

Stay in the know with the Nevada Statewide Maternal and Child Health (MCH) Coalition. Meet new members of the committees. Learn about the new programs and events that MCH is involved with. Stay connected with what's important.

Visit our Website

Follow us on TikTok

Like us on Facebook

Follow us on Instagram



Upcoming Coalition Meetings

Northern Nevada MCH Meeting

Next meeting is: June 12th, 2025 from 8:30am-10:00am

Click Here to Join

Click Here for 2025 Meeting Dates

Southern Nevada MCH Meeting

Next meeting is: June 10th, 2025 from 8:30am-10:00am

> Click Here to Join

Breakfast sponsorship available, please reach out to Susie at crutchfield@snhd.org if interested.



ॐMCH Southern NV

MCH MEETING

IN-PERSON

10 JUNE 2025

8:30am-10am

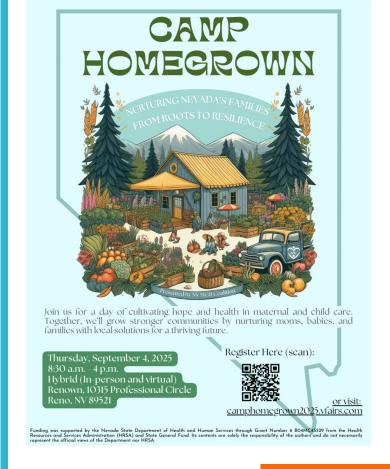
DIGNITY HEALTH ST. ROSE DOMINICAN, SAN MARTIN CAMPUS ALJIAN CONFERENCE CENTER 8280 W Warm Springs Rd, Las Vegas, NV 89113

Please park in the front of the hospital and take the



Upcoming Events & Trainings

View PDF Version of Flyer Here





View Sponsorship Deck Here

 \square Exciting Update for Camp Homegrown! \square

The flyer is ready, and the sponsorship deck is available! ☐ Two sponsorship spots have already been claimed, and registration will open soon—stay tuned!

We're still fine-tuning the landing page, but big things are on the horizon. Get ready to cultivate hope and health with us! $\Box\Box$

#CampHomegrown #MaternalHealth #CommunityResilience

Did you know that **Nevada** has a Postpartum Support International Chapter?!

Postpartum Support International (PSI) provides direct peer support to families, trains professionals, and provides a bridge to connect them. Our Local Nevada Chapter is an effort to be on the ground at a community level and we'd love your help!

You may visit our website here: https://psichapters.com/nv/

We are seeking Board Members (currently open positions include Alliance Representative, Fundraising Chair and At Large Positions) and anyone who would like to get involved at a local level. If you'd like to get involved and stay informed, please email us directly at psichapternv@gmail.com

Click Here to Join Meeting



You may also attend the next **NV PSI Quarterly Community Meeting on **June 9th, 2025, 6:15 pm,** via Zoom to learn more! (meeting link below)**

Join Zoom Meeting

https://us06web.zoom.us/j/83463217331?pwd=NtPiXbJDs3QHnOjcvaClEvTTI9UNHI.1

Meeting ID: 834 6321 7331 Passcode: 123456

You may also email us directly at <u>psichapternv@gmail.com</u> if you have any questions.



Register Here

8:00 am - 10:30 AM The Ahern Boutique Hotel 300 W Sahara Avenue, Las Vegas

Agenda

Registration, Networking, Breakfast 8:30 AM Welcome 8:40 AM **Current State of Affairs** Family-Friendly Policies & Business ROI 9:00 AM Panel Discussion - Regional Business Examples 9:15 AM 9:45 AM Deep Dive - Break Out Panel Discussion - Moving Forward 9:55 AM 10:25 AM Next Steps

Workforce Today & **Tomorrow Summit**

Don't Miss Out!

Family-friendly is business-friendly. Join us for an informative breakfast to discuss ways to improve your retention, recruitment, and production. The 2025 Nevada Business Summit is designed to engage industry executives and community leaders across Nevada in analyzing the return on investment of supporting family-friendly workforce policies and the effects of early education on Nevada's workforce and economic growth. We have an amazing lineup of national and local speakers to help engage and inform. We hope you join the conversation on June 18th to help expand Nevada's economic outlook.



10:30 AM Final Remarks



Doula Training Series: Supporting Clients with Substance Use Disorders A Virtual Learning Series Wednesdays at 3:30 PM Beginning June 4, 2025

This collaborative training brings together experts from across Nevada to explore the complex landscape of human trafficking throughout the state. Presenters will highlight the realities and regional nuances of trafficking in urban, rural, and campus communities, while addressing the frequent intersection with opioid use and substance dependency. Topics include recruitment tactics, legal context, trauma-informed response, and victim advocacy. Participants will gain a deeper understanding of how trafficking operates in Nevada and what communities can do to identify, prevent, and respond to exploitation.

