



NV Statewide Maternal and
Child Health (MCH) Coalition
Healthy moms and children strengthen Nevada

Stay in the know with the Nevada Statewide Maternal and Child Health (MCH) Coalition. Meet new members of the committees. Learn about the new programs and events that MCH is involved with. Stay connected with what's important.

Visit our
Website

Follow us on
TikTok

Like us on
Facebook

Follow us on
Instagram



Upcoming Coalition Meetings

Northern Nevada MCH Meeting

Next meeting is: April 11th, 2024 from 8:30am-
10:00am

[Click here to join](#)

Southern Nevada MCH Meeting

Next meeting is: April 9th, 2024 from 8:30am-
10:00am

[Click here to join](#)

Next in-person meeting and mixer opportunity will be:

*Please RVSP so we can have an accurate head count for breakfast





You're invited to

NVMCH MEETING & MIXER

**TUESDAY, JUNE 11, 2024
8:30AM - 10AM**

Where: Dignity Health - St. Rose Dominican, San Martin Campus
Alijan Conference Center
8280 W Warm Springs Rd
Las Vegas, NV 89113



PLEASE RSVP TO

KairiRenaee.Pangelinan@dignityhealth.org



Upcoming Events & Trainings

Fill Out Topic Interest Form
Here

Submit Your Proposal Here

Our annual fall symposium has been announced! The call for proposals has begun, please complete the interest form so we have a better idea of what topics you would like to see represented!

September 20, 2024

CAMP TREASURE:

Navigate the Deep Sea of Maternal and Child Health



Upcoming Events!

FREE LEARNING OPPORTUNITY ENHANCING LATINA MATERNAL HEALTH

April 18, 2024
1 PM – 2 PM MT

Please join us on April 18, from 1 – 2 pm MT, for a free virtual learning opportunity, "Enhancing Latina Maternal Health through Better Understanding of the Center for Medicare and Medicaid Services (CMS) and other Federal Resources".

The one-hour session will provide a brief overview of:

- New Transforming Maternal Health Model
- Medicaid/CHIP Renewals
- Other Maternal Health Resources and Funding Opportunities

This event is being hosted by the Office of the Assistant Secretary for Health Region 8 Office in collaboration with other federal agencies. This learning opportunity will provide Latino serving organizations resources to support the well-being of Latino families in Region 8 (CO, MT, ND, SD, UT, WY). The event will be hosted in both English/Spanish and simultaneous interpretation will be available.

[REGISTER HERE](#)



For more information contact Susana.Calderon@hhs.gov

OPORTUNIDAD DE APRENDIZAJE GRATUITO MEJORANDO LA SALUD MATERNA DE LAS LATINAS

18 de Abril del 2024
1 PM – 2 PM zona horaria de la montaña

Únase a nosotros el 18 de abril, de 1 a 2 pm MT, para una oportunidad de aprendizaje virtual gratuita, "Mejorando la salud materna de las latinas mediante una mejor comprensión del Centro de Servicios de Medicare y Medicaid (CMS) y recursos federales".

La sesión de una hora proporcionará una breve descripción general sobre:

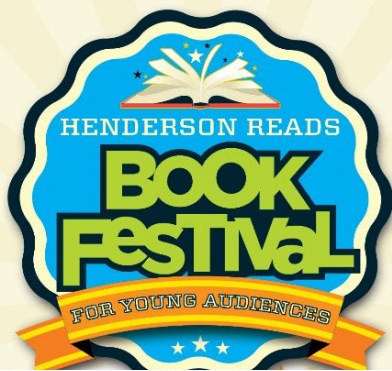
- El Nuevo Modelo Transformador de Salud Materna,
- Renovaciones de Medicaid/CHIP
- Otros recursos y oportunidades de financiación para la salud materna.

Este evento está organizado por la Oficina del Subsecretario de Salud de la Región 8 en colaboración con otras agencias federales. Esta oportunidad de aprendizaje brindará recursos a las organizaciones que sirven a los latinos para apoyar el bienestar de las familias latinas en la Región 8 (CO, MT, ND, SD, UT, WY). El evento se llevará a cabo en inglés y español y habrá interpretación simultánea disponible.

[REGÍSTRASE AQUÍ](#)



Para más información contacte Susana.Calderon@hhs.gov





FREE!

APRIL 20

10am-4pm

Meet Favorite Authors

**Presentations • Illustrators
Book Signings • Activities • More!**



Children under 16 must be accompanied by parent or guardian. Schedule subject to change with or without notice. Management reserves all rights.



Journey Through Motherhood

Learn About:

- Childbirth
- Doulas & Midwives
- Postpartum & newborn care
- Newborn photography
- Health, wellness and more!

