
AAM PRE SCHOOL

FUNCTIONS

1. Gathering
2. Indoor activities
3. Outdoor activities
4. Healthcare
5. Departure

BE AWARE OF THE NEED FOR LEARNING TO BE SELF SUFFICIENT AND HAPPY IN LIFE.

1. **GATHERING**

- **Reception:** The children are welcomed every morning, encouraging them to come to school diligently.
- **Attendance:** The presence of each child is marked everyday to record and encourage regularity.
- **Meditation:** The children and staff sit together in silence to focus better on knowledge.
- **Interaction:** The children and teacher interact with each other informally about the lessons learnt previously, food habits, cleanliness routines and share personal stories to strengthen the student- teacher rapport before classes begin.

2. **INDOOR ACTIVITIES**

- **Tamil:** Reading, speaking and writing of the Tamil alphabets
- **English:** Reading, speaking and writing of the English alphabets
- **Numbers:** Counting and writing of numbers from 1 to 10.
- **Basic Science:** Exploring the different parts of science in a fun, practical approach in both languages.
- **Arts and crafts:** Learning shapes, patterns and mediums to create art.
- **Speech, conversation and confidence building:** The children are taught to interact with people from diverse cultures and are encouraged to build their self confidence in free expression among differences.

3. **OUTDOOR ACTIVITIES**

- **Eco walk:** Identifying and getting accustomed to the basic elements, organisms and their functions of the ecosystem.
- **Physical exercise:** Subtle exercises for different parts of the body.
- **Games:** Fun-filled games to build a team spirit and encourage fitness.
- **Music:** Learning the five components of music through Carnatic music.

- **Theatre:** Enacting skits and basic mimicry.

4. HEALTHCARE

- **Nutrition:** The in-house doctor sets the diet for the children and assesses the quality and quantity of day-to-day nutritional requirements of each child.
 - *Balanced Diet*
 - *Prescribed Diet*
- **Hygiene:** The children are guided in their overall cleanliness.
 - *Personal cleanliness*
 - *Environmental cleanliness*
- **Immunization:** Vaccinations are recorded at the commencement of school.
 - *BCG*
 - *DPT*
 - *Polio*
 - *Measles*
- **Growth Chart:** The growth of each child is recorded periodically.
 - *Height*
 - *Weight*
 - *Head circumference*
- **Medical Care:** The doctor screens and treats the children.
 - *Common ailments*
 - *Infectious diseases*
 - *Disabilities*
- **Health education:** The awareness and importance of this healthcare is imparted to the children and their parents.

5. DEPARTURE

- **Revision:** The teacher reflects the day's activities with the children.
- **Resting and going home:** The children rest together and prepare to leave school methodically.

SYLLABUS

INDOOR ACTIVITIES

I TERM

❖ TAMIL

- Prose
 - Speech and conversation:
 - *Creativity and relativity*
 - Storytelling:
 - *The golden goose*
 - *Granny and the crow*
 - *The crow and the pebbles*
 - *The lion and the cat*

❖ ENGLISH

- Poetry
 - *God bless my family*
 - *Early in the morning*
 - *Johnny, Johnny*

❖ BASIC SCIENCE

- *Parts of the human body*
- *Days of the week*

❖ ARTS AND CRAFTS

- *Sketching with chalk on slate*
- *Origami- boat*
- *Block building*

II TERM

❖ TAMIL

- Prose
 - Speech and conversation:
 - *The use of hands*
 - *Objects used in the home environment*
 - Storytelling:
 - *The story of the cat*
 - *The hunter and the dove*
 - *The dove and the ant*
 - *The lion and the cow*

❖ ENGLISH

- Poetry
 - *Twinkle, twinkle, little star*
 - *Baa, baa, a black sheep*
 - *Rain, rain*
 - *Chubby cheeks, dimple chin*

❖ BASIC SCIENCE

- *Months of the year*
- *Parts of a plant*

❖ ARTS AND CRAFTS

- *Sketching and colouring with crayons on paper*
- *Origami-hand fan*
- *Clay modeling*

III TERM

❖ TAMIL

- Prose
 - Speech and conversation:
 - *The five elements*
 - Storytelling:
 - *The blue jackal*
 - *The bear and the four friends*
 - *The story of the pencil*
 - *The crocodile and the monkey*

❖ ENGLISH

- Poetry
 - *One, two, buckle my shoe*
 - *Jingle bells, jingle bells*
 - *Humpty Dumpty sat on a wall*
 - *Row, row, row your boat*

❖ BASIC SCIENCE

- *Birds and animals*
- *Identification of different trees*
- *Different kinds of vehicles*

❖ ARTS AND CRAFTS

- *Sketching and colouring with colour pencils*
- *Origami- dog*
- *Wall art*

IV TERM:

Revision of I, II and III term.

OUTDOOR ACTIVITIES

I TERM

❖ ECO WALK

- *Gait training*
- *Walking orientation as a group*

❖ PHYSICAL EXERCISE

- *Exercises for the joints*

❖ GAMES

- *Ball throwing*
- *Hop scotch*
- *Hide and seek*
- *Treasure hunt*
- *Leap frog*

❖ THEATRE

- *Enacting of “The granny and the crow”*

II TERM

❖ ECO WALK

- *Identifying and collecting different parts of plants*

❖ PHYSICAL EXERCISE

- *Exercises for the eyes, hands and legs*

❖ GAMES

- *Dog in the bone*
- *Lemon and spoon*
- *sand castle building as a team*

❖ THEATRE

- *Imitation of different animal sounds and mannerisms*

III TERM

❖ ECO WALK

- *Identifying the five elements in an ecosystem*

❖ PHYSICAL EXERCISE

- *Sun salutation*

❖ GAMES

- *Tug of war*
- *Fire in the mountain*
- *Skipping rope*
- *Fetching water as a team*

❖ THEATRE

- *Mimicry of a vegetable seller, a newspaper boy and a teacher*

IV TERM

Revision of I, II and III term