Register Here

This virtual learning series is designed to equip doulas with the knowledge and tools to effectively support clients navigating substance use disorders (SUDs), with a focus on opioid use disorder (OUD), during pregnancy, labor, and postpartum. Participants will explore key topics including the impact of opioids and other substances on maternal and infant health, trauma-informed care practices, screening and referral tools, recovery support strategies, and approaches for caring for substance-exposed newborns. The training centers empathy, lived experience, and practical, culturally responsive support.

Presented by: Kasey Edwards Snider, CRM2, PSS, CADC-I, Specialized Doula

Continuing Education Units: 6 CEUs Available*

This training is approved for continuing education by the boards listed here as well as by the Nevada Certification Board for Doulas.

Cost: FREE

Dates: June 4th June 11th

June 18th June 25th

Register Here





Human Trafficking in Nevada LIVE WEBINAR

> June 3, 2025 9:00 AM - 11:00 AM Pacific Time





NYE COUNTY ANNUAL SOCIAL SERVICES FAIR

Thursday, July 24th 9:00am - 2:00pm

TONOPAH CONVENTION CENTER 301 Brougher Ave.

(Behind Belvada Hotel)

** FREE TO ATTEND **

COME LEARN ABOUT THE VARIOUS SERVICES,
PROGRAMS, AND BENEFITS AVAILABLE IN NYE COUNTY
AND ENTER TO WIN RAFFLE PRIZES





FOR MORE INFORMATION OR

CALL 775-751-7095

Back to School Fairs











NEVADA URBAN INDIANS ANNUAL

BACK TO

Join us on Friday, July 18th, 2025

from 1:00pm to 7:00pm

SCHOOL EVEN

• Free School Supplies

• Free Sports Physicals

people of all ages

• Free Vaccines for

• Free Backpack

(while supplies last)

Community Vendors

Food Games Music

9480 Gateway Dr.

Reno, NV 89521

Community Partners

MOLINA' HEALTHCARE

Location:





Acompáñanos el Viernes, 18 de Julio, 2025 a las 1:00pm - 7:00pm

- Mochilas Gratis
- Útiles Escolares Gratis
- Exámenes Físicos Deportortivos Gratis
- Vacunas Gratis para gente de todas edades





Ubicacion: 9480 Gateway Dr. Reno, NV 89521

Presencia en (775)788-7600

Additional Information

- For **sports physicals you must call to pre-register** your child(ren) as an NUI patient and complete "New Patient" paperwork. (Call 775-788-7600)
- Physicals will be FREE if scheduled at the event for a later
- On the day of the event you must bring required documentation (ID, Birth Certificate or Proof of Guardianship) for each child receiving immunizations to be

Scan QR Code Below to Register for Vaccines







(775)788-7600

Scan QR Code Below for Northern Nevada **Vaccination Requirements**



Informacion Adicional

- Para exámenes físicos deportivos, debe llamar para preinscribir a su(s) hijo(s) como paciente de NUI y completar la documentación de "Paciente nuevo". (Llama 775-788-7600)
- Los exámenes físicos serán GRATIS si se programan en el evento para una fecha posterior.
- El día del evento, debe traer la documentación requerida (identificación, certificado de nacimiento o prueba de tutela) para cada niño que reciba vacunas para ser elegible.

Escanee abajo para registrarse para las vacunas







Escanee abajo para conocer los requisitos de vacunas escolares del norte de Nevada



Upcoming EARN-FS Workshops



Join us for an interactive workshop designed to help you make nutritious choices while sticking to a budget! This session will cover meal planning strategies, smart grocery shopping tips, price comparison techniques, and how to read nutrition labels to make informed food choices. Whether you're feeding a family or shopping for yourself, you'll learn practical skills to stretch your food dollars without compromising on quality or nutrition.



Join us for a supportive and informative workshop designed to help parents and caregivers approach conversations about menstrual cycles with comfort and confidence. Discover practical tips, age-appropriate language, and effective strategies to create open and supportive dialogue with your daughter. In this workshop, we'll discuss female anatomy, the stages of the menstrual cycle, and even assemble personalized menstrual kits. Empower yourself to provide guidance, break down taboos, and foster a positive, healthy perspective on this important topic.

Register for Free Here

Community Surveys and Volunteer Opportunities



Biggest Little Baby Announcement

Done with your carrier?

If you have a carrier that you have finished with and not it is just taking room in your home, donate it to our carrier rental program!

Have questions? Call us at 775-825-080



NyECC has partnered with the Nevada Office of Traffic Safety to conduct a survey of community knowledge, opinions, and beliefs surrounding impaired driving. Participation from community members of all backgrounds is highly encouraged in order for our data to

reflect the unique perspectives and personal experiences of diverse groups. The survey is completely anonymous and will aid in promoting community awareness and developing initiatives to reduce rates of impaired driving and related injuries across the State of Nevada. *survey should only take 5-10 minutes to complete."

