



NV Statewide Maternal and
Child Health (MCH) Coalition
Healthy moms and children strengthen Nevada

Stay in the know with the Nevada Statewide Maternal and Child Health (MCH) Coalition. Meet new members of the committees. Learn about the new programs and events that MCH is involved with. Stay connected with what's important.

Visit our
Website

Follow us on
TikTok

Like us on
Facebook

Follow us on
Instagram



Upcoming Coalition Meetings

Northern Nevada MCH Meeting

Next meeting is: October 9, 2025 from 8:30am-
10:00am

No Meeting for September

Southern Nevada MCH Meeting

Next meeting is: September 9th, 2025 from 8:30am-
10:00am

Click Here to Join

Click Here for 2025 Meeting
Dates

Upcoming Events & Trainings





What a harvest of ideas, connections, and inspiration we reaped together this year at Camp Homegrown. Each of you brought fresh energy and vibrant spirit to our market stalls of workshops, keynotes, and market gatherings.

We're especially grateful to:

Our Homegrown Heroes (Sponsors): Your generous support fueled our sessions and activities to cultivate a fertile ground for collaboration and growth.

Every Attendee: You brought the energy, asked the big questions, and built connections that will last far beyond camp.

Our Inspiring Speakers: Your stories, insights, and challenges sparked new ideas and fueled our collective growth.







Upcoming Events





SERVING LAS VEGAS AND SURROUNDING AREAS

Click Here to
Read

One binged-out bra at a time!

Using a bra as the canvas, organizations and community members are invited to create original, inspiring, or even funny art inspired by breast cancer. Anyone can enter!

We'll showcase the decorated bras in a "fashion show" October 1 in downtown Reno's Locomotion Plaza followed by the lighting of the Reno Arch in pink!

Suggested donation of \$20 for individuals or \$75 for businesses.

All funds raised will go to Nevada Cancer Coalition's Cancer Assistance Fund which offers financial assistance for breast cancer screening and diagnosis services for uninsured and underinsured Nevadans.

For more information:
PaintNevadaPink.com

View Sponsorship Opportunities Here



**COLLEGE
READINESS
BOOTCAMP**

**SATURDAY, SEPT. 13, 2025
8AM-2PM**

- ✓ Open to 9th to 12th grade Students
- ✓ UNLV Tour & free dining hall meal
- ✓ Learn how to apply for in-state, out-of-state schools and financial aid
- ✓ Specific sessions with interactive workshops for parents and students

SIGN-UP HERE

https://bit.ly/CRB_2025

Sunday, Sept. 14
Start time: 10AM

Edward C Reed High School,
Sparks, Nevada

Learn more at
NAMIWalks.org/northernnevada



LOCATION:
UNLV STUDENT UNION
4505 S MARYLAND PKWY,
LAS VEGAS, NV 89154

For more info:
702-489-8866
info@acdenv.org



NAMI Family-to-Family is a
**free, 8-session educational
program** for family, significant
others and friends of people
with mental health conditions.

NAMI Family-to-Family not only
provides information and
strategies for taking care of the
person you love, but you'll also
find out that you're not alone.

Presented by



Fall 2025 Session
Sept. 25-Nov. 13



Via Zoom

**Register Now!
Spaces are limited!**



You Are Invited to
HOPES' and Health Plan of Nevada's
**Community
Baby Shower**

Wednesday, September 24 | 9 AM - 12 PM

580 W. 5th St, Reno, NV 89503, on the 3rd floor.

Join us for a fun and educational Community Baby
Shower designed to support expecting mothers!

