

CELEBRATING CHILDREN'S MENTAL HEALTH AWARENESS DAY



ENDING *the* SILENCE

for adolescents ages 13-18

In English

Thursday, 5/10
6:00 - 7:00 p.m.

In Spanish

Thursday, 5/17
6:00 - 7:00 p.m.

3010 Grand Ave.
Waukegan, IL

Youth
1st fl. Grand Room

Adults
3rd fl. Board Room



Youth, caregivers, and adults working with youth are invited to attend a FREE public presentation to learn that:

- **Knowledge is power**—recognize signs and symptoms of mental illness.
- **Mental illness is common**—you can help yourself and others.
- **Recovery is possible**—hear about the journey from a youth's first-hand perspective.

**For more information, call
Lake County System of Care for Families:**

(847) 377-8953

health.lakecountyiil.gov