Survey: https://www.surveymonkey.com/r/NVImpairedDriving





JOIN US IN THE GARDEN, CREATING A STRONGER AND MORE NUTRITIOUS, FOOD SECURE COMMUNITY

SPRING PUBLIC VOLUNTEER DAYS:

- √ Sat, 5/3, 9-1pm: Soulful Seeds Garden at Our Place Public Volunteer Day featuring Blackberry Growing Education w/Washoe County Master Gardeners
- Thu, 5/9, 5:30-7pm: ¡jueves en el jardín! Our first Spanish language-only volunteering. At the Soulful Seeds Garden at Our Place (every second Thursday through August)
- ✓ Sat, 6/7, 9-12pm: Soulful Seeds Garden at Our Place Public Volunteer Day featuring Tomato Planting Education with the Washoe County Master Gardeners
- √ Thu, 6/12, 5:30-7pm: jueves en el jardin! At the Soulful Seeds Garden at Our Place.
- ✓ Sat, 6/14, 9-12pm: Soulful Seeds Garden at Our Place Public Volunteer Day & Master Gardeners of Washoe County Help Desk

Summer Public Volunteer Dates Coming Soon!

Find more information about volunteer opportunities and our programs here:



soulfulseedsnevada.org



We are calling all pregnant or recent moms with an infant under 14 days old in the following Clark County, Nevada zip codes: zip codes: 89101, 89106, 89030, 89031, 89032. If you responded YES: complete the online survey by scanning the QR Code or link provided in the flyer and check if you are eligible to enroll in the Nurturing Care Family Navigator Study. All personal information is kept confidential. Survey link: bit.ly/3R6shFh

Who can participate?

- recent moms with an infant up to 14 days
- pregnant women between 36-40 weeks
- Must live in one of the target zip codes: 89101, 89106, 89030, 89031, 89032
- Must be either uninsured or Medicaid

Why is it important?

We aim to connect recent moms to health and nutrition resources to promote optimal infant feeding, and early childhood development in Clark County, Nevada. This study has a strong potential to contribute to improving the health and well-being of mothers/caregivers and their babies.

¿Tienes entre 36 y 40 semanas de embarazo o tienes un bebé de hasta 14 días? ¿Vives en uno de estos códigos postales: 89101, 89106, 89030, 89031, 89032? ¿Tienes Medicaid o no tienes seguro? proporciona apoyo nutricional y sanitario a madres con bebés.

Navegador Familiar de

Crianza y Cuidado

Si es así, podrías ser eligible para neuestro estudio de investigación de la UNLV que



Programa Tener un bebé de hasta (14 dias de vida) Vive en uno delos cinco

Llamamos a todas las madres embarazadas o que havan dado a luz recientemente con un bebé menor de 14 días en los siguientes códigos postales del Condado de Clark, Nevada: 89101, 89106, 89030, 89031 y 89032. Si respondió SÍ, complete la encuesta en línea escaneando el código QR o el enlace del folleto y verifique si cumple los requisitos para inscribirse en el Estudio del Navegador Familiar de Cuidado Cariñoso. Toda su información personal se mantiene confidencial. Enlace de la encuesta: bit.ly/3R6shFh

¿Quién puede participar?

- Madres recientes con un bebé de hasta 14 días
- Mujeres embarazadas entre 36 y 40 semanas
- Deben vivir en uno de los códigos postales de destino: 89101, 89106, 89030, 89031 y 89032
- Deben no tener seguro médico o ser beneficiarios de Medicaid

¿Por qué es importante?

Nuestro objetivo es conectar a las madres recientes con recursos de salud y nutrición para promover la alimentación infantil óptima y el desarrollo infantil temprano en el condado de Clark, Nevada. Este estudio tiene un gran potencial para contribuir a mejorar la salud y el bienestar de las madres/cuidadoras y sus bebés.

June Observances

Juneteenth

Honoring Juneteenth: Freedom, Resilience, and Progress

Today, we celebrate Juneteenth, a powerful reminder of

resilience, liberation, and the ongoing fight for equality. As we reflect on this historic day, let's continue to uplift, educate, and advocate for justice. Freedom is worth celebrating—yesterday, today, and always! ♥□□ #Juneteenth #FreedomDay #CelebrateBlackHistory



Juneteenth Festival

Everyone is welcome at this familyfriendly event to honor the legacy of Juneteenth through inspiring performances by talented artists such as Street Corner Renaissance and Syndee Winters. Enjoy a local community vendor market and much more. Come together for a day of music, food, art, and unity.

JUNE

19

6pm-9pm Water Street Plaza Free to Attend!