- \$49 ultrasounds (day of the event until 7PM)
- Raffles, Swag bags, Vendors & More

**Sunday,
April 14th
2024**

**11AM - 3PM
RSVP**

RSVP HERE: <https://MIPEVENT.eventbrite.com>
2578 Belcastro St. #103 Las Vegas
(702) 255-4387



Community Workshops



A free workshop will be hosted monthly across the West Las Vegas on a variety of topics

Learn about...

- Nutrition
- Health and wellness
- Housing support
- Breast/chest feeding
- and so much more!

Childcare and food will be provided at all workshops!



REAL AUTISM DIFFERENCE

5K RUN & WALK



Saturday April 6th, 2024

NEVADA PARTNERS
Cooperative Extension
obedo
HEART & SOUL COLLECTIVE
GREEN SIDE UP
EST. 1991

Join us to learn from our amazing speakers!

Scan the QR code for a schedule of events and topics and to secure your RSVP!



Contact us to get involved!
EARN-FS@UNLV.EDU


Cornerstone Park, Henderson NV

COME AND JOIN US TO RUN/WALK IN SUPPORT OF AUTISM AWARENESS!

FOR MORE INFORMATION & REGISTRATION :
<https://radlv.org>
Additional Inquires?
email: coordinator@radlv.org

RUN STARTS: 9am

ADULTS: \$25
STUDENTS/KIDS: \$15
CHILDREN WITH AUTISM: FREE



Give Kids a Smile
Alojado por
HEALTHY SMILE HEALTHY CHILD

**SABADO ABRIL 13, 2024
8 AM - 1 PM**

TRUCKEE MEADOWS COMMUNITY COLLEGE
7000 Dandini Blvd
Reno, NV 89512
Red Mountain Building, 4th floor, Room #412

Para niños hasta la edad de 18 años, sin seguro dental

- Exámenes dental
- Fluoruro
- Selladores

Los niños examinados que califiquen y necesiten atención adicional serán ubicados con un dentista a bajo costo

Citas son requeridas. Para la oportunidad de ganar premios de rifa por favor llame: Norma at 775-982-7879 norma.estrada@nndhp.org






Give Kids a Smile
Hosted By
HEALTHY SMILE HEALTHY CHILD

**SATURDAY, APRIL 13TH, 2024
8 AM - 1 PM**

TRUCKEE MEADOWS COMMUNITY COLLEGE
7000 Dandini Blvd
Reno, NV 89512
Red Mountain Building, 4th floor, Room #412

Must be 18 or younger & uninsured

- Free Dental Screenings
- Fluoride Varnish
- Sealants

Examined children who qualify and need additional care will be placed with a dentist for no-to-low cost

Appointments Only with a chance to win amazing raffle prizes
Contact Norma at 775-982-7879 norma.estrada@nndhp.org






UPCOMING EVENTS
DIA DEL NIÑO FESTIVAL

FREE EVENT

Club Migrante de Uruguay
VISTA AL FUTURO
Marychuy Escobedo

DÍA DEL NIÑO FESTIVAL
APRIL 21, 2024 | 2PM-6PM
WALNUT RECREATION CENTER



UPCOMING EVENTS
AN EVENING WITH THE STARS OF FOSTER CARE

An evening with the **STARS OF FOSTER CARE**

MEET FOSTER PARENTS WHO ARE MAKING A DIFFERENCE IN OUR COMMUNITY

- Get resource information about foster care
- Hear from a panel of foster parent stars about their experiences
- Move forward in your application to foster and get your fingerprints done

APRIL 30 | 6PM-8PM
PEARSON RECREATION CENTER



3075 N. WALNUT ROAD
LAS VEGAS NEVADA, 89115

FREE TOYS FOR FIRST 500 KIDS
FACE PAINTING | LIVE MUSIC | BOUNCE HOUSES FREE FOOD | RESOURCE FAIR

20

DISTRICT D

PEARSON RECREATION CENTER
1625 W Carey Ave, North Las Vegas, NV 89032

Free!
POPCORN SOCIAL
SCAN TO RSVP

Commissioner
McCurdy II

clarkcountyfostercare.com

together better
Family Services

21

DISTRICT D

SPRING INTO HOPE
ARTS & WELLNESS FAIR

CELEBRATE DIVERSITY
WITH COLLABORATION CENTER

APRIL 20, 2024
8:30AM TO 11:00AM

FITNESS & INTERACTIVE ACTIVITIES
HEALTH & WELLNESS | ART & FOOD
COMMUNITY RESOURCES AND MORE!