Featuring:

- **Free diapers for the first 50 attendees!**
- Educational booths with helpful resources
- Games & prizes for pregnant participants
- Information on maternal health care and pediatric care at Northern Nevada HOPES
- **Mama Care Kits for the first 20 attendees that arrive!**

**This is a free event—don't miss out on valuable
programs and a chance to connect with other moms!**

Chance to Win: 1
All-in-one Baby
Stroller/Car Seat



**Family
Health Fair**

Urban Roots & Renown Health are
hosting a health fair for all ages.
Enjoy a second food distribution
from the pantry, fun activities
and resources



Saturday September 6
9 am - 1 pm
1095 E. 2nd Street



Food Demos



Sábado 6 de septiembre
9 am - 1 pm
1095 E. 2nd Street



Demostración
de comida



SNAP Application Assistance

Asistencia con la Solicitud de SNAP

Vaccinations

Vacunas

urban roots **Renown**
HEALTH

urban roots **Renown**
HEALTH

Vamos a celebrar la Semana de la Lactancia Latina

Septiembre 8 - Septiembre 14

2025 Tema: Territorio del Corazón

Evento comunitario para celebrar la
lactancia materna



12 de Septiembre | 1:00pm - 2:30 p. m.

Anthem Wellness Center
2348 E Bonanza Rd
Las Vegas, NV 89101

Abra actividades,
musica, refrescos, rifa
y mas!
Venga con sus niños!



Let's celebrate Latinx Breastfeeding Week

September 8 - September 14

2025 Theme: Territory of the Heart

Community event to celebrate
breastfeeding



September 12th | 1:00 p.m. - 2:30 p.m.

Anthem Wellness Center
2348 E Bonanza Rd Las Vegas, NV 89101

Activities, music,
refreshments, raffles and
more!
Bring your babies!





The Las Vegas Valley Community Day of Service

Benefiting Title 1 Hope of the CCSD
Help make and gather a goal of 15,000 fleece blankets

SEPTEMBER 13, 2025

9AM to 1PM

Brought to you by



Leavitt Middle

School

4701 Quadrel Street

Las Vegas, NV 89129



Bring fabric
scissors or rotary
blades.

Activities for
young children
will be provided

Fleece fabric
donations are being
accepted now!

Each blanket is 2
yards of fabric.

No donation needed
to participate!

Your local Just Serve
Representative

Curtis Terry:
flyfishingct@hotmail.com

or

Karl Benson:
kari29@earthlink.net



x



DORILL

NYC

TELL ME ABOUT IT *Campaign*

**YOU HAVE A STORY TO TELL, AND WE WANT
TO HEAR IT.**

**Now - Oct 10th, Share your mental health story to help us
amplify the voices of young people across the country.
Select submissions will be featured on our social media and
website.**

- Videos
- Drawings, paintings, etc.
- Poems
- Spoken words
- Dances
- Short Stories (<750 words)



**SURVEY: Help Shape
Environmental Health**

Environmental Health Services in Washoe County

Fill out anonymous survey, enter to win \$200 gift card

[Click Here to Complete](#)



2025 Nevada Breastfeeding Coalition's Symposium

Sat, Oct 11 | UMC Healthing Living Institute

[Register Here](#)

We are delighted to invite you to the 2025 Nevada Breastfeeding Coalition Annual Symposium on Saturday, October 11 at the UMC Healthy Living Institute, with a virtual option available.

Join us for a full day of expert-led training featuring Melissa Cole, MS, IBCLC, designed to enhance your skills in infant feeding, oral health, and lactation care.

Earn 6 CERPs & CEUs and connect with a community dedicated to supporting breastfeeding families. Space is limited—secure your spot today!

COMMUNITY
HEALTH
ALLIANCE



Community Health Alliance is hosting Mobile Dental Program clinics to provide comprehensive dental care to pediatric patients between the ages of 0-20.

Nell J. Redfield Health Center, Neil Road
3915 Neil Rd. Reno, NV 89502
• Thursday, September 4, 2025 from 7am-4pm

Nell J. Redfield Health Center, Sun Valley
5055 Sun Valley Blvd. Ste 100, Sun Valley, NV 89433
• Thursday, September 18, 2025 from 7am-4pm

We accept Medicaid, private insurance, and offer discounted services for uninsured patients.



Community Health Alliance will be returning every month to these locations. Visit our website at chanevada.org for upcoming dates.

Appointments are encouraged and walk-ins are welcome.
For appointments, call Community Health Alliance at 775.329.6300.

