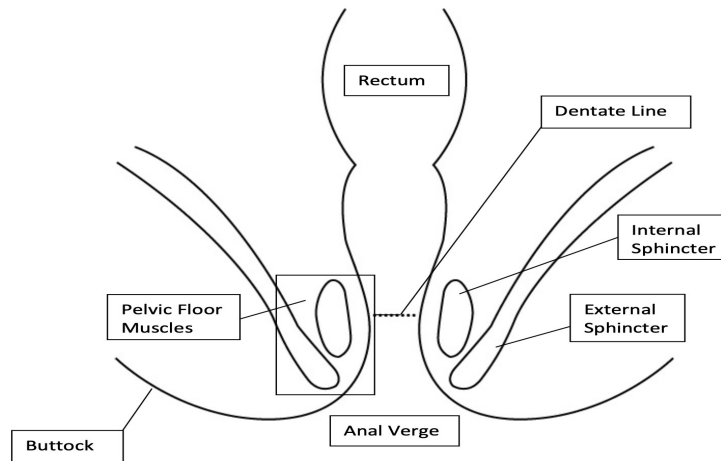


# Dr Susan Shedda

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Colorectal Surgeon

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## FISTULA-IN-ANO



Patient: <Patient Full Name>

Date: [Selected Appointment Start Time]

**Creams:** Zinc cream or vaseline cream may reduce irritation from the drain. Apply as often as required around the drain.

### Options for treatment

1. Long-term seton drainage
2. Fistulotomy
3. Fistula Glue
4. Fistula Plug
5. Mucosal Advancement Flap
6. Anal Skin Advancement Flap
7. LIFT

It is important that you maintain good anal hygiene. This may include sitz baths and gentle dabbing with wet toilet paper following bowel movements. Avoid vigorous wiping.

**Please contact our office as soon as possible on 9328 8890, if you develop any of the following symptoms:**

- Severe pain not relieved by pain killers.
- Temperature more than 38°.
- Drain tube falls out – often this needs to be replaced with 24 – 48 hours.
- Heavy drainage of pus.
- Swelling or redness.

**Please notify us immediately if you suspect you are pregnant or are breastfeeding, while you are undergoing treatment.**