8390 W. WINDMILL LANE, LAS VEGAS, NV 89113

FOR MORE INFORMATION EMAIL:
PATHWAYS@COLLABV.ORG

Scan to Register



COLLABORATION center foundation
your disability resource network

ACDC Dignity Health St. Rose Dominican AARP Nevada

PLAN FOR YOUR HEALTH
PROTECT YOUR FAMILY

FREE SERVICES

Join the Nevada Office of Minority Health and Equity (NOMHE), Nevada Secretary of State Office, AARP Nevada, Asian Community Development Council and Dignity Health for:

Health Care Planning and Protection Workshops
Interactive Panel discussions on advanced health care planning, preparing to be a caregiver, and protecting yourself from fraud.

Free and Safe Disposal of Documents Resources
Information on safe disposal of sensitive documents will be available for the public.

Free Legal Information and Resource Fair
Legal experts and resource providers will be present to provide information and resources.

WHERE ?
Dignity Health - St. Rose Dominican, San Martin Campus
8280 W. Warm Springs
Las Vegas, NV 89113

WHEN?
April 13, 2024
10:00 am - 1:00 pm

2024 MINORITY HEALTH AWARENESS MONTH

Are you an expecting mom?

*please note that if your organization has a firewall, you may not be able to access the tinyurl.com domain



Mommy Mentor Program
Are you an expecting Mom?

The City of Las Vegas' Mommy Mentor Program connects expecting moms from underserved communities with a supportive "Mommy Mentor" for social support, education and advocacy until their baby's 1st birthday (18 - 21 month program). Expecting moms also receive support from a community health worker who will help navigate barriers that can impact a healthy and happy pregnancy.

Expecting Mom Benefits:

- Transportation assistance to prenatal visits and Mommy Mentor monthly events (30 day bus pass)
- A dedicated and supportive mentor to assist with your pregnancy journey and decisions
- Referrals to childbirth and parenting classes
- Individualized resources and referrals



Programa de Mamás Mentoras
¿Está usted embarazada?

El programa de Mamás Mentoras de la ciudad de las Vegas conecta a las futuras mamás de comunidades desatendidas con una "Mamá Mentora" de apoyo para apoyo social, educación y defensa hasta el primer cumpleaños de su bebé (programa de 18 a 21 meses.) Las mujeres embarazadas también reciben el apoyo de un trabajador de salud comunitario que les ayudará a superar las barreras que puedan afectar un embarazo saludable y feliz.

Beneficios para mujeres embarazadas:

- Asistencia de transporte para las visitas prenatales y los eventos mensuales de Mamás Mentoras (pase de autobús de 30 días)
- Una mentora dedicada y comprensiva para ayudarle con su viaje y decisiones sobre el embarazo
- Referencias a clases de parto, y servicios de apoyo a los niños y a los padres.
- Recursos individualizados y referencias a los servicios médicos y comunitarios

¿Quién puede inscribirse?

Who Can Enroll?

- Expecting moms who reside within the City of Las Vegas
- Expecting moms who want access to resources and services to help with a healthy pregnancy and birth experience
- Program begins March 2024!

HOW DO I SIGN UP?
Signing up is easy!

Scan the QR Code or visit:
tinyurl.com/mommymentees

For more information contact:
Lindy Cooksey
lcooksey@lasvegasnevada.gov
702-229-4695




TTY 711
cityoflasvegas | lasvegasnevada.gov
NS 0846 10 23

- Futuras Mamás que residen dentro de la Ciudad de Las Vegas
- Embarazadas que desean tener acceso a recursos y servicios para ayudarlas a tener una experiencia saludable durante el embarazo y el parto.
- ¡El programa comienza en marzo de 2024!

¿Cómo me registro?
¡Registrarse es fácil!

Escanea el código QR o visita:
tinyurl.com/mentorasaprendiz

Para más información:
Lindy Cooksey
lcooksey@lasvegasnevada.gov
702-229-4695




TTY 711
cityoflasvegas | lasvegasnevada.gov
NS 0846 10 23

Are you interested in helping a new mom?

*please note that if your organization has a firewall, you may not be able to access the tinyurl.com domain



Mommy Mentor Program

BECOME A MOMMY MENTOR

The city of Las Vegas' Mommy Mentor Program is a Health and Wellness initiative to connect expecting moms with a supportive "Mommy Mentor" for social support, education and advocacy until their baby's first birthday. Expecting moms are also assigned to a Community Health Worker for guidance and connection to appropriate resources. Our program begins March 2024!

Who can be a Mommy Mentor?

