

NV Statewide Maternal and Child Health (MCH) Coalition

Healthy moms and children strengthen Nevada

Stay in the know with the Nevada Statewide Maternal and Child Health (MCH) Coalition. Meet new members of the committees. Learn about the new programs and events that MCH is involved with. Stay connected with what's important.

> Visit our Website

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Upcoming Coalition Meetings

Northern Nevada MCH Meeting

10:00am

Southern Nevada MCH Meeting

Next meeting is: October 9, 2025 from 8:30am- Next meeting is: September 9th, 2025 from 8:30am-10:00am

No Meeting for September

Click Here to Join

Click Here for 2025 Meeting **Dates**

Upcoming Events & Trainings





What a harvest of ideas, connections, and inspiration we reaped together this year at Camp Homegrown. Each of you brought fresh energy and vibrant spirit to our market stalls of workshops, keynotes, and market gatherings.

We're especially grateful to:

Our Homegrown Heroes (Sponsors): Your generous support fueled our sessions and activities to cultivate a fertile ground for collaboration and growth.

Every Attendee: You brought the energy, asked the big questions, and built connections that will last far beyond camp.

Our Inspiring Speakers: Your stories, insights, and challenges sparked new ideas and fueled our collective growth.



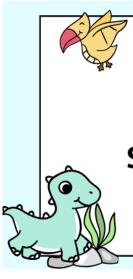












STAY TUNED FOR THE 2026 FALL SYMPOSIUM IN LAS VEGAS















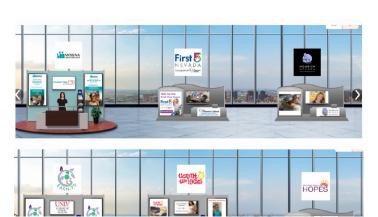






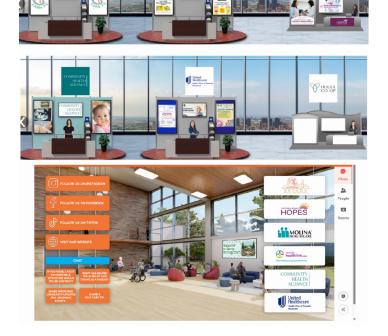














Upcoming Events







SERVING LAS VEGAS AND SURROUNDING AREAS

Click Here to Read one bunged-out bra at a time:

Using a bra as the canvas, organizations and community members are invited to create original, inspiring, or even funny art inspired by breast cancer. Anyone can enter!

We'll showcase the decorated bras in a "fashion show"

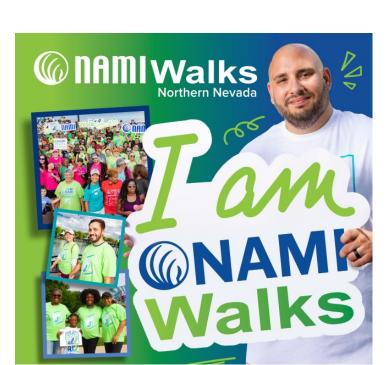
October 1 in downtown Reno's Locomotion Plaza followed
by the lighting of the Reno Arch in pink!

Suggested donation of \$20 for individuals or \$75 for businesses.

All funds raised will go to Nevada Cancer Coalition's Cancer Assistance Fund which offers financial assistance for breast cancer screening and diagnosis services for uninsured and underinsured Nevadans.

For more information:
PaintNevadaPink.com

View Sponsorship Opportunities Here





Sunday, Sept. 14 Start time: 10AM

Edward C Reed High School, Sparks, Nevada

Learn more at NAMIWalks.org/northernnevada



LOCATION: UNLV STUDENT UNION 4505 S MARYLAND PKWY, LAS VEGAS, NV 89154







For more info:

702-489-8866 info@acdcnv.org



WELLS FARGO





Chance to Win: 1 All-in-one Baby

Stroller/Car Seat



others and friends of people with mental health conditions. NAMI Family-to-Family not only

provides information and strategies for taking care of the person you love, but you'll also find out that you're not alone.

Presented by

@NAMI Northern Nevada



Fall 2025 Session Sept. 25-Nov. 13



Via Zoom

Register Now! Spaces are limited!





arcata





You Are Invited to

HOPES' and Health Plan of Nevada's

Community Baby Shower

Wednesday, September 24 | 9 AM - 12 PM

580 W. 5th St, Reno, NV 89503, on the 3rd floor.

Join us for a fun and educational Community Baby Shower designed to support expecting mothers!

Featuring:

- Free diapers for the first 50 attendees!
- · Educational booths with helpful resources
- · Games & prizes for pregnant participants
- · Information on maternal health care and pediatric care at Northern Nevada HOPES
- Mama Care Kits for the first 20 attendees that arrive!

This is a free event—don't miss out on valuable programs and a chance to connect with other moms!