MOM'S RESOURCE FAIR

Saturday, Sept. 6 / 10 a.m.-2 p.m.
Historic Fifth Street School / 401 S. Fourth St.

The city of Las Vegas invites you to join us for our
Mom's Resource Fair at the Historic Fifth Street School!

Family Resources and Services
Activities & Games • Food Trucks • and more!

Get Tickets at [EventBrite!](#)



For vendor opportunities please contact:
Gregory Gray
702.229.6690 • ggray@lasvegasnevada.gov



NATIONAL NIGHT OUT

Free Event

OCTOBER 7, 2025 | 5:00 PM TO 8:00 PM

LIVE ENTERTAINMENT,
COMMUNITY RESOURCES,
BBQ, GAMES AND FOOD
TRUCKS

Bob Price Park
2050 Bonnie Ln Las Vegas, NV 89115

2025 MINGO HEALTH SOLUTIONS

MENTAL HEALTH SYMPOSIUM

SAVE THE DATE!

Thursday, October 2nd, 2025
8:30 am - 5:00 pm

the center
Serving the LGBTQ+ Community of Nevada
401 S Maryland Pkwy.
Las Vegas, NV 89101

Continental Breakfast & Lunch
6 CEU Hours
Raffle Prizes
Sponsorships & Vendors Available

Website: www.mhsbs.com
Contact Charlotte for more info: (725)-772-1833
cwatkins@mhsbs.com

A HOPE MEANS NEVADA ANNUAL EVENT

HOPE IN ACTION

REGISTER NOW

SATURDAY
NOVEMBER 8, 2025

10:00AM TO 1:00PM

UNLV CAMPUS
VALERIE PIDA PLAZA

Visit Us
www.hopemeansnevada.org

SCAN ME

5K RUN & WALK

SATURDAY
OCTOBER 25TH
SAME DAY REG 7AM
RACE START 9AM

Domestic Violence AWARENESS MONTH

Sparks Marina
300 Howard Dr
Sparks, NV

REGISTER TODAY!

Donations accepted
DV resource groups on site
Proceeds to Sparks Police Victim Services Unit Advocates

Silverado Ranch Community Center and Commissioner Michael Naft Present

PARKTOBERFEST

BOUNCE HOUSES
FACE PAINT
FOOD TRUCKS
CARNIVAL GAMES
MOVIE AT DUSK

FREE FAMILY EVENT

OCT 25TH
4-8PM

SILVERADO RANCH PARK
9855 GILLESPIE ST, LAS VEGAS 89183
702-455-6811 FOR MORE INFO

MAM
Mamitas Abrazando Mamitas
1er grupo de apoyo en español para mamitas en duelo.

Puedes llamar y pedir apoyo
775-378-1779

¿Conoces a alguna Madre que esté sufriendo por perder una hija o hijo?
Invítala a esta reunión, buscaremos la mejor forma de apoyo para ella

Gratuito

Grupo de Apoyo para la Lactancia Materna

Todos los viernes de 12-1pm

Guiado por una Consultora Internacional Certificada en Lactancia Materna (IBCLC) y una Consejera Certificada


Invítala a esta **reunión**, buscaremos la mejor forma de **apoyo** para ella.
Nuestro **equipo** está certificado en duelo.
La frustración, el dolor y el miedo hacen difícil ver otros **caminos**.

Centro de Latino Arte
2745 Elementary Dr. Reno | Paradise Park
Info: 775 378-1779

LatinoARTE
AND CULTURE
Since 2010 • Reno, NV

Anthem Wellness Center
2348 E. Bonanza Rd. Las Vegas, NV 89101
Confirme su asistencia [aquí](#)
Se ofrecerán refrigerios ligeros



UNLV SCHOOL OF PUBLIC HEALTH  NEVADA DIVISION of PUBLIC and BEHAVIORAL HEALTH 

Important Updates & Resources



[Click Here for More Info](#)

[Properly Store Nicotine Pouches to Prevent Accidental Exposure to Children and Pets](#)

Nicotine pouches can be dangerous to children if they use, touch, chew on, or eat them.

