

NAMI Illinois offers support groups virtually via ZOOM

NAMI Connection Recovery Group

Every Monday at 7 p.m.

Every Thursday at 7 p.m.

NAMI LGBTQ + Connection Group

Every Tuesday at 7 p.m.

NAMI Family Support Group

Every Wednesday at 7 p.m.

Every 2nd & 4th Saturday at 1 p.m.

Parents Support Group

Every 1st & 3rd Friday at 7 p.m.

**You need to register no later than 4:30 pm on the day of the group
(11 on Saturday).**

**About an hour before the meeting starts you will receive an email
with the meeting link.**

**Groups will vary week by week, so look for our email with the
schedule.**

**You will need to register each time you attend so that we can get
you the proper link to join.**

[REGISTER HERE TODAY](#)