

What to be prepared for on the first DAY of school

Drop off

It is best (especially on their first day of school) that you drop off your child in the drop off line. This helps them to quickly assimilate into the routine and distracts them from the emotion of saying goodbye to their parents.

IF you really need to park and bring your child in, please come at the end of the carpool line and park in the driveway. Please also drop off quickly, the longer and more often that this happens; the longer and harder it will be for your child to be dropped off without tears.

Extra clothes

Please provide 2 gallon zip lock bags, each with a spare change of clothes that can be kept at the school for the year. These can be old clothes, nothing that you will miss. I will store these clothes in the bathroom so that they are ready for possible accidents.

Possible Accidents

Even if your child has been potty trained for a while, they will most likely have an accident in the first week or month of school. Even with reminders and even when they can find a bathroom, many children feel nervous to go potty at school in the beginning. Don't be too concerned, it will get better quickly.

Backpacks and water bottles

There is no need to bring a backpack or a water bottle. However, some children want to be like older siblings and carry a backpack to school. We welcome this! We just want you to know that it is not necessary. We also provide water inside and out, so there is no need for a water bottle.

Lunches

Remember that we provide lunches. Please do not send food unless you have signed up for an event and we have explained the allergies.

Spirit week *Please note that this changed

September 5	Bring a picture that you colored day
September 6	Bring a stuffed animal day
September 7	Wear your favorite outfit day
September 8	Tell a joke day (bring it written if needed)

What to expect the first MONTH of school

A lot is happening!!

Please take a look at the reminders that I send home to keep up with the fun!

5 - 1st day of school

5-8 - Spirit Week - Bring from home days

11-15 - Recycling collection week

18-22 - Wear the color days

25-29 - Book fair week

27-28 - Parent guests read us a story

Illness

The beginning of school always brings illness. The kids are sharing and exposed to new germs. No matter how much cleaning and sanitizing is done, there will always be a lot of illness the first month or so of school.

At school we:

Teach kids to sneeze and cough in their elbow or shoulder

Teach kids to use tissues and hand sanitizer whenever needed

Teach kids how to properly wash hands

Wash hands after using the bathroom and before eating

Disinfect classroom daily

Focus on healthy eating

At home please:

Reinforce at home from the list above

Focus on getting good sleep

Focus on healthy eating

Hunger

We feed them, I promise. We also make sure that they have had enough to eat. BUT we eat at 11:30, so they will be ready for a snack by the time you pick them up. We will gradually move lunchtime to a later time in the day, as they get used to the eating schedule.

Moodiness and fatigue

They will most likely be pretty tuckered out and possibly grumpy the first week or two as they get used to the schedule. The fewer days that they attend, the longer that will take. It takes a minute for kids to work through a change in routines, new people and new expectations.

Bringing toys and other items to school

At first we welcome bringing one favorite item, especially during Spirit week, helps the child to feel safe and secure in a new environment. If bringing a comfort item after the first week helps get the child to school, then I welcome it. The goal is that they feel happy here. The child needs to understand though, when and where they can be used (and shared).

*We will never tolerate any kind of toy weapon at school.