- A resident of the City of Las Vegas
- A person who is willing to support an expecting mom throughout the process of carrying a healthy baby to term and one year after the birth of the child

Criteria to become a Mommy Mentor

- Attend an information session to learn more about the program and resources for expecting moms
- Time and capacity to check in with an expecting mom on a weekly basis (18-21 month commitment)

HOW DO I SIGN UP?
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tinyurl.com/mommymentors

For more information contact:
Lindy Cooksey
lcooksey@lasvegasnevada.gov
702-229-4695




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Programa de Mamás Mentoras

Conviértase en una Mamá Mentora

El Programa de Mamás Mentoras de La Ciudad De Las Vegas es una iniciativa de salud y bienestar para conectar a las mamás embarazadas con una "Mamá Mentora" solidaria que le brinde apoyo social, educación, y ayuda hasta el primer cumpleaños del niño/a. Las futuras mamás también recibirán orientación de una trabajadora de salud comunitaria quien les ayudará a navegar las barreras y conectarlas a los recursos apropiados. El programa comienza en marzo de 2024!

¿QUIÉN PUEDE SER UNA MAMÁ MENTORA?

- Residentes de la ciudad de Las Vegas
- Personas quienes estén disponibles para apoyar a una futura mamá durante todo el proceso de llevar un bebé sano a término y un año después del nacimiento del niño/a

REQUISITOS PARA CONVERTIRSE EN UNA MAMÁ MENTORA

- Asistir a una sesión informativa para conocer más sobre el programa y los recursos para futuras mamás.
- Tiempo y capacidad para comunicarse con una futura mamá semanalmente (comprometerse por 18-21 meses)

¿Cómo me registro?
¡Registrarse es fácil!

Escanea el código QR o visita:
tinyurl.com/mamasmentoras

Para más información:
Lindy Cooksey
lcooksey@lasvegasnevada.gov
702-229-4695




TTY 711
cityoflasvegas | lasvegasnevada.gov
NS 0846 10 23

Perinatal Mental Health Trainings for All

Perinatal Mental Health Disorders

PMHD is the most common complication of childbirth, affecting 15-20% of pregnant women and women with young children and up to 10% of men with young children.

 nmch.org/pmhds



Perinatal Mental Health Disorders, including postpartum depression, are the most common medical complication associated with pregnancy and childbirth. PMHDs present a widespread public health problem that may have serious consequences for mothers, infants, and families. Join us for one of our trainings if you'd like to learn more!

[Click Here to Register for a Session](#)

Upcoming sessions:

Wednesday, 4/10, 10am-11am

Friday, 5/10, 10am-11am

Wednesday, 6/5, 10am-11am

For larger group training sessions, please email Kairirenae.pangelinan@dignityhealth.org.

April Observances

Black Maternal Health Week 2024
Partnering for progress

#BMHW24

#HRSAhelpsMoms



[Access Black Mamas Matter toolkit here](#)

[Visit blackmamasmatter.org for more information](https://blackmamasmatter.org)

The Nevada Statewide MCH Coalition is pleased to announce the upcoming Black Maternal Health Week campaign #BMHW, taking place from April 11th to 17th, 2024! This week presents an opportunity for us to come together and focus our spotlight on the critical issue of Black maternal health.

At the MCH Coalition, we're committed to improving outcomes for Black mothers and their babies. Here's how you can get involved:

Use our Toolkit to Spread the Word and Your Work: Access our toolkit at <https://bit.ly/bmhtoolkit>—email MCHBinfo@hrsa.gov with questions. It features a website banner, virtual meeting background, and social media graphic cards with written messaging content. These resources are designed to help you elevate your work, partnerships, and accomplishments.

Together, let's raise awareness, drive action, and advocate for positive change in Black maternal health. Your voice matters.

[Register Here for the Webinar Discussion](#)

OUR FUTURE BELONGS TO US: AMPLIFYING INNOVATIONS IN BLACK MATERNAL HEALTH



Dr. L. Joy Baker
MD, FACOG, PMH-C, C-EFM,
MT(ASCP), founder of Delivering
Joy MD



Stephanie Arjona
Doula, CLE, Student Midwife, Los
Angeles Community Engagement
Coordinator at IRTH App



Toni Hill
Certified Professional Midwife,
CLC at Blooming Moon Midwifery
Services



TaKiesha Smith
Doula, CLC, CHW, founder of A
Caring Doula, Neuro Spicy Birth



Courtney Maxwell Greene
Director of External Partnerships
and Community Engagement,
UnityPoint Health

April 11 | 12 p.m. CST | Virtual

Presented by:  UnityPoint Health



Join us and @MinorityHealth this #NMHM24 and learn how we can Be the #SourceforBetterHealth when we are responsive to diverse cultural health beliefs and practices and consider how SDOH impact the communities we serve: hhs.gov/national-minority-health-month/

Important Updates & Resources

Recent recalls from CPSC

Want to Recieve Product Recall Newsletters?
Click Here

Click Here for More Recall
Annouements



Name of Product:
Forias Pack and Play Mattresses

Hazard:
The recalled mattress violates multiple provisions of the Safety Standard for Crib
Mattresses, including the thickness test, and is missing the required warnings and
labels. The product poses a suffocation hazard to infants.

