

expression

Dance & Wellness Center



Summer Dancer's Workshop 5-week Session

Learn dance styles & technique in Ballet, Jazz, Contemporary, Hip-Hop & Acro!

Wednesdays July 16th-Aug 13th

Tiny Dancers (Ages 3-5) 3:30pm

Kids (ages 6-10) 4:30pm

Teens (Ages 11+) 5:30pm

DANCING DIAPERS 5-week Session

Tuesdays 10:30am July 15th-August 12th

Ages 1&2 with/caregiver

Kids/Teen Summer Wellness Workshop 3-week Session

Social Emotional Learning for Mental Health Wellness

Mondays July 21st-Aug 4th

Kids (6+) 4:30-5:30pm Teens (11+) 5-6pm

Dance & Craft Mini Camp

June 30th-July 2nd: 9am-12pm Ages 4+

Yoga & Craft Mini Camp

July 7th-9th: 9am-12pm Ages 4+

Summer Dance Camp

Aug 18-22nd: 10am-2pm Ages 7+

Yoga & Journaling Camp

Aug 25th-29th: 9am-12pm Incoming 6th Graders

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www.ExpressionDanceWellness.com