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Information and Advice After Your Colonoscopy

Following your colonoscopy, it is advisable that you take things easy. The drugs that you received during the procedure can take several hours to completely wear off.

YOU SHOULD NOT (24 hours following your procedure):

- drive a car
- drink alcohol
- travel unescorted on public transport
- make important decisions or sign legal documents
- operate hazardous machinery
- partake in any strenuous activities such as sport.

IT IS ADVISABLE to have a responsible adult stay with you during this time.

Post colonoscopy, you may experience:

- slight wind pain
- flatulence caused by air introduced during the examination
- a single episode of a small amount of bleeding

Complications are extremely rare.

You may have a normal diet and fluids post procedure as tolerated. It is advisable to increase your fluid intake to replace fluid loss during preparation for this procedure.