CPSC Warns Consumers to Immediately Stop Using Comfi Baby Infant Walkers Due to Fall and
Entrapment Hazards; Violations of Federal Safety Regulations for Infant Walkers; Sold
Exclusively on Amazon.com by All Merchandise

Share: 

Release Date: March 21, 2024



[Open Positions Available for Breastfeeding Coalition](#)

The Northern NV Breastfeeding Coalition is looking to fill 3 board positions: VP, Secretary and Treasurer. Please reach out to nnbreastfeedingcoalition@gmail.com if you are interested.

[Mobile Pre-School for Zip Cods 89106, 89107, and 89101](#)

The Strong Start Go Mobile Pre-K Academy offers children and families a high-quality, early-education program close to their neighborhood at no cost to the families. This program provides

half-day, pre-kindergarten classes, along with family-engagement workshops and activities. For more information, call 702-229-KIDS, option 4, or email arose@LasVegasNevada.Gov. Children living in or near 89106, 89107 and 89101 receive first priority and can attend for free. All other zip codes are encouraged to apply. Four locations include:

- Owens Avenue and H Street (Sherman Gardens Annex location)
- Twin Lakes Drive and Washington Avenue (Derfelt Strong Future location)
- Mojave Road and Stewart Avenue (Chuck Minker Sports Complex location)
- Washington Avenue and D Street (Historic Westside location)



[Register Here](#)

[Postpartum Support International, Nevada Chapter](#)

The PSI Chapters bring together perinatal mental health advocates (survivors, professionals, stakeholders) from across U.S. states and territories to further PSI's mission and vision on a local level.

For more information please email, psichapternv@gmail.com.



[Follow PSI Nevada on Instagram](#)

[Breastfeeding Support](#)

Learn about breastfeeding before the baby arrives! There are many health benefits of breastfeeding for both you and baby, and resources you may want to familiarize yourself with before giving birth.



Nevada Breastfeeds

[Visit NV Breastfeeds Website](#)

[Visit Southern NV Breastfeeding Coalition Website](#)

[Visit Northern NV Breastfeeding Coalition Website](#)



[Learn about Breastfeeding Consults](#)

[Northern Nevada Postpartum Support & Therapists](#) [Call for More Information](#)

- Thrive Wellness of Reno - 775-525-8103
- Megan Kornbluth - 530-580-8848
- Quest Counseling - Alyson Mullen - 775-786-6880
- Amber Creek - Rachel Goforth - 775-575-2144
- Desert Bloom Wellness - Caitlyn Wallace - 775-453-4149
- Healing Home Counseling - Ashley Hanna Morgan - 775-391-0781

[Free community classes in Southern Nevada](#)

[Dignity Health Community Outreach](#) is offering online and hybrid fitness, wellness, and children's classes.

- Free Birthing Center Tours: Register at [StRoseHospitals.org/classes](https://www.strosehospitals.org/classes).
- My Baby App
- Mommy and Baby Yoga
- New Mommy Mixer
- Zumbini
- Sing & Sign: Food Time
- Parenting the Love and Logic Way
- Baby Steps: Learn and Play
- Mommy Care Club
- Kinship Care Club

[Click Here for Days and](#)

MCH Initiatives

Learn More
Here

[Nevada 2-1-1](#): Locate resources and services statewide

[Go Before You Show](#): Prenatal campaign to ensure a safe and healthy pregnancy

[Healthy Moms Sober Babies](#): Receive top priority admission at state-funded substance abuse treatment centers.

[Medical Home Portal](#): A "one-stop shop" for:

- Families who need help with care coordination, resources, and providers
- Physicians and Medical Home teams
- Other Professionals and Caregivers

[Tobacco Quitline](#): Free, convenient, safe, and secure way to quit smoking.

[Count the Kicks](#): Easy, free, and reliable way for expectant parents to monitor their baby's well-being in the third trimester in addition to regular prenatal visits

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NVMCH | Phone: (702) 616-4912 | www.nvmch.org

STAY CONNECTED



NV Statewide MCH Coalition | 7220 S. Cimarron Rd., Ste. 195, Las Vegas, NV 89113

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