Family Health Fair

Urban Roots & Renown Health ar hosting a health fair for all ages. Enjoy a second food distribution from the pantry, fun activities and resources



Saturday September 6 9 am - 1 pm 1095 E. 2nd Street







Sábado 6 de septiembre 9 am - 1 pm 1095 E. 2nd Street

Demostración de comida













DORILL NYC

SURVEY: Help Shape Environmental Health

Services in Washoe County

Fill out anonymous survey, enter to win \$200 gift card



Click Here to Complete

2025 Nevada Breastfeeding Coalition's Symposium

Sat, Oct 11 \mid UMC Healthing Living Institute

Register Here

We are delighted to invite you to the 2025 Nevada Breastfeeding Coalition Annual Symposium on Saturday, October 11 at the UMC Healthy Living Institute, with a virtual option available.

Join us for a full day of expert-led training featuring Melissa Cole, MS, IBCLC, designed to enhance your skills in infant feeding, oral health, and lactation care.

Earn 6 CERPs & CEUs and connect with a community dedicated to supporting breastfeeding families. Space is limited—secure your spot today!



















Nuestro equipo está certificado en duelo. La frustración, el dolor y el miedo hacen difícil ver otros caminos. 2745 Elementary Dr. Reno | Paradise Park

▼ Info: 775 378-1779

Latino ARTE.org



Important Updates & Resources



Click Here for More Info

Properly Store Nicotine Pouches to Prevent Accidental Exposure to Children and Pets

Nicotine pouches can be dangerous to children if they use, touch, chew on, or eat them.

These small fiber pouches, which contain nicotine that is chemically synthesized or derived from the tobacco leaf, can cause nicotine poisoning in children. It's important to keep these products away from kids and to be prepared in case of accidental exposure or ingestion.

During the three-year period of April 1, 2022, to March 31, 2025, the number of nicotine pouch exposure cases reported to U.S. Poison Centers steadily increased. Approximately 72% of reported nicotine pouch exposure cases occurred in children under 5 years of age. Ingestion was the reported route of exposure for almost all cases pertaining to nicotine pouch products (99%). Nicotine pouches can also harm pets.

If you believe someone is experiencing an adverse event from a nicotine pouch, contact the Poison Help Line (1-800-222-1222) or visit www.poisonhelp.orgExternal Link Disclaimer for help.

If a child can't wake up, is having trouble breathing or has a seizure, call 911 immediately.

Perinatal Mental Health Trainings for All



Cribs 4 Kids Parent Safe Sleep Workshop



Perinatal Mental Health Disorders, including postpartum depression, are the most common medical complication associated with pregnancy and childbirth. PMHDs present a widespread public health problem that may have serious consequences for mothers, infants, and families. Join us for one of our trainings if you'd like to learn more!

Please click the date below to register for a training.

Upcoming sessions:

September 12th, 10-11am
October 8th 10-11am
November 14th 10-11am
December 10th 10-11am

For larger group training sessions, please email <u>Kairirenae.pangelinan@commonspirit.org</u>.

Please contact us if you do not have a safe sleep environment prepared for your child. You may also sign up for a scheduled safe sleep workshop below.

2nd Wednesdays of the Month

4th Wednesdays of the Month

Become a Cribs 4 Kids Partner: If you are an organization and would like to provide cribs to your clients, please contact Kairi at Kairirenae.Pangelinan@commonspirit.org.

Breastfeeding Support

Learn about breastfeeding before the baby arrives! There are many health benefits of breastfeeding for both you and baby, and resources you may want to familiarize yourself with before giving birth.

Visit Nevada Breastfeeding Coalition Website

Learn about Breastfeeding Consults

Breastfeeding Support Through WIC



Visit NV Breastfeeds Website

Northern Nevada Postpartum Support & Therapists
Call for More Information

- Thrive Wellness of Reno 775-525-8103
- Magan Karahluth E20 E00 0040

- Megan Kombiutii 530-580-8848
- Quest Counseling 775-786-6880
- Amber Creek 775-575-2144
- Desert Bloom Wellness Caitlyn Wallace 775-453-4149

Free community classes in Southern Nevada

Dignity Health Community Outreach is offering online and in-person fitness, wellness, and children's classes.

- Free Birthing Center Tours: Register at StRoseHospitals.org/classes.
- My Baby App
- Mommy and Baby Yoga
- New Mommy Mixer

- Sing & Sign: Food Time
- Parenting the Love and Logic Way
- Mommy Care Club
- Zumbini

Click Here for Days and Locations

MCH Initiatives

Learn More Here

Nevada 2-1-1: Locate resources and services statewide

Go Before You Show: Prenatal campaign to ensure a safe and healthy pregnancy

<u>Sober Moms, Healthy Babies</u>: Receive top priority admission at state-funded substance abuse treatment centers.

<u>Tobacco Quitline</u>: Free, convenient, safe, and secure way to quit smoking.

<u>Count the Kicks</u>: Easy, free, and reliable way for expectant parents to monitor their baby's well-being in the third trimester in addition to regular prenatal visits

<u>Safe Sleep</u>: The Safe Sleep program ensures that every baby living in Nevada has a safe sleep environment.

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NVMCH | Phone: (702) 620-7801 | www.nvmch.org

STAY CONNECTED





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