



NEWSLETTER

The Doula Association of Virginia



WELCOME

Welcome to The Doula Association of Virginia's 1st ever Newsletter! We have been working hard behind the scenes to bring this to you. Our plan is to publish one monthly to keep you in the know with Association happenings!



Above: VP Zina Brockman, Delegate Briana Sewell, President Nataki Hill - General Assembly
Left - Advocacy day - Virginia Community Health Workers day

First Lady of Virginia and Senator Todd Pillion Partner to Expand Overdose Prevention Awareness



First Lady Suzanne S. Youngkin, Secretary of Health and Human Resources Janet V. Kelly, and Senator Todd Pillion along with participants of the REVIVE! Training held at the General Assembly Building on February 3, 2025.

OUT AND ABOUT

We have been pounding the concrete to spread the word about the Association! From General Assembly, advocacy days, and to meet & greets, we have been on the go to get the word out about The Doula Association of Virginia!!

[Read More](#)

ACCOMPLISHMENTS

Since our launching on 01/06/2025

- Become a 501 (c)(3) organization
- Increased membership by 34!
- Testified in Congress in support of expanded postpartum doula services in Virginia
- Attended the Black Maternal Health Caucus - an invite only event hosted by the Virginia General Assembly
- Attended Advocacy Day in support of The Virginia Health Workers Association
- Had input in the first ever cross training curriculum for Community Health Workers to train as doulas (Which is a State Certified Entity to train doulas)
- Hosted 3 interest meetings for doulas interested in joining the Association
- Added four community partners



While at the Black Maternal Caucus Members of the Association stand with midwives in support of the Virginia omnibus bill which enhances maternal healthcare access

UPCOMING EVENTS

LIVE WEBINAR - 02/25/25

Planned Parenthood Panel Discussion -
Roles of Doulas & Midwives in Black
Maternal Health

President Nataki Hill and VP Zina
Brockman are both guest panelist

Registration is required:
<https://www.weareplannedparenthood.org/a/role-doula-midwives-black-maternal-health-teach>



📞 1-844-doulava (368-5282)

✉️ admin@thedoulaassociationofvirginia.org

INTEREST MEETING

Virtual interest meetings are designed to discuss what the Association does for doulas and a chance for interested doulas to ask questions about the association.

Please share with anyone you think is interested. They can sign up on the website
www.thedoulaassociationofvirginia.org/events



INTEREST Meeting

Thursday Feb 27
12 noon - 1:00 p.m

DISCUSSIONS & INSIGHTS

- What the Doula Association is
- What the Association does
- How the Association can help you

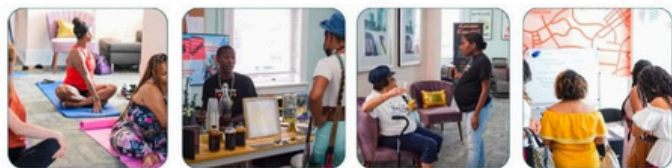
PLEASE VISIT
WWW.THEDOULAASSOCIATIONOFVIRGINIA.ORG TO SIGN UP

UPCOMING EVENTS

continued

Wellness Wednesday
A RELAXING EVENT FOR DOULAS AND BIRTH WORKERS
Join us for Wellness Wednesday to enjoy yoga, breathing, and community acupuncture.

ST. LUKE LEGACY CENTER
THE DOULA ASSOCIATION OF VIRGINIA
Ju's Oasis WELLNESS CENTER
The Diverse Birth WHOLE BODY WELLNESS



Don't miss this chance to recharge and build connections with fellow doulas.

- ✓ Relax and recharge with yoga and acupuncture.
- ✓ Access helpful resources from VDH, DMAS, and DAVA.
- ✓ Connect and network with other doulas in the community.

WWW.STLUKELEGACYCENTER.COM



Join us for Wellness Wednesday: A Special Gathering for Doulas & Birthworkers! ✨

In collaboration with The Diverse Birth Collective and The Doula Association of Virginia, this event is a space to connect, recharge, and gain valuable insights.

Don't miss out on essential informational sessions and a chance to build community.



Date: February 26



Time: 4-7 PM



Location: 900 St. James Street
Richmond, VA

Let's support each other and grow together!

WHATS NEXT?

The Doula Association of Virginia

OFFICIAL BUSINESS

We are looking to finalize our first official Board and begin to work on our committees.

What's needed for the Board:

- Treasurer

Committees we need help with:

- Fundraising
- Grants
- Education
- Doula Relations
- Membership
- Mentorship
- Community outreach
- Governance
- Advocacy
- Legislation
- Mediation, Conflict & Resolution
- Restorative Justice
- Events

**We are a volunteer working board
(no one gets paid yet)**

If interested in helping please submit your bio, headshot, and the position you are interested in applying for to admin@thedoulaassociationofvirginia.org

If you have anything you want to share with our members, please email it to admin@thedoulaassociationofvirginia.org so we can share it!

Thank you to our community partners!

Community partners are vital to our mission of empowering doula's. Not only do they provide financial support, but they also offer guidance and know how in their field of expertise, best of all they offer their services to our members (and sometimes their clients) at a discounted rate!



Offering Chiropractic care and massages



Offering Sound bowl healing, reiki and other holistic services



Offering classes on transgender care and free health screenings



Metropolitan funeral home
Offering personal services & peace of mind during your time of need