FESTIVAL DETAILS



Happy Father's Day! \square Today, we celebrate the strength, wisdom, and love that fathers and father figures bring into our lives. Whether through guidance, laughter, or unconditional support, dads make the world a better place. Thank you for all you do! \square #FathersDay #DadAppreciation #ThankYouDad

Important Updates & Resources



Consumers should immediately stop using the following faucets, which were tested and found to contain lead that can leach into water at levels that can be particularly harmful to infants, young children and pregnant women:

- VESLA HOME Kitchen Faucet sold by VESLA HOME and manufactured in China
- KZH Bathroom Faucet sold by Yajie Sanitaryware and manufactured in China
- CEINOL Bathroom Faucet sold by CEINOL-USA and manufactured in China
- Rainsworth Bathroom Faucet sold by Le Chang SANITARY and manufactured in China
 NICTIF Bathroom Faucet sold by NICTIF and
- NICTIE Bathroom Faucet sold by NICTIE and manufactured in China
- HGN Kitchen Faucet sold by HGN Sanitaryware and manufactured in China
- Qomolangma Kitchen Faucet sold by Qomolangma Sanitary Ware and manufactured in China
- Kicimpro Kitchen Faucet sold by Kicimpro and manufactured in China
- VFAUOSIT Kitchen Faucet sold by Whisper08 and manufactured in China



Nevada WIC (Women, Infants, and Children) is a supplemental nutrition program that provides nutrition education, breastfeeding support, healthy food assistance, and referrals to eligible families. It serves pregnant, postpartum, and breastfeeding women, as well as infants and children under five who meet income and health-related eligibility requirements.

Find a WIC Clinic Here

Perinatal Mental Health Trainings for All

Cribs 4 Kids Parent Safe Sleep Workshop







Perinatal Mental Health Disorders, including postpartum depression, are the most common medical complication associated with pregnancy and childbirth. PMHDs present a widespread public health problem that may have serious consequences for mothers, infants, and families. Join us for one of our trainings if you'd like to learn more!

Please click the date below to register for a training.

Upcoming sessions:

Wednesday, August 13th 10-11am
September 12th, 10-11am
October 8th 10-11am
November 14th 10-11am
December 10th 10-11am

For larger group training sessions, please email <u>Kairirenae.pangelinan@commonspirit.org</u>.

Please contact us if you do not have a safe sleep environment prepared for your child. You may also sign up for a scheduled safe sleep workshop below.

2nd Wednesdays of the Month

4th Wednesdays of the Month

Become a Cribs 4 Kids Partner: If you are an organization and would like to provide cribs to your clients, please contact Kairi at Kairirenae.Pangelinan@commonspirit.org.

Breastfeeding Support

Learn about breastfeeding before the baby arrives! There are many health benefits of breastfeeding for both you and baby, and resources you may want to familiarize yourself with before giving birth.

Visit Nevada Breastfeeding Coalition Website

> Learn about Breastfeeding Consults

Breastfeeding Support Through WIC



Visit NV Breastfeeds Website

Northern Nevada Postpartum Support & Therapists Call for More Information

- Thrive Wellness of Reno 775-525-8103
- Megan Kornbluth 530-580-8848
- Quest Counseling 775-786-6880
- Amber Creek 775-575-2144
- Desert Bloom Wellness Caitlyn Wallace 775-453-4149

Free community classes in Southern Nevada

Dignity Health Community Outreach is offering online and in-person fitness, wellness, and children's classes.

- Free Birthing Center Tours: Register at StRoseHospitals.org/classes.
- My Baby App
- Mommy and Baby Yoga
- New Mommy Mixer

- Sing & Sign: Food Time
- Parenting the Love and Logic Way
- Mommy Care Club
- Zumbini

Click Here for Days and Locations

MCH Initiatives

Learn More Here

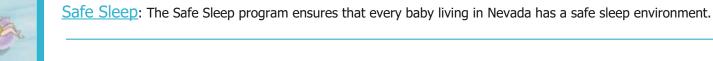
Nevada 2-1-1: Locate resources and services statewide

Go Before You Show: Prenatal campaign to ensure a safe and healthy pregnancy

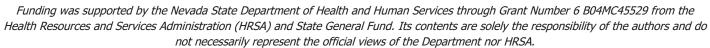
Sober Moms, Healthy Babies: Receive top priority admission at state-funded substance abuse treatment centers.

<u>Tobacco Quitline</u>: Free, convenient, safe, and secure way to quit smoking.

<u>Count the Kicks</u>: Easy, free, and reliable way for expectant parents to monitor their baby's well-being in the third trimester in addition to regular prenatal visits







NVMCH | Phone: (702) 620-7801 | <u>www.nvmch.org</u>

STAY CONNECTED



NV Statewide MCH Coalition | 9880 W. Flamingo Rd. Suite 220 | Las Vegas, NV 89147 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