These small fiber pouches, which contain nicotine that is chemically synthesized or derived from the tobacco leaf, can cause nicotine poisoning in children. It's important to keep these products away from kids and to be prepared in case of accidental exposure or ingestion.

During the three-year period of April 1, 2022, to March 31, 2025, the number of nicotine pouch exposure cases reported to U.S. Poison Centers steadily increased. Approximately 72% of reported nicotine pouch exposure cases occurred in children under 5 years of age. Ingestion was the reported route of exposure for almost all cases pertaining to nicotine pouch products (99%). Nicotine pouches can also harm pets.

If you believe someone is experiencing an adverse event from a nicotine pouch, contact the Poison Help Line (1-800-222-1222) or visit www.poisontohelp.org [External Link Disclaimer](#) for help.

If a child can't wake up, is having trouble breathing or has a seizure, call 911 immediately.

Perinatal Mental Health Disorders

PMHD is the most common complication of childbirth, affecting 15-20% of pregnant women and women with young children and up to 10% of men with young children.

 nvmch.org/pmhd



Perinatal Mental Health Disorders, including postpartum depression, are the most common medical complication associated with pregnancy and childbirth. PMHDs present a widespread public health problem that may have serious consequences for mothers, infants, and families. Join us for one of our trainings if you'd like to learn more!

Please click the date below to register for a training.

Upcoming sessions:

[September 12th, 10-11am](#)

[October 8th 10-11am](#)

[November 14th 10-11am](#)

[December 10th 10-11am](#)

For larger group training sessions, please email Kairirenae.pangelinan@commonspirit.org.



Please contact us if you do not have a safe sleep environment prepared for your child. You may also sign up for a scheduled safe sleep workshop below.

2nd Wednesdays of the Month

4th Wednesdays of the Month

Become a Cribs 4 Kids Partner: If you are an organization and would like to provide cribs to your clients, please contact Kairi at Kairirenae.Pangelinan@commonspirit.org.

[Breastfeeding Support](#)

Learn about breastfeeding before the baby arrives! There are many health benefits of breastfeeding for both you and baby, and resources you may want to familiarize yourself with before giving birth.

Visit Nevada Breastfeeding Coalition Website

Learn about Breastfeeding Consults

Breastfeeding Support Through WIC



Visit NV Breastfeeds Website

[Northern Nevada Postpartum Support & Therapists](#) **Call for More Information**

- Thrive Wellness of Reno - 775-525-8103
- Megan Kornbluth - 520-590-8848

- Megan Kornbluth - 530-580-8848
- Quest Counseling - 775-786-6880
- Amber Creek - 775-575-2144
- Desert Bloom Wellness - Caitlyn Wallace - 775-453-4149

[Free community classes in Southern Nevada](#)

Dignity Health Community Outreach is offering online and in-person fitness, wellness, and children's classes.

- Free Birthing Center Tours: Register at StRoseHospitals.org/classes.
- My Baby App
- Mommy and Baby Yoga
- New Mommy Mixer
- Sing & Sign: Food Time
- Parenting the Love and Logic Way
- Mommy Care Club
- Zumbini

Click Here for Days and Locations

MCH Initiatives

Learn More Here

[Nevada 2-1-1](#): Locate resources and services statewide

[Go Before You Show](#): Prenatal campaign to ensure a safe and healthy pregnancy

[Sober Moms, Healthy Babies](#): Receive top priority admission at state-funded substance abuse treatment centers.

[Tobacco Quitline](#): Free, convenient, safe, and secure way to quit smoking.

[Count the Kicks](#): Easy, free, and reliable way for expectant parents to monitor their baby's well-being in the third trimester in addition to regular prenatal visits

[Safe Sleep](#): The Safe Sleep program ensures that every baby living in Nevada has a safe sleep environment.

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NVMCH | Phone: (702) 620-7801 | www.nvmch.org

STAY CONNECTED



NV Statewide MCH Coalition | 9880 W. Flamingo Rd. Suite 220 | Las Vegas, NV 89147 US

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