month of school

A lot is happening!

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Please take a look at the reminders that I send home to keep up with the fun!

1st day of school

Spirit Week - Bring from home days

Wear the color days

Book week, Parent guests read us a story

## Illness

The beginning of school always brings illness. The kids are sharing and exposed to new germs. No matter how much cleaning and sanitizing is done, there will always be a lot of illness the first month or so of school.

At school we:

Teach kids to sneeze and cough in their elbow or shoulder

Teach kids to use tissues and hand sanitizer whenever needed

Teach kids how to properly wash hands

Wash hands after using the bathroom and before eating

Disinfect classroom daily

Focus on healthy eating

At home please:

Reinforce at home from the list above

Focus on getting good sleep

Focus on healthy eating

## Hunger

We feed them, I promise. We also make sure that they have had enough to eat. BUT we eat at 11:50, so they will be ready for a snack by the time you pick them up.

## Moodiness and fatigue

They will most likely be pretty tuckered out and possibly grumpy the first week or two as they get used to the schedule. The fewer days that they attend, the longer that will take. It takes a minute for kids to work through a change in routines, new people and new expectations.

## Bringing toys and other items to school

At first we welcome bringing one favorite item, especially during Spirit week, helps the child to feel safe and secure in a new environment. If bringing a comfort item after the first week helps get the child to school, then I welcome it. The goal is that they feel happy here. The child needs to understand though, when and where they can be used (and shared).

\*We will never tolerate any kind of toy weapon at school.

Kids are resilient, they will transition into their new schedule quickly. Look forward to having them!