

NAMI Lake County Illinois - General Education Meeting Wednesday, August 3, from 7 - 8:30 p.m.

[ZOOM LINK](#)

Suicide Awareness

Suicide is the tenth leading cause of death in the U.S.

Dr. Kimbel will cover how to recognize suicidal behavior. Learn the risk factors and warning signs, which include depression, change in personality, self-harm behavior, recent life crisis and conversation about wanting to die. Awareness and resources are key to prevention.

In 2021, the Lake County Coroner's Office investigated 76 suicide deaths.



Presenter
Dr Patti Kimbel

- Clinical Psychologist who has been in private practice in Lake County for over 20 years.
- Clinical Associate Professor and Director of Training for the PsyD Program at Roosevelt University in Chicago.
- Previous Director of Behavioral Health for Vista Health for 18 years.
- Extensive experience educating and training clinicians and has expertise in suicide assessment and treatment of trauma, depression, and addictive disorders.
- Certified Alcohol and Drug Counselor.
- President of the Board of the Lake County Suicide Prevention Task Force and has been a member and volunteer of the Task Force since its inception nearly 10 ten years ago.
- Certified QPR (Question, Persuade, Refer) Trainer for suicide prevention and has conducted virtual QPR trainers as part of the task force initiative.

Lake County Suicide Prevention Task Force
1146 S Waukegan Rd. Suite 110 Waukegan, Illinois 60085
Email: prevention.lcsptf@gmail.com
Facebook: [@LakeCountySuicidePreventionTaskForce](https://www.facebook.com/LakeCountySuicidePreventionTaskForce)

