



# NAMI Connection

National Alliance on Mental Illness RECOVERY SUPPORT GROUP



## JOIN US

The NAMI Connections Support Group is for those with mental health conditions. The group is led by peers who are well in recovery and trained by NAMI Illinois.



## PEER SUPPORT

**1st and 3rd Monday  
4 - 5:30 p.m.**

**St. Paul's Lutheran Church  
824 N. Lewis Ave, Waukegan  
(please enter the back of the building)**

### This support group is:

- Free and confidential
- Designed to connect, encourage and support participants using a structured support group model
- Led by trained facilitators living in recovery themselves

[www.NamiLake-IL.org](http://www.NamiLake-IL.org)

English "help line" 847-249-1515  
Spanish "help line" 224-818-6264  
email: NamiSupport@hotmail.com



**NAMI** Lake County  
Illinois  
National Alliance on Mental Illness