

Autumn/Winter MENU


UNICORN Nursery

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast 				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Sausage casserole with Yorkshire Pud 	Lasagna with Garlic Bread 	Fishcakes, mash, peas, sweetcorn, Parsley Sauce 	Chicken Korma, rice, Naan bread 	Cheese & Onion omelette, wedges, beans 
Pudding	Flapjacks 	Banana Splits 	Fromage Frais 	Mini Blueberry muffins 	Strawberry Jelly 
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt 	Crumpets Fairy Cakes 	Tomato Soup & Bread Scotch Pancakes 	Spaghetti or Beans on Toast Ice cream 	Various sandwiches Fruit cocktail 

Our menus change on a four-weekly basis throughout the term

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Pasta Bolognaise with Garlic Bread 	Fish fingers, chips & spaghetti 	Barbeque Chicken & Rice 	Savoury mince, mixed veg, new pots. 	Cheese & Potato pie and beans 
Pudding	Strawberry Swiss Roll 	Pineapple Chunks 	Fresh mixed melon 	Lime Jelly 	Banana Whip 
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt 	Crumpets Fairy Cakes 	Tomato Soup & Bread Scotch Pancakes 	Spaghetti or Beans on Toast Ice cream 	Various sandwiches Fruit cocktail 

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast 				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Chilli con carne with potato wedges 	Cheese & Tomato pasta and Garlic Bread 	Chicken Casserole w. baguettes 	Shepherd's Pie, carrots and peas 	Sausage, hash browns and beans 
Pudding	Flapjacks 	Bananas & Custard 	Fruit Terrine 	Ice Cream & Sauce 	Creamy rice pudding 
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt 	Crumpets Fairy Cakes 	Tomato Soup & Bread Scotch Pancakes 	Spaghetti or Beans on Toast Ice cream 	Various sandwiches Fruit cocktail 

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Fish Pie with peas and sweetcorn 	Vegetable Curry, rice and naan 	Sweet & Sour Chicken with Noodles 	Jacket potato, cheese & beans 	Chicken Goujons, broccoli & cauliflower bake 
Pudding	Peaches & creme fraîche 	Fresh Fruit Cocktail 	Apple Crumble & custard 	Strawberry Whip 	Ice Cream with strawberry sauce 
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt 	Crumpets Fairy Cakes 	Tomato Soup & Bread Scotch Pancakes 	Spaghetti or Beans on Toast Ice cream 	Various sandwiches Fruit cocktail 

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